

Noosa Masters Swimming Club 20th Anniversary LC Swim Meet

Noosa Aquatic Centre 18 September 2021 – 9am

MSQ Sanction Meet Number: Q14/21

Event	Distance	Race Description		
1	800m - Postal	Freestyle		
2	800m - Postal	Backstroke		
3	800m - Postal	Breaststroke		
4	800m - Postal	Butterfly		
5	800m - Postal	Individual Medley		
6	400m - Postal	Freestyle		
7	400m - Postal	Backstroke		
8	400m - Postal	Breaststroke		
9	400m - Postal	Butterfly		
10	400m - Postal	Individual Medley		
11	200m	Individual Medley		
12	200m	Butterfly		
13	200m	Backstroke		
14	200m	Breaststroke		
15	200m	Freestyle		
16	100m	Backstroke		
17	100m	Breaststroke		
18	4 x 50m	Women's Freestyle Relay		
19	4 x 50m	Men's Freestyle Relay		
20	4 x 50m	Mixed Freestyle Relay		
21	50m	Freestyle		
22	50m	Breaststroke		
23	100m	Butterfly		
24	100m	Freestyle		
25	50m	Backstroke		
26	50m	Butterfly		
27	4 x 50m	Mixed Medley Relay		
Presentation of Awards and BBQ				

Date: 18 September 2021	Meet Director: Ian Tucker	Five (5) individual events + relays
Venue: Noosa Aquatic Centre	<u>qnameetdirector@gmail.com</u>	Entry Fee: \$35 incl. BBQ
Warm up: 9.00am	0411 880 006	Enter: Quick Entry
Start time: 10.00am	MSQ Sanction Number: Q14/21	Closing date: 8 September 2021





Eligibility

This swim meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs.

Guest swimmers are not permitted. MSQ membership is available via the <u>website</u>.

Age

Age as at the 31 December 2021. Minimum age is 18 years at day 1 of competition.

Entry fees

All entrants must pay the nomination fee online as directed by Quick Entry. Swimmers may enter up to five (5) individual events and relays for \$35.00. The BBQ is included.

Entries

Swimmers may nominate one 200m event, chosen from events 11 - 15 inclusive.

All entries are to be submitted via <u>Quick Entry</u> located on the MSQ website. The closing date for individual nominations is 8 September 2021.

Late entries

No late entries will be accepted.

Postals

Postal entries (Events 1 – 10 inclusive) are to be submitted via <u>Quick Entry</u> located on the MSQ website. Postal swims shall be completed between 1 August and 8 September 2021 in a LC pool. Entrants can complete one or two postal events and – if two – they can be at the same distance (800m or 400m). Swimmers will need to complete their postal swims before entering the meet and <u>enter their actual postal times</u>. There is no way to edit these later, so you need to make sure they are accurate before entering in Quick Entry.

Postal swims will not be uploaded to the results portal with the meet results. If swimmers want these included for e1000, their club recorder will need to enter these as usual.

Event 15 - 200m Freestyle - John Konrads Inaugural Contest

This event will have a prize associated with the winner who swims the event with a time closest to their nominated time. John Konrads was an Australian freestyle swimmer of the 1950s and 1960s, who won the 1500m freestyle at the 1960 Summer Olympics in Rome. He won three Commonwealth Games gold medals and was the first male swimmer to hold every freestyle world record from 200m to 1500m. John passed away in April this year. John was a Noosa local in later years and always showed interest in the Noosa Masters Swimming Club and local swimmers.

Qualifying times

There are no qualifying times required currently. You must submit a time for each event entered, preferably your personal best from the previous two (2) years. Entering 'no time' (NT) is not permitted for this event. If you do not have an official time for an event you should enter an estimate of what you will achieve.

Relays

Club captains must complete relay nominations by 11 September 2021. Clubs may enter multiple teams per age group for all relays. Any changes to relay composition shall be only accepted if due to illness or nonattendance and advised to the Meet Recorder before event 13. Swimmers must enter at least one individual event to be eligible to swim in a relay team. All relays must consist of members or second claim members of the same club. All teams not disqualified will score points.

Conduct of Events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be conducted as timed finals. Starts will be 'over the top' where possible.

Warm-up start time

Warm-up for this meet will commence at 9am. Competition will commence at 10.00am.

Multi Class events

There will be no separate Multi Class events conducted within the full program.

Records

This pool has a certified survey of length, and SAT timing with manual backup will be used. Queensland, and Australian records may be set at this meet.

Rules

All Masters Swimming Queensland rules, Masters Swimming





Australia and FINA Swimming Rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/Noosa Aquatic Centre Management to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

COVID-Safe Meet Information

To comply with Queensland Government regulations for the running of COVID-Safe Events, all nominees must confirm they agree to the below:

- <u>COVID-19 Terms and Conditions</u>
- Meet Information for Attendees

The Noosa Aquatic Centre has a COVID safe plan with which QNA and all venue users (competitors and spectators) must comply. The arrangements are subject to change at short notice, we will try to keep you informed via our Website and Facebook.

By nominating for this Swim Meet, you are accepting the venue management's conditions of use that apply at the time of the Meet. During the Meet seating in the stands will be subject to the direction of an Usher who will be a Noosa Aquatic Centre staff member.

Entry List and Timeline

The entry list will be available on the event page of the MSQ website on 12 September. All competitors must check their entries thoroughly and submit discrepancies to the Director of Recording by 13 September.

The timeline and program for this meet will be published on the event page of the MSQ website by 14 September.

Programs

Programs will be available for online download prior to and during the meet. Programs made available before the day of competition will be draft and are subject to change without notice. Final programs for the day will be posted at the venue prior to competition and made available online. This will allow for re-seeding of events, or heat and lane allocation changes on the day of competition if required. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Results

Live results will be made available for this meet via the Meet

Mobile application downloaded to your chosen device. Results will be posted at the venue soon after the completion of each event. Final results will be updated to the MSA Portal, and a PDF results file will be published to the MSQ website.

Meet awards

Awards will be presented at the conclusion of the meet in the BBQ area:

- Club with the highest aggregate points total
- Club with the highest average point score small clubs
- Individual points first, second, and third per age group
- John Konrads Inaugural Contest 200m Freestyle

Pool deck access

Pool deck access is limited to marshalling for events, the officials, timekeepers and technical staff. Please do not stand in front of the recording area.

Photo/video release

By nominating for this meet, swimmers agree that they may be photographed or videoed by MSQ's approved photographer and that the photos and videos may be used by MSQ at its discretion.

Self-Marshalling

Marshalling has changed due to the need for physical distancing. All swimmers will be required to self-marshal. The objective is to ensure the meet runs efficiently regarding swimmer movement with no swimmer missing their events. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Event(s) to be marshalled will be announced.
- Seating is no longer permitted in the marshalling area in general there will be one seat per timekeeper, and there may be one seat behind for swimmers' use.
- No clothing or gear is to be taken to the blocks if essential items are required, they can be left in a storage zone near/in the marshalling area.
- Swimmers are responsible for knowing the event/heat/lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.





- An entrant who fails to report to the Marshalling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshaling area including behind the blocks:
 - 50m events 4 heats prior to the heat in the water
 - 100m events 4 heats prior to the heat in the water
 - 200m events 3 heats prior to the heat in the water
- Swimmers in 50m events need to be prepared to move quickly.
- The Self Marshaling Entry List will be published at least two days prior to the meet.
- The Marshal will be a helper who can verify a swimmers' position, answer questions, and direct heats to the blocks. The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.

For the guidance of competitors

- Swimmers must comply with signage on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Paddles and watches are not permitted to be worn during competition, warm-up or swim-down.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when asked to do so.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started. Move quickly to the lane rope away from the wall once you have completed your heat.
- When asked to clear the pool lanes 1–4 will exit via the side at lane 1, and lanes 5–8 will exit via the side at lane 8.

First aid

Venue lifeguards will be in attendance throughout the warmup and the meet. First Aid will be available if required. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Emergency evacuation

In case of an emergency evacuation, you will be directed to go to the appropriate 'emergency exit' for the pool complex. If asked to evacuate please do so immediately.

Mobile Meet Massage



Emma Hood is providing a massage service to competitors at the Noosa Masters Swim Meet. The charge will be \$11.00 for a 10min Massage with \$1 of each massage going to the Noosa club. A booking form link below will allow you to pre book your massage time in between your events. https://squareup.com/appointments/book/3b4uv6vekllwfc/L

XE3TSV5QY9ZH/date

Other information

- MSQ, QNA and the Noosa Aquatic Centre Management will continually reassess meet details due to the evolving COVID-19 situation to ensure that swimmers' well-being is the highest priority.
- All clubs will be called on to assist with timekeeping throughout the meet.
- Free event parking will be available at the Noosa Aquatic Centre.
- MSQ & QNA note that the information provided is correct at the time of publishing, however, is subject to change.
- By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.







Contacts

Meet Director: <u>qnameetdirector@gmail.com</u> Director of Recording: <u>recorder@mastersswimmingqld.org.au</u> MSQ website: <u>https://mastersswimmingqld.org.au</u> Quick Entry: <u>https://quickentry.mastersswimmingqld.org.au/</u> Administrator MSQ: <u>admin@mastersswimmingqld.org.au</u>





















Important dates

Entries open	August 2021
Individual closing date W	ednesday 8 September 2021
Relay Entries Close	Saturday 11 September 2021
Entry list available	Sunday 12 September 2021
Entry list finalised	Monday 13 September 2021
Program available	Tuesday 14 September 2021
Swim Meet	Saturday 18 September 2021

Event Sponsors

We would like to thank our valued Sponsors:

- Noosa Heads Surf Club & Supporters Club
- Bank of Queensland
- Vorgee
- Bunnings Noosaville
- BWS
- Dan Murphy's
- Terry White Pharmacy
- IGA Noosa
- Linen House
- Stitch Piece Loop
- Belmondo's