



**North Mackay Sinkers
Masters Swimming Club**



North Mackay Sinkers Open Water Swim 2023

Balnagowan - Pioneer River Mackay

Sunday 5th November 2023

(MSQ Sanction # Q17/23)

Event	Distance	Stroke
1	5.0 km	Freestyle
2	2.5 km	Freestyle
3	1.25 km	Freestyle



Date: Sunday 5 th November 2023	Meet director – Dan Stampa	Event Limit: One event only
Location: Balnagowan	nthmkysinkers@gmail.com	Entry Fee: \$25 plus transaction fee
Warm up: 7:00am	0413 805 156	Enter: Swim Central
Start: 7:10, 7:20 & 7:30am	MSQ Sanction # Q17/23	Closing Date: 28/10/2023



North Mackay Sinkers Masters Swimming Club



MEET DETAILS

Eligibility

This swim meet is open to Masters Swimming Queensland (MSQ) registered swimmers, swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs & Non-Member/Guest swimmers.

Age

Age as at the 31 December 2023.
Minimum age for this event is 14 years at day of competition.

Entry and Fees

All entries are to be submitted via [Swim Central](#).
Entries close 5pm Saturday 28 October 2023.
All entrants must select a **single distance only**.
Non-Masters can purchase an event membership (see instructions below).

Fees: \$25 event fee plus transaction cost.

Multi Class events

Multi Class swimmer are always welcome, however there will be no separate Multi Class events conducted at this meet.

Entry List

The Entry List will be available on the MSQ meet event page on or about 30th October. All competitors must check their entries thoroughly and submit discrepancies to the [MSQ Director of Recording](#) by 6PM, Tuesday 31 October 2023.

Non-members/guests

Non-member/guests will need to:

1. Register a Swim Central account (if you do not have one already) and log in with your email address
2. Purchase an event membership of \$5 (plus fees)
 - a. Go to Store in left menu
 - b. Click Memberships link

- c. Using Find a Club, search for "North Mackay Sinkers"
 - d. The "North Mackay Sinkers OWS Non-Member 2023" membership will be displayed
 - e. Add to Cart and purchase
 - f. Once purchased, you will be able to enter the OWS meet via your home page or the Events link
3. Enter the meet paying the entry fee of \$25 plus costs

Late entries

Late entries may be considered but will incur an additional fee of \$10. Late entries are subject to availability in the event.

(Contact the Meet Director on 0413 805 156)

Event changes, withdrawals and refund policy.

A swimmer may change their entries or withdraw from the meet in Swim Central up until the closing date. A refund will only be considered prior to the closing date. If the meet has already closed, please do not attempt this process, but contact the meet organiser. To make changes to events entered, the swimmer can simply add a new event if they have not filled the allowed quota of events, or withdraw from unwanted events by requesting a refund, and once approved add a new event(s). You will lodge your request in Swim Central against your entries. Go to your profile, to the meet, to the event, and click the green 'Entered' button for the event to withdraw from. The Order History page will display, and you will click the 'Request Refund' link for that event and provide a reason. Once the meet organiser has approved, you may then add another entry. If you are withdrawing from the meet entirely, you will need to click the 'Request Refund' link for the event entered, and also the Meet Entry Fee, (where applicable), then provide a reason. This requires approval before changes are confirmed. If approved, a refund will be granted, minus the administration fee(s).



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Conduct of Events

Swimmer check in is from 6:15am.

Event start times as follows:

- 7:10am – 5k
- 7:20am – 2.5k
- 7:30am – 1.25k

Cut off time is strictly 9:30am. Any swimmers remaining in the water will be directed to finish their swim.

Please note based on numbers and combinations of entries received, the meet organisers reserve the right to make changes and combine events where necessary.

Qualifying times

There are no qualifying times required for this meet. Please enter and swim within your physical limits.

Warm-up

Warm-up for this meet will commence at 7am for the 5k event after a course and event water safety briefing.

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and World Aquatics swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/QNS Swim Club/Pool staff to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

COVID-Safe Meet Information

To help reduce the spread of COVID-19 please:

- Do not attend if you are COVID-19 positive or have COVID-19 symptoms.
- Maintain physical distancing to the extent possible.
- Practice good hand hygiene, washing/sanitising hands often.

This event will be held in compliance with all QLD Health directives and venue COVID-19 restrictions in place at the time of the event. By nominating for and/or attending this swim meet you agree to accept

the [MSQ COVID-19 Terms and Conditions of Event Entry and Attendance](#) and the venue management's conditions of use that apply at the time of the meet, both of which are subject to change at short notice.

Programs

No programs will be available other than the start list.

Results

Full results will be advised after the event via the club's Facebook page and MSQ website.

Meet awards

Awards will be presented at the conclusion of the meet on the rowing club grassed tiers as follows:

- King of the River, 2nd & 3rd male overall
- Queen of the River, 2nd & 3rd female overall
- Prince & Princess of the River 14-17 years.
- No age group awards available, swim certificate issued on request.

Photo/video release

All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Self-Marshalling

All swimmers will be required to self-marshall. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not swimming or officiating should not be near the starting area.

Events to be marshalled will be announced. (Single heat per distance)

First aid

No lifeguards will be in attendance however qualified First Aid club members will be available. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.



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On water safety

Sufficient safety will be provided for the number of entries when known including powered craft and kayaks.

Emergency evacuation

In case of an emergency, you will be directed to leave the water and go to the appropriate muster point and await instructions. If asked to evacuate please do so immediately.

Other information

- Event parking will be available at the site.
- The North Mackay Sinkers note that the information provided is correct at the time of publishing, however, is subject to change.
- By nominating to participate in this swim meet, all Swimmers thereby authorise the Meet Director to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for all costs arising from such action.

Location – Pioneer River, Cnr Mackay Eungella road & Pleystowe Connection Road. Adjacent to the Mackay Rowing Club and under the bridge.



Important dates

Entries open September 2023
 Entries close 5pm Saturday 28th October 2023
 Swim Meet Sunday 5th November 2023