

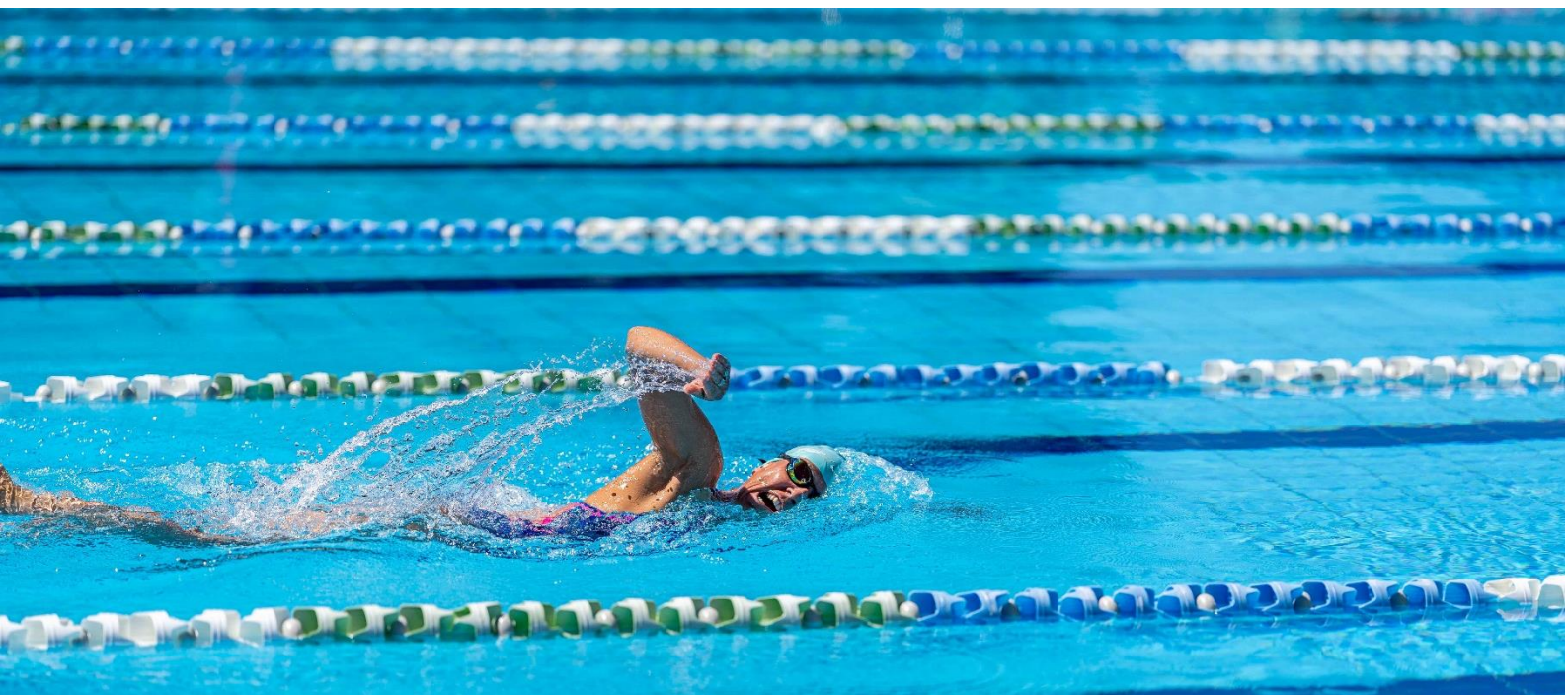


**LONG TAN LEGENDS**  
M A S T E R S  
**SWIMMING CLUB**

# Long Tan Legends Super Sprint Meet

Long Tan Memorial Pool – Saturday 28<sup>th</sup> August 2021

Event	Distance	Stroke
1.	200m	Individual Medley
2.	200m	Freestyle
3.	50m	Breaststroke
4.	50m	Backstroke
5.	100m	Butterfly
6.	200m	Backstroke
7.	100m	Freestyle
8.	100m	Backstroke
9.	50m	Butterfly
10.	100m	Breaststroke
11.	50m	Freestyle
12.	50m	Mixed "Anything goes" Relay





# Meet Details



<b>Date:</b> 28 August 2021	<b>Meet Director:</b> Tony Croft	Five (5) individual events + relays
<b>Venue:</b> Long Tan Memorial Pool	crofttony@ymail.com	<b>Entry Fee:</b> \$30
<b>Warm up:</b> 12.30pm	0407 391 974	<b>Enter:</b> <a href="#">Quick Entry</a>
<b>Start time:</b> 1:00pm	<b>MSQ Sanction Number:</b> Q12/21	<b>Closing date:</b> 20 August 2021

## Eligibility

This meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. Other swimmers who are not registered with MSQ or other MSA affiliated clubs are welcome to compete but are subject to the same rules and conditions.

## Age

Age as at the 31 December 2021. Minimum age is 18 years at day 1 of competition.

## Entries

Entries for MSQ registered swimmers are to be submitted via [Quick Entry](#) located on the MSQ website. The closing date for individual nominations is 20 August 2021.

Swimmers who are not members of MSQ may enter by contacting the meet director via email and advising their name, age, DOB and approximate times for their events. Bank account details will be provided for the payment of entry fees.

## Events

Heats will be swum from slowest to fastest. All events will be conducted as timed finals. Starts will be 'over the top' where necessary.

## Qualifying times

There are no qualifying times required currently. You must submit a time for each event entered, preferably your personal best from the previous two (2) years. Entering 'no time' (NT) is not permitted for this event. If you do not have an official time for an event you should enter an estimate of what you will achieve.

## Entry fees

All entrants must pay the nomination fee online as directed by Quick Entry. Swimmers may enter up to five (5) individual events for \$30. Relays are free.

## Relays

The relays are a fun event that can consist of any combination of people. They are to be entered on the day. If there are serious teams that want a time, we will accommodate them accordingly.

## Warm-up start time

Warm-up for this meet will commence at 12:30pm. Competition will commence at 1:00pm.

## Late entries

No late entries will be accepted.

## Multi Class events

There will be no separate Multi Class events conducted within the full program.

## Rules

All Masters Swimming Queensland rules, Masters Swimming Australia and FINA Swimming Rules apply. By nominating to participate in this swim meet, all swimmers thereby authorize the Meet Director/MSQ/Long Tan Memorial Pool management to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

## COVID-Safe Meet Information

To comply with Queensland Government regulations for the running of COVID-Safe Events, all nominees must confirm they agree to the below:

- [COVID-19 Terms and Conditions](#)
- [Meet Information for Attendees](#)

The Long Tan Memorial Pool has a COVID safe plan with which LTL and all venue users (competitors and spectators) must comply. The arrangements are subject to change at short notice. Updates will be posted to the website and Facebook. By nominating for this Swim Meet, you are accepting the venue management's conditions of use that apply at the time of the Meet. Social distancing must be adhered to at all times.



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## Tickets and programs

Entry to this meet is free for spectators – no tickets are required.

Final programs for the day will be available to print from the MSQ website, and posted at the venue prior to competition.

## Results

Results will be posted at the venue soon after the completion of each event. Final results will be updated to the MSA Portal, and a PDF results file will be published to the MSQ website.

## Records

This pool has a certified survey of length. Only one timekeeper will be allocated per lane. If a swimmer wishes to attempt a record, please notify the Chief Referee and additional timekeepers will be resourced. Queensland and Australian records may be set at this meet.

## Meet awards

Awards will be presented at the conclusion of the meet.

- Club with the highest aggregate points total
- Individual points first, second, and third per age group
- Swimmer of the Meet

## Pool deck access

Pool deck access is limited to marshaling for events, the officials and technical staff. Please do not stand in front of the recording area.

## For the guidance of competitors

- Swimmers must comply with signage on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Paddles and watches are not permitted to be worn during competition, warm-up or swim-down.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when asked to do so.
- Event(s) to be marshalled will be announced.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion, i.e. adjusting your block's kick position.
- Starts may be required to be 'over the top'. Competitors

will remain in their respective lanes until the next heat is started. Move quickly to the lane rope away from the wall once you have completed your heat.

- The pool is 8 lanes wide, but only be 6 lanes used for each event (2-7). Lanes 1 and 8 will be available for warm-up and swim down purposes.
- When asked to clear the pool lanes 2–4 will exit via the side at lane 1, and lanes 5–7 will exit via the side at lane 9.

## Self-Marshaling

Marshaling has changed due to the need for physical distancing. All swimmers will be required to self-marshall. The objective is to ensure the meet runs efficiently regarding swimmer movement with no swimmer missing their events. Swimmers and officials are to be physically distanced and minimize contact with surfaces. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Seating is no longer permitted in the marshaling area – in general there will be one seat per timekeeper, and there may be one seat behind for swimmers' use.
- No clothing or gear is to be taken to the blocks – if essential items are required they can be left in a storage zone near/in the marshaling area.
- Swimmers are responsible for knowing the event/heat/lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshaling area prior to their heat being called to the blocks will be deemed withdrawn.
- No more than two(2) heats of swimmers are permitted in the marshaling area including behind the blocks:
  - 50m events - 2 heats prior to the heat in the water
  - 100m events - 2 heats prior to the heat in the water
  - 200m events - 1 heat prior to the heat in the water
- Swimmers in 50m events need to be prepared to move quickly.
- The Self Marshaling Entry List and the Meet Program will be posted at the venue.
- The Marshal will be a helper who can verify a swimmers' position, answer questions, and direct heats to the





# Meet Details



blocks. The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.

## Other information

- MSQ will continually reassess meet details due to the evolving COVID-19 situation to ensure that swimmers' well-being is the highest priority.
- All clubs will be called on to assist with timekeeping throughout the meet.
- MSQ notes that the information provided is correct at the time of publishing, however, is subject to change.

## Contacts

Meet Director: [crofttony@ymail.com](mailto:crofttony@ymail.com)

Director of Recording: [recorder@mastersswimmingqld.org.au](mailto:recorder@mastersswimmingqld.org.au)

MSQ website: <https://mastersswimmingqld.org.au>

Quick Entry: <https://quickentry.mastersswimmingqld.org.au/>

Administrator MSQ: [admin@mastersswimmingqld.org.au](mailto:admin@mastersswimmingqld.org.au)

## Important dates

Entries open ..... July 2021

Closing date..... 20 August 2021

Entry list finalised ..... 22 August 2021

## Open Water Swim 29/08/21

The Townsville Open Water Swimming Association (TOWSA) will be hosting an open water swim on Sunday the 29<sup>th</sup> of August. There will be 2 distances, either 1.5km or 3km commencing from a Sealink Magnetic Island ferry and swimming to the iconic Strand Beach. Details are available on the TOWSA website: <https://www.towsa.com.au> and the entries will open on the 15<sup>th</sup> of August via their website.

