



**masters  
swimming**  
QUEENSLAND

Is pleased to present the



**GREAT BARRIER REEF  
MASTERS GAMES**  
**20-23 MAY 2021**  
*Cairns Australia*  
[www.gbrmg.com.au](http://www.gbrmg.com.au)

**Swimming to be held at the  
Tobruk Memorial Swimming Pool Cairns  
370 Sheridan Street, Cairns North  
20 – 22 May 2021**

**INFORMATION PROGRAM**

**Swim for Fitness, Fun & Friendship**

Sanctioned by: Masters Swimming Queensland – Sanction #: Q1/21

## Welcome

On behalf of the Masters Swimming Queensland (MSQ) Branch Management Board, I would like to welcome everyone to the 2021 swimming component of the Great Barrier Reef Masters Games.

MSQ is proud to host this event at the Tobruk Memorial Swimming Pool, Cairns. We welcome swimmers from throughout Australia and are proud to support Multi Class Swimming by offering classified swimmers the opportunity to be recognised in their classifications.

I wish to offer a special thank you to our Vice-President North, Ted Bunt, who has taken on the role of Meet Director for this event. MSQ are grateful to Ted and his club Cairns Clams for the time, dedication, and effort to help organise this event. We have enjoyed our coffee meetings all with lots of laughs.

Thank you also to all our officials who have travelled from throughout Queensland, Tasmania and Northern Territory, plus the local Swimming Queensland officials who will be officiating with us. Thank you to John Barrett, MSQ Director of Technical Services, for organising and looking after the team that make events like this happen.

Thank you to Kathy, Deb, and Alice from Far North Queensland Junior Swimming for taking on the role of recorders for this meet assisted by MSQ Systems Administrator David Findlay and to Martin Banks MSQ Director of Recording.

Our thanks to Kendell and her staff at the Tobruk Memorial Swimming Pool Cairns for their support throughout the planning and during the games. Also, to the Great Barrier Reef Masters Games, especially Sarah, for their dedication, encouragement, and support. Thank you to Category 5 Medics and the pool lifesavers.

I would like to wish everyone involved a happy and successful event. This is a great time to catch up with old friends and make new ones. I hope everyone builds treasured memories of fun and friendship, and that you will return in two years-time to defend your records and / or make new ones.

*Cheryl Brodribb*

President, Masters Swimming Queensland

## Venue

Tobruk Memoria Swimming Pool

370 Sheridan Street

Cairns North Queensland 4870

**Hosted by** Masters Swimming Queensland (MSQ) and host club Cairns Clams Masters Swimming.

Email: [admin@mastersswimmingqld.org.au](mailto:admin@mastersswimmingqld.org.au)

Website: [www.mastersswimmingqld.org.au](http://www.mastersswimmingqld.org.au)

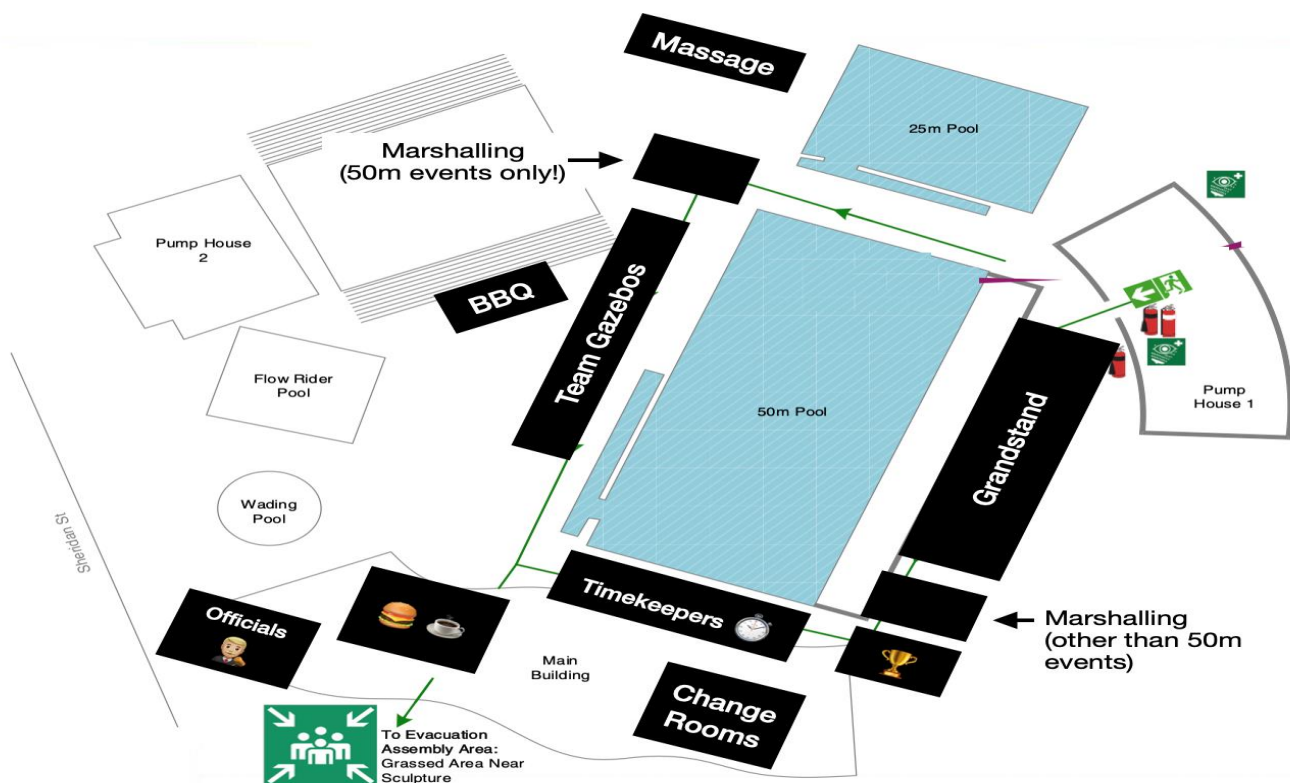
Facebook: MSQ Masters Swimming Queensland & mastersswimmingnq

Instagram: mastersswimmingnq

## Officials and Support Staff

Sports Coordinator	Cheryl Brodribb
Meet Director	Ted Bunt
Meet Referee	John Barrett
Masters Swimming Queensland President	Cheryl Brodribb
Meet Recorders	Kathy Hare, Deb Telford, and Alice Foote from FNQ Junior Swimming assisted by MSQ Systems Administrator David Findlay
Officials	John Barrett, Rob Lucas, Cheryl Brodribb, Viv Merrill, Ted Bunt, Laura Garner, Jose Tillema, Mendelt Tillema, Heather Butler, David Butler, Jason Salecich, Peter Clarke, Louise Nicholls, Anuschke Wilson, Paul Rousham.
Chief Marshall/s	Joel Little
Chief Timekeeper/s	Brian Brodribb
Check Starter/s	Ted Bunt
Announcer	Craig Needham
Medals	Christina Scolaro, Rose Milne
First Aid	Category 5 Medic and Tobruk Pool Lifeguards
Raffles / 100 Board	Cairns Clams

## Tobruk Pool Map



## COVID

To keep everyone safe and to comply with Queensland Government Health Directives this meet is operating under a COVID Safe Plan. To comply with this plan ALL attendees are required to abide by the following guidelines and accept the [MSQ COVID-19 Terms and condition of Entry and attendance at Events](#). Your co-operation in this matter is greatly appreciated.

### Attendance:

You must not attend if, in the previous 14 days you visited any of the venues listed as close contact sites at the times and dates specified on the Queensland Health website (<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/contact-tracing>). This includes interstate exposure venue sites.

In addition, you must NOT attend if you:

- Are unwell
- Have been in close contact with a known active case of COVID-19
- Have COVID-19 symptoms
- Have travelled overseas in the previous 14 days
- Have been to a declared COVID-19 hotspot in the previous 14 days

### Contact tracing:

Each day, on arrival at the venue you must scan in using the venue's QR code and provide accurate details for contract tracing purposes.

### Designated seating:

All states, except North Queensland Region, have been allocated designated seating areas within the grandstand (see venue map). Please sit in the relevant state area for your club. Competitors from North Queensland Region are to sit in the marquees (see venue map). Please remain in your designated seating area unless marshalling, swimming, timekeeping or utilising the facilities. Spectators may sit with you in your designated area if capacity limits are maintained. Please do not linger in the marshalling areas or other communal areas.

### General conduct:

Whilst at the venue you must:

- Comply with all venue capacity and directional signage and follow any directions given by venue staff and meet organisers
- Practice good hygiene good, including washing/sanitising hands often and covering coughs and sneezes
- Maintain physical distancing of 1.5m whenever possible
- Limit the sharing of equipment and where this is not possible (e.g., stopwatches for timekeepers) sanitise equipment, with the wipes provided, between users

### Days of Competition – please note change of start time for Thursday

Thursday 20 <sup>th</sup> May	Warm up: Starting time:	12 noon - 1240 12.45pm
Friday 21 <sup>st</sup> May	Warm up: Starting time:	7.30am – 8.15am 8.30am
Saturday 22 <sup>nd</sup> May	Warm up: Starting time:	7.30am – 8.15am 8.30am

## INFORMATION FOR COMPETITORS

### Swim Program

First Session – Thursday 20 May 2021	Second Session – Friday 21 May 2021	Third Session Saturday 22 May 2021
1 400m Individual Medley	7 100m Backstroke	17 50m Butterfly
2 400m Breaststroke	6 200m Individual Medley	18 100m Breaststroke
3 400m Butterfly	8 50m Breaststroke	19 50m Freestyle
4 400m Backstroke	9 100m Freestyle	20 200m Backstroke
5 400m Freestyle	10 50m Backstroke	21 200m Butterfly
	11 100m Butterfly	22 4 x 50m Women's Freestyle Relay
	12 200m Breaststroke	23 4 x 50m Men's Freestyle Relay
	13 200m Freestyle	24 4 x 50m Mixed Medley Relay
	14 4 x 50m Women's Medley Relay	
	15 4 x 50m Men's Medley relay	
	16 4 x 50m Mixed Freestyle Relay	

Please check your events once they are posted, to ensure that your entries are correct. Where it is felt that your nominations have been recorded incorrectly, you should bring this to the attention of the Director of Recording, [recorder@mastersswimmingqld.org.au](mailto:recorder@mastersswimmingqld.org.au) prior to the Games or to the enquiries table at the Games as soon as possible.

### Marshalling - 400m Events Only

Please check in with the marshal at least 10 minutes prior to your event for all 400m swims.

### Self-Marshalling for all other events

Marshalling has changed due to the need for physical distancing. All swimmers will be required to self-marshal. The objective is to ensure the meet runs efficiently regarding swimmer movement with no swimmer missing their events. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Seating is no longer permitted in the marshalling area – in general there will be one seat per timekeeper, and there may be one seat behind for swimmers' use.
- No clothing or gear is to be taken to the blocks – if essential items are required, they can be left in a storage zone near/in the marshalling area.
- Swimmers are responsible for knowing the event/heat/lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshalling area prior to their heat being called to the blocks will be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshalling area including behind the blocks:
  - 50m events - 4 heats prior to the heat in the water
  - 100m events - 4 heats prior to the heat in the water
  - 200m events - 3 heats prior to the heat in the water
  - 400m events - 2 heats prior to the heat in the water
- Swimmers in 50m events need to be prepared to move quickly.
- Swimmers in 400m events should be prepared to report early to the marshalling area as heats may be combined to save time.
- The Self Marshalling Entry List should be emailed to swimmers and published at least two days prior to the meet.
- The Self Marshalling Entry List and the Meet Program will be posted at the venue.

- The Marshal will be a helper who can verify a swimmers' position answer questions, and direct heats to the Check Starter. The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.
- Please stand behind the timekeepers until the completion of the previous heat.

## Events

Heats will be swum fastest to slowest. The fastest seeded heat will be heat one (1) of each event.

## Starts

At the discretion of the Meet Referee, starts may be affected over the top of the previous heat. Where this is the case, the swimmers from the previous heat are to remain in the water, and to move to one side of the lane until directed by an Official to exit the pool. Most events at this swim meet will be over the top starts.

## Exiting the Pool

Lanes 0 – 9 will be used for swimming. When exiting the pool lanes **0 – 4 please exit via lane 0** and lanes **5 – 9 please exist via lane 9**. Please do not exit over the end of the pool.

## Timekeeping

Start times are dependent upon enough timekeepers being in place for the first event of each day.

We will have some permanent timekeepers, but we ask that all participating clubs and visiting swimmers assist with timekeeping please to help with the smooth running of the swim meet. Ideally no calls for timekeepers will have to be made during the swim meet. Allocated lanes:

- Lane 0 - Victoria
- Lane 1 – Tasmania, WA, ACT, SA
- Lane 2 – NT, Barbarians
- Lane 3 – North Queensland Region
- Lane 4 – Queensland Central Region
- Lane 5 – Queensland Sunshine Region
- Lane 6 – Queensland South Region
- Lane 7 – Non-Masters Members
- Lane 8 – NSW
- Lane 9 – Permanent Timekeepers

## Timekeepers please note:

- Do not respond to swimmers' questions relating to their recorded time – this only delays the meet and if only one time is given it may be the incorrect time.
- Ensure that the swimmer is the person as described on the time sheet.
- If using stop watches and your stopwatch malfunctions, please advise the Chief Timekeeper immediately.

## Timing Equipment

We are using the Swiss Quantum – Electronic Timekeeping System. However, we will still require two timekeepers for each lane. Announcements about the timekeeping procedure will be made at the start of each day's competition.

## Swimming Rules

The following rules shall apply as at the close of nominations:

MSA Competition rules:

<https://mastersswimming.org.au/rules-and-policies/>

## Swimwear Rules

The following rules shall apply as at the close of nominations:

[MSA-Swimwear-Rules-updated-2020.pdf \(mastersswimming.org.au\)](#)

## Warm-up & Cool down Facilities

On Thursday, the main pool will be available for warm-up from 12 noon. The main pool is to be vacated by 12:40 pm for the start of the swim meet. On both Friday and Saturday, the main pool will be available for warmup from 7:30am. The main pool is to be vacated by 8:15am each of these days for the start of the swim meet. During the swim meet the 25m pool will be available with three lanes roped off for Masters' use. Entry is FEET FIRST only – NO DIVING.

Please ensure you take note of any signage regarding the swim stroke permitted in each warm-up/cool down lane of the main pool. Under no circumstances is diving permitted in the 25m pool, but diving is permitted only in designated lanes of the main pool prior to the commencement of the swim meet. Supervisors will be on duty to remind competitors of their obligations. Warm up procedures and signage may change during the swim meet at the discretion of the lane supervisors to suit the needs of the program. All entries are always to be feet first plunge with diving prohibited, except for warm-up prior to the commencement of each day's swim program and only in the designated lane.

## Records

- World records will not be recognised as multi-sport Masters' Games are not a FINA event.
- Any swimmer may break a Great Barrier Reef Masters Games Record.
- Any Masters Swimming Queensland member may break Queensland Records and National Records.
- Any Masters Swimming Australia member may break their respective State Records and National Records

## Relay Events

Relay nominations may be submitted daily and handed to the Medal table by 10am each day. **NO LATE ENTRIES WILL BE ACCEPTED.** Club teams and non-Masters' swimmers are eligible for relay events. Relay Forms will be available at the medal table each day. Swimmers may only enter one team per relay event. The cost is \$20 per team and to be paid in total when submitting nominations. PayPal, MasterCard, or Visa Card payments will be accepted on the day.

**All swimmers who have been nominated for a relay team must have also swum in at least one individual event.**

Note, that with electronic timing, the order of swimmers in each event is critical. Any changes to a relay team, after they have been lodged, are at the discretion of the Meet Director and this decision shall be final.

## Protests

Protests on swim results must be made in writing and submitted to the Meet Director within a half hour of posting the Provisional Results. Protests are to be made on the official form which is available from the medal table. A protest carries a fee of \$10 which is refunded if the protest is upheld. The fee must be paid when collecting the protest form.

## Results

Provisional Results will be posted as soon as practicable after the completion of each event. **These results will be marked as Final once a minimum of 30 minutes has expired**, and after protests (if any) have been resolved. Results will be posted daily at the pool. Medal collection for any event shall not be available until the results, as posted, are marked FINAL. Results will also be live on the Meet Mobile application downloaded to your chosen device. Results will be posted daily on the MSQ website results portal.

## Medals

Medals may be collected from the medal table. Due to COVID your name will be marked off when collecting your medal/s. Uncollected medals will not be mailed unless a self-stamped addressed envelope is provided.

Medals will be awarded to all age groups, men, and women, plus Multi Class classification for individual events. Medals will be awarded to all relay age groups, to all four swimmers, for men's, women's, and mixed relay events.

## Presentations Saturday

Presentation of awards will be announced on Saturday afternoon, approximately 30 minutes after the last event. Tobruk Pool is a licensed venue and will have a bar for the sale of drinks and packets of nibbles from mid- afternoon Saturday. Due to COVID we are unable to have bowls of mixed nuts and chips at the bar.

## Major Awards

Male swimmer of the Meet  
Female swimmer of the meet.

## Pool Deck Access

Pool deck access is limited to marshalling for events. **The Officials, Recorder, Media, Photographers and Announcing areas are OFF LIMITS to competitors and spectators.** Any queries please assist by talking to Ted Bunt (Meet Director), Cheryl Brodribb (Sports Coordinator), Joel Little (Chief Marshal).

## Parking

Parking is available in the car park area at the side and rear of the pool. Please follow all road signage.

## Seating

The grandstand has seating for 420 people. You are welcome to display your club banner. Due to COVID we will allocate seating in the grandstand and with marquees at the side of the pool opposite the grandstand.

## Covid Seating plan to comply with COVID regulations

**Tobruk Pool**  
**Not to scale.**

50m Self  
Marshalling  
Area

**Marquees**

**Marquee  
#3**

Muddies  
Atherton  
Malanda

**Marquee  
#2**

Bunna-burra  
Clams  
Port Cyclones  
Mossman

**Marquee  
#1**

T'ville Rats  
Aquaholics  
Long Tan

50m  
Pool

**Grandstand**

South Qld Region  
All Rows

Sunshine Coast Region  
All rows

Central Region Qld Rows 1-30  
Tasmania Rows 34-40  
SA rows 44 - 50  
Barbarians rows 54  
onwards

Non-Masters  
All Row

NSW Rows 1 - 50  
ACT Rows 52 plus

Victoria Rows 1-30  
Northern Territory, Alice Rows 32-50  
WA Rows 52 plus

100m+ Events  
Self-Marshalling Area

Medal Table  
Relay Forms

Recorders

Wave Rider

Timekeepers

Amenities & Change Rooms

Mushroom  
Pool

Tables and  
chairs  
for Swell  
Café

Swell Café

Private  
Room

Officials  
Room

Entry

## **Sunscreen**

Please ensure that you have your sunscreen.

## **Massage**

'At Ease Natural Therapies' will be on-site for massage throughout the meet. Karen will look after all bookings and fees - \$15 for 15 minutes. The massage tent will be located at the northern end of the grandstand, across from the 25m pool.

## **Photographer / Video Operators**

Great Barrier Reef Masters Games will have photographers attending all sports and MSQ will have a photographer on the Friday. Photographers will be recognised by their Hi Vis vests.

By nominating for this meet, swimmers agree that they may be photographed or videoed by GBRMG and MSQ approved photographers, and that photos and / or videos may be used by GBRMG and MSQ at their discretion.

## **QR Code**

Please do not use the QR at the entrance, QR codes will be placed in various locations at Tobruk Memorial Swimming pool and please make sure you sign in each day. Make sure you have the QR code on your phone or tablet / iPad – thank you.

## **Catering**

The Tobruk Memorial Swimming Pool "Swell Café" is available throughout the swim meet:

- A variety of well-priced hot and cold foods plus cakes, slices, biscuits, and fruit will be available.
- Tea, coffee, cold drinks, lollies, and ice-creams are also available.

Breakfast specials will be available from 7am – 11.30am including Muesli, Egg & Bacon roll, BLT, Banana Bread toasted with butter, Fruit Toast with butter & cinnamon sugar.

Lunch specials will also be offered from 1200 – 4pm including Chicken Greek salad, Grilled chicken burger, Beef burger, Fish & Chips, Nuggets & Chips, plus Tobruk staff will operate a B.B.Q on Friday and Saturday which will include salad and a cold drink in the price.

## **Raffles**

Cairns Clams Masters Swimming Club will be holding raffles and a \$100 board during the three-day event. Tickets will be available at the raffle table.

## **First Aid**

First Aid facilities will be available by Category 5 Medics and the Tobruk Pool Lifeguards. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

## **Emergency Evacuation**

In case of an emergency evacuation, you will be directed to go to the "emergency entrance" at the double gates at the front entrance of the pool on the south-western boundary of the pool complex (the main pool entry). If asked to evacuate please do so immediately.

## Liability Release

By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director, Great Barrier Reef Masters Games, Tobruk Memorial Swimming Pool and Maters Swimming Queensland to take whatever action is deemed necessary in the event of an emergency and the swimmer must accept responsibility for all costs arising from such action.

## Thank you.

The Great Barrier Reef Masters Games and Masters Swimming Queensland would like to thank everyone for their attendance at the swimming component of the 2021 Great Barrier Reef Masters Games. A swim meet of this magnitude requires many hours of dedicated work to plan, set up, run, and clean up. To all who have helped in any way, great or small, we say "THANK YOU VERY MUCH".

We hope you will come back in two years' time to defend your record/s and/or set new records. We thank you for supporting the games and wish you all a safe trip home.

**Thank you to our Major Sponsors, Chemist Warehouse Cairns. Your support is greatly appreciated.**



**Our sincere thanks to our supporters, which is greatly appreciated.**



Rydges Esplanade Resort Cairns



Thank you to all who have donated prizes for our raffles.