



Date: 18 – 21 April 2024	Meet Director: Susanne Milenkevich	Meet Fee: \$60 (plus GST & fees)
MSQ Sanction Number: Q1/24	president@mastersswimmingqld.org.au	Event Entry: \$10 per event (plus GST & fees)
Entries Close: Tuesday 2 April 2024		Relay Entry: \$27 (plus GST & fees)
Warm up: 8am Start time: 9am	www.mastersswimmingqld.org.au	Entry includes Presentation Function



Day 1: Thursday 18 April 2024

Warm up: 8am

Competition Start Time: 9am

Event	Distance	Stroke
1	Women's 100m	Individual Medley
2	Men's 100m	Individual Medley
3	Mixed 200m	Butterfly
4	Women's 25m	Breaststroke
5	Men's 25m	Breaststroke
6	Women's 50m	Freestyle
7	Men's 50m	Freestyle
8	Mixed 400m	Breaststroke
9	Women's 100m	Backstroke
10	Men's 100m	Backstroke
11	Women's 4 x 25m	Freestyle Relay
12	Men's 4 x 25m	Freestyle Relay
13	Mixed 800m	Freestyle

Day 2: Friday 19 April 2024

Warm up: 8am

Competition Start Time: 9am

Event	Distance	Stroke
14	Men's 25m	Freestyle
15	Women's 25m	Freestyle
16	Mixed 200m	Backstroke
17	Men's 100m	Breaststroke
18	Women's 100m	Breaststroke
19	Mixed 400m	Freestyle
20	Men's 50m	Butterfly
21	Women's 50m	Butterfly
22	Mixed 4 x 100m	Medley Relay
23	Mixed 800m	Butterfly
24	Mixed 800m	Breaststroke



Day 3: Saturday 20 April 2024

Warm up: 8am

Competition Start Time: 9am

Event	Distance	Stroke
25	Women's 100m	Freestyle
26	Men's 100m	Freestyle
27	Mixed 200m	Breaststroke
28	Mixed 400m	Butterfly
29	Women's 50m	Backstroke
30	Men's 50m	Backstroke
31	Mixed 200m	Individual Medley
32	Women's 25m	Butterfly
33	Men's 25m	Butterfly
34	Mixed 4x100m	Freestyle Relay
35	Mixed 800m	Individual Medley
36	Mixed 800m	Backstroke

Day 4: Sunday 21 April 2024

Warm up: 8am

Competition Start Time: 9am

Event	Distance	Stroke
37	Men's 100m	Butterfly
38	Women's 100m	Butterfly
39	Mixed 400m	Backstroke
40	Men's 50m	Breaststroke
41	Women's 50m	Breaststroke
42	Mixed 400m	Individual Medley
43	Men's 25m	Backstroke
44	Women's 25m	Backstroke
45	Mixed 200m	Freestyle
46	Men's 4 x 25m	Medley Relay
47	Women's 4 x 25m	Medley Relay
	Men's 4 x 25m	Regional Freestyle Relay
	Women's 4 x 25m	Regional Freestyle Relay



Welcome to the 2024 Masters Swimming Queensland State Short Course Championships!

We are thrilled to host this exciting event at the prestigious Brisbane Aquatic Centre in Chandler. This year's State Championships promise four days of exhilarating swimming action, taking place from Thursday 18 April to Sunday 21 April 2024. We're proud to offer a wide range of events, spanning from 25m to 800m, with no event limits, ensuring there's something for every swimmer.

Whether you're a seasoned swimmer or just looking to join in on the fun, all members are welcome to participate in the racing, relays, and camaraderie. Get ready for an unforgettable aquatic experience with precise AOE timing that will elevate your competitive edge!

Eligibility

This meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. International swimmers who are current members of their national Masters Swimming Federation may also compete (proof of membership must be provided).

Non-Member swimmers are not permitted to enter this meet. MSA/MSQ membership is available via the MSA website. Swimmers must compete for their primary MSA club.

Age

Age as at the 31 December 2024. Minimum age is 18 years at day 1 of competition.

Entries

Entries are to be submitted online via <u>Swim Central</u>. Entries will open in February 2024. The closing date for entries is Tuesday 2 April 2024.

International Masters members are invited to contact the <u>MSQ Director of Recording</u> who will provide specific entry instructions.

No swimmer is allowed to represent more than one club. Late entries may be considered but will incur an additional fee of \$30. Late entries are subject to lane availability in the event and may result in swimmers being entered in the slowest heat.

Conduct of events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be

conducted as timed finals. Starts will be 'over the top' where possible.

Please note: based on numbers and combinations of entries received, the meet organisers reserve the right to make changes and combine heats and events where necessary.

All form stroke events are to be swum as programmed, e.g. a 400m form stroke will not be recognised if swum in the 400m freestyle.

Qualifying times

There are no qualifying times required for this meet. On selecting an event in Swim Central, if you have matching results from the previous two (2) years, the fastest time will be displayed. If you have no previous results, "NT" will be displayed, and you may be seeded in the slower heats. It is advised that you email the MSQ Director of Recording to provide a recent or training time. If you have an appropriate medical reason that may vary your performance greatly, you may also request a seed time adjustment.

Entry fees

Meet fee: \$60 (plus GST and transaction fees)

Event fee: \$10 (plus GST and transaction fees) per event.

Relay fee: \$27 (plus GST and transaction fees)

All entrants must pay the nomination fee online as directed by Swim Central. A swimmer may enter unlimited events. Please choose events wisely and enter and swim within your

physical limits.

Multi Class events

Multi Class events will be conducted within the full program and will be awarded medals according to the age group and gender category in each classification. Details of disability classification must be provided (if not currently on MSQ file) prior to the commencement of the first day of competition. Multi Class events will not be using the Multi Class point score system for this meet.

Relays

Race Secretaries must complete and pay for relay nominations in Swim Central by the advertised meet closing date. Only club relays are allowed - no composite teams. Clubs may enter more than one team per age group for all relays

Swimmers must enter at least one individual event to be eligible to swim in a relay team. All relay teams must consist of members of the same club. The age of the team shall be



the sum of the ages in whole years of its members. All teams not disqualified will score points.

A swimmer may only swim a particular relay event once. Relays are to be swum in the order swimmers are nominated in their entry. Mixed relays must consist of two (2) males and two (2) females. The order of swimmers by gender is optional in mixed relays.

If on the day of the event a nominated swimmer cannot swim a relay due to unforeseen circumstances such as illness or personal reasons, a club may, at the discretion of the Meet Director, and strictly prior to the first event of the day, substitute another swimmer from the same club, without altering the relay age group.

Entry List and Timeline

The draft Entry List will be available on the MSQ meet event page on Thursday 4 April 2024. All competitors must check their entries thoroughly and submit discrepancies to the MSQ Director of Recording by 6PM, Sunday 7 April 2024. Program details for this meet will be published to the MSQ website on or before Saturday 13 April 2024.

Withdrawal, event editing and refund policy

A swimmer may change their entries or withdraw from the meet up until the closing date. You will lodge your request in Swim Central against your entries. Go to your profile, to the meet, to the event, and click the green 'entered' button for the event you wish to withdraw from or remove. You may then add another entry. If a refund is required, click 'request refund' for that event in order history – this will only be considered prior to the closing date. Provide a reason, then click 'request refund'. This requires approval before changes are confirmed. If approved, a refund will be granted, minus the processing fee.

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and World Aquatics swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/Sleeman staff to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for all costs arising from such action.

Protests

Protests must be made in writing on the official form and submitted to the Meet Director within a half hour of posting the provisional results. A fee of \$20 applies, to be returned if protest is successful.

Tickets and programs

Entry to this meet is free for spectators – no tickets are required.

No printed programs will be available at the meet. Programs will be available on the MSQ event page for online download prior to and during the meet. Programs made available before the day of the competition will be draft and are subject to change without notice. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Warm-up start time

Warm-up will commence at 8:00AM. The competition end of the pool (0-9) will close at 8:45AM, with lanes remaining open at the far end of the pool throughout the duration of the day's session for warm-up and swim down. Follow the directions of pool staff and Technical Officials for lane use.

Self Marshaling

All swimmers will be required to self-marshal. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Swimmers are responsible for knowing the event, heat, and lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshaling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshaling area including behind the blocks:
 - o 25m events 4 heats following heat in the water
 - o 50m events 4 heats following heat in the water
 - $_{\circ}$ 100m events 4 heats following heat in the water
 - $_{\odot} \hspace{0.5cm}$ 200m events 3 heats following heat in the water
 - 400m+ events 2 heats following heat in the water
- Swimmers in the 25m and 50m events need to be prepared to move quickly.
- Swimmers in the 400m+ events should be prepared to report early to the marshaling area as heats may be combined to save time.
- The Marshal will be a helper who can verify a swimmers' position, answer questions, and direct heats to the blocks.
- The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.



Results

Live results will be made available for this meet. The Meet Mobile application will be operating and can be downloaded to your chosen device(s). Results will be posted to the MSA Portal, with results and statistics posted on the MSQ website meet event page in the days following the meet.

Competition results for men and women will be separated and then divided into age groups as follows:

Individual events: 18-24 and then in 5-year groups, i.e. 25-29, 30-34, 35-39, etc.

Relays: 72-119, 120-159, 160-199, 200-239, 240-279, etc.

Records

Automatic Officiating Equipment (AOE) timing will be in use. World records will be recognised at this meet pending ratification by MSA and World Aquatics. Any MSQ member may break Queensland records. Any MSA member may break their respective branch and national records. World Aquatics Masters World Top Ten performances will be recognised.

Awards

- Gold, Silver and Bronze medals for placegetters in each event (including non-MSQ swimmers)
- Gold, Silver and Bronze medals for the first three MSQ swimmers in each event
- Male MSQ Swimmer of the Meet
- Female MSQ Swimmer of the Meet
- Male MSQ Multi-class Swimmer of the Meet
- Female MSQ Multi-class Swimmer of the Meet
- Mary Maina Trophy Highest Ave Points Small Club
- Max Gillespie Trophy Highest Ave Points Large Club
- George Corones Trophy Highest Club Points
- Jenny Mack Trophy Highest combined WA points for the 100m and 200m Breaststroke events
- Margaret Cunningham Award Highest WA points for 200 IM.

Please note that individual awards are calculated using the sum of the best 5 swims using World Aquatics (WA) points. Club awards are calculated using standard event points scoring. Club average awards will be calculated using total club points divided by the total events entered by the club.

All swimmers, Queensland and visitors, are eligible to score points and win awards, excluding the 'Swimmer of the Meet' awards.

Photo/video release

All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Other important information

- Members from all clubs may be called on to assist with timekeeping throughout the meet.
- 400m+ swimmers are to provide their own lap counter should they require one.
- Paddles are not permitted to be worn during the meet, including warm-up and swim-down.
- Watches are not to worn during warm-up or swimdown.
- Swimmers must comply with signage and pool staff on pool deck regarding the use of the warm-up and swimdown lanes. Diving will not be permitted unless the signage indicates otherwise.
- Pool deck access is limited to marshaling for events, the officials and technical staff. Please do not stand in front of the recording area.
- Swimmers must wear only one pair of World Aquatics
 approved swimwear. In accordance with MSA Inclusive
 Swimwear Policy swimsuits may be modified or
 alternative swimsuits may be worn to accommodate a
 swimmer's individual needs, provided any modification
 or proposed alternative swimsuit is approved by the
 Referee prior to the swimmer's first event at the
 competition. See MSA Swimwear Rules for more
 information.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts will be 'over the top'. Move quickly to the lane rope away from the wall once you have completed your heat. Competitors will remain in their respective lanes until the next heat is started, then move quickly to the nearest side to exit.
- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are subject to change, including changes required in the event of too many entries being received for the allowed duration of the meet.



Unforeseen events/incidents

If the meet is affected by an unforeseen event or incident, a mandatory safety suspension of events may be imposed. This may require a shortened meet format which will be determined by the Meet Director and Sleeman staff. No refund of entry fees will occur under such circumstances.

First aid

Pool lifeguarding and patrols will be carried out during the meet by pool lifeguard(s). Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Merchandise

We are thrilled to introduce our new vendor partner, Fine <u>Designs Event Apparel</u>! Get ready for an incredible experience at 2024 MSQ State SC Championships with their exclusive onsite event merchandise that can be customized to your liking right at the event venue. Choose from a variety of event logo designs, and stylish swim-themed designs to create your personalized gear and stand out from the crowd!

Web store Link 2024 MSQ State SC Championships



Presentation function

The Presentation function will be held on location at the conclusion of Day 4. All entrants are welcome to attend, and tickets are included with your entry fee. More details to be provided.

Accommodation

The Chandler Lodge & Cabins are set amidst 32 hectares of natural Australian bushland and are the perfect accommodation option for individuals, families, and teams. Please see the website for all options.

Swim Shop

The Swimming Queensland Swim Shop located within the pool complex will be open during this meet. They have a large selection of swimwear and accessories. Check out the range on the website here.

On site catering

The Aquatic Café sells a variety of hot and cold foods, tea, coffee, cold drinks and snacks.

Volunteers sign up

Please let us know what you would like to do to assist. Any help you can provide will be greatly appreciated!

Sign up form



Contacts

Important dates

Entries open	February 2024
Entries closing date	Tuesday 2 April 2024
Entry list available	Thursday 4 April 2024
Entry list finalised	Sunday 7 April 2024
Program available	Saturday 13 April 2024