



2024 Pan Pacific Masters Games Swimming

Gold Coast Aquatic Centre

Gold Coast Highway, Southport

Wednesday 6 – Saturday 9 November 2024

MSQ Sanction Meet Number: Q19/24

Proudly supported by Funky Trunks and Funkita

MEET GUIDE

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**masters
swimming
QUEENSLAND**

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Program of Events

Day 1- Wednesday 6 November 2024

Competition Start Time: 8:30am

Event	Distance	Stroke
1.	Mixed 800m *	Freestyle
2.	Mixed 800m *	Backstroke
3.	Mixed 800m *	Breaststroke
4.	Mixed 800m *	Butterfly
5.	Mixed 800m *	Individual Medley
6.	Mixed 1500m *	Freestyle
7.	Mixed 1500m *	Backstroke
8.	Mixed 1500m *	Breaststroke

* 1 event per person on Day 1 only

Day 2- Thursday 7 November 2024

Competition Start Time: 8:30am

Event	Distance	Stroke
9.	Womens 50m Freestyle	Freestyle
10.	Mens 50m Freestyle	Freestyle
11.	Mixed 200m Butterfly	Butterfly
12.	Mixed 200m Breaststroke	Breaststroke
13.	Mixed 100m Backstroke	Backstroke
14.	Mixed 400m Freestyle	Freestyle
15.	Mixed 200m	Individual Medley
16.	Womens 4x50m	Medley Relay
17.	Mens 4x50m	Medley Relay

Day 3- Friday 8 November 2024

Competition Start Time: 8:30am

Event	Distance	Stroke
18.	Mens 50m	Breaststroke
19.	Womens 50m	Breaststroke
20.	Mixed 200m	Backstroke
21.	Mens 50m	Butterfly
22.	Womens 50m	Butterfly
23.	Mixed 400m	Breaststroke
24.	Mixed 100m	Freestyle
25.	Mixed 400m	Butterfly
26.	Mens 4x50m	Freestyle Relay
27.	Womens 4x50m	Freestyle Relay

Unlimited events available on Days 2, 3 & 4.

Program of Events

Day 4 - Saturday 9 November 2024

Competition Start Time: 8:30am

Event	Distance	Stroke
28.	Mixed 200m	Freestyle
29.	Mixed 400m	Individual Medley
30.	Womens 50m	Backstroke
31.	Mens 50m	Backstroke
32.	Mixed 100m	Breaststroke
33.	Mixed 400m	Backstroke
34.	Mixed 100m	Butterfly
35.	Mixed 4x50m	Medley Relay
36.	Mixed 4x50m	Freestyle Relay

Eligibility

Pan Pacific Masters Games Swimming is open to all competitors including members of Masters Swimming Australia, international Masters members, and non-Masters members.

Age

Age as at the 31 December 2024. Minimum age is 18 years at day 1 of competition.

Entries

Entries are to be submitted via the [PPMG website](#). Entries close Friday 11 October 2024 (11.59pm AEST).

Australian competitors must provide Masters Swimming ID number and club code when prompted upon completing online entry. All Non-Masters Swimming Australia members must provide proof of age via a copy of driver's license or passport.

International competitors must provide proof of age (copy of driver's license or passport unless current Masters ID# is provided and approved). International competitors must arrange their own visas in accordance with the entry requirements set by the Australian Government to visit Australia. Entries without appropriate identification will not be accepted.

Swimmers may enter ONE (1) event on Day 1, and unlimited events on Days 2, 3 & 4. Please enter and swim within your physical limits.

Conduct of Events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be conducted as timed finals. Starts will be 'over the top' where possible.

1500m/800m/400m form stroke events are to be swum as programmed, i.e. 800m/400m form strokes cannot be swum in the corresponding freestyle event.

Qualifying and entry times

There are no qualifying times required currently. You must submit a time for each event entered, preferably your personal best from the previous two (2) years. Entering 'no time' (NT) is not permitted for this meet. If you do not have an official time for an event, you should enter a time recorded in training, or enter an estimate of what you will achieve.

When entering your times, please enter the correct format:

- Twenty-eight point five nine seconds is 28.59 (not 2859 or 28:59)
- One minute forty-five point seven two seconds is 1:45.72 (not 14572 or 1.45 or 1.45.72 or 1:45:72)
- There can only be a colon between the minutes and seconds :
- There can only be a decimal point between the seconds and fractions of a second .

Please do not use any other characters, or leave these characters out. Incorrect times may place you in the slowest heat.

Event Details

Relays

Anyone may form and enter a relay team on the day of the event by submitting a relay form at the desk on pool deck. Payment via EFTPOS/Credit card is required at the time of entry. Cash will not be accepted.

All relay swimmers must enter at least one individual event to be eligible to swim in a relay team. A swimmer may only swim a particular relay event once. Relays are to be swum in the order swimmers are nominated in their entry. Mixed relays must consist of two (2) males and two (2) females. The order of swimmers by gender is optional in mixed relays.

Club Relays

Club relays are defined by all relay participants representing the same Club at the meet.

It is recommended that Masters club relay entries are submitted to MSQ prior to the event. Relays will remain open until an announced time on the day of the event (typically 9:30am). Club captains are encouraged to complete relay nominations and payments online by midday on Friday 1 November 2024.

Teams may be amended up until the published daily deadline. Any further changes will be at the discretion of Meet Director.

Club relays shall consist of four swimmers each registered with the same club. No swimmer is allowed to represent more than one club.

Club relay teams are eligible for National, respective State and PPMG records.

Composite Relays

Composite relays can be made up of any entrants at the competition.

These relay teams are eligible for medals and PPMG records.

Multi Class events

Multi Class events will be conducted within the full program and will be awarded medals according to the age group and gender category in each classification. Details of disability classification must be provided (if not currently on MSQ file) prior to the commencement of the first day of competition. Multi Class events will not be using the Multi Class point score system for this meet.

Entry fees

Sport Fee:

- \$44 (incl GST) for first event and \$12/event (incl GST) per event thereafter. (price includes PPMG silicone swim cap for first 400 entrants only)
- \$30 per relay team – to be paid to MSQ

Games Fee:

- Early bird \$130 (1 March – 31 May 2024)
- Saver \$145 (1 June – 31 August 2024)
- Standard \$155 (from 1 September 2024)

Entry List and Timeline

The entry list will be available on the [PPMG event page](#) on Monday 21 October 2024. All competitors must check their entries thoroughly and submit discrepancies to the MSQ Director of Recording by midnight, Friday 25th October 2024.

The timeline for this meet will be published on the [PPMG event page](#) on or before Monday 4 November 2024. This information will also be available on the [PPMG24 website](#).

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and World Aquatics swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/Masters Swimming Queensland/Gold Coast Aquatic Centre to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for all costs arising from such action.

Tickets and Programs

There is no entry fee for competitors or other PPMG-accredited persons. Please show your PPMG lanyard at pool entry.

Any non-accredited representatives, spectators, support crew, family and friends will be required to pay a spectator fee on entry to the Gold Coast Aquatic Centre, currently \$3.30per entry (subject to change).

Alternatively, supporters can be a part of the Pan Pacific Masters Games experience without having to compete or officiate.

The [Supporter Games Fee](#) is \$90 and includes:

- Access to Games Village and Entertainment
- Accreditation pass
- PPMG bag

Programs will be available for online download prior to and during the meet. Programs made available before the day of competition will be draft and are subject to change without notice. Final programs for the day will be posted at the venue on the morning of each session and made available online. This will allow for re-seeding of events, or heat and lane allocation changes on the day of competition if required. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Warm-up start time

Warm-up for each session will commence at 7:30AM with the competition pool closing at 8:15AM. The 25m warm up pool will remain open throughout the duration of all sessions for warm-up and swim down. Competition will commence at 8:30AM.

Follow the directions of centre staff for lane use in all pools.

Self Marshaling

All swimmers will be required to self-marshall. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Swimmers are responsible for knowing the event, heat, and lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshaling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshaling area including behind the blocks:
 - 50m events – 6 heats prior to the heat in the water
 - 100m events - 4 heats prior to the heat in the water
 - 200m events - 3 heats prior to the heat in the water
 - 400m events - 2 heats prior to the heat in the water
 - 800m events - 2 heats prior to the heat in the water
 - 1500m events – 1 heat prior to the heat in the water
- Swimmers in 50m events need to be prepared to move quickly.
- Swimmers in the 400m, 800m and 1500m events should be prepared to report early to the marshaling area as heats may be combined to save time.
- The Marshal will be a helper who can verify a swimmers' position, answer questions, and direct heats to the blocks.

- The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.

Results

Live results will be made available for this meet. The Meet Mobile application will be operating and can be downloaded to your chosen device(s) via the App Store and may incur a cost.

Provisional results will be posted at the venue soon after the completion of each event. These results will be marked as Final once a minimum of 30 minutes has elapsed, and following the resolution of any protests lodged.

Results will be updated daily to the event page of the MSQ website, and the PPMG Swimming page.

For Masters Swimming Australia members, your time(s) will be uploaded to the MSA Results Portal for the purpose of National Top 10 and State and National records. For non-members and international Masters members, your result will be officially recorded as a swim and published in the Meet Results documents.

International Masters members who require results certificates are to advise the Meet Director on Day 1 of competition.

Medals

Medals will be awarded to all age groups, Multi Class classifications, men and women, for all individual events:
18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100-104

Medals will be awarded to all age groups, all four swimmers, men's, women's, and mixed for all relay events:

72-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-400

Medals are to be collected once results are marked as Final. Uncollected medals will not be posted to competitors after the event.

Records

World records will not be recognised at this event. Any MSQ member may break Queensland and National records. Any MSA member may break their respective Branch and National records.

All swimmers, non-masters and masters' swimmers may break a PPMG record.

International masters' swimmers can take their results to

their country for ratification of relevant records.

World Aquatics Masters World Top Ten performances will not be recognised.

Other important information

- Members from all clubs maybe called on to assist with timekeeping throughout the meet.
- 400/800/1500m swimmers are to provide their own lap counter should they require one.
- Paddles and watches are not permitted to be worn during warm-up and swim-down.
- Health monitoring devices may be used during competition in line with [MSA rules](#).
- Swimmers must comply with signage and pool staff on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Pool deck access is limited to marshaling for events, the officials and technical staff. Please do not stand in front of the recording area.
- Swimmers must wear only one pair of World Aquatics approved swimwear. In accordance with MSA Inclusive Swimwear Policy swimsuits may be modified or alternative swimsuits may be worn to accommodate a swimmer's individual needs, provided any modification or proposed alternative swimsuit is approved by the Referee prior to the swimmer's first event at the competition.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started. Move quickly to the lane rope away from the wall once you have completed your heat.
- When asked to clear the pool lanes 0–4 will exit via the side at lane 0, and lanes 5–9 exiting via the side at lane 9.
- Protests must be made in writing on the official form and submitted to the Meet Director within a half hour of posting the provisional results. A protest carries a fee of \$20 which is refunded if the protest is upheld. The fee must be paid when collecting the protest form.
- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are

subject to change, including changes required in the event of too many entries being received for the allowed duration of the meet.

Merchandise

Merchandise is available through the [PPMG website](#), and at the Games Village. An exclusive Funky PPMG silicone cap is included with entry (for first 400 entrants only) and is to be collected at the event information desk at the Gold Coast Aquatic Centre. Thank you to Funky Trunks and Funkita for their continued support of this event!

Event photography

Gary Brinkman will again be the official swimming photographer. If you have specific requests, please see Gary on pool deck. Photos will be available to purchase at <https://garybrinkman.com.au/>.

Photo/video release

All attendees agree that they may be photographed or videoed, and that the material may be used by PPMG/MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Medal engraving

The [Mermaid Trophy Centre](#) will provide onsite medal engraving on 7, 8, 9 November. The cost per medal will be \$8, and EFTPOS payments will be available.

Massage

Massage will be available at the venue. TBA.

Accommodation

For all your travel and accommodation needs, please see <https://mastersgames.com.au/ppmg/travel/>

Parking

Limited paid parking is available in the car park area beside the GCAC. For [public transport](#) options, check the PPMG website.

Venue

Gold Coast Aquatic Centre (GCAC) is a state of the art facility located at Southport’s Broadwater Parklands (main entrance at intersection of Nind Street and Marine Parade, Southport). GCAC hosted the swimming and diving events during the Gold Coast 2018 Commonwealth Games.

There is upper level grandstand seating east and west with lift access if required. There is a permanent shade structure on the west side. Lower level portable grandstands are also available. Clubs may bring their own tents for the area in front of the pool (north) but behind the 50m event marshalling area. Tents must be anchored by using weighted containers – pegs are not permitted in any location. You are welcome to display your club banner. Please ensure that you have sunscreen and drink. No glass is to be brought on site. Eskies up to 40cm x 40cm x 40cm are permitted.

Pro Shop & Cafes

The Pro Shop, located within the GCAC, will be open during this meet. They sell a range of swimwear and products.

The onsite Catalina Cafe supplies food for quick meals and a variety of well-priced hot and cold foods, tea, coffee, cold drinks, snacks and fruit.

There is also a kiosk that sells coffee, tea, hot chocolate, lollies, chips, sandwiches, wraps and muffins. They also have a range of cold drinks and many other products.

First aid

First aid services will be provided by GCAC Lifeguards and PPMG Medics. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director. An incident report must be submitted in such cases.

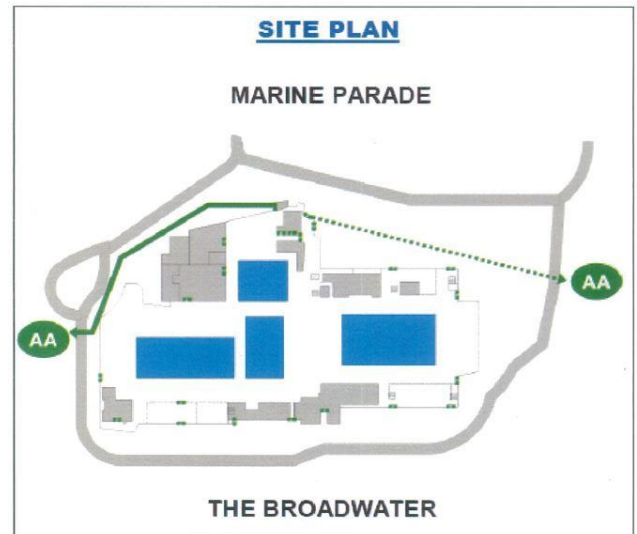
Volunteering

Would you like to be involved as a volunteer? We would love to have you join us as a timekeeper or perhaps in another role. If you are interested, please [contact us](#).

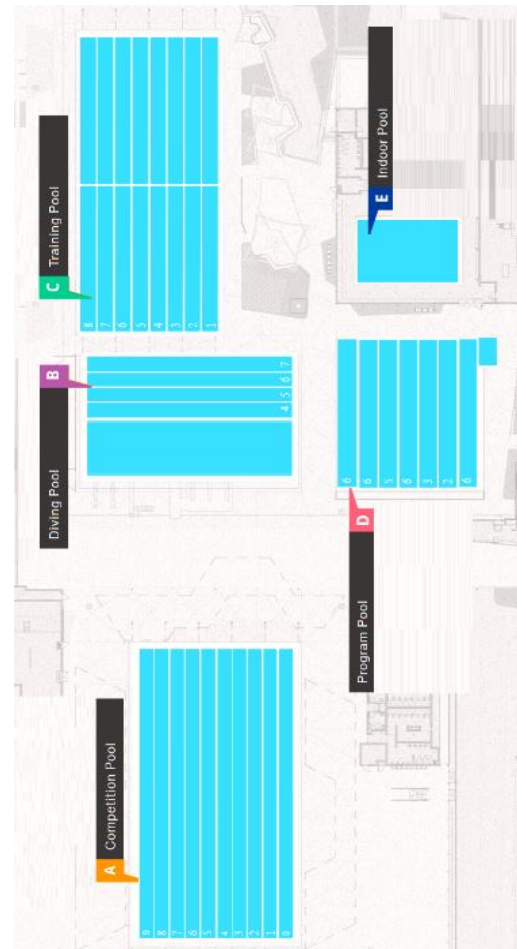
Emergency evacuation

In case of an emergency, you will be directed to exit the venue through the main entrance, and go to one of two assembly areas (AA).

Pool map



All racing will take place in the 50m Competition Pool (A). Warm up and swim down will be available throughout the meet in the north end of the training pool (C). The GCAC will remain open to the public during the swim meet. Please respect other patrons as they utilise other areas of the venue.



Contacts

Meet Convenor/Director .. swimming@mastersgames.com.au
 MSQ Business Manager . admin@mastersswimmingqld.org.au
 Director of Recording . recorder@mastersswimmingqld.org.au
 MSQ website..... <https://mastersswimmingqld.org.au>

Important dates

Entries open March 2024
 Early bird closing date11:59pm AEST 31 May 2024
 Saver closing date 11:59pm AEST 31 August 2024
 Individual closing date 11:59pm AEST 11 October 2024
 Entry list available21 October 2024
 Entry list finalised.....25 October 2024
 Club relay closing date1 November 2024
 Program information available3 November 2024

