



Miami Masters Swimming Club

The John Crisp Memorial Meet 2024

Miami Aquatic Centre
80 Pacific Avenue, Miami, Gold Coast

8.30am Saturday 17 February 2024

MEET GUIDE



Meet Date: Saturday 17 February 2024	Meet Director: Peter Reaburn	New: Novice swimmer 50m swims in each stroke
Entries Close: Tuesday 6 February 2024	preaburn55@gmail.com	New: Mixed Medley/Free relays for smaller clubs
Venue: Miami Aquatic Centre	0408 760 757	New: 50m handicapped Free <i>Dash 4 Cash</i> (M/F)
Warm up: 7:30AM Start time: 8:30AM	MSQ Sanction Number: Q2/24	Meet cost: \$7 per event (plus transaction fees)

Program of Events

EVENT LIMITS: LIMIT OF FIVE INDIVIDUAL EVENTS. ONLY ONE 200M EVENT PER INDIVIDUAL. NO LIMIT ON RELAY ENTRIES.

Event	Distance	Stroke
1.	400m	Freestyle
2.	100m	Breaststroke
3.	50m	Freestyle
4.	50m	Freestyle (Novice)
5.	50m	Backstroke
6.	50m	Backstroke (Novice)
7.	100m	Butterfly
8.	4x50m	Mixed Medley Relay
FIN SWIMMING DEMONSTRATION		
9.	200m	Butterfly
10.	200m	Backstroke
11.	200m	Breaststroke
12.	200m	Freestyle
13.	200m	Individual Medley
LUNCH BREAK – ELITE RELAY SWIMS		
14.	100m	Freestyle
15.	50m	Breaststroke
16.	50m	Breaststroke (Novice)
17.	100m	Backstroke
18.	50m	Butterfly
19.	50m	Butterfly (Novice)
20.	4x50m	Mixed Freestyle Relay
MCGAW CONSULTING DASH FOR CASH		

NOVICE: A registered MSQ/MSA Swimmer who has NEVER swum at a sanctioned MSQ or MSA meet or recognized masters games. Certificates of Participation will be presented to all Novice swimmers.

DASH FOR CASH (Sponsored by McGaw Consulting): Fastest swimmers from 10-year age groups (18-24 yrs, 25-34 yrs etc) from the 50m Freestyle will be invited to swim in a HANDICAPPED (Based on Events 3 and 4 result) 50m Dash for Cash. Spare lanes will be filled by a random draw of the 'other' age-group winner in the 10-year age group. Swimmers will be announced early in the lunch break, announced, and bought together for a briefing. Male then female in separate events. \$50 Cash prize for male and female winners. This event does NOT count as one of the five individual swims. Nobody enters this event online.



Event Details

Welcome

Welcome to the first Masters Swimming Queensland swim meet of 2024. Miami Masters prides itself on being focused on fun, fitness, and friendship. We hope you enjoy our program of competitive swimming that includes 50m events for Novice masters swimmers who have never swum at a masters swim meet or games, mixed 4 x 50m relay swims designed to encourage smaller clubs, and a 50m handicapped freestyle *Dash for Cash* swim for the fastest 50m freestyle men and women from the age groups (18-24, 25-34, 35-44, 45-54, 55-64, 65-74, 75-84 years).

We are also encouraging Novice masters swimmers who have never entered a masters swim meet or competed in a masters games event to get involved. We are holding 50m events in each stroke for this group. Please encourage first time masters swimmers along for the fun and friendship.

Eligibility

This meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs.

International swimmers who are current members of their national Masters Swimming Federation may also compete (proof of membership must be provided).

Non-Member swimmers are not permitted to enter this meet. MSA/MSQ membership is available via the [MSA website](#).

Age

Age as at the 31 December 2024. Minimum age is 18 years at Day 1 of competition.

Entries

Entries are to be submitted online via [Swim Central](#). Entries will open in January 2024. **The closing date for entries is midnight Tuesday 6 February 2024.**

International Masters members are invited to contact the [MSQ Director of Recording](#) who will provide specific entry instructions.

Late entries may be considered but will incur an additional fee of \$30. Late entries are subject to lane availability in the event and may result in swimmers being entered in the slowest heat.

Conduct of events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be

conducted as timed finals. Starts will be 'over the top' where possible.

Please note: based on numbers and combinations of entries received, the meet organisers reserve the right to make changes and combine heats and events where necessary.

If a 400m form stroke is swum in the 400m freestyle event, it will be recognised as a freestyle swim, NOT a form stroke.

Qualifying times

There are no qualifying times required for this meet. On selecting an event in Swim Central, if you have matching results from the previous two (2) years, the fastest time will be displayed. If you have no previous results, "NT" will be displayed, and you may be seeded in the slower heats. You cannot edit your entry times. It is advised that you email the QMM Meet Director at preaburn55@gmail.com to provide a recent or training time. If you have a valid reason that may vary your performance greatly, you may also request a seed time change.

Relays

Race Secretaries or Club Captains must complete relay nominations in Swim Central by midnight of the closing date of Tuesday 6 February 2024. Clubs entering relays must ensure their members are entered individually in ample time to complete relay entry. Clubs may enter multiple teams per age group for all relays. Any changes to relay composition shall only be accepted if due to illness or nonattendance and advised to the Meet Recorder before the commencement of competition.

Swimmers must enter at least one individual event to be eligible to swim in a relay team. All relays must consist of members or second claim members of the same club. All teams not disqualified will score points.

Relays are to be swum in the order swimmers are nominated in their entry. Mixed relays must consist of two (2) males and two (2) females. The order of swimmers by gender is optional in mixed relays. A swimmer may only swim a particular relay event once.

Multi Class events

Multi Class swimmer are always welcome. However, there will be no separate Multi Class events conducted at this meet.

Entry fees

A swimmer may enter a maximum of five (5) individual

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competition events for \$35 (plus transaction fees). Relay and exhibition entries are free. The *Dash for Cash* does NOT count as an individual event.

A swimmer may enter only 1 x 200m event. An additional 200m event entered will be deleted with no refund given.

All entrants must pay the nomination fee online as directed by [Swim Central](#). Please enter and swim within your physical limits and with an awareness of the order of swim events.

Entry List and Timeline

The Entry List will be available on the MSQ meet event page on 8 February 2024. All competitors must check their entries thoroughly and submit discrepancies to the QMM Meet Director at preaburn55@gmail.com by 6PM, Saturday 10 February 2024. The Timeline for this meet will be published on or before Tuesday 13 February 2024.

Event changes, withdrawals, and refund policy

A swimmer may change their entries or withdraw from the meet in Swim Central up until the closing date. A refund will only be considered prior to the closing date.

To make changes to events entered, the swimmer can simply add a new event if they have not filled the allowed quota of events, or withdraw from unwanted events by requesting a refund, and once approved add a new event(s).

You will lodge your request in Swim Central against your entries. Go to your profile, to the meet, to the event, and click the green 'Entered' button for the event to withdraw from. The Order History page will display, and you will click the 'Request Refund' link for that event and provide a reason. Once the meet organiser has approved, you may then add another entry.

If you are withdrawing from the meet entirely, you will need to click the 'Request Refund' link for each and every event entered, then provide a reason. This requires approval before changes are confirmed. If approved, a refund will be granted, minus the administration fee(s).

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and World Aquatics swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/Miami Masters Swim Club/Miami Aquatic Centre staff to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for all costs arising from such action.

COVID-Safe Meet Information

To help reduce the spread of COVID-19 please:

- Do not attend if you are COVID-19 positive or have COVID-19 symptoms.
- Maintain physical distancing to the extent possible outside of the pool.
- Practice good hand hygiene, washing/sanitising hands often.

Tickets and programs

Entry to this meet is free for spectators – no tickets are required.

No printed programs will be available at the meet. Programs will be available on the MSQ event page for online download prior to and during the meet. Programs made available before the day of the competition will be draft and are subject to change without notice. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Warm-up start time

Warm-up will start in the 50m competition pool at 7.30AM and close at 8.15AM for races to start at 8.30AM. Three lanes of the other 50m pool will remain open throughout the duration of the day's session for warm-ups and swim downs. Please keep the closest lane to the sides of the pool for 25m sprints and starts from the deep end of the pool – the eastern end. Follow the directions of pool staff and Technical Officials for lane use.

Self-Marshalling

All swimmers will be required to self-marshall. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Swimmers are responsible for knowing the event, heat, and lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshalling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshalling area including behind the blocks:
 - 50m events - 4 heats following heat in water

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- 100m events - 4 heats following heat in water
- 200m events - 3 heats following heat in water
- 400m event - 2 heats following heat in water
- Swimmers in the 50m events need to be prepared to move quickly.
- Swimmers in the 400m event should be prepared to report early to the marshalling area as heats may be combined to save time.
- The Marshal will be a helper who can verify a swimmers' position, answer questions, and direct heats to the blocks.
- The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.

Results

Live results will be made available for this meet. The Meet Mobile application will be operating and can be downloaded to your chosen device(s). Results will be posted to the MSA Portal, with results and statistics posted on the MSQ website meet event page in the days following the meet.

Competition results for men and women will be separated and Individual events: 18-24 and then in 5-year groups, i.e. 25-29, 30-34, 35-39, etc.

Relays: 72-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359 and 360-399.

Records

Semi-Automatic Timing (SAT) will be in use. World records will not be recognised at this event. Any MSQ member may break Queensland records. Any MSA member may break their respective state and national records. World Aquatics Top Ten performances will be recognised.

Meet awards and presentation function

Awards will be presented at the conclusion of this meet:

- Highest Ave Points – Small Club
- Highest Ave Points – Large Club
- Age group winners
- **John Crisp Memorial Award for Best Overall Relay Performance** in events 8 and 20. Criteria include, in ascending order, State record (5 points) and National record (10 points). If a tie, then closest to the national record(s) as a percentage wins.

Club awards are calculated using standard event points scoring.

All swimmers, Queensland, and visitors, are eligible to score points and win awards.

Full meet results, statistics and rankings will be made available

in the days following the meet.

Photo/video release

All attendees agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

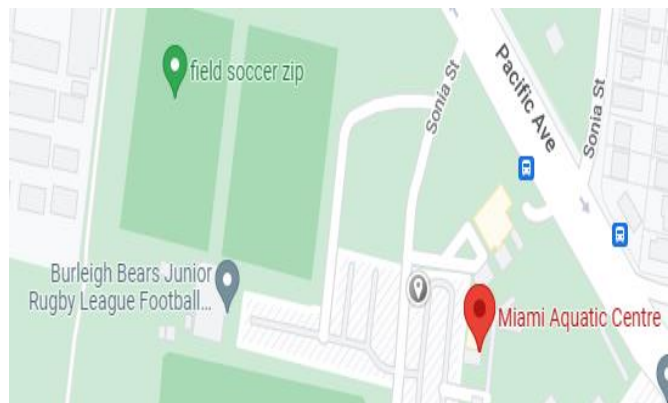
Other important information

- Members from all clubs maybe called on to assist with timekeeping throughout the meet.
- 400m swimmers are to provide their own lap counter should they require one.
- Paddles are not permitted to be worn during the meet, including warm-up and swim-down.
- Watches are not to worn during warm-up or swim-down.
- Swimmers must comply with signage and pool staff on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Pool deck access is limited to marshalling for events, the officials and technical staff. Please do not stand in front of the recording area.
- Swimmers must wear only one pair of World Aquatics approved swimwear. In accordance with MSA Inclusive Swimwear Policy, swimsuits may be modified or alternative swimsuits may be worn to accommodate a swimmer's individual needs, provided any modification or proposed alternative swimsuit is approved by the Referee prior to the swimmer's first event. See [MSA Swimwear Rules](#) for more information.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts may be 'over the top'. Move quickly to the lane rope away from the wall once you have completed your heat. Competitors will remain in their respective lanes until the next heat is started, then move quickly to the nearest side to exit.
- When asked to clear the pool lanes 0–4 will exit via the side at lane 0, and lanes 5–9 exiting via the side at lane 9.
- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are subject to change, including changes required in the event of too many entries being received for the allowed duration of the meet.

Event Details

How to get to the Miami Aquatic Centre

Address is 80 Pacific Avenue, Miami. Parking is available adjacent to the pool and off Sonia Street adjacent to the Burleigh Bears Junior Leagues Club.



Take either the Robina Town Centre or Broadbeach exits off the M1 to get to the venue. Google Maps will get you there!

Severe Weather Policy

MSQ recognises the dangers of extreme weather in Queensland and the need to ensure that all staff and users of facilities take the correct precautions in extreme weather.

Extreme weather includes unexpected, unusual, severe, or unseasonal weather that may pose a safety risk to users including rain, drought, wind, flood, storms, dust, hail, and extreme temperature.

If the meet is affected by extreme weather, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and Miami Aquatic Centre staff. No refund of entry fees will occur under such circumstances.

First aid

Pool lifeguarding and patrols will be carried out during the meet by Miami Aquatic Centre staff. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Venue

Both Miami Masters and Miami Swimming Clubs will provide several shade tents. Shade tents will be provided for timekeepers, marshals, recorders, and officials. Clubs are welcome to bring their own shade. You will be directed on arrival where tent setup is appropriate, and you must adhere to the weighting requirements set by the venue, i.e. 3m x 3m marquee = 90kg and 6m x 3m marquee = 120kg. Please provide your own weights as *pegging tents is NOT permitted*. You will need to BYO chairs. No glass is to be brought on site.

The Miami Aquatic Centre will remain open to the public during the swim meet. Please respect other patrons as they utilize the southern 50m pool and amenities.

Food such as tea, coffee, cold drinks, and snacks will be available for sale from the Miami Aquatic Centre canteen throughout the event.

Contacts

Meet Director preaburn55@gmail.com
MSQ Business Manager...admin@mastersswimmingqld.org.au
Director of Recording .. recorder@mastersswimmingqld.org.au
MSQ website <https://mastersswimmingqld.org.au>
Meet Entry..... [Swim Central](#)

Important dates

Entries open..... 1 January 2024
Closing date 6 February 2024
Entry list available 8 February 2024
Entry list finalised 10 February 2024
Program available..... 13 February 2024

MIAMI MASTERS WELCOMES YOU

PLEASE ENCOURAGE NOVICE FIRST TIME SWIMMERS TO GET INVOLVED WITH THE FUN AND FRIENDSHIP

Event Details

The John Crisp Memorial Trophy



John Crisp was short in stature but a giant in both the masters swimming and surf lifesaving communities. All his life his life, his thoughts were of swimming. He was a world-class masters swimmer across many events and strokes, a mentor, a coach, and inspiration to all our members.

John loved his relay events. A real team man! It is thus appropriate that when his wife of 63 years, Bernice gave us one of John's favourite and reconditioned personal trophies (pictured), that Miami Masters Swimming Club decided to award the **John Crisp Memorial Trophy for Best Overall Relay Performance** at their Annual Swim Meet. The criteria include, in ascending order, State record (5 points), National record (10 points). If a tie, then closest, in percentage terms, to the national record(s) wins.



Event Details

Meet Director, Peter Reaburn, had the privilege of training and competing with John for many years as a member of the Southport Surf Lifesaving Club. Below is information relating to John. Written in his own words!

Born Ramsgate in Sydney, 1935. Attended Ramsgate Primary just up the street from Ramsgate Pool complex. I used to sing a song, for entry into the pool each day as money was very short in our household. Didn't wear any shoes to school until I attended High school at Kogarah.

At age 12, after competing in the State and National Springboard Championships, I was selected in the NSW Diving Troop, which gave regular exhibitions of fancy diving during breaks in NSW Swimming Championships, etc.

I did lots of weights and in 1969 I won the NSW Power Lifting Championship- lightweight class 66kg. This included 3 events – bench press, squat and dead lift. My overall total was 300kgs. Body weight 10st 8 3/4 lb.

In 1970 I was a foundation member of the Cronulla Water Polo Club. The Club struggled for many years but went on to become the strongest club in Australia. I coached an under-16 team. Two of the members of this team, Andy Kerr and Randy Gough, went on to represent Australia at several Olympics.

Won Australia's very first Triathlon event in Melbourne in 1970 and again in 1971 in Wagga. It's different now, but then it was swim, run and pistol shooting. Presented by the Australian Pentathlon Association, it was born to attract people to participate in the Olympic Pentathlon, which includes cross-country horse riding, cross-country running, foils (swords), pistol shooting and swimming. The Pentathlon was one of the original events at the beginning of the Olympics in Greece.

Joined North Cronulla SLSC where I excelled in the surf through cadet, junior and senior ranks. I was Surf Champion and Belt Champion from 1951 to 1962 – that's 12 years. I attended 13 years patrol duties in North Cronulla.

Moving up to Queensland in 1971, aged 36, I joined Southport SLSC. Our team became famous for a decade of winning the Australian and State Rescue and Resuscitation R&R event. The most noticeable wins were in the 4-man R&R event. On 2 of these occasions, my son Lee and daughter Sandra competed in the team. Sandra's win made her the first female to win a gold medal in a National Surf Championship in 1983-4.

I have won Masters World Championships in Masters Surf Championships in Iron Man and Surf race events, in age groups 55 to 70 years in New Zealand, South Africa, Brazil and Australia. I joined Miami Masters 1 year after it was formed in 1989. I am a lifetime member of Miami Masters Swimming Club.

Bernice and I married in Sydney in 1961. We have 3 children – Sandra-a jeweller, Lee- a Building Project Manager, and Joanna who is a professional beekeeper, and grows Heliconia flowers.

I have been a builder all my life, starting as a 15-year-old apprentice carpenter. I was a qualified Health and Building Inspector, a Clerk of Works (project manager), and went on to build and develop commercial buildings - churches, shopping centres and office blocks, as well as small apartments. In later years I became a Building Inspector. I studied Arbitration Law at Queensland Uni, and became a Fellow of the Institute of Arbitrators, Australia. During 1990 to 2000 I became the busiest building arbitrator in Queensland.

For 9 years until 2020, I was assistant to the Head Coach, at TSS Aquatics, coaching young people from the age of 10 years. The TSS Aquatics High Performance squad produced three Rio Olympians. I have coached 3 members of Masters for 10 weeks prior to the Hungary World Championships in 2017, with excellent results of 4 gold, 3 silver and 1 bronze. Until recently, I trained an elite group of Master swimmers on Saturday mornings at the Nerang pool, entirely focused on sprint swimming.

John still holds several state and national records across different strokes, distances, and age groups. Vale John Crisp.