



# 2021 Masters Swimming Queensland Long Course Championships



Kawana Waters Aquatic Centre  
45 Sportsmans Parade, Bokarina QLD 4575  
9-11 April 2021



MSQ Sanction Meet Number: Q1/21  
Hosted by Sunshine Coast Masters  
Proudly sponsored by Funky Trunks and Funkita

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**MEET GUIDE**

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# Event Details

## Eligibility

This championship meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. International swimmers who are current members of their National Masters Swimming Federation may also compete. International swimmers and teams must supply proof of their current membership.

All non-Queensland swimmers are visitors and will be identified with (V) in program lists and results.

## Age

Age as at the 31 December 2021. Minimum age is 18 years at day 1 of competition.

## Entry fees

All entrants must pay the nomination fee online as directed by Quick Entry.

Swimmers may enter six (6) individual events for \$60.

Relay entries are \$20 per team per event.

## Entries

Entries are to be submitted via Quick Entry located on the MSQ website. Entries will open in February 2021. The closing date for individual entries is 27 March 2021.

Relay entries are to be submitted online also via Quick Entry using the Club Relay Teams link, and will remain open until Sunday 4 April 2021. All clubs entering relays are to nominate a Club Captain for coordination and communication purposes.

Interstate and International Masters members are invited to enter directly at [quickentry.mastersswimmingqld.org.au](http://quickentry.mastersswimmingqld.org.au). We will process your entry as quickly as possible and contact you if any further information is required.

## Events

Please note: Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event.

All events will be conducted as timed finals. Starts will be 'over the top' where possible.

400m form stroke events are to be swum as programmed i.e. a 400m form stroke cannot be swum in the 400m freestyle.

The 800 Freestyle will be swum as Freestyle only – no form.

## Qualifying times

There are no qualifying times required currently. You must

submit a time for each event entered, preferably your personal best from the previous two (2) years. Entering 'no time' (NT) is not permitted for this championship event.

## Entry List and Timeline

The entry list will be available on the event page of the MSQ website on 29 March 2021. All competitors must check their entries thoroughly and submit discrepancies to the Director of Recording by Thursday 1st April, 2021.

The timeline for this meet will be published on the event page of the MSQ website on or before 7 April 2021.

## Late entries

All entries submitted after the closing date will incur a late nomination fee of \$20.00 per event. Late entries will be accepted in the timing room up until one (1) hour before the commencement of the first day of competition. Late entries are subject to lane availability in the event, and may result in swimmers being entered in the slowest heat.

## Multi Class events

Multi Class events will be conducted within the full program and will be awarded medals according to the age group and gender category in each classification. Details of disability classification must be provided (if not currently on MSQ file) prior to the commencement of the first day of competition. Multi Class events will not be using the Multi Class point score system for this meet.

## Rules

All Masters Swimming Queensland rules, Masters Swimming Australia and FINA Swimming Rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/Masters Swimming Queensland/Kawana Aquatic Centre Management to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

## COVID-Safe Meet Information

To comply with Queensland Government regulations for the running of COVID-Safe Events, all nominees must confirm they agree to the below:

- [COVID-19 Terms and Conditions](#)
- [Meet Information for Attendees](#)



# Event Details

## Tickets and programs

Entry to this meet is free for spectators – no tickets are required.

Programs will be available for online download prior to and during the meet. Programs made available before the day of competition will be draft and are subject to change without notice. Final programs for the day will be posted at the venue on the morning of each session, and made available online. This will allow for re-seeding of events, or heat and lane allocation changes on the day of competition if required. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

## Warm-up start time

Warm-up for each session will commence in the 50m pool at 8:00AM with lanes 0 to 7 closing at 8:45AM. Lanes 8 and 9 will remain open throughout the duration of each session for warm-up and swim down. Competition will commence at 9:00AM. Please follow the directions of officials.

## Results

Live results will be made available for this meet via the Meet Mobile application downloaded to your chosen device. Results will be posted at the venue soon after the completion of each event. Daily results will be updated to the MSA Portal, and a PDF results file will be published to the MSQ website.

## Medals

Medals will be awarded to all age groups, Multi Class classifications, men and women, for all individual events:

18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100-104

Medals will be awarded to all age groups, all four swimmers, men's, women's, and mixed for all relay events:

72-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-400

Visiting swimmers, identified with (V), will be awarded medals for overall placings. Queensland swimmers will be awarded medals based on Queensland placings for each event.

## Records

World records will not be recognised at this event. Any MSQ member may break Queensland and Australian records. Any MSA member may break their respective state and Australian records.

## Major meet awards

Awards will be presented at the conclusion of this meet:

- Funky Trunks Male Swimmer of the Meet
- Funkita Female Swimmer of the Meet
- Best Swimmer 18 – 29 Years
- Best Swimmer 30 – 49 Years
- Best Swimmer 50 – 69 Years
- Best Swimmer 70+ Years
- Mary Maina Trophy – Highest Ave Points – Small Club
- Max Gillespie Trophy – Highest Ave Points – Large Club
- George Coronos Trophy – Highest Club Points
- Jenny Mack Trophy – Highest combined points for the 100m and 200m Breaststroke events
- Club Relay award – highest total club points in relay events

Please note that individual awards are calculated using the sum of your best 5 swims using FINA points. Club and relay awards are calculated using the standard point scoring scheme: 10, 9, 8, 7, 6, 5, 4, 3, 2, 1, then 1 point down to 16th place for individuals, and 20, 18, 16, 14, 12, 10, 8, 6, 4, 2, then 2 points down to 16th place for relays.

All swimmers, Queensland and visitors, are eligible to score points and win awards.

## Pool deck access

Pool deck access is limited to marshaling for events, the officials and technical staff. Please do not stand in front of the recording area.

## Protests

Protests must be made in writing on the official form and submitted to the Meet Director within a half hour of posting the provisional results.

## Photo/video release

By nominating for this meet, swimmers agree that they may be photographed or videoed by MSQ's approved photographer and that the photos and videos may be used by MSQ at its discretion.

# Event Details

## Relays

Only club relays are allowed. No composite teams. Relays shall consist of four swimmers each registered with the same club.

No swimmer is allowed to represent more than one club.

It is preferable that all clubs captains complete relay nominations and payments online by Sunday 4 April 2021.

There is no limit on the number of teams a club may enter in any age group. All teams may score points.

Swimmers must enter at least one individual event to be eligible to swim in a relay team. A swimmer may only swim a particular relay event once. Relays are to be swum in the order swimmers are nominated in their entry. Mixed relays must consist of two (2) males and two (2) females. The order of swimmers by gender is optional in mixed relays.

If on the day of the event a nominated swimmer cannot swim a relay due to unforeseen circumstances such as illness, a club may, at the discretion of the Meet Director and/or the MSQ Director of Recording, in advance of the event, substitute another swimmer from the same club, provided the team remains in the same age category.

## For the guidance of competitors

- Swimmers must comply with signage on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Paddles and watches are not permitted to be worn during competition, warm-up or swim-down.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when asked to do so.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started, or asked to leave the water. Move quickly to the lane rope away from the wall once you have completed your heat.

## Self Marshaling:

Marshaling has changed due to the need for physical distancing. All swimmers will be required to self-marshall. The objective is to ensure the meet runs efficiently regarding swimmer movement with no swimmer missing their events. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Seating is no longer permitted in the marshaling area – in general there will be one seat per timekeeper, and there may be one seat behind for swimmers' use.

- No clothing or gear is to be taken to the blocks – if essential items are required they can be left in a storage zone near/in the marshaling area.
- Swimmers are responsible for knowing the event/heat/lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshaling area prior to their heat being called to the blocks will be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshaling area including behind the blocks:
  - 25m events - 4 heats prior to the heat in the water
  - 50m events - 4 heats prior to the heat in the water
  - 100m events - 4 heats prior to the heat in the water
  - 200m events - 3 heats prior to the heat in the water
  - 400m events - 2 heats prior to the heat in the water
  - 800m and 1500m events - 1 heat prior to the heat in the water.
- The Self Marshaling Entry List should be emailed to swimmers and published at least two days prior to the meet.
- The Self Marshaling Entry List and the Meet Program will be posted at the venue.
- Swimmers in the 400m and 800m events should be prepared to report early to the marshaling area as heats may be combined to save time.

## Contacts:

Administrator MSQ: [admin@mastersswimmingqld.org.au](mailto:admin@mastersswimmingqld.org.au)

Meet Director: [president@mastersswimmingqld.org.au](mailto:president@mastersswimmingqld.org.au)

Director of Recording: [recorder@mastersswimmingqld.org.au](mailto:recorder@mastersswimmingqld.org.au)

MSQ website: <https://mastersswimmingqld.org.au>

Quick Entry: <https://quickenry.mastersswimmingqld.org.au/>

## Important dates

Entries open .....	February 2021
Individual closing date.....	27 March 2021
Entry list available .....	29 March 2021
Entry list finalised .....	2 April 2021
Relay closing date.....	4 April 2021
Draft timeline available .....	7 April 2021

# Program of Events

A total of six (6) individual events may be entered

**Friday 9 April 2021**

**First Session**

**Competition Start Time: 9:00am**

Event	Distance	Stroke
1.	50m	Freestyle
2.	100m	Breaststroke
3.	400m	Butterfly
4.	200m	Freestyle
5.	50m	Backstroke
6.	400m	Individual Medley
7.	4 x 50m	Women's Medley Relay
8.	4 x 50m	Men's Medley Relay
9.	4 x 100m	Women's Freestyle Relay
10.	4 x 100m	Men's Freestyle Relay

**Saturday 10 April 2021**

**Second Session**

**Competition Start Time: 9:00am**

Event	Distance	Stroke
11.	800m	Freestyle
12.	50m	Breaststroke
13.	100m	Butterfly
14.	200m	Backstroke
15.	200m	Breaststroke
16.	400m	Freestyle

**Sunday 11 April 2021**

**Third Session**

**Competition Start Time: 9:00am**

Event	Distance	Stroke
17.	100m	Backstroke
18.	200m	Butterfly
19.	100m	Freestyle
20.	200m	Individual Medley
21.	400m	Backstroke
22.	50m	Butterfly
23.	400m	Breaststroke
24.	4 x 50m	Mixed Medley Relay
25.	4 x 50m	Mixed Freestyle Relay

# More Details

## Presentation function

A presentation function will follow the conclusion of the final day of events (Sunday 11 April), and will be on location in the Kawana Aquatic Centre grounds. The band, Girl Friday, will entertain swimmers whilst the awards are tallied. This is a complimentary function for all MSQ members. Please indicate your intention to attend with meet entry.

## Saturday night social

Sunshine Coast Masters will be hosting a social event on Saturday 10 April from 6:30pm at Kawana Surf Club. The band, Crystal Image Duo, will be playing tunes from the 60s, 70s and 80s and finger food will be provided. Tickets are \$25 per person and will be available to purchase when entering online.

## Merchandise

A limited edition commemorative t-shirt will be available to purchase at the time of entry for \$30. Don't miss out on this quality grey marle t-shirt manufactured from 85% cotton 15% viscose – guaranteed to last and impress.

Shirt sizes available:	XS	S	M	L	XL	2XL	3XL
Guide – half chest (cm)	50	54	56	58	62	66	71



LOGOS approx 90mm wide on LEFT CHEST  
280mm wide on BACK (dependent on  
sizes of shirts ordered)

Funky Trunks & Funkita have designed a very funky commemorative silicone swim cap for these State Championships. The first 250 entrants will receive one free of charge. Thank you Funky Trunks and Funkita!



## Event photography/videography

Filmmaker Nicole McCuaig will film various shots around the event including the pool, marshalling area, and club tents. Shots will include races, people cheering teammates, and some interviews. Nicole will then produce a Masters Highlights Video that will be made available to MSQ.

## Meet Mobile Swim App

The Meet Mobile application (app) displays meet results in real time as data is received during meets from the recording desk (one heat at a time). As swimming clubs and organisations cease providing paper programs, Meet Mobile is the ideal replacement, and can be used for any meet you can search across the world.

- This app has the ability to display programs, timelines, team scores, entry times and results;
- You can search swim meets from all over the world or in just your local area to follow the action live, as it unfolds;
- In addition to real time results, see pre-race rankings, standings, and heat/lane assignments as they become available. You will see individual and team scores;
- Follow your favourite swimmers and/or teams as "favorites" and then easily filter down to see both completed results and upcoming schedule;
- Available on Android and iPhone devices;
- Cost is between \$6 and \$10 per year.

## Accommodation

Please see separate [accommodation guide](#) on website event page.

## Bad weather

If the meet is affected by storms, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and Swimming Centre staff. No refund of entry fees will occur under such circumstances.

## Parking

The complex carpark will not be available for MSQ use during the meet. States competitors will have street parking, the school parking adjacent to the KAC carpark and the Stadium parking available. Please see map below for details.



# More Details



## Venue

This meet will be held in the competition pool with 8 lanes used for competition and two for warm up/swim down in the same pool. Please remember sunscreen and hats.

Clubs will be assigned an area to erect a shade tent.

The Kawana Aquatic Centre will remain open to the public during the swim meet. Please respect patrons as they utilise the other areas of the venue.

Please note that bathroom facilities are limited, so we suggest you shower/change at your accommodation where possible.

## Masseuse

Body and Beauty by Emma will be on location and available for massage. Bookings will be \$11 per 10 minutes. EFT and cash will be accepted.

## Refreshments

The pool kiosk sells drinks and some limited food options. Sunshine Coast Masters will be selling sandwiches and fruit.

## First aid

First aid services will be provided by Sunshine Coast First Aid and the Kawana Aquatic Centre pool staff. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

## Emergency evacuation

In case of an emergency evacuation, you will be directed to go to the appropriate 'emergency exit' for the pool complex. If asked to evacuate please do so immediately.

## Raffles

Sunshine Coast Masters Swimming Club will be holding raffles on the Friday and Saturday with plenty of great prizes to be won. Tickets will be available at the raffle table.

## Sponsors

Funky Trunks & Funkita

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# More Details

A big thank you to our very generous major sponsors Funky Trunks & Funkita!

