

Masters duo inspires fellow members



Olga and Bob McCausland lead the way for Masters swimmers in the Noosa AUSSI Challengers swim club

Mastering swimming

with
Tony Frost

Noosa AUSSI Challengers



WHEN a club is in its formative years, it is usually dependent on the enthusiasm of its members to get it up and running. Noosa AUSSI Challengers, founded shortly after the opening of the Noosa Aquatic Centre in 1999, certainly has several of these.

To acquire new members with previous experience is a bonus. Two such members are

Bob and Olga McCausland, who have been the backbone (with Barrie Bedding) of our aerobic swimming programme. Their continual encouragement, perseverance and support has produced some amazing efforts by many of our members.

Bob and Olga joined us in 2000, having transferred from the Mackay Manta Masters Swimming Club where they were members since the club was founded in 1983. Their move to Noosa was to spend their twilight years with their children and grandchildren.

There could not be more contrasting backgrounds to Bob and Olga's entry into the world of AUSSI Masters swimming.

Bob has been a proficient swimmer since he was thrown into the Tweed River, Murwillumbah, by the father of a friend and neighbour with a directive to "sink or swim". The 12-

year-old survived this old-fashioned initiation and went on to be the local swim club and school champion before gaining his bronze medallion at Fingal Rovers Surf Life Saving Club in 1946.

Olga, born and bred in the New South Wales mid-north coast town of Bellingen, could barely swim 10 metres when she joined Mackay Mantas with Bob. Within five years, Olga held nine Queensland records for distances up to 5000 metres.

Today, in Noosa, Bob and Olga are still proficient swimmers and are always willing to put their laps aside and help their fellow members to achieve their goals and to enjoy their swimming. Thanks Bob and Olga.

If you are interested in joining us at Noosa AUSSI Challengers, please telephone Joyce on 5455 6120.