



Noosa Masters Swimming Club 21st Anniversary LC Swim Meet

Noosa Aquatic Centre
24 September 2022 – 9am

MSQ Sanction Meet Number: Q16/22

Event	Distance	Race Description
1	200m	Individual Medley
2	200m	Butterfly
3	200m	Backstroke
4	200m	Breaststroke
5	200m	Freestyle
6	100m	Backstroke
7	100m	Breaststroke
8	200m	Women's Freestyle Relay
9	200m	Men's Freestyle Relay
10	200m	Mixed Freestyle Relay
11	50m	Freestyle
12	50m	Breaststroke
13	100m	Butterfly
14	100m	Freestyle
15	50m	Backstroke
16	50m	Butterfly
17	200m	Mixed Medley Relay
18	800m - Postal	Freestyle
19	800m - Postal	Backstroke
20	800m - Postal	Breaststroke
21	800m - Postal	Butterfly
22	800m - Postal	Individual Medley
23	400m - Postal	Freestyle
24	400m - Postal	Backstroke
25	400m - Postal	Breaststroke
26	400m - Postal	Butterfly
27	400m - Postal	Individual Medley
Presentation of Awards and BBQ		

Date: 24 September 2022	Meet Director: Ian Tucker	Five (5) individual events + relays
Venue: Noosa Aquatic Centre	gnameetdirector@gmail.com	Entry Fee: \$35 incl. BBQ
Warm up: 9.00am	0411 880 006	Enter: Swim Central
Start time: 10.00am	MSQ Sanction Number: Q16/22	Closing date: 13 September 2022



Meet Details



Eligibility

This swim meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs.

Guest swimmers are not permitted. MSQ membership is available via the [website](#).

Age

Age as at the 31 December 2022. Minimum age is 18 years at day 1 of competition.

Entry fees

All entrants must pay the nomination fee online as directed by Swim Central. Swimmers may enter up to five (5) individual events and relays for \$35. The BBQ is included.

Entries

Swimmers may nominate one 200m event, chosen from events 3 - 7 inclusive.

All entries are to be submitted via [Swim Central](#). The closing date for individual nominations is 13 September 2022.

Late entries

No late entries will be accepted.

Postal Time Trial events

Postal Time Trial entries (Events 18-27 inclusive) are to be submitted by your Race Secretary to the Noosa club via email. By submitting postal entries to the Noosa club, the club representative is declaring that each swim is verified to have been completed according to the constraints of this meet and the rules of swimming.

All Postal Time Trial swims shall be completed between 1 August and 13 September 2022 in a long course pool. Entrants can complete one or two postal events. If two swims are completed, they can be at the same distance (2x800m or 2x400m).

Entrants will need to complete their postal swims, enter all the required details on a postal form, and submit to their club representative for verification and compilation in preparation to be submitted to the Noosa club.

The entrant may then enter the meet via Swim Central by selecting all their pool events and also the Postal Time Trial events they are submitting. Please ignore any seed times or NTs that may be displayed on the entry page as these will be replaced by your actual times by the Meet Recorder.

Postal Time Trial results will not be uploaded to the results portal with the meet pool results. If swimmers would like these included for e1000, their Club Recorder will need to enter these as usual.

Event 7 - 200m Freestyle - John Konrads Contest

This event will have a prize associated with the winner who swims the event with a time closest to their nominated time. John Konrads was an Australian freestyle swimmer of the 1950s and 1960s, who won the 1500m freestyle at the 1960 Summer Olympics in Rome. He won three Commonwealth Games gold medals and was the first male swimmer to hold every freestyle world record from 200m to 1500m.

Qualifying times

There are no qualifying times required for this meet. On selecting an event in Swim Central, if you have matching results from the previous two (2) years, the fastest time will be displayed. If you have no previous results, "NT" will be displayed, and you may be seeded in the slower heats. You can email the Director of Recording to provide a recent time.

Relays

Race Secretaries must complete relay nominations by 16 September 2022 in Swim Central. Clubs may enter multiple teams per age group for all relays.

Check the [QNA event page](#) for this meet to view detailed instructions for Swim Central relay nominations.

Swimmers must enter at least one individual event to be eligible to swim in a relay team. All relays must consist of members or second claim members of the same club. All teams not disqualified will score points.

Any changes to relay composition shall be only accepted if due to illness or nonattendance and advised to the Meet Recorder before event 13.

Conduct of Events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be conducted as timed finals. Starts will be 'over the top' where possible.

Warm-up start time

Warm-up for this meet will commence at 9am. Competition will commence at 10.00am.



Meet Details



Multi Class events

Multi Class swimmers are always welcome, however there will be no separate Multi Class events conducted at this meet.

Records

This pool has a certified survey of length, and SAT timing with manual backup will be used. Queensland, and Australian records may be set at this meet, and World Top Ten times will be recognised.

Editing and withdrawing entries

A swimmer may change or withdraw from their entries up until the closing date. In Swim Central, go to your profile, the meet, the event, click green 'entered' button for the event you wish to withdraw from or remove. You may then add another entry. If a refund is required, click 'request refund' for that event in order history. Provide a reason, then click 'request refund'. This requires approval before changes are confirmed.

Withdrawal and Refund Policy

A swimmer may withdraw from this meet or an event prior to the closing date. You will lodge your request in Swim Central against your entries. If approved, a refund will be granted, minus the processing fee.

Rules

All Masters Swimming Queensland rules, Masters Swimming Australia and FINA Swimming Rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/Noosa Aquatic Centre Management to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

COVID-Safe Meet Information

This event will be held in compliance with all QLD Health directives, mask mandates and venue COVID-19 restrictions in place at the time of the event.

By nominating for and/or attending this swim meet you agree to accept the [MSQ COVID-19 Terms and Conditions](#) of Event Entry and Attendance and the venue management's conditions of use that apply at the time of the meet, both of which are subject to change at short notice.

MSQ will continually reassess meet details as the COVID-19 situation evolves to ensure that swimmers' well-being is the highest priority.

By nominating for this Swim Meet, you are accepting the venue management's conditions of use that apply at the time of the Meet. During the Meet seating in the stands will be subject to the direction of an Usher who will be a Noosa Aquatic Centre staff member.

Entry List and Timeline

The entry list will be available on the event page of the MSQ website on 15 September. All competitors must check their entries thoroughly and submit discrepancies to the Director of Recording by 16 September.

The timeline and program for this meet will be published on the event page of the MSQ website by 17 September.

Programs

Programs will be available for online download prior to and during the meet. Programs made available before the day of competition will be draft and are subject to change without notice. Final programs for the day will be posted at the venue prior to competition and made available online. This will allow for re-seeding of events, or heat and lane allocation changes on the day of competition if required. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Results

Live results will be made available for this meet via the Meet Mobile application downloaded to your chosen device. Results will be posted at the venue soon after the completion of each event. Final results will be updated to the MSA Portal, and a PDF results file will be published to the MSQ website.

Meet awards

Awards will be presented at the conclusion of the meet in the BBQ area:

- Club with the highest average point score – small clubs
- Club with the highest average point score – large clubs
- Individual points first, second, and third per age group
- John Konrads Contest – 200m Freestyle

Pool deck access

Pool deck access is limited to marshalling for events, the officials, timekeepers and technical staff. Please do not stand in front of the recording area.



Meet Details



Photo/video release

All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Self-Marshalling

All swimmers will be required to self-marshall. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Swimmers are responsible for knowing the event/heat/lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshalling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshaling area including behind the blocks:
 - 50m events - 4 heats prior to the heat in the water
 - 100m events - 4 heats prior to the heat in the water
 - 200m events - 3 heats prior to the heat in the water
- Swimmers in 50m events need to be prepared to move quickly.
- The Marshal will be a helper who can verify a swimmers' position, answer questions, and direct heats to the blocks. The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.

For the guidance of competitors

- Swimmers must comply with signage on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Paddles and watches are not permitted to be worn during competition, warm-up or swim-down.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when asked to do so.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts will be 'over the top'. Competitors will remain in

their respective lanes until the next heat is started. Move quickly to the lane rope away from the wall once you have completed your heat.

- When asked to clear the pool lanes 1–4 will exit via the side at lane 1, and lanes 5–8 will exit via the side at lane 8.

First aid

Venue lifeguards will be in attendance throughout the warmup and the meet. First Aid will be available if required. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Emergency evacuation

In case of an emergency evacuation, you will be directed to go to the appropriate 'emergency exit' for the pool complex. If asked to evacuate please do so immediately.

Mobile Meet Massage

BODY & BEAUTY
by **EMMA**

EMMA HOOD, BEAUTICIAN
PHONE: 0480334836
BODYANDBEAUTYBYEMMA
BODYANDBEAUTYBYEMMA
EMAIL: bodyandbeautybyemma@outlook.com

Emma Hood is providing a massage service to competitors at the Noosa Masters Swim Meet. The charge will be \$11.00 for a 10min Massage with \$1 of each massage going to the Noosa club. A booking form link below will allow you to pre book your massage time in between your events.

<https://squareup.com/appointments/book/3b4uv6veklwfc/LXE3TSV5QY9ZH/date>

Other information

- MSQ, QNA and the Noosa Aquatic Centre Management will continually reassess meet details due to the evolving COVID-19 situation to ensure that swimmers' well-being is the highest priority.
- All clubs will be called on to assist with timekeeping throughout the meet.
- Free event parking will be available at the Noosa Aquatic Centre.
- MSQ & QNA note that the information provided is correct at the time of publishing, however, is subject to change.
- By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director to take whatever action is deemed necessary in the event of an



Meet Details



emergency, and persons involved accept responsibility for any and all costs arising from such action.

Contacts

Meet Director: gnameetdirector@gmail.com
Director of Recording: recorder@mastersswimmingqld.org.au
MSQ website: <https://mastersswimmingqld.org.au>
Swim Central: <https://swimcentral.swimming.org.au>
MSQ Administrator: admin@mastersswimmingqld.org.au

Important dates

Entries open August 2022
Postal Time Trial Events 01 August to 13 September 2022
Individual closing date Tuesday 13 September 2022
DRAFT Entry List available Thursday 15 September 2022
Relay Entries Close Friday 16 September 2022
Entry List FINAL Saturday 17 September 2022
Entry list available Sunday 18 September 2022
Entry list finalised Monday 19 September 2022
Program available Tuesday 20 September 2022
Swim Meet Saturday 24 September 2022

Event Sponsors

We would like to thank our valued Sponsors:

- Noosa Heads Surf Club & Supporters Club
- Ironman Australia
- Bank of Queensland
- Vorgee
- Bunnings Noosaville
- BWS
- Dan Murphy's
- Terry White Pharmacy
- IGA Noosa
- Linen House
- Stitch Piece Loop
- Belmondo's

