



The Cairns Mudcrabs Thelma Bryan Memorial 2024 Short Course Swim Meet

Gordonvale Aquatic Centre
79 Sheppards St, Gordonvale

Saturday 16th November 2024

MEET GUIDE



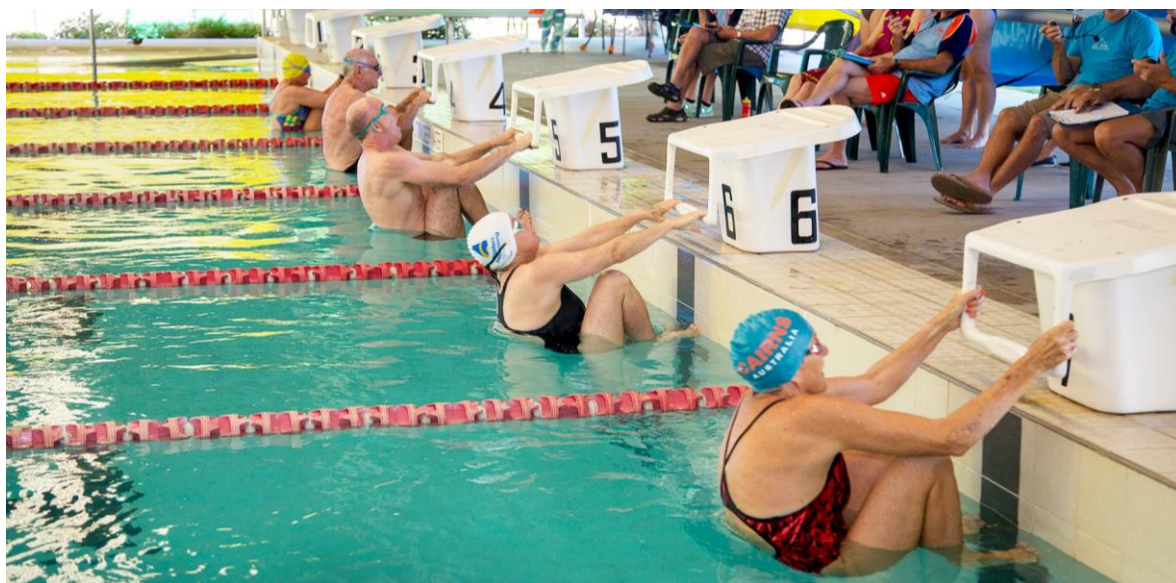
Meet Date: Saturday 16 th November 2024	Meet Director: Gaby Donnelly 0417 626 279 gabydonnelly8@gmail.com	Meet cost: - Masters Club Members: \$30 + plus transaction fee. - Non-Masters Club Members (Guests): \$5 (event membership) + \$30 (meet cost) + transaction fees.
Entries Open: Tuesday 1 st October 2024 Entries Close: Tuesday 5 th November 2024		Non Masters Club Members/Guests: Refer to instructions on pg. 3 on how to register and enter.
Venue: Gordonvale Aquatic Centre		
Warm up: 12:00PM Start time: 1:00PM	MSQ Sanction Number: Q21/24	

Program of Events

Event	Distance	Stroke
1.	200m	Butterfly
2.	25m	Backstroke
3.	100m	Individual Medley
4.	50m	Breaststroke
5.	100m	Freestyle
6.	200m	Backstroke
7.	25m	Breaststroke
8.	50m	Freestyle
9.	100m	Butterfly
10.	200m	Breaststroke
11.	25m	Freestyle
12.	50m	Butterfly* <i>Cash prize event!</i>
13.	100m	Backstroke
14.	200m	Freestyle
15.	25m	Butterfly
16.	50m	Backstroke
17.	100m	Breaststroke
18.	200m	Individual Medley
19.	4 x 50 Relay	Freestyle: Make up of teams tbc. <i>*Prize for 1st overall.</i>

Event limits: Maximum 5 events per swimmer; maximum of 2 x 200s; unlimited 100s/50s/25s

*Cash prizes for male and female who swim closest to their nominated time. Times to be submitted with entry or the day of the swim meet.



Event Details

Welcome

On behalf of the Cairns Mudcrabs, welcome to our swim meet – our first since 2018! We are very excited to be once again hosting a swim meet for the masters swimming community and we hope you enjoy the day.

A very special welcome to the 'guest' swimmers who have joined us today. We hope this ignites your passion for swim events and we encourage you to talk to the various clubs who are competing to discuss your membership options.

As 'guest' swimmers are eligible to enter this meet it is therefore classed as a 'Time Trial' meet meaning all records and World Aquatics Top Ten times will not be recognised.

Eligibility

This meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. Swimmers must compete for their primary MSA club. Second claim membership will not be accepted.

International swimmers who are current members of their national Masters Swimming Federation may also compete (proof of membership must be provided).

Guest swimmers are welcome to enter this meet.

Please note: If guests are invited, the meet is classed as a Time Trial, and all records and World Aquatics Top Ten performances will not be recognised.

Age

Age as at the 31 December 2024. Minimum age is 18 years at day 1 of competition.

Entries

Entries are to be submitted online via [Swim Central](#). **Entries will open on 1st October 2024. The closing date for entries is Saturday 2nd November 2024.**

International Masters members are invited to contact the [MSQ Director of Recording](#) who will provide specific entry instructions.

No late entries are permitted at this meet after the closing date.

Guest swimmers are also to register an account and enter directly. See instructions below:

Non-members/guests

Non-member/guests will need to:

1. Register a Swim Central account (if you do not have one already) and log in with your email address

2. Purchase an event membership of \$5 (plus fees)
 - a. Click on Store in left menu
 - b. Click Memberships link
 - c. Search for "Masters Swimming Queensland" in Find a Club
 - d. Add "QCN Meet Non-Member 2024" membership to your Cart and purchase
 - e. Once purchased, you will be able to enter the meet via your home page or the Events link
3. Enter the meet paying the applicable entry fee

Conduct of events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be conducted as timed finals. Starts will be 'over the top' where possible.

Please note: based on numbers and combinations of entries received, the meet organisers reserve the right to make changes and combine heats and events where necessary.

Qualifying times

There are no qualifying times required for this meet. On selecting an event in Swim Central, if you have matching results from the previous two (2) years, the fastest time will be displayed. If you have no previous results, "NT" will be displayed, and you may be seeded in the slower heats. You cannot edit your entry times. It is advised that you email the [MSQ Director of Recording](#) to provide a recent or training time. If you have a valid reason that may vary your performance greatly, you may also request a seed time change.

Guest swimmers: If you would like to nominate times for your events, please email them to the [MSQ Director of Recording](#).

If you do not wish to nominate times, you will be seeded in the slowest heats.

Relays

One 4 x 50m Freestyle relay will be swum at this meet. It will be a non-competitive relay (not for club points) and the make-up of the teams will be announced closer to the swim meet.

Multi Class events

Multi Class swimmer are always welcome, however there will be no separate Multi Class events conducted at this meet.

Event Details

Entry fees

A swimmer may enter a maximum of five (5) competition events for \$30 (plus transaction fees). No cost for the relay.

A swimmer may enter a maximum of 2 x 200m events. There are no restrictions on all other events.

Please note: additional 200m events entered will be deleted with no refund.

Entry List and Timeline

The Entry List will be available on the MSQ meet event page by 7th November 2024. All competitors must check their entries thoroughly and submit discrepancies to the [MSQ Director of Recording](#) by 6PM, Sunday 10th November 2024. The Program will then be made final and will be published on the MSQ website or before 13th November 2024.

Event changes, withdrawals and refund policy

A swimmer may change their entries or withdraw from the meet in Swim Central up until the closing date. A refund will only be considered prior to the closing date.

To make changes to events entered, the swimmer can simply add a new event if they have not filled the allowed quota of events, or withdraw from unwanted events by requesting a refund, and once approved add a new event(s).

You will lodge your request in Swim Central against your entries. Go to your profile, to the meet, to the event, and click the green 'Entered' button for the event to withdraw from. The Order History page will display and you will click the 'Request Refund' link for that event and provide a reason. Once the meet organiser has approved, you may then add another entry.

If you are withdrawing from the meet entirely, you will need to click the 'Request Refund' link for each and every event entered (including \$0.00 events), and also the Meet Entry Fee, (where applicable), then provide a reason. This requires approval before changes are confirmed. If approved, a refund will be granted, minus the administration fee(s).

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and World Aquatics swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director / Cairns Mudcrabs Swim Club/ Pool staff to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for all costs arising from such action.

Tickets and programs

Entry to this meet is free for spectators.

No printed programs will be available at the meet. Programs will be available on the MSQ event page for online download prior to and during the meet. Programs made available before the day of the competition will be draft and are subject to change without notice. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Warm-up start time

Warm-up will commence at 12:00PM. The competition lanes (1-8) will close at 12:55PM, with lane 1 remaining open throughout the duration of the day's session for warm-up and swim down. Follow the directions of pool staff and Technical Officials for lane use.

Self Marshalling

All swimmers will be required to self-marshall. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Swimmers are responsible for knowing the event, heat, and lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshalling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshalling area including behind the blocks:
 - 25m events – 4 heats following heat in water
 - 50m events - 4 heats following heat in water
 - 100m events - 4 heats following heat in water
 - 200m events - 3 heats following heat in water
- Swimmers in the 25m and 50m events need to be prepared to move quickly.
- The Marshal will be a helper who can verify a swimmers' position, answer questions, and direct heats to the blocks.
- The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.

Results

Results will be printed and displayed as soon as possible after each event.

Results will be posted to the MSA Portal and the MSQ website meet event page in the days following the meet.

Event Details

Competition results for men and women will be separated for individual events: 18-24 and then in 5-year groups, i.e. 25-29, 30-34, 35-39, etc.

Records

This meet is classed as a Time Trial. Records and World Aquatics Top Ten performances will not be recognised.

Meet awards and presentation function

Awards will be presented at the conclusion of this meet:

- 1st, 2nd & 3rd for men & women in each age-group
- Closest to nominated time: Female 50m Butterfly
- Closest to nominated time: Male 50m Butterfly
- Thelma Bryan Award – awarded to a swimmer in the 60+ years age group who epitomises the spirit of Mudcrabs' legend, Thelma Bryan.

All swimmers, Queensland and visitors, are eligible to score points and win awards.

Full meet results will be made available in the days following the meet.

At the conclusion of this meet competitors and supporters are welcome to join us at the pool for complimentary nibbles and drinks where prizes will be presented, and the raffle will be drawn.

Please indicate your intention to attend this function by RSVP to gabydonnelly8@gmail.com.

Photo/video release

Mudcrabs' member, Mark, will be our official photographer on the day. All attendees agree that they may be photographed or videoed, and that the material may be used by the Mudcrabs and MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media. If you'd prefer not to have your image used for promotional and/or social media purposes, please let Mark know.

Other important information

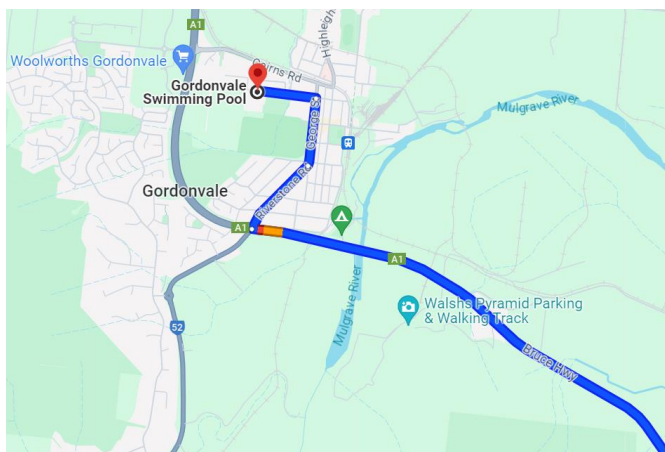
- Members from all clubs maybe called on to assist with timekeeping throughout the meet.
- Paddles are not permitted to be worn during the meet, including warm-up and swim-down.
- Watches are not to worn during warm-up or swim-down.
- Swimmers must comply with signage and pool staff on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the

signage indicates otherwise.

- Pool deck access is limited to marshalling for events, the officials and technical staff. Please do not stand in front of the recording area.
- Swimmers must wear only one pair of World Aquatics approved swimwear. In accordance with MSA Inclusive Swimwear Policy swimsuits may be modified or alternative swimsuits may be worn to accommodate a swimmer's individual needs, provided any modification or proposed alternative swimsuit is approved by the Referee prior to the swimmer's first event at the competition. See [MSA Swimwear Rules](#) for more information.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts will be 'over the top'. Move quickly to the lane rope away from the wall once you have completed your heat. Competitors will remain in their respective lanes until the next heat is started, then move quickly to the nearest side to exit.
- When asked to clear the pool lanes 2-4 will exit via the side at lane 1, and lanes 5-8 exiting via the side at lane 8.
- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are subject to change, including changes required in the event of too many entries being received for the allowed duration of the meet.

Event Details

How to get to the Gordonvale Aquatic Centre



Travelling from the south: From the Bruce Highway, turn right onto Riverstone Rd, which turns into George St. Turn left onto Sheppards St and the pool is about 600m on your left.

Travelling from the north: From the Bruce Highway, turn left at the lights at McDonalds onto Cairns Rd. Turn right onto Clarke St and follow this to the end – the pool will be directly in front of you.

Parking: Street parking is available – please don't park in residents' driveways. Parking is also available in the car park beside/behind the pool that adjoins Alley Park football grounds.

Severe Weather Policy

MSQ recognises the dangers of extreme weather in Queensland and the need to ensure that all staff and users of facilities take the correct precautions in the event of extreme weather.

Extreme weather includes unexpected, unusual, severe, or unseasonal weather that may pose a safety risk to users including rain, drought, wind, flood, storms, dust, hail, and extreme temperature.

If the meet is affected by extreme weather, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and Gordonvale Aquatic Centre staff. No refund of entry fees will occur under such circumstances.

First aid

Pool lifeguarding and patrols will be carried out during the meet by Gordonvale Aquatic Centre pool staff. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Venue – Gordonvale Aquatic Centre

The Centre is an indoor 25m pool. There is plenty of seating available on the grandstand. You are welcome to BYO chairs. No glass is to be brought on site.

Items such as cold drinks and snacks will be available for sale from the Aquatic Centre canteen throughout the event.

Contacts

Meet Director.....gabydonnelly8@gmail.com

MSQ Business Manager...admin@mastersswimmingqld.org.au

Director of Recording .. recorder@mastersswimmingqld.org.au

MSQ website <https://mastersswimmingqld.org.au>

Meet Entry..... [Swim Central](#)

Important dates

Entries open.....1st October 2024

Closing date 5th November 2024

Entry list available 7th November 2024

Entry list finalised 10th November 2024

Program available..... 13th November 2024