



JTH Property



Hervey
Bay

Humpbacks Swim Meet 2023

Hervey Bay Aquatic Centre
202 Boundary Road
Torquay

Saturday 11 March 2023



Date: 11 March 2023

Venue: Hervey Bay Aquatic Centre

Warm up: 10.00am

Start time: 10.30am

Entries Close: 28 February 2023

Meet Director: Sharon Roberts

Phone: 0412 903 803

humpbacksmid@hotmail.com

MSQ Sanction Number: Q3/23

Meet entry fee: \$35.00

ONE Postal 400m swim only

ONE 200M swim only

Enter: [Swim Central](#)

PROGRAM OF EVENTS

POSTAL (entries close 28th February 2023)

Event 16:	400m Butterfly	Event 18:	400m Breaststroke
Event 17:	400m Backstroke	Event 19:	400m Freestyle

EVENTS ON THE DAY

Event 1:	200m IM *	Event 9:	50m Backstroke
Event 2:	200m Butterfly	Event 10:	100m Butterfly
Event 3:	200m Backstroke	Event 11:	50m Breaststroke *
Event 4:	200m Breaststroke	Event 12:	100m Freestyle
Event 5:	200m Freestyle	Event 13:	50m Butterfly *
Event 6:	100m Backstroke *	Event 14:	4x50m Mixed Medley Relay
Event 7:	50m Freestyle	Event 15:	4x50m Mixed Freestyle Relay
Event 8:	100m Breaststroke		

Only **ONE** 400m postal event per competitor, Only **ONE** 200m event per competitor, Only **FIVE** individual events per competitor (not including relays).

Entrants must be a financial member of Masters Swimming Qld at the close of entry for this meet.



Welcome

On behalf of Meet Director Sharon Roberts and the entire Hervey Bay Humpbacks Masters Swim Club we welcome you to our beautiful City and hope you enjoy the day.

Eligibility

This meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. International swimmers who are current members of their national Masters Swimming Federation may also compete. (Proof of membership must be provided)

Non-member swimmers are not permitted to enter this meet. MSA/MSQ membership is available via the [website](#).

Age

Age as at the 31 December 2023. Minimum age is 18 years at day 1 of competition.

Entries

Entries are to be submitted via [Swim Central](#). Entries will open 1st February 2023. The closing date for individual, relay and postal entries is Tuesday 28th February 2023.

International Masters members are invited to contact the MSQ Director of Recording who will provide specific entry instructions.

No late entries are permitted after the closing date.

Conduct of events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be conducted as timed finals. Starts will be 'over the top' where possible.

Qualifying times

There are no qualifying times required for this meet. On selecting an event in Swim Central, if you have matching results from previous 2 years, the fastest time will be displayed. If you have no previous results, "NT" will be displayed, and you may be seeded in the slower heats. It is advised that you email the Director of Recording recorder@mastersswimmingqld.org.au to provide a recent or training time. If you have an appropriate medical reason that may vary your performance greatly, you may also request a seed time change.

Relays

Race secretaries must complete relay nominations in Swim Central by the closing date. Clubs entering relays must ensure their members are entered individually in ample time to complete relay entry.

All mixed relay teams MUST be mixed – 2 women and 2 men. Each Club may enter as many teams as they like however only A teams in each age group will be awarded points.

Swimmers must enter at least one individual event to be eligible to swim in a relay team. Relays are to be swum in the order swimmers are nominated in their entry. A swimmer may only swim a particular relay event once.

Postal

Postal time-trial entries are to be submitted by your Race secretary/Club Representative to the Hervey Bay Masters Meet Director humpbacksmid@hotmail.com by midnight 28th February 2023. The club representative is declaring that each swim is verified to have been completed according to the constraints of this meet and the rules of swimming.

- All Postal time-trial swims shall be completed between 1st of February 2023 and the 28th of February 2023, in a long course pool. Entrants will need to complete their signed postal swims, enter the required details on the official [MSQ 400m Postal Form](#)
- Each swim must be performed in a empty lane- no sharing or dragging/drafting.
- No equipment may be worn during the swim, i.e. fins, pull-buoys, paddles, etc
- The supervisor will observe and enforce all aspects of the swimming rules, including starts, turns, finishes and technique
- The supervisor must be familiar with the use of a stopwatch regarding reset, start, splits, and stop
- It is recommended two stopwatches be used to aid in circumstances such as malfunction
- All splits and the final time are to be recorded on the postal form as per instructions on the form
- Postal swim forms must be signed by the supervisor, scanned and emailed to the Meet Director by close of entries
- All entries with no form will be removed from the meet
- A split time for one event may not be used for a second event

Dash for cash

\$75 for first male and female to the wall will be swum as an Exhibition event at the completion of Event 15 if time allows.

Closest to nominated time

\$50 each *event.

Event 1, 200m Medley

Event 6, 100m Backstroke

Event 11, 50m Breaststroke

Event 13, 50m Butterfly

Multi Class events

Multi Class swimmers are always welcome, however there will be no separate Multi Class events conducted within the full program.

Entry fees

All entrants must pay the nomination fee online as directed by Swim Central. Entry fee is \$35 for Meet. Entry fee include food following the Meet and medal presentation.

A swimmer may enter a maximum of five (5) competition events. Relay and exhibition entries are free.

A swimmer may enter 1 x 200m event, and 1 x 400m time-trial event.

Please note: additional 200m/400m events entered will be deleted with no refund.

Entry List and Timeline

The Entry List will be available on the MSQ meet event page on 2 March 2023. All competitors must check their entries thoroughly and submit discrepancies to the MSQ Director of Recording by midnight 4 March 2023. Program information for this meet will be published on or before 7 March 2023.

Late entries

Late entries will not be accepted under any circumstances.

Withdrawal, event editing and refund policy

A swimmer may change their entries or withdraw from the meet up until the closing date. You will lodge your request in Swim Central against your entries. Go to your profile, to the meet, to the event, and click the green 'entered' button for the event you wish to withdraw from or remove. You may then add another entry. If a refund is required, click 'request refund' for that event in order history – this will only be considered prior to the closing date. Provide a reason, then click 'request refund'. This requires approval before changes are confirmed. If approved, a refund will be granted, minus the processing fee.

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and FINA swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/HB Masters Swim Club/Hervey Bay Aquatic Centre to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

COVID-Safe Meet Information

To comply with Queensland Government regulations for the running of COVID-Safe Events, all nominees must confirm they agree to the below:

- [COVID-19 Terms and Conditions](#)
- [Meet Information for Attendees](#)

The Hervey Bay Aquatic Centre has a COVID safe plan with which QHB and all venue use (Competitors and spectators) must comply. The arrangements are subject to change at short notice. Updates will be posted to the website and Facebook. By nominating for this Swim Meet, you are accepting the venue management's conditions of use that apply at the time of the Meet. MSQ will continually reassess meet details due to the evolving COVID-19 situation to ensure that swimmers' well-being is the highest priority.



Tickets and programs

Entry to this meet is free for spectators – no tickets are required.

No printed programs will be available. Programs will be available on the MSQ event page to download and print. Programs made available before the day of competition will be draft and are subject to change without notice. Final programs for the day will be posted at the venue prior to competition and made available online. This will allow for re-seeding of events, or heat and lane allocation changes on the day of competition if required. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Warm-up start time

Warm-up will commence in the main pool at 10:00am. The competition pool will close at 10.30am with lanes 1 and 2 of the 25m pool remaining open throughout the duration of the day's session for warm-up and swim down.

Self-Marshaling

All swimmers will be required to self-marshall. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Swimmers are responsible for knowing the event/heat/lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshaling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshaling area including behind the blocks:
 - 50m events - 4 heats prior to the heat in the water
 - 100m events - 4 heats prior to the heat in the water
 - 200m events - 3 heats prior to the heat in the water
- Swimmers in 50m events need to be prepared to move quickly.
- The Marshal will be a helper who can verify a swimmers' position, answer questions, and direct heats to the blocks.
- The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat

Results

Live results will be made available for this meet. The Meet Mobile application will be operating and can be downloaded to your chosen device(s).

Results will be posted to the MSA Portal, a full range of results and statistics will be posted on the MSQ website meet event page in the days following the meet.

Competition results for men and women will be separated and then divided into age groups as follows:

Individual events: 18-24 and then in 5-year groups, i.e. 25-29, 30-34, 35-39, etc.

Records

Semi-Automatic Timing (SAT) will be in use. World records will not be recognised at this event. Any MSQ member may break Queensland records. Any MSA member may break their respective state and national records. World Top Ten performances will be recognised.

Meet awards and presentations

Individual event medals/awards will be presented at the conclusion of our meet.

Competitors and supporters are welcome to join us on pool deck near the Marshalling area for a complimentary snack with a drink.

The Aquatic Centre Kiosk will also be open for alternate snacks and refreshments during the event. Cash Prizes will be awarded for the closest to nominated time events and Dash for Cash event.

Photo release

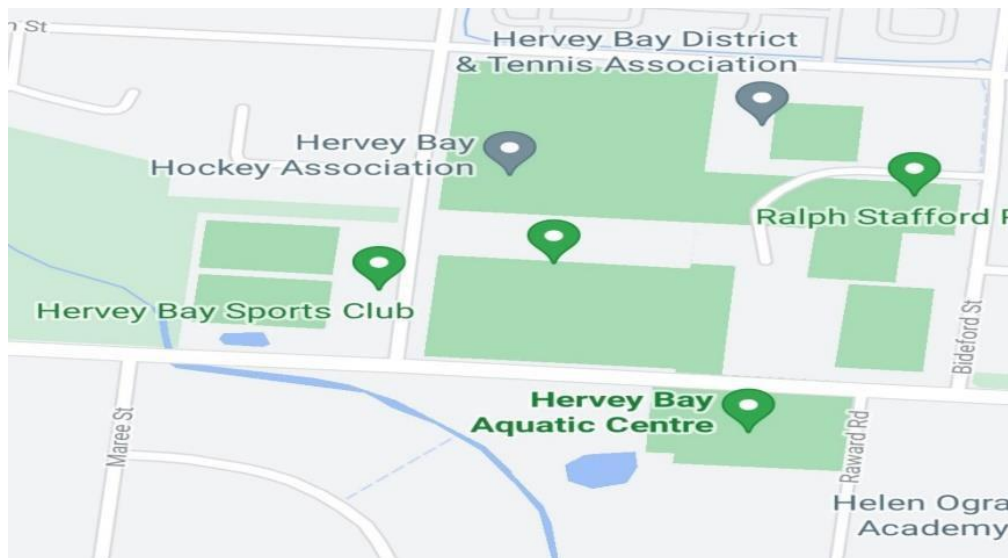
All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Other important information

- Members from all clubs maybe called on to assist with timekeeping throughout the meet.
- Swimmers must comply with signage on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Pool deck access is limited to marshaling for events, the officials and technical staff. Please do not stand in front of the recording area.
- Paddles and watches are not permitted to be worn during the meet, including warm-up and swim-down.
- Swimmers must wear only one pair of FINA approved swimwear. In accordance with MSA Inclusive Swimwear Policy swimsuits may be modified or alternative swimsuits may be worn to accommodate a swimmer's individual needs, provided any modification or proposed alternative swimsuit is approved by the Referee prior to the swimmer's first event at the competition.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started. Move quickly to the lane rope away from the wall once you have completed your heat.
- When asked to clear the pool lanes 1–4 will exit via the side at lane 1, and lanes 5–8 exiting via the side at lane 8.
- MSQ notes that the information provided is correct at the time of publishing, however, is subject to change.

How to get to the Hervey Bay Aquatic Centre

Hervey Bay Aquatic Centre address is 202 Boundary Road, Torquay.



Venue

There is **NO** shade available at the venue. Limited shade tents will be provided by Hervey Bay Masters Swim Club and HB Sporting Clubs. Clubs are welcome to bring their own shade. You will be directed on arrival where is appropriate. You will need to BYO chairs.

No glass is to be brought on site.

The Hervey Bay Aquatic Centre will remain open to the public during the swim meet. Please respect other patrons as they utilise the 25m pool, kids pool and amenities.

Food such as tea, coffee, cold drinks, and snacks will be available for sale from the Hervey Bay Aquatic Centre canteen throughout the event.

Severe Weather Policy

If the meet is affected by storms (or cyclones) a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and Hervey Bay Aquatic Centre staff. No refund of entry fees will occur under such circumstances.

First aid

Pool lifeguarding and patrols will be carried out during the meet by Hervey Bay Aquatic Centre Pool Staff. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Contacts

Meet Director humpbacksmid@hotmail.com
Business Manager MSQ.....admin@mastersswimmingqld.org.au
Director of Recording..... recorder@mastersswimmingqld.org.au
MSQ website..... <https://mastersswimmingqld.org.au>
Meet Entry - Swim Central [Swim Central](#)

Important dates

Entries open 1 February 2023
Individual//Relay/Postal closing date 28 February 2023
Entry list available..... 2 March 2023
Entry list finalised 5 March 2023
Draft timeline available. 7 March 2023
Swim Meet 11 March 2023

