

Meet Information for Attendees to the MSQ Prep Meet at Palm Beach

We look forward to welcoming you to the MSQ Prep Meet at the Palm Beach Aquatic Centre on Sunday. Please find attached details you will need, including:

- Meet Guide
- Self-marshalling Start List
- Program
- Timeline
- Time keeping roster

Clubs are requested to assist with timekeeping on the day, and a roster has been attached to assist with this. Please ensure you have 2 timekeepers on your lane at the requested times. You will also find attached your self-marshaling start list. This will specify the heat, and lane for each event for each swimmer. For example:

University of Queensland Masters

1 Banks, Martin - Male - Age: 53 - ID#: 787170 - Ind/Rel: 4 / 0

#2 Mixed 50 Breast 35.28 1/4

This indicates that the above swimmer is in:

- Event 2 - 50 Breast, with entry time of 35.28
- Heat 1
- Lane 4

At the meet you will then need to:

- Know where the meet is currently at by listening to the announcer
- Present yourself to the marshaling area no more than four heats ahead of the current race in the water
- A marshal will be there only to assist if you need it
- Watch the heats before you move forward and race
- Stand behind the block when the heat before you starts their race
- A check starter will check you are in the correct lane - you can also ask the timekeeper if you are in the correct place

Parking: There are three areas for parking, either on the street, in the venue car park, or around the back in the staff car park. The staff car park is best if you have a club tent to drop off via the back gate.

Venue Map: Please see attached.

The meet will be run under an industry COVID Safe Plan. To comply with this plan ALL attendees are required to:

- Scan in on entry using the venue's QR code.
- Practice good hygiene good, including washing/sanitising hands often and covering coughs and sneezes
- Maintain physical distancing of 1.5m when not in the pool
- Comply with all venue capacity and directional signage and follow any directions given by venue staff and meet organisers

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- Not share food and drink and limit the sharing of equipment
- NOT attend if they:
 - Are unwell
 - Have been in close contact with a known active case of COVID-19
 - Have COVID-19 symptoms
 - Have travelled overseas in the previous 14 days
 - Have been to a declared COVID-19 hotspot in the previous 14 days

Upon arrival, clubs will be directed to a specific location within the grass area (see attached map) where they can erect club tents. In the event of adverse weather, the use of tents will be at the discretion of venue management. Tents may be dropped off at the back gate (see attached map), however, all attendees must ensure that they scan in on the venue's QR code available at the main entrance. Competitors and spectators are to sit in their designated club tents/areas unless marshalling, swimming, timekeeping or utilising the facilities. Competitors should not linger in the marshalling areas or other communal areas.

Your help in assisting us to run a COVID-safe event is greatly appreciated. We are looking forward to returning to racing and having some fun. See you all there!