

The BRISBANE NORTHSIDE Masters Swimming Club 2023 Short Course Meet

Valley Pool,
Wickham Street
Fortitude Valley

Saturday 26th August 2023

MEET GUIDE



Meet Date: Saturday 26 th August 2023	Meet Director: Richard Sargent	Meet cost: \$30 (plus transaction fees)
Entries Close: Tuesday 15 th August 2023	gbnmasters@gmail.com	Maximum 5 events
Venue: Valley Pool	0418 796 885	Enter: Swim Central
Warm up: 8:00AM Start time: 9:00AM	MSQ Sanction Number: Q13/23	

Program of Events

Event	Distance	Stroke
1.	100m	Free
2.	100m	Butterfly
3.	50m	Breaststroke
4.	50m	Backstroke
5.	200m	Freestyle
6.	200m	Breaststroke
7.	100m	Individual Medley
8.	25m	Backstroke
9.	25m	Butterfly
10-minute break		
10.	25m	Breaststroke
11.	25m	Freestyle
12.	100m	Backstroke
13.	100m	Breaststroke
14.	200m	Backstroke
15.	200m	Butterfly
16.	50m	Freestyle
17.	50m	Butterfly
18.	200m	Individual Medley

Event limits: Maximum 5 events



Event Details

Welcome

Brisbane Northside welcomes swimmers to our annual August short course swim meet. Following the success of last year's meet, we have continued with the shorter format which provides a much earlier finishing time of about 1pm.

Eligibility

This meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. International swimmers who are current members of their national Masters Swimming Federation may also compete. Guest swimmers are not permitted to enter this meet.

Age

Age as at the 31 December 2023. Minimum age is 18 years at day 1 of competition.

Entries

Entries are to be submitted online via [Swim Central](#). Entries will open in July 2023. **The closing date for entries is Tuesday 15 August 2023.**

International Masters members are invited to contact the [MSQ Director of Recording](#) who will provide specific entry instructions.

No late entries are permitted at this meet after the closing date.

Conduct of events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be conducted as timed finals. Starts will be 'over the top' where possible.

Qualifying times

There are no qualifying times required for this meet. On selecting an event in Swim Central, if you have matching results from the previous two (2) years, the fastest time will be displayed. If you have no previous results, "NT" will be displayed, and you may be seeded in the slower heats. You cannot edit your entry times. It is advised that you email the [QBN Meet Director](#) to provide a recent or training time. If you have a valid reason that may vary your performance greatly, you may also request a seed time change.

Relays

Relays will not be contested at this meet.

Multi Class events

Multi Class swimmer are always welcome, however there will be no separate Multi Class events conducted at this meet.

Entry fees

A swimmer may enter a maximum of five (5) competition events for \$30 (plus transaction fees).

All entrants must pay the nomination fee online as directed by [Swim Central](#).

Entry List and Timeline

The Entry List will be emailed to entrants by 17th August 2023. All competitors must check their entries thoroughly and submit discrepancies to Boo1949@gmail.com by 6PM Friday 18th August. Program information for this meet will be published on or before Wednesday 23rd August.

Event changes, withdrawals and refund policy

A swimmer may change their entries or withdraw from the meet in Swim Central up until the closing date. A refund will only be considered prior to the closing date. If the meet has already closed, please do not attempt this process, but contact the meet organiser.

To make changes to events entered, the swimmer can simply add a new event if they have not filled the allowed quota of events, or withdraw from unwanted events by requesting a refund, and once approved add a new event(s).

You will lodge your request in Swim Central against your entries. Go to your profile, to the meet, to the event, and click the green 'Entered' button for the event to withdraw from. The Order History page will display and you will click the 'Request Refund' link for that event and provide a reason. Once the meet organiser has approved, you may then add another entry.

If you are withdrawing from the meet entirely, you will need to click the 'Request Refund' link for each and every event entered (including \$0.00 events), and also the Meet Entry Fee, (where applicable), then provide a reason. This requires approval before changes are confirmed. If approved, a refund will be granted, minus the administration fee(s).

Event Details

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and FINA swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

COVID-Safe Meet Information

To help reduce the spread of COVID-19 please:

- Do not attend if you are COVID-19 positive or have COVID-19 symptoms.
- Maintain physical distancing to the extent possible outside of the pool.
- Practice good hand hygiene, washing/sanitising hands often.

This event will be held in compliance with all QLD Health directives and venue COVID-19 restrictions in place at the time of the event. By nominating for and/or attending this swim meet you agree to accept the [MSQ COVID-19 Terms and Conditions of Event Entry and Attendance](#) and the venue management's conditions of use that apply at the time of the meet, both of which are subject to change at short notice.

Tickets and programs

Entry to this meet is free for spectators – no tickets are required.

No printed programs will be available at the meet. Programs will be available on the MSQ event page for online download prior to and during the meet. Programs made available before the day of the competition will be draft and are subject to change without notice. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Warm-up start time.

Warm-up will commence at 8:00AM at both ends of the pool. When competition starts at 9:00AM, the Wickham St end of the pool will be available for warm-up and swim-down throughout the meet.

Self Marshaling

All swimmers will be required to self-marshall. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Swimmers are responsible for knowing the event, heat, and lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshalling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshalling area including behind the blocks:
 - 25m events - 4 heats prior to the heat in the water
 - 50m events - 4 heats prior to the heat in the water
 - 100m events - 4 heats prior to the heat in the water
 - 200m events - 3 heats prior to the heat in the water
- Swimmers in 25m and 50m events need to be prepared to move quickly.
- The Marshal will be a helper who can verify a swimmers' position, answer questions, and direct heats to the blocks.
- The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.

Results

Live results will be made available for this meet. The Meet Mobile application will be operating and can be downloaded to your chosen device(s). Results will be posted to the MSA Portal, with results and statistics posted on the MSQ website meet event page in the days following the meet.

Competition results for men and women will be separated and Individual events: 18-24 and then in 5-year groups, i.e., 25-29, 30-34, 35-39, etc.

Records

Semi-Automatic Timing (SAT) will be in use. World records will not be recognised at this event. Any MSQ member may break Queensland records. Any MSA member may break their respective state and national records. FINA World Top Ten performances will be recognised.

Meet awards and presentation function.

Awards will be presented at the conclusion of this meet:

- Highest Average Points – Small Club
- Highest Ave Points – Large Club
- Highest Club Points

Club awards are calculated using standard event points scoring.

All swimmers, Queensland, and visitors are eligible to score

Event Details

points and win awards.

Full meet results, statistics and rankings will be made available in the days following the meet.

At the conclusion of the meet competitors and supporters are welcome to join us for lunch and trophy presentations.

Photo/video release

All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Other important information

- Members from all clubs maybe called on to assist with timekeeping throughout the meet.
- Paddles are not permitted to be worn during the meet, including warm-up and swim-down.
- Swimmers must comply with signage and pool staff on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Pool deck access is limited to marshalling for events, the officials, and technical staff. Please do not stand in front of the recording area.
- Swimmers must wear only one pair of FINA approved swimwear. In accordance with MSA Inclusive Swimwear Policy swimsuits may be modified or alternative swimsuits may be worn to accommodate a swimmer's individual needs, provided any modification or proposed alternative swimsuit is approved by the Referee prior to the swimmer's first event at the competition.
- At the conclusion of warm-up periods, swimmers must leave the competition end of the pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e., adjusting your block's kick position.
- Starts will be 'over the top'. Move quickly to the lane rope away from the wall once you have completed your heat. Competitors will remain in their respective lanes until the next heat is started, then move quickly to the nearest side to exit.
- When asked to clear the pool lanes 1–4 will exit via the side at lane 1, and lanes 5–8 exiting via the side at lane 8.
- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are

subject to change, including changes required in the event of too many entries being received for the allowed duration of the meet.

Venue

Barbeque and tea, coffee, cakes, and sandwiches will be available for sale from the covered area opposite the grandstand. Credit or debit cards are preferred for purchases and card readers will be onsite.

No glass is to be brought on site.

Severe Weather Policy

Brisbane Northside recognises the dangers of extreme weather in Queensland and the need to ensure that all staff and users of our facilities take the correct precautions in the event of extreme weather.

Extreme weather includes unexpected, unusual, severe, or unseasonal weather that may pose a safety risk to users including rain, high winds, and storms.

If the meet is affected by extreme weather, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and Valley Pool staff. No refund of entry fees will occur under such circumstances.

First aid

Pool lifeguarding and patrols will be carried out during the meet by Valley Pool staff. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Contacts

Meet Director gbnmasters@gmail.com
MSQ Business Manager ... admin@mastersswimmingqld.org.au
Director of Recording .. recorder@mastersswimmingqld.org.au
MSQ website <https://mastersswimmingqld.org.au>
Meet Entry..... [Swim Central](#)

Important dates

Entries open..... July 2023
Closing date 15 August 2023
Entry list available 17 August 2023
Entry list finalised 20 August 2023
Program available..... 24 August 2023