

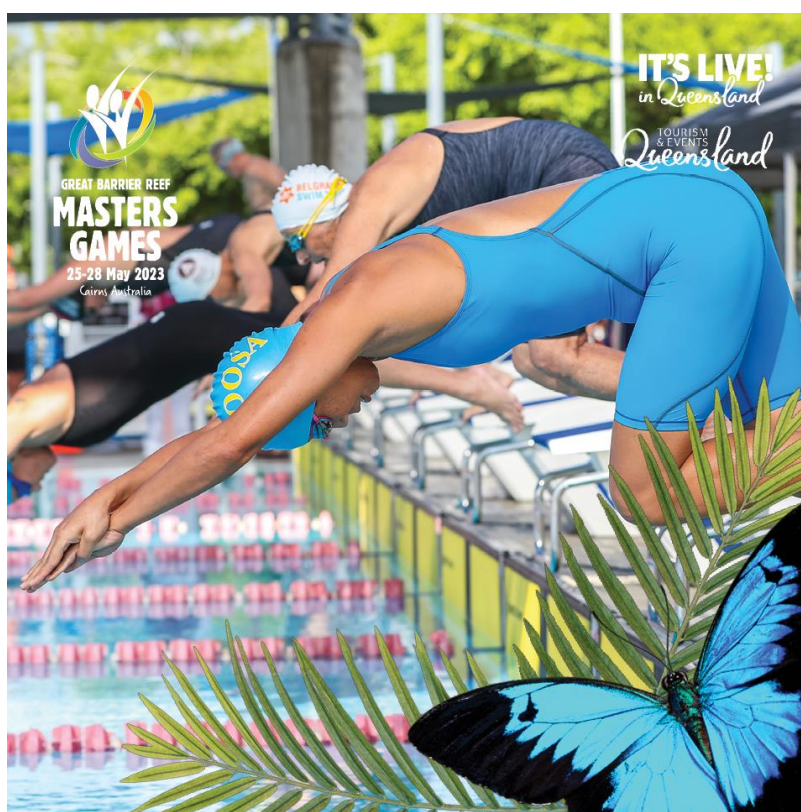


GREAT BARRIER REEF
MASTERS GAMES
25-28 MAY 2023
Cairns Australia

Proudly hosted by



Tobruk Memorial Pool
370 Sheridan St, Cairns North QLD 4870
25-27 May 2023



MEET GUIDE

Program of Events

Thursday 25 May 2023

First Session

Competition Start Time: 8:30am

| Event | Distance | Stroke |
|-------|----------|-------------------|
| 1. | 400m | Freestyle |
| 2. | 400m | Breaststroke |
| 3. | 400m | Backstroke |
| 4. | 400m | Butterfly |
| 5. | 400m | Individual Medley |

Friday 26 May 2023

Second Session

Competition Start Time: 8:30am

| Event | Distance | Stroke |
|-------|----------|-----------------------|
| 6. | 100m | Freestyle |
| 7. | 50m | Backstroke |
| 8. | 50m | Breaststroke |
| 9. | 100m | Butterfly |
| 10. | 100m | Backstroke |
| 11. | 200m | Freestyle |
| 12. | 200m | Breaststroke |
| 13. | 4 x 50m | Women's Medley Relay |
| 14. | 4 x 50m | Men's Medley Relay |
| 15. | 4 x 50m | Mixed Freestyle Relay |

Saturday 27 May 2023

Third Session

Competition Start Time: 8:30am

| Event | Distance | Stroke |
|-------|----------|-------------------------|
| 16. | 100m | Breaststroke |
| 17. | 50m | Butterfly |
| 18. | 200m | Backstroke |
| 19. | 50m | Freestyle |
| 20. | 200m | Butterfly |
| 21. | 200m | Individual Medley |
| 22. | 4 x 50m | Men's Freestyle Relay |
| 23. | 4 x 50m | Women's Freestyle Relay |
| 24. | 4 x 50m | Mixed Medley Relay |

Event Details

Eligibility

The Great Barrier Reef Masters Games Swimming is open to all competitors 18 years and older, both members of Masters Swimming Australia and non-members, Australian and international.

Entry requirements

Australian competitors must provide masters ID number and club code when prompted upon completing online entry. All Non-Masters Swimming Australia members must provide proof of age via a copy of driver's license or passport. International competitors must provide proof of age (copy of driver's license or passport unless current Masters ID# is provided and approved). Entries without appropriate identification will not be accepted.

Age

Age as at the 31 December 2023. Minimum age is 18 years at day 1 of competition.

Entries

Entries are to be submitted via The Great Barrier Reef Masters Games website: www.gbrmg.com.au. Swimmers may enter a maximum of 9 individual events. The closing date for individual entries is Monday 9 May 2023. No late entries.

Anyone may form and enter a relay team on the day of the event by submitting a relay form at the desk on pool deck. Payment is required at the time of relay entry.

It is recommended that MSQ club relay entries are submitted online via Quick Entry using the Club Relay Teams link. This will remain open until an announced time on the day of the event.

All clubs entering relays are to nominate a Club Captain for coordination and communication purposes.

Qualifying times

There are no qualifying times for this meet. You must submit a time for each event entered, preferably your personal best from the previous two (2) years. Entering 'no time' (NT) is not permitted for this event. If you do not have an official time for an event, you should enter an estimate of what you will achieve, or a time recorded in training.

Late entries

No late entries will be accepted.

Entry fees

Sport Fee:

- \$70 per person for up to 9 events
- \$20 per relay team – to be paid to MSQ

Games Fee:

- **Early Bird #1** - \$69 per person (ends 31 Aug 2022) in addition to sport fee.
- **Early Bird #2** - \$71 per person (end 31 Dec 2022)
- **Standard Registration** - \$89 per person (end 25 May 2023)

Entry List and Timeline

The entry list will be available on the event page of the MSQ website on 14 May 2023. All competitors must check their entries thoroughly and submit discrepancies to the Director of Recording as soon as possible.

The timeline for this meet will be published on the event page of the MSQ website on 20 May 2023.

Multi Class events

Multi Class events will be conducted within the full program and will be awarded medals according to the age group and gender category in each classification. Details of disability classification must be provided (if not currently on MSQ file) prior to the commencement of the first day of competition. Multi Class events will not be using the Multi Class point score system for this meet.

Conduct of events

All events will be conducted as timed finals. Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. Starts will be 'over the top' where possible.

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and FINA swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/Tobruk Pool staff to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

Event Details

Relays

Relay team entry will remain open until an announced time on the day of the event.

Anyone may form and enter a relay team on the day of the event by submitting a relay form at the desk on pool deck.

Payment is required at the time of entry.

All MSA clubs will be given access to lodge and pay for their relay teams online prior to the meet. All MSA clubs captains are encouraged to complete relay nominations and payments online prior to commencement of the meet.

Club relays shall consist of four swimmers each registered with the same club. No swimmer is allowed to represent more than one club.

Swimmers must enter at least one individual event to be eligible to swim in a relay team. A swimmer may only swim a particular relay event once. Relays are to be swum in the order swimmers are nominated in their entry. Mixed relays must consist of two (2) males and two (2) females. The order of swimmers by gender is optional in mixed relays.

Teams may be amended up until the published daily deadline. After this only by discretion of Meet Director.

COVID-Safe Meet Information

This event will be held in compliance with all QLD Health directives, mask mandates and venue COVID-19 restrictions in place at the time of the event.

Confirmation of the finalised COVID-19 arrangements will be communicated to all attendees just prior to the meet.

By nominating for and/or attending this swim meet you agree to accept the [MSQ COVID-19 Terms and Conditions](#) of Event Entry and Attendance and the venue management's conditions of use that apply at the time of the meet, both of which are subject to change at short notice.

MSQ will continually reassess meet details as the COVID-19 situation evolves to ensure that swimmers' well-being is the highest priority.

Tickets and programs

Entry to this meet is free for spectators – no tickets are required.

No printed programs will be available. Programs will be available on the MSQ event page to download and print. Programs made available before the day of competition will be draft and are subject to change without notice. Final

programs for the day will be made available online. This will allow for re-seeding of events, or heat and lane allocation changes on the day of competition if required. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of any affected event(s).

Warm-up start time

Warm-up for Thursday, Friday and Saturday will commence at 7:30am. The 25m pool will remain open during the meet. Competition will commence at 8:30am on Thursday, Friday, and Saturday. Follow the directions of centre staff for lane use in both pools.

Results

Live results will be made available for this meet via the Meet Mobile application downloaded to your chosen device. Provisional results will be posted at the venue soon after the completion of each event. These results will be marked as Final once a minimum of 30 minutes has elapsed and following the resolution of any protests lodged.

Daily results will be updated to the MSA Portal, and a PDF results file will be published to the event page of the MSQ website.

Medals

Medals will be awarded to all age groups, Multi Class classifications, men, and women, for all individual events:

18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

Medals will be awarded to all age groups, all four swimmers, men's, women's, and mixed for all relay events:

72-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-400

Records

World records will not be recognised at this event as per FINA's rules in respect to multi-sport Games. Any MSA member may break their respective state and Australian records. All swimmers, non-masters and masters' swimmers may break a GBRMG record.

International Masters' swimmers are able to take their results to their country for ratification of relevant records.

Event Details

Major meet awards

Male and Female 'Swimmer of the Meet' awards will be presented at the conclusion of this meet.

These awards will be based on:

- Fina points
- Swim meet event points
- GBRMG records
- Swims under state or national records

Pool deck access

Pool deck access is limited to marshaling for events, the officials, and technical staff. Please do not stand in front of the recording area.

Protests

Protests must be made in writing on the official form and submitted to the Meet Director within a half hour of posting the provisional results. A protest carries a fee of \$10 which is refunded if the protest is upheld. The fee must be paid when collecting the protest form.

Photo/video release

All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Self Marshaling

All swimmers will be required to self-marshall. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- No clothing or gear is to be taken to the blocks – if essential items are required, they can be left in a storage zone near/in the marshaling area.
- Swimmers are responsible for knowing the event, heat, and lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshaling area prior to their heat being called to the blocks may be deemed withdrawn.

- No more than four (4) heats of swimmers are permitted in the marshaling area including behind the blocks:
 - 25m events - 4 heats prior to the heat in the water
 - 50m events - 4 heats prior to the heat in the water
 - 100m events - 4 heats prior to the heat in the water
 - 200m events - 3 heats prior to the heat in the water
 - 400m events - 2 heats prior to the heat in the water
- Swimmers in the 400m events should be prepared to report early to the marshaling area as heats may be combined to save time.

Withdrawal and Refund Policy

A swimmer may withdraw from this meet prior to the closing date for nominations. A request must be sent to GBRMG with your registration number, and valid supporting evidence of withdrawal for a refund to be issued.

Other important information

- Members from all clubs maybe called on to assist with timekeeping throughout the meet.
- 400m swimmers are to provide their own lap counter should they require one.
- Paddles and watches are not permitted to be worn during the meet, including warm-up and swim-down.
- Swimmers must comply with signage and pool staff on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Pool deck access is limited to marshaling for events, the officials, and technical staff. Please do not stand in front of the recording area.
- Swimmers must wear only one pair of FINA approved swimwear. An additional item of swimwear may not be worn under another while competing.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e., adjusting your block's kick position.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started. Move quickly to the lane rope away from the wall once you have completed your heat.
- When asked to clear the pool lanes 0–4 will exit via the side at lane 0, and lanes 5–9 will exit via the side at lane 9.

Event Details

- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are subject to change, including changes required in the event of too many entries being received for the allowed duration of the meet.

Merchandise

Merchandise will be available to purchase at the Registration Hub (51 The Esplanade, Cairns).

Presentation

Presentations will follow the conclusion of the final day of events and will be on location in the Tobruk Pool grounds.

Venue

Parking is available in the car park area at the side and rear of the pool. Please follow all road signage.

The grandstand has shade and seating for 420 people. Clubs are welcome to display banners. Please remember sunscreen and hats.

No glass is to be brought on site.

The Tobruk Memorial Pool will remain open to the public during the swim meet. Please respect patrons as they utilise the other areas of the venue.

Swim shop

The Swim Shop, located within the Tobruk Memorial swimming pool will be open during this meet. They have a small selection of swimwear and goggles.

The Tobruk Memorial Swimming Pool "Swell Café" sells a variety of well-priced hot and cold foods, tea, coffee, cold drinks, snacks, and fruit.

Bags/eskies

Please note that Tobruk Memorial swimming pool rules state that bags/eskies must be a pliable nature (soft to touch) and are to be no bigger than 40cm x 40cm x 40cm and must be stowed under seats. All other bags/eskies will be refused admission.

First aid

First aid services will be provided by Category 5 Medics and

the Tobruk Pool Staff. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Emergency evacuation

In case of an emergency evacuation, you will be directed to go to the "emergency entrance" at the double gates at the front entrance of the pool on the south-western boundary of the pool complex (the main pool entry). If asked to evacuate, please do so immediately.

Raffles

Cairns Clams Masters Swimming Club will be holding raffles and a \$100 board during the three-day event.

Tickets will be available at the raffle table.

Sponsors

- Chemist Warehouse Cairns.
- Cairns Regional Council
- Tobruk Memorial Pool Cairns

Severe Weather Policy

MSQ recognises the dangers of extreme weather in Queensland and the need to ensure that all staff and users of UQ facilities take the correct precautions in the event of extreme weather.

Extreme weather includes unexpected, unusual, severe, or unseasonal weather that may pose a safety risk to users including rain, drought, wind, flood, storms, dust, hail, and extreme temperature.

If the meet is affected by extreme weather, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and Tobruk Pool staff. No refund of entry fees will occur under such circumstances.

Meet Mobile Swim App

The Meet Mobile application (app) displays meet results in real time as data is received during meets from the recording desk (one heat at a time). As swimming clubs and organisations cease providing paper programs, Meet Mobile is the ideal replacement, and can be used for any meet you can search across the world.

Event Details

- This app has the ability to display programs, timelines, team scores, entry times and results.
- You can search swim meets from all over the world or in just your local area to follow the action live, as it unfolds.
- In addition to real time results, see pre-race rankings, standings, and heat/lane assignments as they become available. You will see individual and team scores.
- Follow your favourite swimmers and/or teams as “favorites” and then easily filter down to see both completed results and upcoming schedule.
- Available on Android and iPhone devices.
- Cost is between \$6 and \$10 per year.

Accommodation

TBA.

Contacts

Meet Director vpnorth@mastersswimmingqld.org.au
 Sports Convenor ribbs2@bigpond.net.au
 MSQ President..... president@mastersswimmingqld.org.au
 Administrator MSQ..... admin@mastersswimmingqld.org.au
 Director of Recording .. recorder@mastersswimmingqld.org.au
 MSQ website <https://mastersswimmingqld.org.au>
 GBRMG website..... www.gbrmg.com.au
 Meet Entry..... [Quick Entry](#)

Important dates

Entries open..... July 2022
 Individual closing date9 May 2023
 Entry list available14 May 2023
 Entry list finalised18 May 2023
 Draft timeline available20 May 2023
 Relay closing date10:00AM Day of relay

