

## 50m POSTAL SWIM FORM

Swimmer's Name:			Club:	
Date of Postal Swim://			SC 🗆 LC 🗆	
Name of Swim Meet:			Date of Meet://	
Tick ( $$ ) the relevant stroke:				
	50m Freestyle		50m Backstroke	
	50m Breaststroke		50m Butterfly	

	Time
50m	
Official Time	

A postal swim must be done under the supervision of a club member with knowledge of the rules of swimming to verify that strokes and turns were executed in accordance with the Masters' rules. The timekeeper must record splits and the final time on this form. They are to sign the entry form to acknowledge the swim was performed correctly, and that timing was accurate.

Timekeeper:

Signature: \_\_\_\_\_