# The Atherton Mountaineers Masters Swimming Club 2024 Time Trial Swim Meet

Atherton Aquatic Centre Robert Street, Atherton

Saturday 23 March 2024

# **MEET GUIDE**



Meet Date: Saturday 23 March 2024	Meet Director: Michael Hughes	
Entries Close: Tuesday 19 March 2024	coach@athertonmountaineers.com	
Venue: Atherton Aquatic Centre	0428 913 458	
Warm up: 1:00PM Start time: 1:30PM	MSQ Sanction Number: Q7/24	Meet cost: \$20 members \$25 non-members (+ SwimCentral transaction fee)

## **Program of Events**

Event	Distance	Stroke	
1.	400m	Freestyle	
2.	50m	Breaststroke	
3.	100m	Backstroke	
4.	100m	Butterfly Choo	ose one only
5.	100m	Breaststroke	
6.	50m	Freestyle	
7.	200m	Backstroke	
8.	200m	Breaststroke Choo	ose one only
9.	200m	Individual Medley	
10.	200m	Butterfly	
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12.	50m	Butterfly	
13.	100m	Freestyle	
14.	400m	Backstroke	
15.	400m	Individual Medley Choo	ose one only
16.	400m	Butterfly	
17.	400m	Breaststroke	
18.	50m	Backstroke	
19.	200m	Freestyle	

**Event limits:** Maximum of 5 events can be entered.



# **Event Details**

#### Welcome

Welcome everyone to the 2024 Atherton Mountaineers swim meet. 2019 was the last time we held a meet, so we are looking forward to a wonderful afternoon of fellowship mixed with friendly competition. It will be a great chance to catch up with old friends, make new ones and encourage a few more swimmers to join the Masters fold.

The most important part of any Atherton Carnival is the eating and socialising. As is tradition, there will be a delicious Smoko Break immediately before the 50 m fly.

After the meet we will have gather at the Billycart Brewery to continue the socialisation.

Enjoy the day and swim well.

#### Eligibility

This meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. Swimmers must compete for their MSA club.

International swimmers who are current members of their national Masters Swimming Federation may also compete (proof of membership must be provided).

Guest swimmers are welcome to enter this meet.

**Please note:** This meet is classed as a Time Trial, and all records and World Aquatics Top Ten performances will **not** be recognised.

#### **Entry fees**

A swimmer may enter a maximum of five (5) competition events \$20 members / \$25 non-members (plus transaction fees).

#### Age

Age as at the 31 December 2024. Minimum age is 18 years at day 1 of competition.

#### **Entries**

Entries are to be submitted online via <u>Swim Central</u>. Entries will open in February 2024. The closing date for entries is Tuesday 19 March 2024.

International Masters members are invited to contact the MSQ Director of Recording who will provide specific entry instructions.

Non-member swimmers are also to register an account and enter directly.

#### Non-members

Non-member will need to:

- Register a Swim Central account (if you do not have one already) and log in with your email address
- 2. Purchase an event membership of \$5 (plus fees)
  - a. Click on Store in left menu
  - b. Click Memberships link
  - c. Search for "Masters Swimming Queensland" in Find a Club
  - d. Add "QAT Meet Non-Member 2024" membership to your Cart and purchase
  - e. Once purchased, you will be able to enter the meet via your home page or the Events link
- 3. Enter the meet paying the applicable entry fee (\$20)

#### **Conduct of events**

Heats will be swum from slowest to fastest. All events will be conducted as timed finals. Starts may be 'over the top'.

**Please note:** based on numbers and combinations of entries received, the meet organisers reserve the right to make changes and combine heats and events where necessary.

400m form stroke events are to be swum as programmed, i.e. a 400m form stroke will not be recognised if swum in the 400m freestyle.

#### **Qualifying times**

There are no qualifying times required for this meet. On selecting an event in Swim Central, if you have matching results from the previous two (2) years, the fastest time will be displayed. If you have a valid reason that may vary your performance greatly, you may also request a seed time change. If you have no previous/recent results, email your nominated swim times to <a href="mailto:coach@athertonmountaineers.com">coach@athertonmountaineers.com</a>.

#### Relays

Relays will not be contested at this meet.

#### **Multi Class events**

Multi Class swimmer are always welcome, however there will be no separate Multi Class events conducted at this meet.

#### Event changes, withdrawals and refund policy

If you need to change or withdraw your entry contact Kim Christie at <a href="mailto:coach@athertonmountaineers.com">coach@athertonmountaineers.com</a> who will explain the process to you.

## **Event Details**

#### **Rules**

All MSQ/MSA meet guidelines, by-laws and rules, and World Aquatics swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/Atherton Mountaineers Swim Club/ Pool staff to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for all costs arising from such action.

#### **Tickets and programs**

Entry to this meet is free for spectators – no tickets are required.

Programs will be available on the MSQ event page for online download prior to and during the meet. Programs made available before the day of the competition will be draft and are subject to change without notice.

#### Warm-up start time

Warm-up will commence at 1:00PM. The competition lanes (2-6) will close at 1:30PM, with lane 1 remaining open throughout the duration of the day's session for warm-up and swim down. Follow the directions of pool staff and Technical Officials for lane use.

#### Self Marshaling

All starts and marshalling will be held at the deep end of the pool. To streamline the process, we would like everyone to sit in the grandstand at the deep end of the pool.

#### Results

Results will be posted to the MSA Portal, with results and statistics posted on the MSQ website meet event page in the days following the meet.

Competition results for men and women will be separated and Individual events: 18-24 and then in 5-year groups, i.e. 25-29, 30-34, 35-39, etc.

#### Meet awards and presentation function

Awards "Flying Freddos" will be presented for individual categories at the post swim gathering at The Billycart Brewing Co. (65 Tolga Road, Atherton)

All swimmers are eligible to score points and win awards.

Full meet results, statistics and rankings will be made available in the days following the meet.

Please indicate your intention to attend the Billycart at meet

entry. – The Billycart Brewing Co. is a locally owned independent brewery. A food cart will also be available to purchase a meal.

#### Photo/video release

All attendees agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

#### Other important information

- Members from all clubs maybe called on to assist with timekeeping throughout the meet.
- Swimmers must comply with signage and pool staff on pool deck regarding the use of the warm-up and swimdown lanes.
- Diving will not be permitted during warmup unless the signage indicates otherwise.
- Pool deck access is limited to marshalling for events, the officials and technical staff. Please do not stand in front of the recording area.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts may be 'over the top'. Move quickly to the lane rope away from the wall once you have completed your heat. Competitors may be asked to remain in their respective lanes until the next heat is started, then move quickly to the nearest side to exit.
- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are subject to change, including changes required in the event of too many entries being received for the allowed duration of the meet.

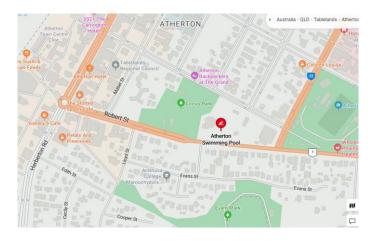
#### First aid

Pool lifeguarding and patrols will be carried out during the meet by Atherton Aquatic Centre pool staff. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

## **Event Details**

#### How to get to the Atherton Aquatic Centre

- Atherton Aquatic Centre is at 18 Roberts Street, Atherton
- Phone (07) 4091 6940



#### **Severe Weather Policy**

MSQ recognises the dangers of extreme weather in Queensland and the need to ensure that all staff and users of facilities take the correct precautions in the event of extreme weather.

Extreme weather includes unexpected, unusual, severe, or unseasonal weather that may pose a safety risk to users including rain, drought, wind, flood, storms, dust, hail, and extreme temperature.

If the meet is affected by extreme weather, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and Atherton Aquatic Centre staff. No refund of entry fees will occur under such circumstances.

#### Venue

Seating is available in stands, please seat near the deep end of the pool.

No glass is to be brought on site.

The Aquatic Centre will remain open to the public during the swim meet. Please respect other patrons as they utilise the 25m pool and amenities.

Food such as tea, coffee, cold drinks, and snacks will be available for sale from the Atherton Aquatic Centre canteen throughout the event. A delicious Atherton Mountaineers smoko will be provided before the 50m Butterfly.

#### **Contacts**

#### **Important dates**

Entries open	February 2024
Closing date	19 March 2024
Program MSQ website	21 March 2024