

Brisbane Southside Masters Long Course Swim Meet

Brisbane Aquatic Centre
Chandler
18th June 2022 – 9am
MSQ Sanction Meet Number: Q10/22

MEET GUIDE



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More Details

All of us at Brisbane Southside are looking forward to welcoming you to our long course swimming meet on Saturday the 18th of June. The BSM team and I are working hard to make sure we present you with a great opportunity to compete in a high-class venue, have some fun and enjoy each other's company!

You may have noticed that our entry fee has increased slightly this year, unfortunately this was unavoidable because our hire fees have increased, and we don't have the support of a council grant. We wanted to make sure that you still had the opportunity to swim a full program including 400m events and of course with world class AOE timing equipment.

It appears that MSQ meet participation has increased since the last time BSM ran its long course program. For this reason, we expect that the timeframe of the meet will fill quickly. We will close the entries early if/when we fill up. So please get in early to not miss out!

Our famous BSM raffles are back again this year: Make sure you bring along some cash to capture some awesome prizes!

Swimmers and volunteers, please be ready to timekeep! With 10 lanes this is 20 timekeepers all day. You help make the meet a success by volunteering.

Last year the BSM meet was incredible with around 265 swimmers. Records were smashed! 1 x WORLD record, 16 x National Records and 21 x Branch records.

We are so excited for what the Brisbane Southside Masters 2022 Long Course Meet will be. Thanks for getting involved!

Regards, Josh Hemelaar, Meet Director





Date:	18 June 2022	Meet Director: Josh Hemelaar	Events:	Five (5) individual +
		Meet Coordinator: David Haley		relays
Venue:	Sleeman Sports Complex	meet-director@bsmswimming.asn.au	Entry Fee:	\$40
	Aquatic Centre (Indoor)			
Warm up:	9:00	0412 791 886 or 0407 153 309	Enter:	Quick Entry
Start time:	9:30	MSQ Sanction Number: Q10/22	Closing date:	7 th June 2022 (or earlier
				upon full schedule)

Program of Events

A total of five (5) individual events may be entered

Saturday 18 June 2022

Event	Distance	Stroke
1.	400 m	Individual Medley
2.	400 m	Backstroke
3.	200 m	Freestyle
4.	50 m	Butterfly
5.	100 m	Breaststroke
6.	100 m	Backstroke
7.	50 m	Breaststroke
8.	200 m	Butterfly
9.	4 x 100 m	Medley Relay (Male)
10.	4 x 100 m	Medley Relay (Female)
11.	400 m	Freestyle
12.	400 m	Breaststroke
13.	400 m	Butterfly
14.	50 m	Backstroke
15.	100 m	Freestyle
16.	200 m	Breaststroke
17.	200 m	Backstroke
18.	200 m	Individual Medley
19.	100 m	Butterfly
20.	50 m	Freestyle
21.	4 x 50 m	Freestyle Relay (Mixed)

Limits: 1 x 400m and 1 x 200m events

Eligibility

This preparation meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. International swimmers who are current members of their National Masters Swimming Federation may also compete. International swimmers and teams must supply proof of their current membership. Guest swimmers are not permitted to enter this meet.

Age

Age as at the 31 December 2022. Minimum age is 18 years at day 1 of competition.

Entry fees

All entrants must pay the nomination fee online as directed by Quick Entry. Swimmers may enter up to five (5) individual events for \$40. Relays are free.

A free sausage sizzle is being hosted by BSM prior to presentations at the end of the day.

Entries

Entries are to be submitted via <u>Quick Entry</u> located on the MSQ website. The closing date for individual nominations is 7th June 2022. Early registration is highly recommended because the entries will close early once the allowable timeframe of the program is full.

Swimmers may nominate one 400m event and one 200m event.

Events

Please note: Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event.

All events will be conducted as timed finals. Starts will be 'over the top' where possible.

Qualifying times

There are no qualifying times required currently. You must submit a time for each event entered, preferably your personal best from the previous two (2) years. Entering 'no time' (NT) is not permitted for this event. If you do not have an official time for an event you should enter an estimate of what you will achieve.

Entry List and Timeline

The entry list will be available on the event page of the MSQ and BSM websites on the 9th of June. All competitors must check their entries thoroughly and submit discrepancies to the Swim Meet by 11th of June 2022.

The timeline for this meet will be published on the event page of the MSQ website on or before 14th of June 2022.

Multi Class events

There will be no separate Multi Class events conducted within the full program.

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and FINA swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/Sleeman Sports Complex to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

COVID-Safe Meet Information

This event will be held in compliance with all QLD Health directives, mask mandates and venue COVID-19 restrictions in place at the time of the event.

Confirmation of the finalised COVID-19 arrangements will be communicated to all attendees just prior to the meet.

By nominating for and/or attending this swim meet you agree to accept the MSQ COVID-19 Terms and Conditions of Event Entry and Attendance and the venue management's conditions of use that apply at the time of the meet, both of which are subject to change at short notice.

MSQ will continually reassess meet details as the COVID-19 situation evolves to ensure that swimmers' well-being is the highest priority.

Tickets and programs

Programs will be available for online download prior to and during the meet. Programs made available before the day of competition will be draft and are subject to change without notice. Final programs for the day will be posted at the venue prior to competition and made available online. This will allow for re-seeding of events, or heat and lane allocation changes on the day of competition if required. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Warm-up start time

Warm-up for this meet will commence at 9am. Competition will commence at 9:30am. Please follow the directions of officials.

Results

Live results will be made available for this meet via the Meet Mobile application downloaded to your chosen device. Results will be posted at the venue soon after the completion of each event. Final results will be updated to the MSA Results Portal, and a PDF results file will be published to the BSM website and MSQ website.

Records

This pool has a certified survey of length, and AOE timing with a double manual backup will be used. Queensland, Australian and World records may be set at this meet, and results are eligible for FINA World Top 10.

Meet Awards

Awards will be presented at the conclusion of the meet:

- Club with the highest average point score large clubs
- Club with the highest average point score small clubs
- Individual points first, second, and third per age group
- Swimmer of the Meet (based on performance relative to National Records)

Pool deck access

Pool deck access is limited to marshalling for events, the officials, timekeepers and technical staff. Please do not stand in front of the recording area. For those with difficulties negotiating the stairs limited seating is available on pool deck. Please contact the meet director.

Photo/video release

All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Relays

Only club relays are allowed. Relays shall consist of four swimmers each registered with the same club (includes second claim members). No swimmer may represent more than one club, specifically a second call member must swim for the same club in both individual and relay events.

All club captains must complete relay nominations online by the closing date. Any changes to relay team composition shall be advised to the Meet Recorder before the commencement of event three. Clubs may enter one team per age group only for events 9 and 10. For event 21 clubs may enter more than one team per age group. All teams not disqualified will score points.

Swimmers must enter at least one individual event to be eligible to swim in a relay team. A swimmer may only swim a particular relay event once. Relays are to be swum in the order swimmers are nominated in their entry. Mixed relays must consist of two (2) males and two (2) females. The order of swimmers by gender is optional in mixed relays.

For the guidance of competitors

- Swimmers must comply with signage on pool deck regarding the use of the warm-up and swim-down lanes.
 Diving will not be permitted unless the signage indicates otherwise.
- Paddles and watches are not permitted to be worn during competition, warm-up or swim-down.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when asked to do so.
- Event(s) to be marshalled will be announced and displayed on the panel below the scoreboard.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started. Move quickly to the lane rope away from the wall once you have completed your heat.
- When asked to clear the pool lanes 0–4 will exit via the side at lane 0, and lanes 5–9 will exit via the side at lane 9.

Self-Marshalling

All swimmers will be required to self-marshal. The objective is to ensure the meet runs efficiently regarding swimmer movement with no swimmer missing their events. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

 Swimmers are responsible for knowing the event, heat, and lane they are competing in, and for being aware of what event/heat is currently in the water.

- Seating is no longer permitted in the marshalling area in general there will be one seat per timekeeper, and there may be one seat behind for swimmers' use.
- No clothing or gear is to be taken to the blocks if essential items are required, they can be left in a storage zone near/in the marshalling area.
- The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshalling area prior to their heat being called to the blocks will be deemed withdrawn.
- The no of heats of swimmers will be conducted in accordance with the venue's COVID plan
- The Self Marshalling Entry List should be emailed to swimmers and published at least two days prior to the meet.
- The Self Marshalling Entry List and the Meet Program will be posted at the venue.
- The Marshal will be a helper who can verify a swimmers' position, answer questions, and direct heats to the blocks.
 The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.
- At the commencement of your race, the time keeper should check your name against the lane list.

Venue

- Swimmer and spectators will all enter via the Western Grandstand on the top level (as signed).
- The café is located adjacent to the downstairs public entrance and will be open on the day for refreshments, tea, coffee, and Lunch.
- Swimming Queensland Swim Shop will be open for all your swimming needs. It is located in the reception area of the downstairs public entrance.
- Other than the BSM raffles, the Sleeman complex is cashless
- The Sleemans Sports Complex will remain open to the public during the swim meet. Please respect other patrons as they utilise the other 50m pool, indoor 25m pool and amenities.

Other information

- MSQ, BSM and the Aquatic Centre Management will continually reassess meet details due to the evolving COVID-19 situation to ensure that swimmers' well-being is the highest priority.
- All clubs will be called on to assist with timekeeping throughout the meet.
- Free event parking will be available

 MSQ & BSM believe the information provided is correct at the time of publishing, however is subject to change.

Contacts

Meet Director: <u>meet-director@bsmswimming.asn.au</u>
${\bf Director\ of\ Recording:} \underline{{\bf recorder@mastersswimmingqld.org.au}}$
MSQ website:https://mastersswimmingqld.org.au
Quick Entry:https://quickentry.mastersswimmingqld.org.au/
Administrator MSQ: admin@mastersswimmingqld.org.au

Important Dates

Entries open	
Individual closing date	
Draft Entry List	
Deadline for Corrections	
Final program available	14 th June 2022

Event Sponsors

We would like to thank our valued Sponsors ATP Science, Heritage Bank, Chemist Warehouse, Funky Trunks & Funkita, SQ Swim Shop, Brisbane Camperland and Bunnings Capalaba.

















More Details

Meet Mobile Swim App

The Meet Mobile application (app) displays meet results in real time as data is received during meets from the recording desk (one heat at a time). As swimming clubs and organisations cease providing paper programs, Meet Mobile is the ideal replacement, and can be used for any meet you can search across the world.

- This app has the ability to display programs, timelines, team scores, entry times and results;
- You can search swim meets from all over the world or in just your local area to follow the action live, as it unfolds;
- In addition to real time results, see pre-race rankings, standings, and heat/lane assignments as they become available. You will see individual and team scores;
- Follow your favourite swimmers and/or teams as "favourites" and then easily filter down to see both completed results and upcoming schedule;
- Available on Android and iPhone devices;
- Cost is between \$10 and \$20 per year.

First aid

Venue lifeguards will be in attendance throughout the warmup and the meet. First Aid will be available if required. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Emergency evacuation

In case of an emergency evacuation, you will be directed to go to the appropriate 'emergency exit' for the pool complex. If asked to evacuate please do so immediately.

Starting Lights

Starting lights will be available for use for hearing impaired swimmers. Please inform the meet director in advance of the meet so that we can prepare accordingly.

Withdrawal and Refund Policy

A swimmer may withdraw from this meet prior to the closing date for nominations. Upon request for a refund of entry fees a 100% refund (minus administration fees already incurred) is to be granted if notification is received prior to the closing date.

