

River City Masters Swimming Club 2022 Short Course Meet

Murray Evans Sports and Aquatic Centre, Somerville House
4 Stephens Road, South Bank, Brisbane QLD 4101

Saturday, May 7, 2022

MEET GUIDE



**RIVER CITY
MASTERS**

Date: May 7, 2022	Meet Director: Stephen Howell	Meet cost: \$25
Venue: Somerville House Aquatic Centre	Contact: riverscityswimteam@gmail.com	
Warm up: 9am Start time: 9:30am Finish time: 2pm		
Entries Close: April 26, 2022	MSQ Sanction Number: Q7/22	Enter: Quick Entry

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Program of Events

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Event	Distance	Stroke
1.	200m	Freestyle
2.	100m	Breaststroke
3.	100m	Backstroke
4.	200m	Individual Medley
5.	50m	Breaststroke
6.	50m	Fly
7.	200m	Backstroke
8.	100m	Individual Medley
9.	4 x 50m Relay	Individual Medley (Female)
10.	4 x 50m Relay	Individual Medley (Male)
11.	4 x 50m Relay	Individual Medley (Mixed)
12.	100m	Fly
13.	25m	Breaststroke
14.	25m	Freestyle
15.	25m	Backstroke
16.	25m	Fly
17.	200m	Breaststroke
18.	100m	Freestyle
19.	50m	Backstroke
20.	200m	Fly
21.	50m	Freestyle
22.	4 x 100m Relay	Freestyle (Female)
22.	4 x 100m Relay	Freestyle (Male)

Event limits: 2 x 200s, maximum of 5 individual events, unlimited relays

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Welcome to the River City Masters Short Course Meet, held at the Murray Evans Sports and Aquatic Centre (MESAC) pool on the grounds of Somerville House School. We trust you will have a great day with some fast swimming, plenty of PBs and maybe a record or two, but most of all have fun with friends, old and new. We will offer the usual medal presentations at the end of the meet, judged by maximum number of points per age group.

Welcome and meet summary

After two dry run friendly sprint meets in 2019 and 2020, River City Masters is ready to 'go live' once again and welcome swimmers back for a fully sanctioned MSQ short-course meet – the first since 2016.

We wanted to give swimmers the perfect warm-up for the state highlight of the first half of the year: the MSQ short-course state championships to be held in Cairns starting on May 20.

Due to the proximity of the State Championships, we also wanted to give swimmers more flexibility with the events they choose within the maximum 5 event format with the only stipulation that you enter a maximum of 2x200m events only.

We have some fabulous vintage River City medals to award for age-group podium places. Please come and join us with what will be a great start to the weekend.

Eligibility

This preparation meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. International swimmers who are current members of their national Masters Swimming Federation may also compete.

Guest swimmers are not permitted to enter this meet. MSA/MSQ membership is available via the [website](#).

Age

Age as at the December 31, 2022. Minimum age is 18 years at day 1 of competition.

Entries

Entries are to be submitted via [Quick Entry](#) located on the MSQ website. Entries will open March 29, 2022. The closing date for individual entries is April 26, 2022.

Interstate and International Masters members are invited to

register an account and enter directly. International swimmers and teams must supply proof of their current membership. Entries will be processed as quickly as possible, and contact made if further information is required.

Relay entries are to be submitted online also via Quick Entry using the Club Relay Teams link and will remain open until April 30, 2022. All clubs entering relays are to nominate a Club Captain for coordination and communication purposes.

To ensure that the meet program can be completed within the time provided by the pool, club entries will be limited to the first 150 entries. River City Masters reserves the right to close entries before the assigned deadline if the number of entries is exceeded.

Conduct of events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be conducted as timed finals. Starts will be 'over the top' where possible.

Qualifying times

There are no qualifying times required currently. You must submit a time for each event entered, preferably your personal best from the previous two (2) years. Entering 'no time' (NT) is not permitted for this event. If you do not have an official time for an event you should enter an estimate of what you will achieve, or a time recorded in training.

Relays

All club captains must complete relay nominations online by the closing date. There is no limit on the number of teams a club may enter in any age group.

Only club relays are allowed - no composite teams. Relays shall consist of four swimmers each registered with the same club. No swimmer can represent more than one club.

Swimmers must enter at least one individual event to be eligible to swim in a relay team. A swimmer may only swim a particular relay event once. Relays are to be swum in the order swimmers are nominated in their entry. Mixed relays must consist of two (2) males and two (2) females. The order of swimmers by gender is optional in mixed relays.

If on the day of the event a nominated swimmer cannot swim a relay due to unforeseen circumstances such as illness, a club may, at the discretion of the Meet Director substitute another swimmer from the same club. If in doubt, nominate a team and



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withdraw it on the day.

Club captains must complete relay entries by April 30, 2022.

Multi Class events

Multi Class swimmers are welcome, however there will be no separate Multi Class events conducted at this meet.

Entry fees

A swimmer may enter a maximum of five (5) competition events for \$25. There will be no additional charge for relays.

Entry List and Timeline

The Entry List will be available on the MSQ meet event page on April 28, 2022. All competitors must check their entries thoroughly and submit discrepancies to the MSQ Director of Recording by midnight April 29, 2022. The timeline for this meet will be published on or before May 3, 2022.

Late entries

No late entries are permitted at this meet after the closing date.

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and FINA swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/RC Swim Club/MESAC to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

COVID-Safe Meet Information

This event will be held in compliance with all QLD Health directives, mask mandates and venue COVID-19 restrictions in place at the time of the event.

Confirmation of the finalised COVID-19 arrangements will be communicated to all attendees just prior to the meet.

MESAC has a COVID safe plan with which River City Masters swimmers/supporters and all venue users (competitors and spectators) must comply. The arrangements are subject to change at short notice. Updates will be posted to the website and Facebook. By nominating for this Swim Meet, you are accepting the venue management's conditions of use that apply at the time of the Meet.

MESAC is a mandatory vaccination venue - you must check in at the venue using the *Check In Qld* app and be prepared to prove your fully vaccinated status upon entry.

By nominating for and/or attending this swim meet you agree to accept the [MSQ COVID-19 Terms and Conditions](#) of Event Entry and Attendance and the venue management's conditions of use that apply at the time of the meet, both of which are subject to change at short notice.

MSQ will continually reassess meet details as the COVID-19 situation evolves to ensure that swimmers' well-being is the highest priority.

Tickets and programs

Entry to this meet is free for spectators – no tickets are required.

No printed programs will be available. Programs will be available on the MSQ event page to download and print. Programs made available before the day of competition will be draft and are subject to change without notice. Final programs for the day will be made available online. This will allow for re-seeding of events, or heat and lane allocation changes on the day of competition if required. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of any affected event(s).

Warm-up start time

Warm-up will commence in the 25m competition pool and 25m warm-up pool at 9:00AM. The competition pool will be opened when available, and close at 09:25AM with the other 25m pool remaining open throughout the duration of the day's session for warm-up and swim down.

Follow the directions of centre staff for lane use in both pools.

Self-Marshaling

All swimmers will be required to self-marshall. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- No clothing or gear is to be taken to the blocks – if essential items are required, they can be left in a storage zone near/in the marshaling area.
- Swimmers are responsible for knowing the event, heat, and lane they are competing in, and for being aware of

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what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.

- An entrant who fails to report to the Marshaling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshaling area including behind the blocks:
 - 25m events - 4 heats prior to the heat in the water
 - 50m events - 4 heats prior to the heat in the water
 - 100m events - 4 heats prior to the heat in the water
 - 200m events - 3 heats prior to the heat in the water

Results

Live results will be made available for this meet. The Meet Mobile application will be operating and can be downloaded to your chosen device(s). Results will be posted to the MSA Portal, with results and statistics posted on the MSQ website meet event page in the days following the meet.

Competition results for men and women will be separated and then divided into age groups as follows:

Individual events: 18-24 and then in 5-year groups, i.e. 25-29, 30-34, 35-39, etc.

Relays: 72-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359 and 360-399.

Records

World records will not be recognised at this event. Any MSQ member may break Queensland records. Any MSA member may break their respective state and national records. FINA World Top Ten performances will be recognised.

Meet awards and presentation function

All swimmers, Queensland and visitors, are eligible to score points and win age group awards.

Withdrawal and Refund Policy

A swimmer may withdraw from this meet prior to the closing date for nominations. Upon request for refund of entry fees a 100% refund (minus administration fees already incurred) is to be granted if notification is received prior to the meet individual closing date.

Photo/video release

All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

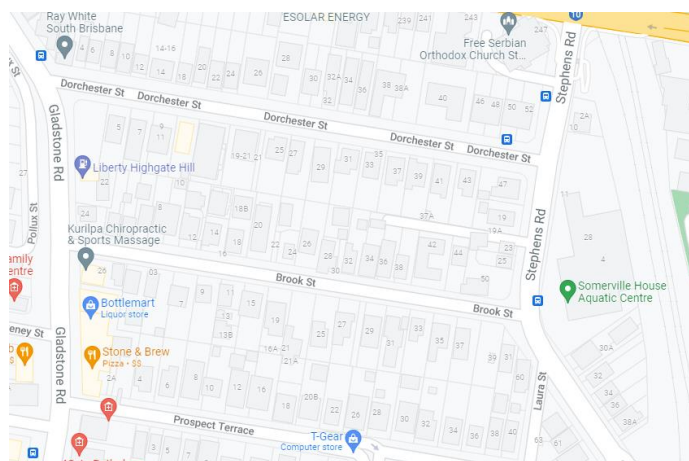
Other important information

- Members from all clubs may be called on to assist with timekeeping throughout the meet.
- Paddles and watches are not permitted to be worn during the meet, including warm-up and swim-down.
- Swimmers must comply with signage and pool staff on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Pool deck access is limited to marshaling for events, the officials and technical staff. Please do not stand in front of the recording area.
- Swimmers must wear only one pair of FINA approved swimwear. An additional item of swimwear may not be worn under another while competing.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started. Move quickly to the lane rope away from the wall once you have completed your heat.
- When asked to clear the pool lanes 1-4 will exit via the side at lane 1, and lanes 5-8 exiting via the side at lane 8.
- Protests must be made in writing on the official form and submitted to the Meet Director within a half hour of posting the provisional results. A protest carries a fee of \$10 which is refunded if the protest is upheld. The fee must be paid when collecting the protest form.
- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are subject to change, including changes required in the event of too many entries being received for the allowed duration of the meet.

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How to get to MESAC

- Enter MESAC via the pathway entrance on Stephens Road.
- Limited parking will be available under MESAC with access available directly from Stephens Road opposite the Stephens Road end of Brook Street.



Venue

Seating at the venue will be provided in the band-stand. There is no requirement to bring chairs, tents or gazebos. Swimmers may bring club banners to show support for their club but banner space may be limited depending on the space available in the band-stand and around the pool.

No glass is to be brought on site.

MESAC will be closed to the public during the swim meet.

Limited drinks and snacks will be available at the MESAC reception poolside. River City Masters recommends that swimmers bring their own food and drink for consumption during the meet.

Severe Weather Policy

MESAC recognises the dangers of extreme weather in Queensland and the need to ensure that all staff and users of MESAC facilities take the correct precautions in the event of extreme weather.

Extreme weather includes unexpected, unusual, severe, or unseasonal weather that may pose a safety risk to users including rain, drought, wind, flood, storms, dust, hail, and extreme temperature.

If the meet is affected by extreme weather, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and MESAC Aquatic Centre staff. No refund of entry fees will occur under such circumstances.

First aid

Pool lifeguarding and patrols will be carried out during the meet by MESAC pool staff. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Contacts

- Meet Director . Stephen Howell riverscityswimteam@gmail.com
Administrator MSQ..... admin@mastersswimmingqld.org.au
Director of Recording... recorder@mastersswimmingqld.org.au
MSQ website..... <https://mastersswimmingqld.org.au>
Meet Entry..... [Quick Entry](#)

Important dates

- Entries open..... March 29, 2022
Individual closing date..... April 26, 2022
Entry list available April 28, 2022
Relay closing date..... April 29, 2022
Entry list finalised April 30, 2022
Draft timeline available May 3, 2022

