



# 2022 Masters Swimming Queensland Short Course Championships

Tobruk Memorial Pool  
370 Sheridan St, Cairns North QLD 4870  
20-22 May 2022

MSQ Sanction Number Q1/22  
Proudly hosted by Cairns Clams

Meet Director: Ted Bunt  
Meet Coordinator: Cheryl Brodribb

## MEET GUIDE

First Session – Friday 20 May 2022		Second Session – Saturday 21 May 2022		Third Session – Sunday 22 May 2022	
1	4 x 25m Men's Freestyle Relay	11	100m Individual Medley	22	100m Freestyle
2	4 x 25m Women's Freestyle Relay	12	25m Backstroke	23	200m Butterfly
3	200m Freestyle	13	50m Breaststroke	24	100m Backstroke
4	100m Breaststroke	14	100m Butterfly	25	200m Individual Medley
5	50m Backstroke	15	200m Backstroke	26	25m Freestyle
6	400m Butterfly	16	25m Butterfly	27	400m Breaststroke
7	25m Breaststroke	17	200m Breaststroke	28	50m Butterfly
8	50m Freestyle	18	4 x 25m Mixed Freestyle Relay	29	400m Backstroke
9	400m Individual Medley	19	400m Freestyle	30	4 x 100m Women's Medley Relay
10	4 x 25m Mixed Medley Relay	20	4 x 25m Men's Medley Relay	31	4 x 100m Men's Medley Relay
		21	4 x 25m Women's Medley Relay		

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**Individual Closing Date:** 3 May 2022  
**Relay Closing Date:** 7 May 2022  
**New:** 4 x 25m Relays

Maximum of 9 individual events  
\$70, plus \$20/relay  
**New:** 4 x 100m Medley Relays





# Meet Details

## Eligibility

This championship meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. International swimmers who are current members of their national Masters Swimming Federation may also compete. International swimmers and teams must supply proof of their current membership.

Guest swimmers are not permitted to enter this meet. MSA/MSQ membership is available via the [website](#).

## Age

Age as at the 31 December 2022. Minimum age is 18 years at day 1 of competition.

## Entries

Entries are to be submitted via [Quick Entry](#) located on the MSQ website. Entries will open in March 2022. The closing date for individual entries is 11:00PM on 3 May 2022.

Relay entries are to be submitted online also via Quick Entry using the Club Relay Teams link, and will remain open until 7 May 2022. All clubs entering relays are to nominate a Club Captain for coordination and communication purposes.

Interstate and International Masters members are invited to register an account and enter directly. Entries will be processed as quickly as possible and contact made if further information is required.

## Conduct of Events

All events will be conducted as timed finals. Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. Starts will be 'over the top' where possible and at the Meet Referee's discretion. 400m form stroke events are to be swum as programmed, i.e. a 400m form stroke cannot be swum in the 400m freestyle.

## Qualifying times

There are no qualifying times required for this meet. You must submit a time for each event entered, preferably your personal best from the previous two (2) years. Entering 'no time' (NT) is not permitted for this championship event.

## Entry fees

All entrants must pay the nomination fee online as directed by Quick Entry. Swimmers may enter nine (9) events for \$70.

Relay entries are \$20 per team per event.

Complimentary commemorative [JMS](#) silicone swim caps will be provided to the first 300 swimmers to register.



## Warm-up start time

Warm-up for each session will commence in the main pool at 7:30AM with the competition end closing at 8:15AM. The far end of the pool may remain open for warm-up and swim down. The 25m pool will also be available throughout the duration of the day's session for warm-up and swim down. Competition will commence at 8:30AM.

## Medals

Medals will be awarded to all Masters' age groups, Multi Class classifications, men and women, for all individual events.

Medals will be awarded to all Masters' relay age groups, all four swimmers, mens, womens, and mixed for all relay events.

Visiting swimmers will be awarded medals for overall placings. Queensland swimmers will be awarded medals based on Queensland placings for each event.

## Major meet awards

Awards will be presented at the conclusion of this meet:

- Male Swimmer of the Meet
- Female Swimmer of the Meet
- Best Swimmer 18 – 29 Years
- Best Swimmer 30 – 49 Years
- Best Swimmer 50 – 69 Years
- Best Swimmer 70+ Years
- Mary Maina Trophy – Highest Ave Points – Small Club
- Max Gillespie Trophy – Highest Ave Points – Large Club
- George Coronas Trophy – Highest Club Points
- Jenny Mack Trophy – Highest combined points for the 100m and 200m Breaststroke events
- Club Relay Award – Highest Ave Club Points in relay events

Please note that individual awards are calculated using the sum of the best 5 FINA swims using FINA points. Club and relay awards are calculated using standard event points



# Meet Details

scoring.

All swimmers, Queensland and visitors, are eligible to score points and win awards.

## Records

World records will be recognised at this event pending ratification by MSA and FINA. Any MSQ member may break Queensland records. Any MSA member may break their respective state, Australian and world records.

## Results

Live results will be made available for this meet via the Meet Mobile application downloaded to your chosen device.

Results will be posted at the venue soon after the completion of each event. Daily results will be updated to the MSA Portal, and a PDF results file will be published to the MSQ website.

Competition results for men and women will be separated and then divided into age groups as follows:

Individual events: 18-24 and then in 5 year groups, i.e. 25-29, 30-34, 35-39, etc.

Relays: 72-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359 and 360-399.

## Tickets and programs

Entry to this meet is free for spectators – no tickets are required.

Programs will be available for online download prior to and during the meet. Programs made available before the day of competition will be draft and are subject to change without notice. Final programs for the day will be posted at the venue on the morning of each session, and made available online. This will allow for re-seeding of events, or heat and lane allocation changes on the day of competition if required. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

## Entry List and Timeline

The draft entry list will be available on the event page of the MSQ website on 5 May 2022. All competitors must check their entries thoroughly and submit discrepancies to the [Director of Recording](#) by 7 May 2022.

The Meet Program for this meet will be published on the event page of the MSQ website on or before 13 May 2022.

## Late entries

Late entries will not be accepted.

## Multi Class events

Multi Class events will be conducted within the full program and will be awarded medals according to the age group and gender category in each classification. Details of disability classification must be provided (if not currently on MSQ file) prior to the commencement of the first day of competition. Multi Class events will not be using the Multi Class point score system for this meet.

## Rules

All Masters Swimming Australia [rules](#) and FINA Swimming Rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/Masters Swimming Queensland/Tobruk Memorial Pool management to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

## COVID-Safe Meet Information

This event will be held in compliance with all QLD health directives, mask mandates and venue COVID-19 restrictions in place at the time of the event.

Confirmation of the finalised COVID-19 arrangements will be communicated to all attendees just prior to the meet.

By nominating for and/or attending this swim meet you agree to accept the [MSQ COVID-19 Terms and Conditions](#) of Event Entry and Attendance and the venue management's conditions of use that apply at the time of the meet, both of which are subject to change at short notice.

MSQ will continually reassess meet details as the COVID-19 situation evolves to ensure that swimmers' well-being is the highest priority.

## Protests

Protests must be made in writing on the official form and submitted to the Meet Director within a half hour of posting the provisional results. A fee of \$5 applies, to be returned if protest is successful.

## Pool deck access

Pool deck access is limited to marshaling for events, the



# Meet Details

officials and technical staff. Please do not stand in front of the recording area.

## Withdrawal and Refund Policy

A swimmer may withdraw from a meet prior to the closing date for nominations. Upon request for refund of nominations fees a 100% refund (minus administration fees already incurred) is to be granted if notification is received prior to the date of close of nominations.

## Photo/video release

All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

## Relays

All clubs captains are responsible for the completion of relay nominations and payments online prior to the relay closing date.

- Only club relays are allowed - no composite teams.
- Relays shall consist of four swimmers each registered with the same club.
- No swimmer is allowed to represent more than one club.
- There is no limit on the number of teams a club may enter in any age group. All teams may score points.
- Swimmers must enter at least one individual event to be eligible to swim in a relay team.
- A swimmer may only swim a particular relay event once.
- Relays are to be swum in the order swimmers are nominated in their entry.
- Mixed relays must consist of two (2) males and two (2) females. The order of swimmers by gender is optional in mixed relays.
- The age of the team shall be the sum of the ages in whole years of its members.
- A club is responsible for the validity of dates of birth of its members' registrations and is deemed responsible for any breaches.

If on the day of the event a nominated swimmer cannot swim a relay due to unforeseen circumstances such as illness, a club may, at the discretion of the Meet Director and/or the MSQ Director of Recording, in advance of the event, substitute another swimmer from the same club, provided

the team remains in the same age category.

## Self Marshaling

All swimmers will be required to self-marshall. The objective is to ensure the meet runs efficiently regarding swimmer movement with no swimmer missing their events. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Seating is no longer permitted in the marshaling area – in general there will be one seat per timekeeper, and there may be one seat behind for swimmers' use.
- No clothing or gear is to be taken to the blocks – if essential items are required they can be left in a storage zone near/in the marshaling area.
- Swimmers are responsible for knowing the event/heat/lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshaling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshaling area including behind the blocks:
  - 25m events - 4 heats prior to the heat in the water
  - 50m events - 4 heats prior to the heat in the water
  - 100m events - 4 heats prior to the heat in the water
  - 200m events - 3 heats prior to the heat in the water
  - 400m events - 2 heats prior to the heat in the water
- Swimmers in 400m events should be prepared to report early to the marshaling area as heats may be combined to save time.

## Presentation function

A presentation function will follow the conclusion of the final day of events (Sunday 22 May), and will be on location in the Tobruk Pool grounds. The cost will be \$5 per head. Please indicate the number of tickets required, and pay in full with meet entry.





# Meet Details

## Saturday night social – Tropical Carnivale!

You are invited to an early evening soiree in the stately grounds of the Tobruk Memorial Pool Cairns, with live music provided by 'The Marias'. Drinks will be available at the bar. There will be amazing finger food, a welcome refreshment on arrival and lucky door prizes! There will be great company and conversation! The Dancing will be ... there will be dancing. The band 'The Marias' have played all the big venues in Cairns and Weipa. The night will be hoot! Do not miss out!

**Date:** Saturday 21 May

**Venue:** Tobruk Memorial Pool

**Time:** 6 – 9pm

**Cost:** \$40 (Pay via Quick Entry)

**Dress:** Loud & Colourful

## Merchandise

An optional commemorative T-shirt (short or long sleeved) will be available to purchase at the time of entry for \$30.



Shirt sizes available:	S	M	L	XL	2XL	3XL	4XL
Guide – half chest (cm)	52	54.5	57	59.5	62	64.5	67

## Massage

Massage therapists will be on location for the three days of the Championships – the same as those in attendance for GBRMG21. Bookings at the massage tent. \$15 for 20 minutes.



## Meet Mobile Swim App

The Meet Mobile application (app) displays meet results in real time as data is received during meets from the recording desk (one heat at a time). As swimming clubs and organisations cease providing paper programs, Meet Mobile

is the ideal replacement, and can be used for any meet you can search across the world.

- This app has the ability to display programs, timelines, team scores, entry times and results;
- You can search swim meets from all over the world or in just your local area to follow the action live, as it unfolds;
- In addition to real time results, see pre-race rankings, standings, and heat/lane assignments as they become available. You will see individual and team scores;
- Follow your favourite swimmers and/or teams as “favorites” and then easily filter down to see both completed results and upcoming schedule;
- Available on Android and iPhone devices;
- Cost is between \$6 and \$10 per year.

## Accommodation

Please see separate [Accommodation Guide](#) on website event page.

## Severe Weather Contingency Plan

If the meet is affected by storms, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and Swimming Centre staff. No refund of entry fees will occur under such circumstances.

## Venue

Parking is available in the car park area at the side and rear of the pool. Please follow all road signage.

This meet will be in the competition pool with the bulkhead in place. The grandstand has shade and seating for 420 people. Clubs are welcome to display banners. Please remember sunscreen and hats.

No glass is to be brought on site.

The Tobruk Memorial Pool will remain open to the public during the swim meet. Please respect patrons as they utilise the other areas of the venue.

## Swim shop

The Swim Shop, located within the Tobruk Memorial swimming pool will be open during this meet. They have a small selection of swimwear and goggles.

The Tobruk Memorial Swimming Pool 'Swell Café' sells a variety of well-priced hot and cold foods, tea, coffee, cold drinks, snacks and fruit.

# Meet Details

## Bags/eskies

Please note that Tobruk Memorial swimming pool rules state that bags/eskies must be a pliable nature (soft to touch) and are to be no bigger than 40cm x 40cm x 40cm and must be stowed under seats. All other bags/eskies will be refused admission.

## First aid

First aid services will be provided by Category 5 Medics and the Tobruk Pool Lifeguards. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

## Emergency evacuation

In case of an emergency evacuation, you will be directed to go to the appropriate 'emergency exit' for the pool complex. This is the front entrance. If asked to evacuate please do so immediately.

## Raffles

Cairns Claims will be running raffles and \$100 money board.

## For the guidance of competitors

- Swimmers must comply with signage on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Paddles and watches are not permitted to be worn during competition, warm-up or swim-down.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when asked to do so.
- Starts will be 'over the top' where possible and at the Meet Referee's discretion. Competitors will remain in their respective lanes until the next heat is started, or asked to leave the water. Move quickly to the lane rope away from the wall once you have completed your heat.

## Other information

- MSQ will continually reassess meet details due to the evolving COVID-19 situation to ensure that swimmers' well-being is the highest priority.
- Members from all clubs will be called on to assist with timekeeping throughout the meet.
- MSQ notes that the information provided is correct at the time of publishing, however, is subject to change.

## With thanks to our Sponsors

- [John Munro Swimming](http://JohnMunroSwimming.com)
- Cairns Regional Council
- Warren Entsch TBC





# Meet Details

## Contacts

Administrator MSQ: ..... [admin@mastersswimmingqld.org.au](mailto:admin@mastersswimmingqld.org.au)

Meet Director: ..... [vpnorth@mastersswimmingqld.org.au](mailto:vpnorth@mastersswimmingqld.org.au)

Meet Coordinator: ... [president@mastersswimmingqld.org.au](mailto:president@mastersswimmingqld.org.au)

Director of Recording: [recorder@mastersswimmingqld.org.au](mailto:recorder@mastersswimmingqld.org.au)

MSQ website: ..... <https://mastersswimmingqld.org.au>

Meet Entry: via ..... [Quick Entry](#)

## Important dates

Entries open ..... March 2022

Individual closing date ..... 3 May 2022

Draft Entry list available ..... 5 May 2022

Relay closing date ..... 7 May 2022

Entry list finalised ..... 9 May 2022

Meet Program available ..... 13 May 2022

