PAN PACIFIC MASTERS GAMES
GOLD COAST AUSTRALIA

Pan Pacific Masters Games 2022 Swimming

Gold Coast Aquatic Centre

Gold Coast Highway, Southport

Wednesday 9 – Saturday 12 November 2022

MSQ Sanction Meet Number: Q20/22

Proudly sponsored by Funky Trunks and Funkita

MEET GUIDE

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masters swimming QUEENSLAND

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Program of Events

Day 1- Wednesday 9 November 2022 **Competition Start Time: 8:30am**

Event	Distance	Stroke
1.	800m *	Freestyle
2.	800m *	Breaststroke
3.	800m *	Backstroke
4.	800m *	Individual Medley
5.	800m *	Butterfly

* 1 x 800m event per person only

Day 2- Thursday 10 November 2022 **Competition Start Time: 8:30am**

Event	Distance	Stroke
6.	50m	Butterfly
7.	400m	Freestyle
8.	100m	Backstroke
9.	200m	Butterfly
10.	400m	Breaststroke
11.	4 x 50m	Mixed Medley Relay
12.	4 x 50m	Mixed Freestyle Relay

Day 3- Friday 11 November 2022 **Competition Start Time: 8:30am**

Event	Distance	Stroke
13.	100m	Freestyle
14.	50m	Breaststroke
15.	200m	Backstroke
16.	200m	Individual Medley
17.	50m	Backstroke
18.	100m	Breaststroke
19.	400m	Butterfly
20.	4 x 50m	Women's Medley Relay
21.	4 x 50m	Men's Medley Relay

Day 4- Saturday 12 November 2022 **Competition Start Time: 8:30am**

Event	Distance	Stroke
22.	400m	Individual Medley
23.	50m	Freestyle
24.	100m	Butterfly
25.	400m	Backstroke
26.	200m	Freestyle
27.	200m	Breaststroke
28.	4 x 50m	Men's Freestyle Relay
29.	4 x 50m	Women's Freestyle Relay

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Event Details

Eligibility

Pan Pacific Masters Games Swimming is open to all competitors including members of Masters Swimming Australia, international Masters members, and non-Masters members.

Age

Age as at the 31 December 2022. Minimum age is 18 years at day 1 of competition.

Entries

Entries are to be submitted via the PPMG website. Early bird entries close Wednesday 31 August (until 11:59pm AEST 31 August, 2022). Entries close Friday 14 October 2022 (11.59pm AEST).

Australian competitors must provide Masters Swimming ID number and club code when prompted upon completing online entry. All Non-Masters Swimming Australia members must provide proof of age via a copy of driver's license or passport.

International competitors must provide proof of age (copy of driver's license or passport unless current Masters ID# is provided and approved).

Entries without appropriate identification will not be accepted.

Conduct of Events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be conducted as timed finals. Starts will be 'over the top' where possible.

800m/400m form stroke events are to be swum as programmed, i.e. 800m/400m form strokes cannot be swum in the corresponding freestyle event.

Qualifying and entry times

There are no qualifying times required currently. You must submit a time for each event entered, preferably your personal best from the previous two (2) years. Entering 'no time' (NT) is not permitted for this meet. If you do not have an official time for an event you should enter a time recorded in training, or enter an estimate of what you will achieve.

When entering your times, please enter the correct format:

- Twenty-eight point five nine seconds is 28.59 (not 2859 or 28:59)
- One minute forty-five point seven two seconds is 1:45.72 (not 14572 or 1.45 or 1.45.72 or 1:45:72)
- There can only be a colon between the minutes and seconds **:**
- There can only be a decimal point between the seconds and fractions of a second **.**

Please do not use any other characters, or leave these characters out. Incorrect times may place you in the slowest heat.

Relays

Anyone may form and enter a relay team on the day of the event by submitting a relay form at the desk on pool deck. Payment is required at the time of entry. EFTPOS will be available.

Club Relays

Club relays are defined by all relay participants representing the same Club at the meet.

It is recommended that Masters club relay entries are submitted online via Quick Entry using the Club Relay Teams link. This will remain open until an announced time on the day of the event (typically 9:30am). Clubs captains are encouraged to complete relay nominations and payments online by midday on Friday 4 November 2022.

All clubs entering relays are to nominate a Club Captain with the MSQ Director of Recording for coordination and communication purposes.

Teams may be amended up until the published daily deadline. Any further changes will be at the discretion of Meet Director.

Club relays shall consist of four swimmers each registered with the same club. No swimmer is allowed to represent more than one club.

These relay teams are eligible for National, respective State and PPMG records.

Mixed Club Relays

Mixed Club relays are defined by relay participants forming a relay team while representing multiple Clubs at the meet.

These relay teams are eligible for PPMG records only.

All relay swimmers must enter at least one individual event to be eligible to swim in a relay team. A swimmer may only swim a particular relay event once. Relays are to be swum in the order swimmers are nominated in their entry. Mixed

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relays must consist of two (2) males and two (2) females. The order of swimmers by gender is optional in mixed relays.

Multi Class events

Multi Class events will be conducted within the full program and will be awarded medals according to the age group and gender category in each classification. Details of disability classification must be provided (if not currently on MSQ file) prior to the commencement of the first day of competition. Multi Class events will not be using the Multi Class point score system for this meet.

Entry fees

Sport Fee:

- $70 per person for up to 5 individual events (price includes PPMG silicone swim cap for first 400 entrants only)
- $5 per event thereafter, up to 10 individual events maximum
- $20 per relay team – to be paid to MSQ

Games Fee:

- Early bird $125 (until 11:59pm AEST 31 August, 2022)
- Standard $145 (from 1 September 2022)

Entry List and Timeline

The entry list will be available on the PPMG event page on Friday 21 October 2022. All competitors must check their entries thoroughly and submit discrepancies to the MSQ Director of Recording by midnight, Friday 28th October 2022.

The timeline for this meet will be published on the PPMG event page on or before Monday 7 November 2022. This information will also be available on the PPMG22 website.

Rules

All Masters Swimming Australia and FINA Swimming Rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/Masters Swimming Queensland/Gold Coast Aquatic Centre to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

COVID-Safe Meet Information

This event will be held in compliance with all QLD Health directives, mask mandates and venue COVID-19 restrictions in place at the time of the event.

Confirmation of the finalised COVID-19 arrangements will be communicated to all attendees just prior to the meet.

By nominating for and/or attending this swim meet you agree to accept the MSQ COVID-19 Terms and Conditions of Event Entry and Attendance and the venue management's conditions of use that apply at the time of the meet, all of which are subject to change at short notice.

MSQ will continually reassess meet details as the COVID-19 situation evolves to ensure that swimmers' well-being is the highest priority.

Tickets and Programs

There is no entry fee for competitors or other PPMG-accredited persons. Please show your PPMG22 lanyard at pool entry.

Any non-accredited representatives, spectators, support crew, family and friends will be required to pay a spectator fee on entry to the Gold Coast Aquatic Centre, currently $3 per entry (subject to change).

Alternatively, supporters can be a part of the Pan Pacific Masters Games experience without having to compete or officiate.

The Supporter Games Fee is $85 and includes:

- Entry to most PPMG22 events
- Access to Games Village and nightly entertainment
- Accreditation pass
- Sports bag

Programs will be available for online download prior to and during the meet. Programs made available before the day of competition will be draft and are subject to change without notice. Final programs for the day will be posted at the venue on the morning of each session, and made available online. This will allow for re-seeding of events, or heat and lane allocation changes on the day of competition if required. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Warm-up start time

Warm-up for each session will commence at 7:30AM with the competition pool closing at 8:15AM. The 25m warm up pool will remain open throughout the duration of all sessions for warm-up and swim down. Competition will commence at 8:30AM.

Follow the directions of centre staff for lane use in all pools.

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Event Details

Self Marshaling

All swimmers will be required to self-marshal. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- No clothing or gear is to be taken to the blocks – if essential items are required, they can be left in a storage zone near/in the marshaling area.
- Swimmers are responsible for knowing the event, heat, and lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the marshaling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshaling area including behind the blocks:
  - 50m events - 4 heats prior to the heat in the water
  - 100m events - 4 heats prior to the heat in the water
  - 200m events - 3 heats prior to the heat in the water
  - 400m events - 2 heats prior to the heat in the water
  - 800m events - 1 heat prior to the heat in the water

Swimmers in the 800m and 400m events should be prepared to report early, or check-in at the beginning of the session to the marshaling area as heats may be combined to save time. Instructions will be published closer to the meet.

Results

Live results will be made available for this meet. The Meet Mobile application will be operating and can be downloaded to your chosen device(s).

Provisional results will be posted at the venue soon after the completion of each event. These results will be marked as Final once a minimum of 30 minutes has elapsed, and following the resolution of any protests lodged.

Results will be updated daily to the event page of the MSQ website, and the PPMG Swimming page.

For Masters Swimming Australia members, your time(s) will be uploaded to the MSA Results Portal for the purpose of National Top 10 and State and National records. For non-members and international Masters members, your result will be officially recorded as a swim and published in the Meet Results documents.

Medals

Medals will be awarded to all age groups, Multi Class classifications, men and women, for all individual events:

18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100-104

Medals will be awarded to all age groups, all four swimmers, men's, women's, and mixed for all relay events:

72-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-400

Medals are to be collected once results are marked as Final. Uncollected medals will not be posted to competitors after the event.

Records

World records will not be recognised at this event. Any MSQ member may break Queensland and National records. Any MSA member may break their respective State and National records.

All swimmers, non-masters and masters' swimmers may break a PPMG record.

International masters' swimmers are able to take their results to their country for ratification of relevant records.

FINA World Top Ten performances will not be recognised.

Photo/video release

All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by PPMG/ MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Other important information

- Members from all clubs maybe called on to assist with timekeeping throughout the meet.
- 400m swimmers are to provide their own lap counter should they require one.
- Paddles and watches are not permitted to be worn during the meet, including warm-up and swim-down.
- Swimmers must comply with signage and pool staff on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Pool deck access is limited to marshaling for events, the officials and technical staff. Please do not stand in front

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of the recording area.

- Swimmers must wear only one pair of FINA approved swimwear. An additional item of swimwear may not be worn under another while competing.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started. Move quickly to the lane rope away from the wall once you have completed your heat.
- When asked to clear the pool lanes 0–4 will exit via the side at lane 0, and lanes 5–9 exiting via the side at lane 9.
- Protests must be made in writing on the official form and submitted to the Meet Director within a half hour of posting the provisional results. A protest carries a fee of $10 which is refunded if the protest is upheld. The fee must be paid when collecting the protest form.
- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are subject to change, including changes required in the event of too many entries being received for the allowed duration of the meet.

Merchandise

Merchandise is available through the PPMG22 website, and at the Games Village. An exclusive PPMG22 silicone cap is included with entry (for first 400 entrants only), and is to be collected at the Gold Coast Aquatic Centre.

Event photography

Gary Brinkman will again be the official swimming photographer. If you have specific requests, please see Gary on pool deck. Photos will be available to purchase at https://garybrinkman.com.au/.

Medal engraving

The Mermaid Trophy Centre will provide onsite medal engraving. Details TBA but will be published in emails to entrants and on the PPMG Swimming FB page nearer to the event.

Meet Mobile Swim App

The Meet Mobile application (app) displays meet results in real time as data is received during meets from the recording desk (one heat at a time). As swimming clubs and organisations cease providing paper programs, Meet Mobile is the ideal replacement, and can be used for any meet you can search across the world.

- This app has the ability to display programs, timelines, team scores, entry times and results;
- You can search swim meets from all over the world or in just your local area to follow the action live, as it unfolds;
- In addition to real time results, see pre-race rankings, standings, and heat/lane assignments as they become available. You will see individual and team scores;
- Follow your favourite swimmers and/or teams as "favourites" and then easily filter down to see both completed results and upcoming schedule;
- Available on Android and iPhone devices;
- Cost is between $6 and $10 per year.

Massage

Active Body Therapies specialises in Sports Massage and Remedial Massage therapy. A team of fully-qualified Remedial Massage therapists who are experienced in treating a wide range of conditions, will be available to swimmers at the venue for a fee payable on the day when you book your time slot.

Accommodation

For all your travel and accommodation needs, please see https://mastersgames.com.au/ppmg/travel/

Severe Weather Policy

PPMG recognises the dangers of extreme weather in Queensland and the need to ensure that all staff and users of Gold Coast facilities take the correct precautions in the event of extreme weather.

Extreme weather includes unexpected, unusual, severe, or unseasonal weather that may pose a safety risk to users including rain, drought, wind, flood, storms, dust, hail, and extreme temperature.

If the meet is affected by extreme weather, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and Gold Coast Aquatic Centre staff. No refund of entry fees will occur under such circumstances.

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Event Details

Parking

Limited paid parking is available in the car park area beside the GCAC. For public transport options, check the PPMG22 website.

Venue

Gold Coast Aquatic Centre (GCAC) is a state of the art facility that hosted the swimming and diving events during the Gold Coast 2018 Commonwealth Games. It offers fun, fitness and leisure for Gold Coasters seven days a week all year round.

Located at Southport's Broadwater Parklands (main entrance at intersection of Nind Street and Marine Parade, Southport), the centre boasts six pools (heated to a minimum of 27 degrees Celsius all year round) including a 50 metre, 10 lane competition pool, an impressive dry land dive training facility, a fully equipped fitness centre, multi-function meeting rooms and access to Café Catalina.

There is upper level grandstand seating east and west with lift access if required. Lower level portable grandstands are also available. Clubs may bring their own tents for the area in front of the pool (north). Tents must be anchored by using weighted containers – pegs are not permitted in any location. You are welcome to display your club banner. Please ensure that you have sunscreen and drink. No glass is to be brought on site. Eskies up to 40cm x 40cm x 40cm are permitted.

Pro Shop & Cafes

The Pro Shop, located within the GCAC, will be open during this meet. They sell a range of Zoggs, Speedo, Funkita and Vorgee swimwear and products.

The onsite Catalina Cafe supplies food for quick meals and a variety of well-priced hot and cold foods, tea, coffee, cold drinks, snacks and fruit.

There is also a kiosk that sells coffee, tea, hot chocolate, lollies, chips, sandwiches, wraps and muffins. They also have a range of cold drinks and many other products.

First aid

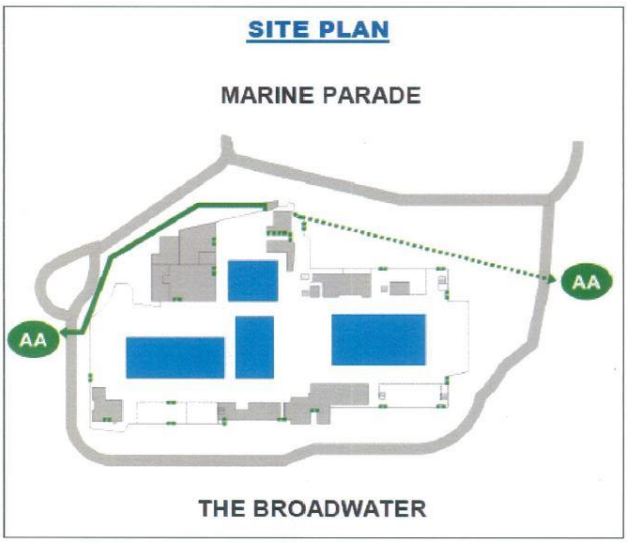
First aid services will be provided by GCAC Lifeguards and PPMG Medics. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director. An incident report must be submitted in such cases.

Volunteering

Would you like to be involved as a volunteer? We would love to have you join us as a timekeeper or perhaps in another role. If you are interested, please contact us.

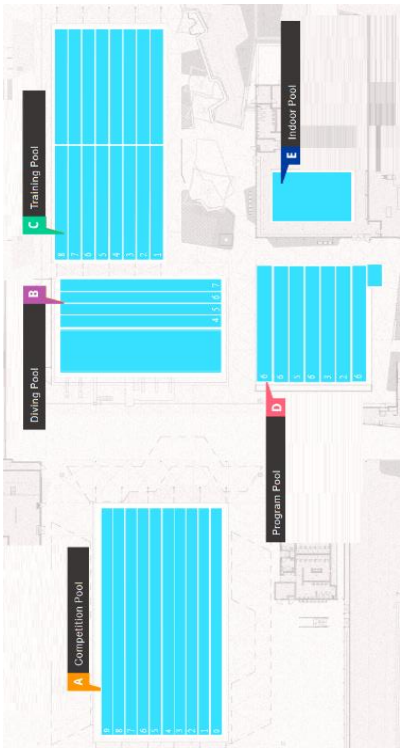
Emergency evacuation

In case of an emergency, you will be directed to exit the venue through the main entrance, and go to one of two assembly areas (AA).



Pool map

All racing will take place in the 50m Competition Pool (A). Warm up and swim down will be available throughout the meet in the north end of the training pool (C). The GCAC will remain open to the public during the swim meet. Please respect other patrons as they utilise other areas of the venue.



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Event Details

Contacts

Meet Convenor/Director ....swimming@mastersgames.com.au

Administrator MSQ .....admin@mastersswimmingqld.org.au

Director of Recording...recorder@mastersswimmingqld.org.au

MSQ website.....https://mastersswimmingqld.org.au

Important dates

Entries open .....March 2022

Early bird closing date.....11:59pm AEST 31 August 2022

Individual closing date .....11:59pm AEST 14 October 2022

Entry list available .....21 October 2022

Entry list finalised.....28 October 2022

Club Relay closing date .....4 November 2022

Draft timeline available.....7 November 2022

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