

# **Annual Report**

2019

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#### Masters Swimming in Australia, Queensland Branch Inc. Trading as

# Masters Swimming Queensland Inc.

Under Business Names Act 1962-1990 Section 7 (4)
Business Number BN6091623

The Masters Swimming Purpose is "To encourage adults regardless of age or ability to swim regularly in order to promote fitness and improve general health"

Incorporated in Queensland on the first day of November 1988 under the Queensland Associations Incorporation Act of 1981

under the Queensland Associations Incorporation Act of 1981		
Incorporation number:	4901	
Australian Business Number:	15 804 399 838	
Business Address	PO Box 1279 CAPALABA 4157	
Phone:	0419 955 011	
Email:	admin@mastersswimmingqld.org.au	
Website:	www.mastersswimmingqld.org.au	
Facebook:	www.facebook.com/MastersSwimmingQueensland	
Office Hours:	Monday - Friday 9.00 am to 4.00 pm	
Affiliations:	Masters Swimming in Australia Inc. Q Sport – Sports Federation of Qld Inc. Swimming Queensland National Officiating Program Australian Coaching Council FINA	

**Swimming Queensland** 

**Funding:** 



# 2019 Branch Management Board

President	Shane Knight
Treasurer	Julie Bott
Vice President (North)	Cheryl Brodribb
(Central)	Patricia O'Brien-Price
(Sunshine)	Fernando Claro
(South)	Susanne Milenkevich
Director of Recording	David Findlay
Director of Technical Services	John Barrett
Director of Risk Management	Therese Crollick
Director of Coaching Services	Sean Williams and Simon Watkins

# Appointees and Staff Christina Scolaro / MSA

Registrar	Christina Scolaro / MSA	
Minutes Secretary	Cheryl Brodribb	
Administrator	Christina Scolaro	

# Life Members

Max Gillespie (deceased)	QSM
Mary Sweeney	QBN
David Ryan	QBN
Rob Lucas	QNA
Derek Coghill	QSC
Ken Liddy	QTT
Stan Pearson	QCD
Therese Crollick	QTR
John Barrett	QRT

# 2019 Queensland Masters Affiliated Swimming Clubs

In 2019 there were 48 clubs registered with Masters Swimming Queensland with a total of 1219 members

North Region: 10 Central: 6 Sunshine: 15 South: 16

MSQ: 1

#### **NORTH REGION CENTRAL REGION SUNSHINE REGION SOUTH REGION Atherton Mountaineers** Albany Creek **Brisbane Southside** Caribeae Rocky Crocs Cairns Mudcrabs **Gladstone Gropers** Aqualicious Element Cairns Clams Hervey Bay Brisbane Northside **EMF Gold Coast** Long Tan Legends Humpbacks Caboolture & District Masters Mareeba Masters Maryborough Masters Commercial Swim Club **Emmanuel College** Malanda Aquatic **North Mackay Sinkers Cotton Tree Masters Ipswich City** Dragons **Rum City Masters Genesis Aquatics** Logan Aquatic Rats of Tobruk Indooroopilly Manly Brisbane **Townsville Aquaholics Noosa Masters** Miami Masters Townsville Nudgee College Redlands Bayside Hammerheads Rackley Swim Team **River City Rapids** Whitsunday Warriors Redcliffe Peninsula Somerset **Sunshine Coast** Toowoomba Tadpoles **Trinity Lismore** University of Qld **Uni Wahoos** Turbo Jets **Twin Towns** Yeronga Yabbies

MSQ Virtual Club: Barbarians

New Clubs: Townsville Hammerheads (North), Gullivers Masters (South), Emmanuel College

(South)

Clubs Closing: Commercial Swim Club (Sunshine), Turbo Jets (Sunshine) and Uni Wahoos

(Sunshine)

# **Branch Management Board Reports**

## President's Report: Shane Knight

One of my primary reasons for taking on the President's role was to involve and communicate with our clubs as much as possible. It was always top of my agenda as President. I worked really hard on this and developed a great relationship with many clubs but being aware of not stepping on the toes of our VPs. I hope that I have left a good legacy for future board members to build on this and continue to build a stronger relationship between the board and the clubs that the board represents.

I also feel that building committees around our Directors to support them and our Board will not only give members a feeling of ownership in the direction of MSQ, but also give members an experience of how MSQ works and encourage people to nominate on roles within the board.

Break down those barriers of not feeling good enough to be a VP or President. I have always had in the back of my mind that I was never quite good enough to be in the role of President, but with the support of Christina, my fellow board members and Directors, you gave me confidence to grow and develop. I can't thank you enough for that.

In the end though, all the responsibility in my private life combined with my role in MSQ took a toll. Overall, I will take away a lot of great memories and again will be forever grateful for the opportunity of being President of MSQ.

I want to thank everyone from our clubs who always treated me with respect. I was always warmly welcomed and felt very honoured with how I was treated. My thanks to Therese Crollick for standing in as the interim President until the AGM in May. I want to wish everyone within MSQ all the best for the future and will be following you all with keen interest.

# Treasurer's Report: Julie Bott

I've decided to do my thankyous at the beginning of this report and then to comment on the 2019 figures. Firstly, and most importantly I'd like to thank Amanda Noble from Swimming Qld (SQ) for all the work she does for MSQ entering income and expenses into MYOB, setting up our accounts payable at the bank and then working with the Auditor to complete our annual return. The tremendous support MSQ receives from SQ in terms of our annual grant of \$35000 as well as this administrative support is absolutely instrumental to the successful daily operation of MSQ.

The other person who makes my job so much easier is Fernando Claro, our VP Sunshine Region, who has taken on the challenging task of reconciling swim meet payments received into both the Club Account and MSQ Pay Pal account. Finally, I'd like to officially record my appreciation of the MSQ Board and to our Administrator, Christina Scolaro, for all their valuable input into the annual budget preparation and also for their ongoing support of me in my MSQ Treasurer's role.

Attached you will find a copy of the 2019 Auditors Report. Commenting on 2019 it is pleasing to note that our budget was set at a profit of \$9415 and we exceeded this profit by just over \$1300. As I am writing this report the COVID 19 Virus is having devastating effects worldwide and closer to home as well. With this in mind the MSQ Board is revising our 2020 Budget and we will release this to our members as soon as it is complete.

In relation to the 2019 Income Accounts, I would firstly like to make special mention of a reduction in our anticipated 2019 State Swim Income by approx. \$9300. MSQ received a grant of \$9300 from the Gambling Community Benefit Fund (GCBF) to pay for Pool Hire for our 2019 State Championships at the Chandler Swimming Complex. When we submitted our grant acquittal after the State Championships, we were advised by GCBF that because MSQ had paid a deposit on the Chandler pool hire prior to the Grant approval, we had voided the terms of the Grant and could not use this money for our 2019 swim.

I would like to thank and acknowledge our MSQ Administrator, Christina Scolaro who negotiated a really positive outcome to this ruling whereby the GCBF allowed us to allocate these funds to our 2020 State Swim. However due to the very recent cancellation of the 2020 MSQ State Swim, Christina has reapplied to GCBF to see if we can move this grant to 2021. Needless to say, the MSQ Board will advise you of the decision when it is handed down to us.

So, back to the 2019 figures - with a reduction of just over \$9000 in anticipated income for the 2019 State Swim how did we manage to exceed our budgeted profit by \$1300? There are a number of factors, but of significant note is that The Great Barrier Reef Masters Games exceeded our projected profit by about \$2000 - congratulations to our VP North, Cheryl Brodribb and her organising committee on such a tremendous outcome. Also, our Bank interest was up by \$1400 due to the transfer of surplus funds into a term deposit and also our membership income was also up by about \$1500.

The Board also managed to reduce budgeted expenses by over \$6000 – of note are that we were about \$1900 under budget for our President and VP's travel allowance, our bank fees were down by about \$600, our miscellaneous expenses were down by \$1600 and our Membership Development allowance was about \$2300 less than budgeted.

The Board had budgeted and started work on new members kits and brochures, however as we were advised by MSA that they were also working on a similar promotional product, we decided to put these plans on hold until we see what else we might need once we are sent the new MSA promotional products. Our Administrator's wages were about \$2000 more than budgeted due to an Auditor's requirement to make provision for unused leave. We are now budgeting for this going forward.

Please direct any queries regarding the 2019 MSQ figures to <a href="mailto:treasurer@mastersswimmingqld.org.au">treasurer@mastersswimmingqld.org.au</a>.

# FINANCIAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2019

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#### INCOME STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2019

	Note	2019 \$	2018 \$
		•	<b>,</b>
Income			
Membership & Affiliation Fees		45,154	44,245
Grant Funding		35,248	35,248
Meet Income		36,144	59,043
Merchandise Sales		-	35
Coach Development		689	2,004
Interest Received		2,866	1,461
Other Income		291	73
		120,392	142,109
Expenditure			
Administration Expenses			
Service Level Agreement		1,000	28,000
Printing		-	4,206
Depreciation		642	428
Sundry		3,548	6,970
Wages & Superannuation		55,000	29,448
Provision for Employee Entitlements		4,658	2,434
Meet Expenses		36,624	45,725
Coaching and Officials Development		563	1,105
Membership Development		3,155	1,606
Meetings		2,658	4,062
Bank Charges		1,614	2,054
Registrations		205	260
		109,667	126,298
Net profit/(loss) from operating activities		10,725	15,811
Retained profits at the beginning of the financial year		142,845	127,034
Retained profits at the end of the financial year		\$ 153,570	\$ 142,845

#### BALANCE SHEET AS AT 31 DECEMBER 2019

	Note	2019 \$	2018 \$
ASSETS			
CURRENT ASSETS		4=0.044	
Cash and Cash Equivalents	2	152,611	115,048
Trade and Other Receivables	3	3,897	7,765
Inventories	4	18,349	25,782
TOTAL CURRENT ASSETS		174,857	148,595
NON-CURRENT ASSETS			
Property, Plant and Equipment	5	855	1,497
TOTAL NON-CURRENT ASSETS		855	1,497
TOTAL ASSETS		175,712	150,092
LIABILITIES			
CURRENT LIABILITIES			
Trade and Other Payables	6	15,050	4,813
Provisions	7	7,092	2,434
TOTAL CURRENT LIABILITIES		22,142	7,247
TOTAL LIABILITIES		22,142	7,247
NET ASSETS		\$ 153,570	\$ 142,845
EQUITY			
Retained Earnings		153,570	142,845
TOTAL EQUITY		\$ 153,570	\$ 142,845

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019

#### 1 Financial Reporting Framework

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act (Qld) 1981. The committee has determined that the Association is not a reporting entity.

#### **Statement of Compliance**

This financial report has been prepared in accordance with the Associations Incorporation Act (Qld) 1981, the basis of accounting specified by all Australian Accounting Standards and Interpretations, and the disclosure requirements of Accounting Standards AASB 101: *Presentation of Financial Statements*, AASB 108: *Accounting Policies, Changes in Accounting Estimates and Errors*, AASB 1031: *Materiality* and AASB 1054: *Australian Additional Disclosures*.

#### **Basis of Preparation**

The financial statements have been prepared on an accrual basis and are based on historical costs. They do not take into account changing money values or, except where stated specially, current valuations of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless stated otherwise, have been adopted in the preparation of these financial statements.

#### a. Income Tax

No provision for income tax has been raised as the Association operates solely as a non-profit organisation and accordingly is exempt from income tax under Section 50-10 of the Income Tax Assessment Act 1997.

#### b. Property, Plant and Equipment (PPE)

The depreciable amount of all PPE is depreciated over the useful lives of the assets to the association commencing from the time the asset is held ready for use. The depreciation rates used for Plant & Equipment is 30%.

#### c. Cash on Hand

Cash on hand includes cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.

#### d. Employee Provisions

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019

Provision is made for the association's liability for employee benefits arising from services rendered by employees to the end of the reporting period. Employee provisions have been measured at the amounts expected to be paid when the liability is settled.

#### e. Accounts Receivable and Other Debtors

Accounts receivable and other debtors include amounts due from members as well as amounts receivable from donors. Receivables expected to be collected within 12 months of the end of the reporting period are classified as current assets. All other receivables are classified as non-current assets.

#### f. Inventories

Inventories are measured at the lower of cost and net realisable value. Costs are assigned on an average cost basis.

#### g. Revenue and Other Income

Revenue is measured at the fair value of the consideration received or receivable.

Revenue is recognised when invoices are raised. Interest revenue is recognised upon receipt.

Grant and donation income is recognised when the entity obtains control over the funds, which is generally at the time of receipt. If conditions are attached to the grant that must be satisfied before the association is eligible to receive the contribution, recognition of the grant as revenue will be deferred until those conditions are satisfied.

All revenue is stated net of the amount of goods and services tax.

#### h. Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense.

Receivables and payables in the Balance Sheet are shown inclusive of GST.

#### i. Accounts Payable and Other Payables

Accounts payable and other payables represent the liability outstanding at the end of the reporting period for goods and services rendered by the association during the reporting period that remain unpaid. The balance is recognised as a current liability with the amounts normally paid within 30 days of recognition of the liability.

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019

		20 <sup>,</sup>			2018 \$
2	Cash Assets				
	Cash at Bank – Cheque Account	3	6,969		11,953
	Cash at Bank – Debit Card Account		1,867		1,989
	Term Deposit – CBA # 542	5	2,281		51,106
	Term Deposit – CBA # 967	6	1,494		50,000
		\$ <u>15</u>	2,611	\$	115,048
3	Trade and Other Receivables				
	Trade Debtors		274		475
	Prepaid Expenses Receivables		800 2,823		6,615 675
		\$	3,897	\$	7,765
4	Inventories				
	Medals		8,349	_	25,782
		\$ <u>       1</u>	8,349	\$ <u></u>	25,782
5	Property, Plant and Equipment				
	Plant & Equipment		1,925		1,925
	Less: Accumulated Depreciation	(1	1,070)		(428)
			855		1,497
	Total Plant and Equipment		855	_	1,497
	Total Property, Plant and Equipment	\$	855	\$ <u></u>	1,497
6	Trade and Other Payables				
	Trade Creditors	1	0,517		665
	Net GST Payable		1,392		1,007
	PAYG Withholding		2,040		2,040
	Superannuation Payable		1,101		1,101
		\$ <u> </u>	5,050	\$ <u></u>	4,813

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019

#### 7 Provisions

Provision for Annual Leave	7,092	2,434
	\$ 7,092	\$ 2,434

#### STATEMENT BY THE COMMITTEE

In accordance with a resolution of the committee of Masters Swimming Queensland Inc., the members of the committee declare that the financial statements as set out on pages 1 to 5:

- presents a true and fair view of the financial position of Masters Swimming Queensland Inc. as at 31 December 2019 and its performance for the year ended on that date in accordance with the accounting policies described in Note 1 to the financial statements and the requirements of the Associations Incorporation Act (Qld) 1981; and
- 2. at the date of this statement, there are reasonable grounds to believe that Masters Swimming Queensland Inc. will be able to pay its debts as and when they fall due.

This statement is signed for and on behalf of the committee by:

. Listland sonall
President
Julesport
Treasurer

Dated this 27th day of February 2020

We have audited the accompanying financial report, being a special purpose financial report, of Masters Swimming Queensland Inc. (the association), which comprises the balance sheet as at 31 December 2019, the income statement for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the certification by members of the committee on the annual statements giving a true and fair view of the financial position and performance of the association.

#### Committee's Responsibility for the Financial Report

The committee of the Masters Swimming Queensland Inc. is responsible for the preparation and fair presentation of the financial report, and has determined that the basis of preparation described in Note 1 is appropriate to meet the needs of the members. The committee's responsibility also includes such internal control as the committee determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

#### Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We have conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the association's preparation and fair presentation of the financial report, in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

#### **Opinion**

In our opinion, the financial report presents fairly, in all material respects, the financial position of Masters Swimming Queensland Inc. as at 31 December 2019 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements, and the requirements of the Associations Incorporation Act (Qld) 1981.

#### **Basis of Accounting and Restriction on Distribution**

Without modifying our opinion, we draw attention to Note 1 to the financial statements, which describes the basis of accounting. The financial report has been prepared to assist Masters Swimming Queensland Inc. to meet the requirements of the Associations Incorporations Act (Qld) 1981. As a result, the financial report may not be suitable for another purpose.

Name of Firm: AMG Audit + Assurance

Name of Partner:

Matthew Kuhn CA - Partner

Address: Level 5, 445 Upper Edward Street, Spring Hill QLD 4000

Dated this 28th day of February 2020

# Director of Recording: David Findlay

The year has seen much change in the recording portfolio. Late in 2019 the new Quick Entry system has been first rolled out, used for the UQ Swim Meet. The UQ Swim Meet also successfully trialled a number of new innovations, many of which we'll see continue in the next year.

Probably the most visible change was the trial of Fastest to Slowest heat orders, however this doesn't really represent much change for recording as it's just a single setting in Meet Manager. This was also used at Hervey Bay Swim Meet and is planned to be used at the 2020 State Championships. Any club that wishes to use this heat order can easily do so.

At the previous state there was a fair amount of controversy about specifics of rules, particularly around trophy calculations. It was intended that we organise a committee to clarify the technical details of rules but this has not yet occurred. This will be an ongoing matter for the future board.

This has been my last full year as Director of Recording as I am not renominating at the 2020 AGM. It has long been a goal to distribute recording responsibilities between a wider team. Unfortunately I've not been as successful as hoped at this, largely due to my time commitments.

I will be continuing to support our major events like State Championships and Pan Pacific Masters Games while also maintaining and operating the Entry Manager and Quick Entry systems. This change will enable me to focus more of my time to achieving the process improvement goals of Quick Entry. I will also be working closely with the new Director of Recording to ensure there is no interruption in assistance to meet organisers, clubs and members.

Quick Entry has had some early teething problems, which is why for most meets Entry Manager is still available. Once all remaining Entry Manager features have been ported to Quick Entry, Entry Manager will be decommissioned. In the past month Meet Recorder functions have begun to be rolled out. Next up will be Club Recorder functions and new postal features.

Meet Attendance Statistics (number of meets swum vs number of competitors):

Number of Meets Swum	Number Of Swimmers
1	201
2	108
3	80
4	62
5	44
6	37
7	21
8	14
9	6
10	11
11	9
12	1
13	3

#### Director of Technical Services: John Barrett

This is my second report as Director of Technical Services. I continue to rely on advice and guidance from more experienced officials such as Stan Pearson and Derick Coghill as well as the Chair of the National Technical Committee, Phil Beames.

#### **Technical Officials activities:**

During the year MSQ officials provided services at the State Championships in Brisbane, the Great Barrier Reef Games in Cairns, at Open Water Swims on the Atherton Tableland and at many local meets around the State.

Officials kept themselves aware of the interpretation of MSA Rules particularly in relation to backstroke turns, in-the-water starts and arrangements for multi-call swimmers. MSA has made further progress in incorporating rules for Multiclass swimmers in the Masters Swimming Rules.

Heather Butler gained her accreditation as a referee with mentoring from Derick Coghill.

#### 2020

It is hoped to run more technical courses and mentor more people to become officials. MSA are looking at online training and some modules on officiating are currently available. Rosters have been prepared for officials to attend South Queensland swim meets, the State Championships in Cairns and the Pan Pac Masters Games at Southport.

# Director of Risk Management: Therese Crollick

2019 was a quiet year for Risk Management with only a few minor incidents reported, mostly falls from slippery pool surfaces and cuts and bruises from either hitting the end of the pool, getting caught up in the lane ropes or colliding with a fellow swimmer. The majority of incidents occurred at swim meets.

Clubs that hold meets are very good at getting their risk management assessment sheets in on time and following up afterwards with any incidents. All incidents, no matter how minor it may seem at the time, need to be documented and a copy of the report sent to both the Administrator and the Risk Manager.

I would recommend to all clubs that they constantly monitor their risk at the pool where they train and not just when they may be holding a meet. Any risk should be brought to the attention of the pool management. Risk management is everyone's responsibility and we shouldn't assume that the pool management either knows about it or is going to fix the problem. I'd also like to remind swimmers that pool etiquette goes a long way to minimising accidents and incidents.

## Directors of Coaching Services: Sean Williams & Simon Watkins

2019 presented a number of opportunities for both our swimmers and coaches. As a group we presented a skills clinic at the University of Queensland at the beginning of the year leading into the Masters Nationals. It was received well with a large turnout both from swimmers and eager coaches. It bodes well moving forward that we can successfully offer these opportunities more regularly in future.

Simon Watkins, Qld Co-Director of Coaching, also presented a coaching course in the Brisbane Metro. This course was well received, with a number of our members working towards obtaining their coaching qualifications. Sean Williams, Qld Co-Director of Coaching, also presented a coaching course at the ASCTA convention prior to this in Brisbane. It has become apparent that the coaching courses are well sort after, and the coaching team is working towards finalising courses for the coming season.

Sean Williams also attended the Great Barrier Reef Games in May as an advisory coach. This was a big step forward offering our members onsite advice pre and post racing on pool deck. The initiative will hopefully encourage more coaches to attend major meets and work with the directors to benefit masters' athletes.

Dylan Carmichael, Aqualicious, has established a coaching Facebook page. It is in its infancy, but should become a great resource for Queensland coaches to communicate and network together.

# Vice President North: Cheryl Brodribb

The North Region covers the area from the Whitsundays to Port Douglas including the Atherton Tablelands and has ten Masters' clubs – one new club since last report (Townsville Hammerheads). The large area of the North Region makes it difficult for members to attend all swim meets within the region.

Clubs in the north region are Atherton Mountaineers, Cairns Legends (CLAMS), Cairns Mudcrabs, Long Tan Legends Townsville, Malanda Aquatic Dragons, Mareeba Masters, Rats of Tobruk Townsville, Townsville Aquaholics, Townsville Hammerheads and Whitsundays Masters.

Five sanctioned pool swim meets were held within the region in 2019, plus the Great Barrier Reef Masters Games and the Big Barrine Bash (3B's) OWS hosted by MSQ and supported by local Northern clubs plus clubs' OWS.

The Great Barrier Reef Masters Games were held at the Tobruk Memorial Swimming Pool Cairns in May and attended by Queensland and interstate Masters' swimmers, some international swimmers plus non-masters' swimmers. Coaching Director Sean Williams gave of his time for the three days to assist all swimmers who had any questions or wanting him to watch their stroke and comment after the swim. Sean's time was gratefully appreciated by all. Chemist Warehouse Cairns was a major sponsor donating swimmers packs to all entrants plus the male and female swimmer of the meet awards. Their support is greatly appreciated by MSQ.









Swim distances for the 3B's OWS offered for Masters', non-masters' and juniors were 2.5k. 5k, 10k and a 4 x 2.5k relay. The 10k swim was registered as a pre-swim for the Rottnest Channel Swim giving Queensland swimmers the opportunity to gain a time for entry to the 2020 Rottnest Channel Swim. Twelve swimmers swam the 10k swim, seventeen swimmers the 5k swim, thirty-eight swimmers the 2.5k swim plus four relay teams.







#### Membership

Membership in the North region is a mix of registered masters' members and non-masters' swimmers. Many adults enjoy taking part in swim training sessions with clubs, but unfortunately do not want to commit to masters' membership.

- Atherton Mountaineers had 30 members
- Cairns Legends (CLAMS) membership is growing
- Cairns Mudcrabs had 13 registered MSA/MSQ members and 56 social members
- Long Tan Legends Townsville had 21 members, including 4 new members
- Mareeba Masters is struggling to gain new members
- Malanda Aquatic Dragons membership remains steady
- Rats of Tobruk Townsville membership remains relatively stable
- Townsville Aquaholics had 4 financial members
- Townsville Hammerheads had 3 financial members
- Whitsunday Warriors had 12 registered members

#### **Swim Meets and Swim Results**

#### **Atherton Mountaineers**

- The sanctioned swim meet was held on 2 March. It was a very relaxed meet with 27 swimmers and 18 staying on for a very social curry dinner and delicious homemade chocolate pudding (Kim) and apple crumble (Des) desert. Again the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> "Flying Freddo" prizes were greatly appreciated by recipients, as were the achievement chocolates.
- Linda Fogg and Peter Smith both attended the Great Barrier Reef Masters Games. Both enjoyed their events and were happy with their times.

#### Cairns Legends (CLAMS)

- The club had a number of swimmers compete in the Rottnest Island Channel Swim in Perth in February.
- There were a number of events, mainly open water, and a great example being the MSQ Lake Barrine Swim; and
- The Cairns Ironman events plus a great Open Water Swim on Green island in the Great Barrier Reef.

#### **Cairns Mudcrabs**

- Three Muddies, Joanne Maher, Karen Whitworth and Joel Little competed at Atherton Meet gaining 11 gold, 2 silver and 1 bronze.
- The Great Barrier Reef Masters Games were held in May with Mako Watanabe, Katie O'Rourke, Andrea O'Shea, Joanne Maher, Joel Little, Sam Sakamoto, Ray Perry, Sean Hampson, Anthony Welsh and Kevin Murgatroyd representing Muddies. Between them they gained 23 gold, 10 silver and 5 bronze places. All swan in team events producing some close finishes. Mako Watanabe and Kevin Murgatroyd were age group winners in the Bunbury and Caboolture Crays postal swims. Mako and Joanne Maher were placed first in age groups in the Toowoomba Tadpoles postal. Lynne Smith gained age group gold at the Alice Springs Games.
- Make gained gold and Helen Cooper silver in the MSX awards.
- In February the club held a member only swim at Lake Eacham with 17 participants and the distances were pledged to the 'virtual swim around Australia' event.
- In May, Theresa Donnelly participated in the 10k Lake Argyle swim with Rob Annibale as her paddler both enjoyed the experience. Theresa's swim surpassed all expectations.
- Muddies 2019 Crater Lake Classic was held the day following the GBRMG with 101 swimmers
  participating. Thanks to Theresa's organisational skills and her exceptional helpers, the swim was
  another success.
- Sarah Hession and Joanne Maher formed a team and swam Maggie Island to Townsville open water swim (taking a friendly 'blow up' Mudcrab with them). They enjoyed the experience.
- Several members competed in Cairns ironman either as individuals or joining needy teams.
- Leonie Allen and Joanne Maher swam the Great Adventures Green Island Swim in reasonably calm waters this year.
- In December the MSQ Lake Barrine swim Muddies swimmers: Joel Little, Miroslav Solar and Gwen Hobbs swam the 10k, Theresa Donnelly Michelle Caffrey, Natasha Strutt and Emma the 10k relay, Gaby Donnelly and Leonie Allen the 5km, Sue Rayner and Ian Campigli the 2.5k. A team has been registered to participate in the 2020 Rottnest Channel Swim.
- Muddies members participated in the Cairns MS Swimathon and were the top fundraising club.

#### **Long Tan Legends Townsville**

• Our swim meet this year was modest with only 22 swimmers nominated. Advertising at the pool and on Facebook did however allow us to attract a new member for this year.

- Club members attended the Rats and Aquaholics swim meets locally.
- Bert won a medal at the Mildura Masters Games in Victoria.
- John McKaig, Helen Rainnie, Tony Croft, Dale Erickson, Jeff Evans, Ray Green and Colleen Newnham competed in the Strand Open Water swim series. John also completed his first Magnetic Island to Townsville solo swim in a very respectable time. Dale and Hennie also competed in the MSQ Big Barrine Bash OWS.
- John McKaig competed in Darwin and Launceston, with Bert Collyer competed in Melbourne.
- John McKaig swam at the MSA Nationals and MSQ State swims.

#### **Malanda Aquatic Dragons**

- Members competed in the 3B's Lake Barrine OWS in December
- Members compete in other OWS throughout the year.

#### **Rats of Tobruk Townsville**

- The Rats held their annual swim meet in May. Numbers were low but an enjoyable afternoon was held
  by everyone including officials from the Townsville Tourist Club who assisted with recording and
  starting.
- Members attended the State and National Championships, as well as local swim meets.
- John Barrett swam at the FINA Masters World Championships in South Korea.
- Members swam at OWS events in Townsville, the Whitsundays, Atherton Tablelands and Mackay.
- Members assisted in running the Vorgee Open Water series in Townsville as well as the Magnetic Island to Townsville swim.

#### **Townsville Aquaholics**

- Aquaholics hosted a meet at the Kirwan Aquatic Centre on 14 September. About 14 swimmers participated and all being from the Townsville area.
- Katrina, Hennie and Julie participated in two other local meets, held by the Rats (QRT) and the Long Tan Legends (QLT).
- All three members participated in masters' open water events. Katrina, Hennie and Julie attended the
  Crater Lake Swim at Lake Barrine in May this was Katrina's first swim without a black line to look at.
  Later in the year Katrina and Julie participated in the North Mackay Sinkers Balnagowan swim as well as
  the MSQ Big Barrine Bash at Lake Barrine. Hennie has decided he will retire from OWS and stick with
  the black line, but Katrina is keen to continue, so long as it's in fresh water.
- Katrina attended the Nationals in Adelaide, coming away with seven PBs plus a silver and bronze medal.
- Katrina and Julie attended the Great Barrier Reef Masters Games in Cairns. Katrina one PB and two complete sets of medals in gold, silver and bronze.

#### **Townsville Hammerheads**

Hammerheads was a new club formed in late 2019 and competed in the Long Tan Legends Townsville as
the clubs first masters' swim meet since registering with MSQ. Members enjoyed the day of fun and
friendship.

#### **Whitsunday Warriors**

The Whitsunday Warriors hosted a 25m Swim Meet on 19<sup>th</sup> April at the Cannonvale pool with 33 participants. Although this was successful, Committee members felt the workload was too much for such a small club and have decided that in 2020, an unsanctioned Fun Meet will be held in September.

- The only other swim members attended this year was the OWS at Balnagowan (Mackay Sinkers) by Mark Erickson and Raylene Rasmussen.
- The main reason for this is we are a great group of people who usually enjoy swim meets, but this year had health, family and travel preventing us from participating.

#### **Club Activities**

#### **Atherton Mountaineers**

- In March, as a recovery following the QAT swim meet, 10 swimmers and 4 paddlers completed a 2km course across Lake Barrine followed by much wit and repartee over a brunch at the teahouse.
- During the year, a number of swims across Lake Eacham were held. While numbers were small, those that attended enjoyed the beautiful water of the lakes.
- For something different, we held two full moon swims across Lake Eacham. Again, numbers were low, but the enjoyment levels were 'over the moon'.
- Kim Christie's Monday afternoon swim fitness were enthusiastically supported with an average attendance of about 10 members. His new format has been successful, even with more swimming and less time for banter.
- Kim's Wednesday morning swimming squads are one of the clubs most popular activities, averaging 16 swimmers.
- Kim's swim squad link on <a href="http://www.athertonmountaineers.com/">http://www.athertonmountaineers.com/</a>

#### Cairns Legends (CLAMS)

- The club has expanded their training options, it is a bit of an initiative and swimmers and people wanting fun and fitness watch the training sessions which are aimed at Ocean Swimming, General Fitness and Swim Meets and are attracted as it does not only involve jumping in and doing laps.
- The latest initiative is a Cross Swim Session on Saturday mornings which has attracted some very good swimmers and people who see it as a 'fun' and exhausting session. Strange how this attracts people.
- Our training sessions on Saturday and Sunday are well attended and the important coffee session afterwards helps to keep the Cairns Coffee Culture industry humming.
- Cairns is a tourist destination and the new 'International Standard' pool attracts great interest from overseas travellers and on occasion they join us in the pool.
- The club has really enjoyed the company of husband and wife masters' duo couple from Brazil Adriano and Gabriela.

#### **Cairns Mudcrabs**

- During the year videos were taken of swimmers and then discussed with the coach.
- The Annual Dinner was held in December, hosted by President Clem and his wife Annette. The much-awaited Allan Burgoyne Trophy winners were announced, and the honours went to Keith and Irene Foxley, non-swimmers but work so hard at events, prepare the BBQs which are held after training and epitomise all Allan's virtues.
- During the year Theresa and Gaby Donnelly were awarded Life Membership of Muddies in recognition of all they have done over the years for Muddies.

#### **Rats of Tobruk Townsville**

- Club swims were held on Sunday mornings up until the closure of the Tobruk Pool for renovations from July 2019 to April 2020. This has affected our ability to attract new members and the ability of members to meet and swim together. Alternative venues have been found.
- A Rats Facebook page was maintained with Bruce Muller posting updates of the pool renovations.

#### **Townsville Aquaholics**

- The Aquaholics discovered Postal Meets in the second half of the year and had a lot of fun doing them, along with training buddies from the Long Tan Legends.
- Postal meets participated in were the Toowoomba Tadpoles 1500, Swimming up Hills and the Tuggeranong Trifecta.
- The Christmas get together was held in December at Longboards, and was well attended by all members, the coach and the regular squad participants.

#### **Whitsunday Warriors**

- Christmas in July is a must for our club every year, whether it be at a member's house or a restaurant.
- Pilates, swim fit, coffee catch ups, luncheons; mainly of female interest as there are not many male members.

#### **Technical Officials**

#### **Atherton Mountaineers**

- The club has no Technical Officials
- The club does recognise the need to try to encourage members to gain technical training.

#### **Cairns Legends (CLAMS)**

• Clams have 6 starters and timekeepers.

#### **Cairns Mudcrabs**

- One member completed timekeeping and commenced starter's accreditation.
- Muddies have seven technical officials, including two referees.

#### **Rats of Tobruk Townsville**

Rats have one referee, including MSQ Director of Technical Services.

#### **Whitsunday Warriors**

• No courses run or attended. Club members include timekeepers and starters.

#### **Coaching**

#### **Atherton Mountaineers**

• Kim Christie and Susanne Green are club coaches.

#### **Cairns Mudcrabs**

- Muddies have six coaches this year we gained two and lost two.
- All coaches have extra insurance.

#### Long Tan Legends Townsville

• Number of coaches on deck in the club: 4; coaches take it week about to set programs and run stroke correction classes.

#### **Townsville Aquaholics**

• Aquaholics have one coach – Bindi Cussen.

#### **Whitsunday Warriors**

 The Warriors have three qualified coaches who are very encouraging not only to members but any other swimmers interested in learning more about our sport.

#### **Funding / Grants**

#### **Cairns Mudcrabs**

Sausage sizzle fundraiser and donation proceeds towards OW safety.

#### Other

#### **Atherton Mountaineers**

 2019 was a quiet year for the club with a number of the committee away for extended periods, particularly in the June – December period.

#### **Cairns Mudcrabs**

• Coach Gaby and Michael had baby Mudcrab 'Cameron', and Karen Whitfield married Dave Fuller.

#### **Mareeba Masters**

- 2019 was the first year that Mareeba Masters Club took a sickie since the foundation of the club in 1993.
- Members have had illnesses and injuries limiting the club's activities during this time.
- A sausage sizzle was held in November hoping to attract new members and two swimmers seemed keen
- We arranged with our coach June to have sessions on Tuesdays, but the two new recruits have not rejoined.

#### 2020

#### **Atherton Mountaineers**

Atherton Mountaineers comprises of friendly enthusiastic people who are predominately keen to swim
as part of their fitness program, rather than compete in swim meets. Our coaches' sessions are catering
well to this need.

#### Cairns Legends (CLAMS)

2020 will see the Tobruk Memorial Swimming pool as the host pool for the Queensland State
Championships. There is also some serious training taking place for a marathon swim by one of our
water polo mates, who is going to swim the length, 34.4 kilometres, of Lake Tahoe in the United States
to raise money for our devastated wildlife.

#### **Cairns Mudcrabs**

- OW swim clinics and events.
- · Fundraising for swimming and safety equipment
- CPR and use of IRB training for members.

Grant applications

#### Long Tan Legends Townsville

Plan to just keep swimming.

#### **Malanda Aquatic Dragons**

- Members will compete in OWS throughout the year.
- Enjoy swimming at Lake Barrine and Lake Eacham.

#### **Mareeba Masters**

• Mareeba hope to grow their membership

#### **Port Douglas Cyclones**

- Port Douglas Cyclones commenced registration in late 2019
- Members are looking forward to competing at National, State and local swim meets.

#### **Rats of Tobruk Townsville**

Rats are planning to attend the State Championships in Cairns, the National Championships in Sydney,
 Pan Pacs Masters Games in Southport and local swim meets.

#### **Townsville Aquaholics**

- Members would like to have more social get togethers.
- There are plans to have post-training get togethers once a month at a local café.
- Members also look forward to participating in more Postal events over the course of the year.
- Some are also attending States in Cairns and meets in Mackay as well as local swim meets.

#### **Townsville Hammerheads**

- Hammerheads will host their first Masters' swim meet on 29 March at the Northern Beaches Leisure Centre, Burdell, Townsville.
- Members will compete at swim meets throughout the year.

#### **Whitsunday Warriors**

• Although the past few years have been very quiet, there seems to be a touch of excitement in our club with three new members and a renewal of interest in attending and planning which swim meets to attend.

#### Vice President Central: Patricia O'Brien-Price

Club Name	Club Code
Hervey Bay Masters Swimming Club	QHB
Maryborough Masters Swimming Club	QMB
Rum City Masters Swimming Club	QBB
North Mackay Sinkers Aussi Masters	QNS
Caribeae Masters Swimming Club	QRH
Gladstone Gropers Masters Swimming Club	QGS

#### A. Membership

Clubs in Central Region range from 8 financial members to 56 members at Hervey Bay. Promotional activities include mini-meets, BBQ breakfasts, social Sunday swims with paid coaching sessions, a September sign on day, and brochures at pools.

#### B. Swim Meets and Results

All clubs were represented at the State Championships. **North Mackay**, **Hervey Bay** and **Maryborough** had swimmers at the Nationals.

**Rum City** – broke 2 Queensland records at State Championships - Jann Edwards 50 Fly, Trudy Ford, Jann Edwards, Bruce Bass & David Gibson in the medley & freestyle relays.

**Hervey Bay** – Peter McMonagle picked up a couple of National & State records.

**North Mackay Sinkers** collected the Mary Maina Trophy for highest average points/small club. The Central area was very well represented at Queensland meets including the Great Barrier Reef Masters Games. Four clubs also reported that their members competed in open water swims.

#### C. Club Activities

**QMB** - Christmas & Christmas in July celebrations were held at the home of Patricia O'Brien-Price. December Christmas celebration also included the President's Award presented to Cobie van Wagengen.

**QRH** – End of year lunch attended by four current and one former member. Members volunteered at the Caribeae Swimming Club (junior club) major swimming club event of the year.

**QNS** - The Sinkers have supported the MS Swimathon in Mackay for the past few years and this year the club achieved the trophies for Highest Individual and Highest Team fundraising for Mackay, an achievement the members are hoping to maintain in 2020.

**QHB** - Annual Postal Challenge against a WA club. Two "Mini Meets," BBQ breakfast at the pool, Club (and visitors) breakfast at Café Balaena after Swim Meet, a Beach Day and Car Rally Christmas party.

**QBB** - Members attend regular Sunday coffee after Sunday training sessions. The Christmas break – up and annual presentations was held at the home of our President, Sue Brenna.

#### D. <u>Technical Officials</u>

**QMB** – 1 (Chief timekeeper)

**QRH** – Nil (interested in attending local training if available)

QNS - Nil

QHB - 1 (Chief Timekeeper)

#### **QBB** – 1 (higher than timekeeping)

#### E. Coaching

QMB - Council coach

**QRH** - 2 coaches

QNS - 1 (member & coach)

QHB - 1 (member writes program for the day & offers advice)

**QBB** - 2 (accredited coaches)

#### F. Funding/Grants

QMB Received \$500.00 from local council for the carnival. Clubs also raised funds from raffles & BBQs.

#### Vice President Sunshine: Fernando Claro

It is with delight that I have collected reports and got in touch with many of the clubs in my region. It might seem a bit tedious for some clubs to pull out data or write a short brief of what has happened in 2019; but it was very interesting knowing a bit more about your clubs through your reports. Your stories of success and commitment are really inspiring, and I hope to do a much better job in the upcoming 2020 season. As a summary of the clubs under my region:

Club Name	Club Code
Nudgee College Masters Swimming Inc.	QNB
Aqualicious Masters Swimming Club	QAL
The University of Queensland Masters	QUQ
Caboolture & District Masters Swimming	QCD
Brisbane Northside Masters Swimming Club	QBN
Cotton Tree Masters Swimming Club	QCT
Sunshine Coast Masters Swimming Inc	QSC
Albany Creek Masters Swimming	QAC
Noosa Masters Swimming Club Inc	QNA
Rackley Swimming Club	QRL
Redcliffe Peninsula Masters SC	QPN
Indooroopilly Masters	QIM
Genesis Aquatics	QGA

Each one of these clubs has shown incredible achievements, not only in the swimming aspect but the social element that is very important in our Masters' community. As always, please do not hesitate to get in touch and let me know if I can help in any way. Thank you all for your support and passion throughout these years.

Warmest Regards, Fernando Claro (VP Sunshine)

#### G. Membership

Aqualicious: 76 members at 31 Dec 2019, of whom 14 were new members.

*University of Queensland:* membership reached 48 active members for 2019 with 17 new members. However 10 members from 2018 didn't renew. Many of these joined to try out the UQ meet. The club is well placed with the central location and the high-class facilities available at reasonable rates. Word of mouth remains the most effective marketing tool bolstered by the reputation QUQ is earning. The Masters side of the club works closely with the UQ Swimming Club junior club at the committee, coaching and meet levels.

**Brisbane Northside:** Brisbane Northside increased its membership from 43 in 2018 to 54 in 2019. Most new memberships are coming from advertising at the pool, and encouragement of pool staff when members of the public enquire about Masters Swimming. The pool is becoming very busy due to the increasing number of inner-city apartment dwellers.

**Cotton Tree:** the club grew from 5 members in 2018 to 8 members in 2019. This was achieved thanks to posters displayed at various pools and swimwear outlets, and members and coaches always verbally recruiting.

Noosa Masters: finished 2019 with 82 members. Four new members joined during the year.

**Sunshine Coast:** Membership remained steady, at the close of 2019 there were 39 members. During 2019 10 people who were not members in the previous year joined QSC. 5 people were new members to Masters swimming. This was achieved by initiatives such as posters promoting the club that are displayed at the Kawana, Caloundra and Buderim Aquatic Centres. Recently new club pamphlets have been placed at reception at each pool. Members running Bunnings BBQs promote the club to customers. The Club has business cards for members to give to anyone they meet who enquires about Masters swimming.

**Rackley Masters:** has 16 active members with 2019 being the first active year in MSQ - with a spread of age groups from 21 to 62. The Club has a great relationship with the Junior Club and is encouraging older Rackley Junior Squad swimmers to join the Masters/Adult Swim Squads. The swimmers have evolved primarily from the Colmslie, Chermside & Parkinson Adult Swim groups where most have come from a competitive swimming, triathlon and surf lifesaving backgrounds.

**Redcliffe Peninsula:** had 22 members as at December 2019. The majority of them have been with the club for a number of years. Unfortunately they have a few members with health problems this year, so their attendance is very sporadic. The club has approximately 6 new members, who now come to swim nights regularly. We have a continuous number of try outs with the club, main reason for not continuing is their busy daily workloads and our evening session times are not compatible with their work/travel hours. The club has approximately 10 social members who attend social activities.

**Caboolture Crab Crays** currently has 11 members with a possibility to merge with the Belgravia Junior club.

Nudgee College Masters had 8 registered members and 28 social members for the year 2019.

**Albany Creek Masters** membership stands at 49 with 5 new members including 2 second claim members. Many members swim in activities during the week apart from masters, e.g. swim fit and squads at Albany Creek leisure centre and train at other pools as well. They are our ambassadors creating awareness of the 'Ducks' and generating the pathway for new members. The junior club has minimal flow on to the masters.

#### H. Swim Meets and Results

**Aqualicious:** The Club successfully hosted a meet with thanks to our meet director Fernando Claro, with approximately 100 attendees – our club lost approximately \$300 in the running of the event between reduced sponsorship and reduced attendance. Due to people tending to attend PPMG over Aqualicious, the committee decided not to hold meets in years the PPMG runs.

The swim meets attended by their club members were many and varied, Aqualicious sent strong contingents to Hervey Bay and Rum City swim meets, as well as a strong team to States. The club also organised fun three-way meets with QBN and QAC clubs.

Notable successes enjoyed by members at different swim meets: James Alexander attended the Gay Games in London and FINA World's at Gwangju, Korea, winning medals in both international events.

**Records** set by James Alexander, 200 Butterfly at Rum City's Short & Sweet Meet in 2019.

In respect to OWS events, there is a strong group of committed open water swimmers, who attended many events across the state. Some swimmers attend the Grimseys' Suttons Beach sessions.

At the National Championships they had a couple of swimmers, but many swimmers opted for the States over Nationals – the proximity of QLD State Champs and MSA Nationals often leads to members choosing one over the other.

**University of Queensland:** Held its short course sprint and relay meet in challenging weather conditions leading up, but all came along and enjoyed the afternoon with plenty of wine, medals and records handed out. There were record numbers of nominations to compete with 139 in total and 35 making up the QUQ team.

- Innovations trialled and introduced:
  - Meet Guides we are aiming to provide comprehensive information prior to the meet to make sure there is no confusion and swimmers feel fully informed.
  - Entry system changes a new entry system, "Quick Entry" was introduced that integrates with swimmers previous results and standards. QUQ requested some new features to innovate at their meet:
  - No NT making competitive swimming fair, based on standards with no twisting the competition to suit yourself.
  - Default to PB / recent time people have a standard at competition their PB. We defaulted
    the entry time to PB, but also allowed the choice of a recent time. People felt confident that
    they were be placed amongst people with like competition abilities. Also helped produce a
    correct timeline and consistent heats.
  - Reverse order heats reversing the order does not impact the event timeline, the heat seeding, or favour anyone. We want the more experienced swimmer to swim first and show the less experienced how it is done. We want the first time competitors to not be anxious by starting the meet in the first race. This also allows the older and less experienced swimmer have a visual prompt to inform the next event being marshalled.

#### o Exhibitions:

- Fin swimming allowing people to race differently, and try something out of the usual, and broaden their thoughts and experiences in the sport of swimming.
- Race skills exhibition to see swimming at its amazing best through our clubs connections with junior swimming. We showed young people who have a passion and drive for their sport with a coach commentating the demonstration. Many felt inspired by what they saw and heard.
- Meet check-in trialled competitor check-in as they arrive, automatically updating the Recorder's competitor list.
- Continued Investigation into streamlining the marshalling process to see the marshalling area as quiet and relaxed with each swimmer being responsible for knowing where and when they are swimming.

QUQ Masters swimmers competed in 11 Masters Meets and 6 Swimming Australia (SA) meets.

- A large team of 32 competed at the MSQ State Championships at the Brisbane Aquatic Centre in April, scoring 1793 points and narrowly coming second to Brisbane Southside Masters. Team UQ won a total of 150 medals 66 gold, 49 silver and 35 bronze. Brett Woods won the Male Swimmer of the Meet, and Best Swimmer 50-69 awards. Christina Scolaro won the Jenny Mack Breaststroke award. Qld records were broken by: Ross Holden x 2, Suzanne Hollis, Martin Banks, Christina Scolaro, Nola Macaulay, and Brett Woods.
- A team of 12 swimmers with Coach Sean travelled to Adelaide for the Nationals in March, all having a great time, and finishing with some impressive results 28 gold, 16 silver, 10 bronze, three Australian records, and 17 Queensland records. Record breakers were Caroline Saxby (3 x AR and 5 x QR), Nola Macaulay (4 x QR), Suzanne Hollis (2 x QR), Martin Banks (2 x QR), Emma Maxwell (2 x QR), Christina Scolaro (2 x QR)
- Four swimmers also competed at the Great Barrier Reef Masters Games in Cairns, enjoying racing in the beautiful Tobruk Pool and being tourists around Cairns and the Great Barrier Reef.
- MSQ Relay Event at World Trials, MSNSW LC Championships, MSNSW SC Championships.
- Three UQ swimmers flew to Gwangju, South Korea, to compete at the Fina World Masters. Jamie Wright, Michael Cooper and Corrine Fry thoroughly enjoyed their time away, posting some great times and even scoring a couple of medals.

There were three swimmers who competed as Masters Swimmers in SA competitions. To do this they needed to qualify up through local and state Preparation meets, Brisbane Short Course Championships to Qld Short Course Championships.

Across 2019 QUQ members set numbers of **individual records** including 5 individual Australian records, 29 individual Qld records, and team records (3 Australian and 9 QLD).

o Australian Records from Caroline Saxby, Brett Woods, and Stefano Zerbini.

In OWS events attended by members, 2 swimmers attended the Lake Barrine Open Water event. A number of swimmers attended multiple OWS events around South East Queensland and northern NSW. Interstate swim meets attended: MSNSW LC Championships and MSNSW SC Championships

**Brisbane Northside:** They had a very successful swim meet in August, with 140 nominations. It was a fine sunny day, and the meet and presentations all ran very smoothly.

23 of their members competed in various swim meets around the state, with representation at 15 different meets. Nine members went to at least 6 meets and one went to 10 meets.

Northside's all female team won the Small Clubs Trophy at the Sunshine Coast meet.

Two members attended the Nationals in Adelaide and one went to the Great Barrier Reef Games.

Steve Booker broke 3 State Records and Tracy Clarkson a remarkable 9 State Records.

**Cotton Tree** members attended: Miami, Brisbane Southside, Hervey Bay, Albany Creek, Noosa, Kawana, UQ, State and Nationals. They scored medals at most swim meets, with 5 Gold at the Nationals. They also produced 1 National and 2 State records set by China Johnson 90-94yrs (State 50m Back 1.01:46, State and National 100m Back 2.21:80). Finally, the club won their 1st "Small Clubs Award" at the Hervey Bay Meet.

**Noosa Masters** held their annual swim meet on 14th September, 2019. 109 entrants from 17 clubs. Swimmers from QNA attended 13 swim meets during 2019. They also had a large contingent of 14 competing at the State titles at Chandler BNE in April 2020 and 6 competing at the National Swim Meet in Adelaide, 2020.

FINA World's at Gwangju, Korea. Greg Bott managed 3 top ten swims.

Finally, Noosa have won the Endurance 1000 Award for the 7th consecutive year.

**Sunshine Coast:** QSC held its long course swim meet on Saturday 26 October 2019. The meet was very successful, with approximately 90 competitors from 22 masters swimming clubs. Again the weather was superb. The meet ran very smoothly thanks to the dedication of so many members and volunteers. After the meet swimmers relaxed to the sounds of local jazz band Girl Friday while consuming offerings from the BBQ, salads, sweets and drinks.

QSC members competed at 14 MSA meets during 2019. The number of swimmers at each meet ranged from 2 to 14. The club was very excited to win the big club points trophy at the Brisbane Northside Meet. Generally our members come home with raffles prizes from every swim meet.

Queensland branch **records** were set by Jan Capps for long course 100m and 200m Backstroke and 100m Butterfly; short course 100m Butterfly. Michelle Stonehouse set 800m Breaststroke long course and 1500m Breaststroke short course and long course records. George Green set 400m long course Backstroke record.

One member competed at the West Auburn Long Distance meet, and two competed at the National Championships in Adelaide.

**Rackley Masters:** Their first meet was the UQ meet Sept 2018. Since then the club has competed in 7 meets including MSQ State Champs. It had a very successful season attaining age group awards at each meet both Short Course & Long Course.

Brydon Halliday in particular had an outstanding season setting 200, 400 & 1500m F/S MSQ Short Course records (55-59), Bryon also attended the Australian Championships in Adelaide where he picked up firsts in 6 events (including the 200 & 400 records).

At the MSQ State Championships, Rackley had 13 swimmers compete picking up 8 Gold, 13 Silver & 4 Bronze individual & 4 Silver relay medals. Brydon Halliday & Anthony Shing being the club standout individual performers.

Most success across the season has been in relays where the squad has picked up the following MSQ LC & SC Records:

- 4 x 100m F/S male (200-239) Miami
- 4 x 100m F/S Female (200-239) Miami
- 4 x 200 F/S Female (120-159) Albany Creek
- 4 x 100 F/S Mixed (120-1590) (120-159) Albany Creek
- 4 x 100 Medley Mixed (120-159) UQ

**Redcliffe Peninsula:** This year their club captain has taken a year off due to family reasons (2 very young boys).

The club entered a team in the MS Swimathon, with club members doing very well in supporting this worthy cause.

**Caboolture Crab Crays:** participated in most of the South-East Queensland events plus the Adelaide Masters Games and the Great Barrier Reef Games.

**Nudgee College Masters** had members competing in 10 Swim Meets last year. Deanne Atkinson consistently won her age group. Colin Marks consistently won in the Multi class events. The club has 4 swimmers who swim Multi Class and they have all done very well. Colin Marks and Tiffany Smith did very well at the Special Olympics World Games. Colin Marks, Matthew Walker, Ross Hughes and Tiffany Smith all competed well in the Down syndrome Games.

**Albany Creek Masters:** The club participated in the following meets: Hervey Bay, Brisbane Northside and Southside, Genesis, Noosa, Yeronga, and Aqualicious.

The Shand Taylor Lawyers' charity event for motor neurone disease had 16 ducks in attendance. That was much appreciated by Shand Taylor.

Involvement in postal swims includes Bunbury, Caboolture Crays and 16 members swimming in the Turtle swim produce a great sense of achievement amongst their swimmers.

The club captain, Andrew Melrose, making a big splash at the States with medals in every event and PB's as a bonus. Karina Horton gained 6th place in the FINA's World Cup 200M Breaststroke. Congratulations Karina!

The Albany Creek swim meet was on March, 9<sup>th</sup> 2019 and it was a great success with many clubs in attendance and a great organisation by Heather Butler and many helpers. A successful raffle helping to create financial security for the year. Marion is becoming a magnet to attracting donations for the raffle. The involvement with endurance swimming had 12 swimmers gaining 1316 points. A few more girls than boys contributed however.

Our swimming year was capped with a relaxed Christmas swim with Northside and Aqualicious. It was a great success and created Christmas good cheer. Tony from Northside was the fanciest dressed and prize winner. Aqualicious will provide a similar meet in 2020.

The club supported the local members' community Easter egg hunt by lending a Ducks marquee.

#### I. Club Activities

**Aqualicious:** 2019 was a year of weddings in the club, thanks to the latest legislation in Same Sex Marriage: the club had four members married in three weddings, Dylan and Nicholas Carmichael in May, Stephen Miller and Michael Ryan also in May, and Leigh Kruger and Sandee Stephens in September.

As it's customary, they also had the 2019 Christmas party and presentation dinner, which was a picnic in the Roma St Parklands: The club awarded:

• Swimmer of the Year (Male) Stephen Howell

Swimmer of the Year (Female) Grace Crossland Coaches' Award (Male) Michael Lee Coaches' Award (Female) Gina Baker Open Water (Male) Steven Alder Open Water (Female) Genevieve Alder Most Improved **Tony Scott New Blood** Paul O Sullivan Club Person of the Year Fernando Claro Record Breaker James Alexander

The Club also recognised their coaches and outgoing Head Coach, Kellie Griffiths, for their contributions. Aqualicious Head Coach, Kellie Griffith, resigned from coaching in 2019 after taking a medical leave of absence and is looking forward to joining the club in the pool again once she has recovered.

**University of Queensland:** MSQ Coaching Clinic, UQ Meet. Annual dinners and presentations – some QUQ Masters members attended the UQ Swimming Club annual awards night. They also had the usual end of year celebrations.

**Brisbane Northside:** On the social side, Northside members gather every Sunday after training at the nearby Café 63 for breakfast, a great opportunity for a chat. The club also had its annual bike ride, run and walk handicap challenge at Redcliffe, with some members from other clubs coming along.

This year the annual 3-way practice meet was hosted by Albany Creek, with Northside and Aqualicious attending, which again proved invaluable for the many members who aren't used to competition.

The AGM and presentations were held in February as usual and the existing committee was re-elected unopposed.

The end of year lunch at the Valley Pool was held earlier than usual in late November to farewell Birte Johannessen who was leaving to go home to Norway the following week. The club also farewelled Laurent Chagnon who was going home to Canada after a year working in Brisbane. Yoshitaka Kawagoshi had returned to Japan earlier in the year. These overseas visitors were all very popular at the club and fine swimmers, and will be missed by Northside club members, however there are strong rumours that Birte may be coming back for further visits to Brisbane where she has family connections.

**Cotton Tree:** They had their first anniversary dinner attended by three original members. They also had breakfast with MSQ President, Shane Knight, with six members attending. Christmas lunch attended by club members, adult squad and one coach. Another social aspect is having coffee after training.

**Noosa Masters:** has an extensive social calendar including: Welcome to the New Year, Valentine's Day, Social Lunches and Dinners, Melbourne Cup, Xmas Party and monthly breakfasts after Sunday squad. They continue supporting the Noosa Triathlon and the Ultimate Sports festival, Runaway Noosa through their volunteering efforts.

QNA also supported fundraising charity events including the Mudjimba Island charity swim and the Cancer Council's Biggest Morning Tea.

**Sunshine Coast:** Each month the club hosts a lunch to celebrate member's birthdays. A different venue is chosen each month, the lunches are enjoyed by 15 to 20 members.

The AGM was held at La Balsa Park in January 2019. Followed by club presentation for 2018 and a BBQ lunch.

The number of members completing swims in the Endurance 1000 program increased in 2019. The club finished 5th in Queensland and 19th Australia wide.

**Rackley Masters:** has around 42 swimmers attend training on a regular basis. Of these not all are 'Masters' swimmers, however they are all part of the family as such and they hold at least 2-3 social events

each year. Plans are underway for Rackley Masters to host a meet in the 2021 season. The Club hopes this will act as incentive for other members of the 'squad' to join Masters Swimming.

**Redcliffe Peninsula** organised four very successful camping weekends and three social functions with the majority of club members attending.

Jake Lippiatt- club captain has taken a year off competing due to family reasons (two very young boys), but still attends club swim nights.

They hold weekly coffee meetings, mainly to keep in contact with members with health problems and to promote friendship and support.

Caboolture Crab Crays had their Christmas dinner night and presentation.

**Nudgee College Masters**: Each Thursday morning after training the club has morning tea and raisin toast at the pool. The swimmers are usually joined by a number of members who didn't swim but still like to come and have a chat. Monthly dinners on a Sunday night at the Geebung RSL celebrate any birthdays that month. In May the club held a Big Morning Tea and raised \$1,035.00 towards cancer research.

Members also collected items for "Share the Dignity" bags and donated a dozen of very well stocked bags for victims of domestic violence. A group went to Warwick for the weekend to the Jumpers and Jazz Festival in July. The year was finished with a lunch for the Aqua people (Swimming, water Aerobics and Deep Water Running) and a Christmas Barbecue Breakfast for the Swimmers.

**Albany Creek Masters**: from a member perspective, the morning coffees after swimming on a Sunday morning figure highly in the enjoyment stakes. The monthly barbecues organised by each swimming lane rotating, provides a great time to share each other's company. A mid-year curry night at Lyn Emerson's house was warming to the spirit. Breakfasts at local cafes were enjoyed and the Christmas lunch to finish the year led to great Christmas cheer dressing up and fun. Birthdays are more celebrated at swim fit with many members in common and the time to do it.

Thanks to Kim Norris, our social convenor, for all her work over 2 years providing much happiness, and friendships being fostered by all the events she thought up.

Awards were presented for most improved 50 metres time to David Butler, swimmer of the year to Keith Murray, and endurance to Karina Horton.

#### J. <u>Technical Officials</u>

**Noosa Masters** has two officials, Viv Merrill and Rob Lucas.

Sunshine Coast: The club has one state official and 2 qualified Check Starters/Marshals

Caboolture Crab Crays: the club has one official.

**Albany Creek Masters**: Heather and David Butler have long supported officiating at the MSQ events including the States this year along with Kris Nedwich.

#### K. Coaching

**Aqualicious:** in 2019 they were preparing for head coach, Kellie Griffiths, to take a medical leave of absence. At the start of 2019 there were three coaches on pool deck. After Kellie's decision to retire from coaching to return to swimming, they presently have four accredited coaches on pool deck, and another two trainee coaches getting close to completing their supervision hours. Dylan Carmichael has stepped in to the Head Coaches' role as of October 2019.

They had three coaches attend the 2019 Coaching Course at Redland Bay Pool, and would like to thank QRB for the use of their facilities. One of those students (Nicholas Carmichael) has completed his accreditation, while the other two attendees are most of the way through their supervision hours.

They've also have begun periodising their coaching plan.

**University of Queensland:** There is one adult-focussed coach on deck. There are many timeslots for adult training sessions. Masters club members are dispersed throughout the different programs. The greater club has numbers of coaching staff and there are occasions where there can be some cross-over.

**Brisbane Northside:** Bev Stubbings as coach runs a varied and interesting session every Sunday morning which is becoming more and more popular with members.

Cotton Tree: They train with the adult squad with professional coaches.

**Noosa Masters:** has one Head Coach and four volunteer assistant coaches.

**Sunshine Coast:** Sue Senent holds a training session for club members every Sunday morning at the Kawana Aquatic Centre.

**Rackley Masters:** The Club currently has 1 full-time Coach Alex Mariani and an assistant coach Melissa Roberts. As well as Masters Coach across the Rackley Group, Alex coaches the Masters & Adult Swim sessions at Colmslie & Centenary Pools. Alex's role includes co-ordinating with all the Adult Swim & Masters coaches at each of the Rackley centres.

**Redcliffe Peninsula:** Two members attended coaching course and the payment of the course fees was paid by their club funds.

**Nudgee College Masters**: Colin Cresser continues in the role of Coach but he is going to retire soon. Several members teach Learn to Swim.

**Albany Creek Masters:** Their coaching triad is headed by Natasha Bletchley, supported by Andrew Melrose, and with Heather Butler filling in as required. The coaching became more rewarding for swimmers and coaches alike as the year progressed with the building on what had been learnt and with Andrew growing in confidence and experience. The three are enjoying the positivity and enthusiasm of the swimmers in return. Andrew supported the swimming activities being club captain as well as coach. Thanks Andrew!

#### L. Funding/Grants

**Aqualicious**: the club continue raising some revenue with occasional Sausage Sizzles at Bunnings. It's a full-day activity but guarantees some needed cash-inflow into the club.

**University of Queensland:** No funding was received other than some minor sponsorship for the QUQ meet. All sponsorship is directed back into the UQ Swimming Club for equipment, activities and scholarship assistance for elite swimmers.

**Cotton Tree:** Two (2) members acted as MC's at the junior Cotton Tree Cyclones carnival to raise funds.

**Noosa Masters:** Got the "Get going Clubs" grant in 2018 for \$7,500, which was used in May, 2019. This funding has allowed the club to initiate an intensive swim weekend at Currimundi incorporating five coaches and specialist tutors. This grant also subsidised three bus trips to various swim meets. Club fundraising activities in 2019 included three Bunnings BBQs and volunteering at Ironman events such as the Noosa Triathlon and Ultimate Sports Festival.

**Sunshine Coast:** During 2019 QSC held three very successful Bunnings BBQs at Maroochydore Bunnings. QSC Club members also volunteered at Noosa Tri to pack athlete kit bags. In turn the QSC was paid for

the volunteer hours. Implementation of the funding – benefits: the funds were used to purchase 60 chairs, 8 gazebos, and 8 tables for the club swim meets and social functions.

**Caboolture Crab Crays:** held a postal event which enabled them to fund some of the clubs activities throughout the year.

**Nudgee College Masters**: The only funding or grant applied for was the Brisbane City Council Seniors Celebration Donation, \$165 was received towards the Christmas party costs.

**Albany Creek Masters:** there were no proposals to enter that space. However their club secretary, David Butler and the Michael Kennedy (President), attended Moreton council educational events to learn what is available and how to apply for grants, among other things. However they believe that it requires more than one meeting.

#### M. Other

*University of Queensland:* The club enjoyed a fun year making new friends while training and competing hard, and they are anticipating even more success and good times in 2020.

**Cotton Tree:** is expecting a big influx of swimmers to join them in 2020.

**Noosa Masters'** coach Jan Croft, was awarded Coach of the Year by MSQ. They were also winners of the MSQ Fun Photo Competition and had Currimundi Training Camp in 2019.

**Sunshine Coast:** The arrangement with Noosa Masters to share a bus to travel to some Brisbane meets continued in 2019.

**Redcliffe Peninsula:** The club allows Special O swimmers to train alongside Masters Swimmers, approx. up to 7 swimmers per session. The club has a very special relationship with the Moreton Bay Special O's with club members supporting the Special O's swim meetings held at the Redcliffe pool.

**Nudgee College Masters**: In September a very special member, Shelley McCready passed away after a long battle with cancer. She was the most enthusiastic and happy person who is missed by all. As a special tribute to our Shelley, club members attended her funeral in our bright towelling shorts and club shirts. She would have loved it!!!

**Albany Creek Masters:** Last year's report, written by their president of six years Phil Fowler, stated that he was stepping down from the role. Michael Kennedy took over acting in his role in the latter part of 2019 and was elected at their AGM. For him, it has been rewarding to feel the acceptance and support by the club members. He believes he is still on a learning curve to provide not only what is needed and how he can contribute to the club in this role. He is convinced that swimming is about Friendship, Fitness & Fun all mixed in together.

#### N. <u>2020</u>

**Aqualicious** is preparing to attend International Gay and Lesbian Aquatic (IGLA) games in Melbourne with at least 11 swimmers traveling. There are plans to finish coaching hours for their coaches. They have also started working on upgrading their website, investigating better options for uniforms, and improving the social aspect of the club further.

*University of Queensland:* Team UQ aim to continue building our great club, and to take big teams away to States, Nationals and PPMG20 for plenty of continued Fitness, Friendship and Fun in 2020.

**Brisbane Northside:** The Endurance 1000 program had fewer participants than previous years, with Tracy Clarkson again finishing the whole program – for the 21st year in succession! It's the club's goal in 2020 to encourage more members to participate in the program.

Cotton Tree: to attend State, Nationals and Pan Pacific Games in 2020 as a team and to keep recruiting.

**Rackley Masters:** In 2020 the club hopes to consolidate the great success of its first year but also start to build the infrastructure to see the club grow into the future. The signs are good with 18 swimmers registered to swim at the Miami Meet.

Redcliffe Peninsula plans to continue with the excellent coaching of swimmers and morale of the club.

**Caboolture Crab Crays:** Negotiations are underway to move the club to the Burpengary Regional Aquatic Centre.

**Nudgee College Masters**: More of their social members are being encouraged to register and attend swim meets. The New Year seems to have attracted a few new members. They are holding a Sanctioned Swim Meet in July and hope that this will help to swell our numbers a bit more.

## Vice President South: Susanne Milenkevich

#### A. Membership

#### **Brisbane Southside**

- Number of club members in the last year (annual report year) = 77
- Number of new members in the last year = 10
- Initiatives by the club to attract new members and/or to retain the numbers
   Invitation to all new members; hold three Club sessions/week; induction; socialisation

#### **Logan Aquatic**

- Number of club members in the last year (annual report year) = 21
- Number of new members in the last year = 3
- Initiatives by the club to attract new members and/or to retain the numbers = Club flyer distributed to the local pool staff who then pass this on to interested community members

#### **Redlands Bayside**

- QRB had 51 financial members
- 4 new members joined this year
- No specific promotional Initiatives have been taken by the club to attract new members and/or to retain the numbers

#### **Yeronga Yabbies**

- 17 Yabbies Club members for 2019
- Up by 2 membership from 2018 the club is hoping to keep building in 2020.
- The Yeronga Yabbies have held a swim and coffee on Saturday mornings for members and guests to try the club this has led to more swimmers joining and increased satisfaction for existing members.

### B. Swim Meets and Results

## **Brisbane Southside**

- Brief summary of your swim meets if you hosted one:
- Hosted State Long Course and QSM Short Course
- Meets attended by your club members QMM QAC QSC QNA Nationals States QSM QBN QHB QYP QAL QUQ QGN Kobe Japan
- Notable successes enjoyed by members at different swim meets
- State Champion Club 2019
- Records set by members

	RECORDS 2019					
Long Cou	ırse					
	National/State	75-79	Jen Thomasson	400	Freestyle	6.30.01
	State	30-35	Nadine Loof	100	Freestyle	1.00.07
	State	75-79	Jen Thomasson	50	Backstroke	0.52.28
	State	75-79	Jen Thomasson	100	Breaststroke	1.56.72
Short Co	urse					
	National/State	30-35	Nadine Loof	25	Freestyle	0.12.09
	National/State	30-35	Nadine Loof	50	Freestyle	0.26.59
	State	30-35	Nadine Loof	25	Breaststroke	0.15.70
	State	70-74	Carol Rylance	800	Breaststroke	19.52.72
	State	65-69	Lance Morgan	100	Freestyle	1.05.59
	State	65-69	Lance Morgan	200	Freestyle	2.28.49
	State	75-79	Jen Thomasson	100	Breaststroke	1.52.67

- OWS events attended by members None
- Interstate swim meets attended Nationals (20) Aust Mast Games (3)
- National Championships/Pan Pacific Masters Games attendance

#### **Redlands Bayside**

- No swim meet has been hosted
- Club members have attended meets at Miami, Albany Creek, MSQ State Champs, Yeronga, Brisbane Southside, Genesis, Aqualicious and Kawana meets
- Notable successes were enjoyed by members at different swim meets

#### **Yeronga Yabbies**

- Swim meet held by the Yeronga Yabbies in 2019 was even better than 2018 the club are really getting everything set to be able to hold annual swim meets with far less work and far more professionalism.
- Yabbies club members attended the Great Barrier Reef Games it was fantastic, Miami Masters meet, Yeronga Yabbies meet, Brisbane Southside meet, Brisbane Northside, Noosa swim meet, Sunshine Coast swim meet and others.
- The successes of 2019 for the Yeronga yabbies are mostly being able to compete in relays as the membership was higher and participation in swim meets have been higher.
- The Yabbies President Claire Huegill set a State Record in 400m Breaststroke and also set a State and National Record in the 800m Breaststroke in 2020.
- A Yeronga Yabbies member Susanne Milenkevich attend Worlds. This was an exciting experience.
- National Championships also was attended by the Yabbies in 2019.

#### C. Club Activities

#### **Brisbane Southside**

- Held a Workshop by Karlyn Pipes with 21 members attending
- Annual Christmas Breakfast with Awards Peter Duell Club Person of Year; Patrick Dinon, Carol Rylance, Michelle Andrews, and Josh Hemelaar received Coaches Awards

#### **Logan Aquatic Masters**

- Annual dinners and presentations = End of year club brunch, welcoming all partners and friends to
  enjoy a healthy selection of food and reflect on the year that was. Club members were gifted with a
  large beach towel.
- Interesting information about specific members = A couple of our members are avid triathletes

## **Redlands Bayside**

- Four members participated in UQ swim skills clinic in March
- One member participated in James Magnussen's Swim live session in June

- Four members participated in Swim Legends Relays at World Trials in June
- Two members attended Australian Masters Games in Adelaide
- QRB booked two lanes at Chandler in July for members to practice their diving skills

#### **Yeronga Yabbies**

- The Yabbies have held a Christmas party being barefoot bowls
- Yabbies are planning many more activities for 2020

#### D. Technical Officials

#### **Redlands Bayside**

- Five QRB members are qualified as timekeepers and one is qualified as chief timekeeper
- QRB has one official who is based in Melbourne
- One member attended the Chief Timekeepers course at Yeronga

#### **Yeronga Yabbies**

- A few members have taken timekeeping Courses
- A member is learning the technical workings of running a swim meet

#### E. Coaching

#### **Brisbane Southside**

Number of coaches on deck in the club = 2

#### **Logan Aquatics**

- Number of coaches on deck in the club Jan King, primary Coach and Frank Fort, learning Coach
- Coaching courses attended by members Frank Fort

#### **Redlands Bayside**

- QRB has four trained coaches on deck
- MSQ coaching course was held at Cleveland pool. QRB's head coach was present and available to assist the group throughout the day

#### **Yeronga Yabbies**

- Yeronga Yabbies have one coach on deck she is doing a fantastic job
- Their coach will be encouraged to update accreditation this year

#### F. Funding/Grants

 The Yabbies are still totally self-funded and will look into grants in 2020 but for now members and swim meet has been enough

#### G. Other

#### **Brisbane Southside**

Lawrie Baker a Brisbane Southside member since 2013 passed away on 7 November 2019. Lawrie
was a wonderful ambassador for Brisbane Southside and Masters Swimming generally. Lawrie had
held the positions of President, Treasurer and Communications Officer.

#### **Redlands Bayside**

QRB has experienced challenges with the facilities at Cleveland pool during the winter with heating
in the 50m pool where the club has three lanes allocated not up to standard, and consequently
overcrowding in the 25m pool where the club usually has two lanes available.

#### **Yeronga Yabbies**

- Yabbies club is now Incorporated
- Yabbies club has created their own postal form in preparation of the next swim meet.
- The Yabbies and looking into the Endurance 1000 and Million metre swimming.

#### H. 2019/2020

### **Logan Aquatics**

- Initiatives and goals for 2020 as a result of activities/funding = seek initiatives from club members to give back to the community.
- Support Frank Fort to become a certified Coach.

### **Redlands Bayside**

- Initiatives and goals for 2020 to organise some fundraising
- To plan more goal focussed training sessions

## **Yeronga Yabbies**

- For 2020 the Yabbies are planning to hold more social catch ups, swims for fun and to help encourage non-masters swimmers to join our masters swimming club.
- The club plan to hold a Christmas in July.

## Administrator: Christina Scolaro

#### **Programs and Activities**

#### **Lane Warriors:**

Seven clubs and 108 swimmers participated in the Lane Warriors program for 2019. The majority of swimmers were in the 61+ age group. The total distance covered was 17,312,460m averaging 160km per swimmer. The top three clubs for the year were Ipswich City Masters, Gladstone Gropers and Hervey Bay.

#### MSX:

The MSX program has been calculated for the 2019 season and includes 131 swimmers achieving Platinum, 82 Gold, 59 Silver and 50 Bronze. Currently Platinum is awarded to times equal to or faster than the top 10% of personal best times set in Australia. Gold is awarded to the top 20% of times, Silver the top 30% and Bronze the top 40% of personal best times in Australia for the year. New time standards are being generated for 2020.

#### **Endurance 1000:**

40 clubs participated in the E1000 program for 2019, with a total of 424 participants. Congratulations once again to Noosa Masters for being the top point scoring club for the seventh year, and to Ipswich City Masters for having the highest average points per club.

#### Million Metres Awards:

Congratulations to the following Queensland swimmers for these great achievements, and thank you to Vorgee for continuing to sponsor this program.

Name	Club	Award
Peter Cain	Cairns Clams	Fifteen Million Metres
Clive Griffin	Ipswich City Masters	Five Million Metres
Paul Mayberry	Twin Towns Masters	One Million Metres
Leonie Crompton	Twin Towns Masters	One Million Metres
Stephen Booker	Brisbane Northside	One Million Metres
Alison Davenport	Gladstone Gropers	One Million Metres
Paul Somerfield	Twin Towns Masters	Ten Million Metres
Graeme Williams	Ipswich City Masters	Three Million Metres
Jo Matthews	Noosa Masters	Two Million Metres

#### **Swim Meets:**

MSQ have been introducing innovations and fine-tuning existing procedures for our swim meets. We are striving to make the meet an easier and more enjoyable experience for swimmers of all levels and ages, and a more relevant and a natural progression for juniors.

- 1. Meet Guides we are aiming to provide comprehensive information prior to the meet to make sure there is no confusion and swimmers are fully informed.
- 2. Entry system a new entry system, "Quick Entry" was introduced that integrates with swimmers' previous results and standards:

- No NT making competitive swimming fair and based on previous results.
- Default to PB/recent time: swimmers have a standard at competition their PB. We defaulted the entry time to PB, but also allowed the choice of a recent time. Swimmers felt confident that they were be placed amongst people with similar competition abilities. This also helped produce a correct timeline and consistent heats.
- Reverse order heats: allows the more experienced swimmers to swim first and show the less
  experienced how it is done. This also gives others a visual prompt to inform the next event being
  marshaled. This approach is used extensively in SQ events, and therefore brings more alignment
  for young swimmers looking to transition to MSQ.
- 3. Meet check-in: competitors check-in as they arrive, automatically updating the Recorder's competitor list. This allows for decisions to be made for re-seeding events.

The MSQ Calendar included 24 sanctioned swim meets throughout 2019. This included club meets, two postal swim meets, MSQ State Championships, Great Barrier Reef Games, and three open water swims (OWS).

Date	2019 Swim Meet	Number of Competitors
9/02/2019	Miami Masters	171
23/02/2019	Hervey Bay Masters Meet	101
2/03/2019	Atherton Mountaineers Meet	4
9/03/2019	Albany Creek Masters SC Swim Meet	194
11/04/2019	MSQ State LC Championships 2019	278
27/04/2019	Whitsunday Masters Meet	26
11/05/2019	Yeronga Park Yabbies Short Course Meet	160
23/05/2019	Great Barrier Reef Masters Games	147
15/06/2019	Rum City Short & Sweet Swim Meet	83
29/06/2019	Rats of Tobruk Rat Races	22
6/07/2019	Brisbane Southside Short Course	152
20/07/2019	Genesis Masters Meet	52
24/08/2019	Long Tan Legends LC Sprint Carnival	15
24/08/2019	Northside Masters SC Meet	134
14/09/2019	Townsville Aquaholics	11
14/09/2019	Noosa Masters	106
28/09/2019	Maryborough Masters Meet	57
12/10/2019	UQ Short Course Sprint and Relay Meet	135
26/10/2019	Sunshine Coast Masters Swim Meet	85
3/11/2019	Nth Mackay Sinkers Masters Swimming OWS	15
9/11/2019	Aqualicious Swim Meet	97
1/12/2019	Big Barrine Bash OWS	81

### **State LC Championships:**

The 2019 Queensland State Long Course Championships were held over 3 days 11-13 April 2019 at the Brisbane Aquatic Centre the home of major swim meets over many decades. The vision was to attract the interest of Master swimmers and showcase a big event promoting masters swimming. The Meet theme of *Swimming...Perfect!!!* was used to capture the passion that Masters swimmers have for our great sport.

Masters Swimming Queensland (MSQ) appointed Brisbane Southside Master Swimming Club as the host Club. The club, in partnership with the MSQ Steering Committee, is to be commended for running a highly organised

event. They were supported by volunteers from Volunteering Queensland who assisted with timekeeping and working the medal table.

These State Championships were Queensland's event for the 2019 Swim Series. We welcomed 278 entries from 40 Clubs Australia-wide including 7 interstate clubs and one from Papua New Guinea Masters. There was vigorous competition in the pool both from individuals and clubs, as every swimmer strove to reach their personal and club goals.

The winners of the major awards were:

- Vorgee Swimmer of the Meet: Female, Jen Thomasson QSM, Male, Brett Woods QUQ
- The George Corones Trophy Highest Aggregate Points: Brisbane Southside Masters QSM

MSQ is wonderfully proud of the Championships in every respect. We thank Brisbane Southside Masters for hosting the Meet and all who attended. The goal of showcasing masters swimming in its best light was achieved.



#### **Great Barrier Reef Masters Games**

The Great Barrier Reef Masters Games were held in Cairns 23 – 25 May 2019 at the Tobruk Memorial Swimming Pool. There were 147 entrants from throughout Australia, New Zealand, Japan and America. Many records were set and there were plenty of PBs by swimmers over the three days. Officials from MSQ and SQ joined together for a great three days of officiating. Early afternoon finishes for the swimming gave visitors the chance to relax or explore Cairns and surrounds. The GBRMG team provided nightly entertainment which was enjoyed by all. The Games are growing in numbers each time with a 33% growth in overall entries for 2019. This year there were 21 sports involved. MSQ and the GBRMG look forward to presenting the swimming again 20 - 23 May 2021. There has been very good feedback with many swimmers advising they will return.





#### **Open Water Swims**

On the Sunday after the Great Barrier Reef Games (26th May), QCN Cairns Mudcrabs Masters club held the annual Crater Lake Classic OWS at Lake Barrine with 101 swimmers. This was another extremely well presented open water event enjoyed by all swimmers. Many thanks to the Cairns Muddies for their organisational skills and efficient volunteers.

The annual North Mackay Sinkers Masters Open Water Swim (OWS) was held on Sunday 3 November 2019. With 41 registrations received, the day dawned with perfect conditions greeting swimmers across the three distances. This year swimmers included good numbers of locals, swimmers from Townsville, S.E. Qld and NSW. The swim also attracted four junior swimmers who swam with purpose and saw the continuation of the Prince and Princess section in the 5k swim for the second year running. The event is the 3rd memorial swim for Jennie Mack, a veteran swimmer whose motto of "Swim for life" is a lasting legacy Masters embrace.

MSQ also hosted their annual Big Barrine Bash OWS on Sunday 1 December 2019 at Lake Barrine on the Atherton Tablelands. It was a perfect sunny day with ideal conditions on the lake. The swim was sanctioned by MSQ plus the Rottnest Channel Swim Association as a pre swim for their 2020 channel swim. Swims offered were 10k, 5k, 2.5k and a 4 x 2.5k relay. There were 81 swimmers on the day with entries from the Brisbane region, Townsville, Cairns, Port Douglas and the Atherton Tablelands. The 10k had 12 swimmers, the 5k 17 swimmers, the 2.5k 40 swimmers plus 3 relay teams. Family and friends of the swimmers kept the Tea House busy throughout the morning and then many enjoyed a delicious lunch after the completion of the swims.



Lake Barrine OWS

#### MSQ relays at the World Trials

Masters Swimming Qld swimmers were fortunate to be included in Swimming Australia's World Championship Trials held at the Brisbane Aquatic Centre in June. Many masters' swimmers participated from a variety of MSQ clubs, and all thoroughly enjoyed the experience. Particular thanks to Miami and Southside Masters clubs for entering teams to swim alongside the Campbell Family relay in their record attempt. Swimmers were thrilled with the opportunity to race alongside the world's best. Many thanks to Sal Cuming, Swimming Australia's Participation Marketing Coordinator for working with MSA to showcase masters' swimming.





MSQ Swimmers at World Trials

#### **Communication and Promotion:**

Communication with our membership is through email, our website and through our social media pages. We have Queensland and North Queensland Facebook pages and Instagram accounts, currently maintained by the Administrator and our VPs. The number of followers and interactions through these mediums is gradually increasing, with increased activity surrounding swim meets, swimmer profiles and club activities. The MSQ Facebook page maintained 1570 likes and 1725 followers.

#### Patron:

Jessicah Schipper continues to be our MSQ Patron. She attended several meets, and was happy to meet and greet swimmers at our State Championships in Brisbane. Thank you very much to Jess for her continued support.



Jess at MSQ State Championships

#### **Acknowledgments:**

Sincere thanks goes to all our board members, coaches, officials, volunteers and timekeepers, who gave so generously of their time to ensure that Masters Swimming Queensland had a very successful 2018. Thanks also to Kath and Sarah in the national office who never fail to offer friendly and helpful assistance with all facets of operations.

## Endurance 1000 – 2019: MSQ RESULTS

40 Clubs participated in the Endurance 1000 Program in 2019.

## Club Results Total Points per Club – Top 12

	Club Code	Club	Total Points
1	QNA	Noosa Masters Swimming Club	21223
2	QMM	Miami Masters Swimming Club	13302
3	QIP	Ipswich City Masters Swimming Club	7278
4	QNS	North Mackay Sinkers Masters Swimming	6396
5	QSC	Sunshine Coast Masters Swimming Club	4537
6	QTT	Twin Towns Masters Swimming	3710
7	QBN	Brisbane Northside Masters Swimming	1450
8	QGS	Gladstone Gropers Masters Swimming Club	1373
9	QAC	Albany Creek Masters Swimming Club	1319
10	QSM	Brisbane Southside Masters Swimming Club	933
11	QTW	Toowoomba Tadpoles Masters Swimming Club	812
12	QHB	Hervey Bay Humpbacks Masters Swimming Club	443

## Club Results: Average Points per Swimmer in each Club – Top 12

	Club Code	Club	Average Points
1	QIP	Ipswich City Masters Swimming Club	404.33
2	QNA	Noosa Masters Swimming Club	268.65
3	QNS	North Mackay Sinkers Masters Swimming	139.04
4	QSC	Sunshine Coast Masters Swimming Club	122.62
5	QMM	Miami Masters Swimming Club	110.85
6	QTT	Twin Towns Masters Swimming	75.71
7	QTA	Townsville Aquaholics	75
8	QGS	Gladstone Gropers Masters Swimming Club	49.04
9	QAC	Albany Creek Masters Swimming Club	28.06
10	QBN	Brisbane Northside Masters Swimming Club	27.36
11	QCD	Caboolture & District Masters Swimming	26.63
12	QMB	Maryborough Masters Swimming Club	21.33

## Club Results: Club Participation Percentage of Total Club Membership – Top 12

	Club Code	Club	Participation Rate %
1	QCD	Caboolture & District Masters Swimming	87.5
2	QNA	Noosa Masters Swimming Club Inc	79.74
3	QTA	Townsville Aquaholics	75
4	QIP	Ipswich City Masters Swimming Inc	72.22
5	QNS	North Mackay Sinkers Aussi Masters	71.73
6	QHH	Townsville Hammer Heads	66.66
7	QSC	Sunshine Coast Masters Swimming Inc	54.05
8	QGA	Genesis Aquatic	50
9	QMM	Miami Masters Swimming Club Inc	48.33

10	QMB	Maryborough Masters Swimming Inc	44.44
11	QSM	Brisbane Southside Masters	41.02
12	QCN	Cairns Mudcrabs	38.46

## Masters Swimming Australia Ranking – Highest Points 143 Competing Clubs Nationally

## MSQ Clubs in the Top 50

1 <sup>st</sup>	Noosa Masters	QNA	21223
5 <sup>th</sup>	Miami Masters	QMM	13302
14 <sup>th</sup>	Ipswich City Masters	QIP	7278
15 <sup>th</sup>	North Mackay Sinkers Masters	QNS	6396
19 <sup>th</sup>	Sunshine Coast Masters	QSC	4537
23 <sup>rd</sup>	Twin Towns Masters	QTT	3710
42 <sup>nd</sup>	Brisbane Southside Masters	QSM	1450
44 <sup>th</sup>	Gladstone Gropers Masters	QGS	1373
46 <sup>th</sup>	Albany Creek Masters	QAC	1319

## Individual Members to have completed the program

Total points - 1005 each Total Swims - 62 17 MSQ completed all swim 424 participants

	Name	Club	Code	Age	Points
1	HORTON, KARINA	Albany Creek Masters	QAC	61	1005
2	CLARKSON, TRACY	Brisbane Northside Masters	QBN	70	1005
3	PATTERSON, JONATHAN	Ipswich City Masters	QIP	71	1005
4	GRANT, ALAN	Miami Masters	QMM	72	1005
5	HORTON, HOBE	Miami Masters	QMM	62	1005
6	MORLEY, HELEN	Miami Masters	QMM	61	1005
7	SOUTHAM, COLETTE	Miami Masters	QMM	54	1005
8	SOUTHAM, GORDON	Miami Masters	QMM	57	1005
9	HOEPPER, BRIAN	Noosa Masters	QNA	72	1005
10	LUCAS, ROB	Noosa Masters	QNA	76	1005
11	MATTHEWS, JO	Noosa Masters	QNA	64	1005
12	POWELL, JANE	Noosa Masters	QNA	61	1005
13	POWELL, MARK	Noosa Masters	QNA	64	1005
14	TUCKER, IAN	Noosa Masters	QNA	64	1005
15	STONEHOUSE, MICHELLE	Sunshine Coast Masters	QSC	57	1005
16	GRIFFIN, CLIVE	Ipswich City Masters	QIP	61	991
17	PENDER, GERARD	Ipswich City Masters	QIP	63	562

## 2019 MSA SWIM SERIES WINNERS – MSQ Winners

The results are recorded nationally, with the MSQ results highlighted in red.

## **FEMALE:**

Age Group	WINNER	Club	Meets attended	Total Points
18 – 24	KIMBERLEY VIDURA	SHB	2	5729
25 – 29	ALEX HARDY	NBT	3	8227
30-34	REBECCA ADRIAN	VSC	3	8091
35 – 39	EMMA MAXWELL	QUQ	2	6265
40 – 44	KRISTY BRACKSTONE	WCM	2	6718
45 – 49	KYLIE WOODS	NBR,TLC	3	4710
50 – 54	CAROLINE MAKIN	NTN	4	10595
55 – 59	DAPHNE BRIGGS	VMV	3	7164
60 – 64	DEE SHEFFRIN	VDC	4	9659
65 – 69	SUE BOEKEL	VMV	3	5909
70 – 74	ROSA MONTAGUE	VPP	3	6778
75 – 79	LINDY SALTER	QMM	2	6283
80 – 84	BARBARA PEARCE	SMR	3	3618
85 – 89	DOROTHY DICKEY	VDC	2	4768
90 - 94	MARION BEULKE	VFR	2	3106
95 - 99	VALERIE LINCOLN	NGS	2	3809

## MALE:

Age Group	WINNER	Club	Meets attended	Total Points
18 – 24	DYLAN BROADWAY	WSF	2	1614
25 – 29	DARIUS SCHULTZ	VPP	3	9565
30 – 34	STUART ANDERSON	WMV	2	3749
35 – 39	MARK SENDECKY	NOW, VGS	2	5418
40 – 44	DEAN SHARD	VPP	3	8081
45 – 49	BRIAN CURTIS	NTN	5	14616
50 – 54	JOHN MCKAIG	QLT	4	12590
55 – 59	MARK HUGGINS	VMV	3	7306
60 – 64	STEPHEN THOMPSON	NSA	2	5814
65 – 69	MICHAEL DALY	VPP	5	8655
70 – 74	GRAHAM CROFT	WCM	2	7234
75 – 79	TONY FORMAN	TAC	6	15912

80 – 84	JOHN COCKS	VMV	6	14545
85 – 89	PATRICK GALVIN	VMV	3	6307
90 – 94	CHINA JOHNSON	QCT	2	4583
94 – 99	ELI KITAY	WOP	1	793

## SWIM SERIES 2019 - MSQ IN TOP 3

Age Group	Name	Club	Place	Meets Attended	Total
18-24	Karla Rosell	QES	3 <sup>rd</sup>	1	Points
	1 1 1 1 1 1		2 <sup>nd</sup>	1	381
18-24	Jamie Coates De Jonge	QUQ		1	366
18-24	Michael King	QSM	3 <sup>rd</sup>	1	334
25-29	-				
30-34	Timothy Buckton	QAL/TDP	2 <sup>nd</sup>	2	643
35-39	Emma Maxwell	QUQ	1 <sup>st</sup>	2	1566
35-39	Caroline Saxby	QUQ	2 <sup>nd</sup>	2	1408
40-44	-				
45-49	-				
50-54	Nola Macaulay	QUQ	2 <sup>nd</sup>	2	1859
50-54	Christina Scolaro	QUQ	3 <sup>rd</sup>	2	1782
50-54	John McKaig	QLT	1 <sup>st</sup>	4	6295
50-54	Martin Banks	QUQ	2 <sup>nd</sup>	2	1740
55-59	Nigel Dalton	QNS	3 <sup>rd</sup>	2	1427
60-64	Deanne Atkinson	QNB	3 <sup>rd</sup>	2	1567
60-64	Hobe Horton	QMM	2 <sup>nd</sup>	2	1368
65-69	-				
70-74	Peter McMonagle	QHB	2 <sup>nd</sup>	2	1807
75-79	Lindy Salter	QMM	1 <sup>st</sup>	2	1571
75-79	Lois Hill	QNA	2 <sup>nd</sup>	2	1383
80-84	-				
85-89	-				
90-94	China Johnson	QCT	1 <sup>st</sup>	2	1146

## LANE WARRIOR RESULTS 2019

The Lane Warrior Program was introduced at the beginning of 2011. The objective is to encourage as many swimmers as possible to record all the distances they swim during the year. The distances include all drills using pool accessories, training program distances, including technique work and those swum at swim meets throughout the year. At the end of the year, the clubs submit the spread sheet of each member who has recorded each swim. Three age categories have been created and the Top Five winners in each category receive a certificate.

	Top 5 Individual Winners				
	18 - 34				
Rank	Name	Club	Distance		
1	Maria Cabrita	QRB	66,800		
2	Alana Crookes	QTW	32,200		
3	Essie Hamilton	QTW	13,750		

	35 - 60				
Rank	Name	Club	Distance		
1	Graeme Williams	QIP	708,100		
2	Shiralee Bielenberg	QIP	690,850		
3	Joel Little	QCN	622,225		
4	Paul Somerfield	QTT	590,000		
5	Fran Moroney	QGS	358,325		

	61+				
Rank	Name	Club	Distance		
1	Don Taylor	QTW	809,700		
2	Conrad Gleeson	QTT	775,800		
3	Paul Mayberry	QTT	526,000		
4	Jean O'Sullivan	QTW	442,400		
5	Louis Hill	QTW	354,025		

**Top 3 Club Winners: Average Distance swum by participants:** 

Top 3 clubs			Average Distance
1	Ipswich City	QIP	363,413
2	Gladstone Gropers	QGS	279,969
3	Hervey Bay	QHB	246,325

## MSX CLUB AND AGE GROUP RESULTS 2019

Number of qualifiers from each club in each standard:

CLUB CODE	CLUB	PLATINUM	GOLD	SILVER	BRONZE	TOTAL
QAC	Albany Creek	2	2	1		5
QAL	Aqualicious		5	1	1	7
QAT	Atherton			1	2	3
QBB	Rum City	5	1			6
QBN	Brisbane Northside	6	1	5	4	16
QBR	Barbarians	8	2	3	3	16
QCD	Caboolture & District	1	2	1		4
QCN	Cairns Mudcrabs		1	2	2	5
QCS	Cairns Clams	1	1		1	3
QCT	Cotton Tree	3	1			4
QES	Element Swimming	3	2			5
QGA	Genesis Aquatic		2	1		3
QGC	Gold Coast	1	1			2
QGS	Gladstone Gropers			2		2
QHB	Hervey Bay	5	10		3	18
QHH	Townsville Hammerheads				1	1
QIP	Ipswich City	1			2	3
QLG	Logan Aquatics		1			1
QLT	Long Tan Legends	2	2	2	2	8
QMB	Maryborough		1	1		2
QMD	Malanda Aquatic Dragon				1	1
QMM	Miami	25	6	4	5	40
QNA	Noosa	12	5	7	7	31
QNB	Nudgee College	2	1	2		5
QNS	North Mackay Sinkers	1	1	1	1	4
QPN	Redcliffe Peninsula			1	1	2
QRB	Redlands Bayside	2		3	1	6
QRC	River City	4	1		1	6
QRH	Caribeae Rocky Crocs			1		1
QRL	Rackley Swim Team	4	6	6		16
QRT	Rats Of Tobruk	4	1			5
QSC	Sunshine Coast	5	1	4	5	15
QSM	Brisbane Southside	12	10	4	3	29
QSS	Somerset Masters	1		2		3
QTA	Townsville Aquaholics			1	1	2
QTR	Trinity Lismore Swimming Club		1			1
QTT	Twin Towns	1	1	1	1	4
QTW	Toowoomba Tadpoles	1	2			3
QUQ	University Of Qld	13	10	1	2	26
QYP	Yeronga Park	6	1	1		8
	GRAND TOTAL	131	82	59	50	322

# Top 3 Individual Rankings in each Age Group: State Championships 2019

Age	Females	Points	Club	Age	Males	Points	Club
18-24	Karla Rosell	2929	QES	18-24	Jamie Coates de Jonge	2814	QUQ
	Jessica Campbell	1378	QBR		Michael King	2569	QSM
	-				Lochlann Andrews	2100	QUQ
25-29	Norah Elvidge	2604	QES	25-29	Michael Cooper	2310	QUQ
	Grace Hegarty	993	QYP		Noah Southam	2197	QMM
	Katherine Reugebrink	664	QIP		Raul Colorado Sanchez	1689	QAL
30-34	Liz Kopacz	2956	QHB	30-34	James Alexander	2859	QAL
	Nicole Taylor	2358	QSM		Andrew Melrose	2272	QAC
	Nadine Loof	2339	QSM		Anthony Shing	2132	QRL
35-39	Emma Maxwell	3156	QUQ	35-39	Casey Flouch	3819	QRC
	Stacia Kirk	3131	QRC		Michael Kain	3252	QBR
	Beth Thornton	3069	QYP		Stephen Berting	3190	QUQ
40-44	Gillian O'Mara	3657	QRC	40-44	Shane Fogarty	2554	QBR
	Tahnee Winks	2858	QAC		Greg Armitage	2104	QNA
	Claire Huegill	2823	QYP		David Barrett	2040	QRB
45-49	Kylie Fletcher	3694	QRC	45-49	Ben O'Connor	3625	QUQ
	Angela Pond	3073	QYP		Todd Robinson	3600	QMM
	Fiona King	2959	QYP		Mark Jordan	2949	QMM
50-54	Nola Macaulay	3695	QUQ	50-54	Martin Banks	3372	QUQ
	Christina Scolaro	3579	QUQ		John McKaig	3364	QLT
	Jennifer Campbell	2129	QBR		Roger Belmar	3131	QMM
55-59	Jan Capps	3042	QSC	55-59	Brett Woods	4090	QUQ
	Trudy Ford	2831	QBB		Brydon Halliday	3387	QRL
	Michelle Stonehouse	2486	QSC		Nigel Dalton	2832	QNS
60-64	Elaine Sng	3406	QSM	60-64	Darryl Hurley	3349	QMM
	Deanne Atkinson	3172	QNB		Hobe Horton	2716	QMM
	Helen Morley	2355	QMM		Gerald Little	2572	QTW
65-69	Jann Edwards	2656	QBB	65-69	Alan Carlisle	3223	QMM
	Suzanne Hollis	2585	QUQ		David Gibson	2845	QBB
	Andree Ernst	2489	QBR		Ross Holden	2535	QUQ
70-74	Narelle Phillips	2629	QCD	70-74	Peter McMonagle	3727	QHB
	Carol Rylance	1971	QSM		Stephen Booker	2780	QBN
	Lorraine O'Reilly	1673	QSM		Robert Jolly	2478	QNA
75-79	Jen Thomasson	3803	QSM	75-79	Roderick Mackenzie	2130	QSM
	Marsha Reddiex	3299	QBR		Iose Mataafa	2029	QSM
	Jan Croft	3148	QNA		David Boylson	1858	QMM
80-84	Denise Robertson	3446	QMM	80-84	Neil Baumber	1824	QPN
	Pauline Yates	1691	QBB		John Tinkler	911	QUQ
	-				John Crisp	709	QMM
85-89	Beres Hindman	1564	QTW	90-94	China Johnson	2269	QCT
	Helen Holmes	865	Q		Stan Jacobs	556	QSM

## MSQ TROPHY AWARDS 2019

The following awards relate to the State Long Course Meet, held at the Brisbane Aquatic Centre, 11-13 April.

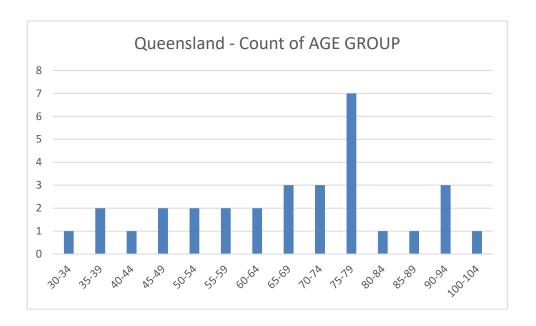
1. George Corones Trophy:	QSM - Brisbane Southside
(Club Highest Points) 1880 Points	
2. Max Gillespie Trophy:	QYP – Yeronga Yabbies
(Larger clubs with the highest average points) Average of 64 Points average	QTI Teronga rabbies
3. Mary Maina Trophy:	QNS – North Mackay Sinkers
(Smaller clubs with the highest average points) Average of 63.8 Points average	
4. Vorgee Female Swimmer of the Meet:	QSM – Jen Thomasson
5. Vorgee Male Swimmer of the Meet:	QUQ – Brett Woods
6. Swimmer of the Meet 18-29 Years:	QES – Karla Rosell
7. Swimmer of the Meet 30-49 Years:	QRC – Casey Flouch
8. Swimmer of the Meet 50-69 Years:	QUQ – Brett Woods
9. Swimmer of the Meet 70+ Years:	QSM - Jen Thomasson
10. Jenny Mack Trophy (Highest Combined Points 100m & 200m Breaststroke)	QUQ - Christina Scolaro
Other Awards:	
1. Mary Sweeney Trophy (Official of the Year):	Cheryl Brodribb
2. Coach of the Year Trophy:	Sean Williams
3. Volunteer of the Year Trophy:	Vivien Merrill
4. John Hughes Trophy: (Highest aerobic point score)	QNA
5. MSQ Endurance 1000 Trophy: (Highest club Endurance 1000 average)	QIP
6. Rats of Tobruk Open Water Swim Trophy	Nil
7. Life Member:	Nil

## MSQ FINA Masters 2019 World Top 10

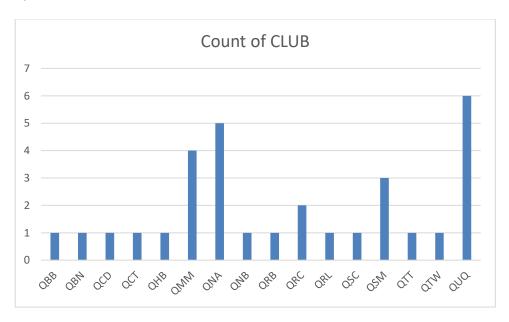
Each year FINA publishes the top 10 Masters' times for each event in each age group across the world for both Short Course (SC) and Long Course (LC). Masters Swimming Queensland would like to congratulate these Queensland swimmers for making the FINA Masters Top 10 for 2019. There are 32 MSQ swimmers, which is 27% of the Australian total. It is wonderful news that the largest number of Top 10 Australian swimmers came from Queensland. Congratulations and well done to all.

NAME	GENDER	AGE GROUP	CLUB
NADINE LOOF AUS	F	30-34	QSM
CASEY FLOUCH AUS	M	35-39	QRC
CAROLINE SAXBY AUS	F	35-39	QUQ
STEFANO ZERBINI AUS	М	40-44	QUQ
TODD ROBINSON AUS	M	45-49	QMM
KYLIE FLETCHER AUS	F	45-49	QRC
NOLA MACAULAY AUS	F	50-54	QUQ
CHRISTINA SCOLARO AUS	F	50-54	QUQ
BRYDON HALLIDAY AUS	M	55-59	QRL
BRETT WOODS AUS	M	55-59	QUQ
STEPHANIE JONES AUS	F	60-64	QNA
DEANNE ATKINSON AUS	F	60-64	QNB
ALAN CARLISLE AUS	M	65-69	QMM
ROSS KEE AUS	M	65-69	QNA
SUZANNE HOLLIS AUS	F	65-69	QUQ
TRACY CLARKSON AUS	F	70-74	QBN
NARELLE PHILLIPS AUS	F	70-74	QCD
PETER MCMONAGLE AUS	M	70-74	QHB
MARSHA REDDIEX AUS	F	75-79	QBB
LINDY SALTER AUS	F	75-79	QMM
LOIS HILL AUS	F	75-79	QNA
JAN CROFT AUS	F	75-79	QNA
DOROTHY SIMMONS AUS	F	75-79	QRB
GEORGE GREEN AUS	M	75-79	QSC
JEN THOMASSON AUS	F	75-79	QSM
DENISE ROBERTSON AUS	F	80-84	QMM
BERES HINDMAN AUS	F	85-89	QTW
CHINA JOHNSON AUS	M	90-94	QCT
MARGARET CUNNINGHAM AUS	F	90-94	QNA
STAN JACOBS AUS	M	90-94	QSM
GEORGE CORONES AUS	M	100-104	QTT

## Distribution of MSQ Swimmers in the FINA Masters 2019 World Top 10:



### **Queensland Clubs:**



## MSQ EVENTS CALENDAR 2019

DATE	LC/SC	CLUB	CODE	REGION	SANCTION	VENUE
JANUARY						
-						
FEBRUARY	ı					
1 Feb – 30/4	Postal	Caboolture Crays Postal Meet	QCD	Sunshine	Q12/19	Any 25m or 50m pool
2	L/C	2019 Brisbane Sprint Champs		SAL	QC1/19	Brisbane Aquatic Centre Chandler
5	L/C	NZ Masters Games		NZ		Wanganui New Zealand
9	L/C	Miami Masters	QMM	South	Q1/19	Miami Aquatic Centre
9	L/C	UQ LC Preparation Meet		SAL	QC2/19	UQ Aquatic Centre St Lucia
16	L/C	2019 RMHC Qld Sprint Champs		SAL	QC3/19	Brisbane Aquatic Centre Chandler
23	L/C	Hervey Bay Masters	QHB	Central	Q2/19	Hervey Bay Aquatic Centre
MARCH						
2	L/C	Atherton Mountaineers	QAT	North	Q3/19	Atherton Pool
9	L/C	Albany Creek Masters	QAC	Sunshine	Q4/19	Albany Creek Leisure Centre
15-17	L/C	Brisbane Senior Metro Champs		SAL	QC4/19	Brisbane Aquatic Centre Chandler
19-23	L/C	National Champs		Adelaide		SA Aquatic & Leisure Centre
23-24	L/C	Speedo Qld National Prep Meet		SAL	QC5/19	Brisbane Aquatic Centre Chandler
APRIL						
11-13	L/C	MSQ State Championships	QSM	South	Q5/19	Brisbane Aquatic Centre Chandler
27	S/C	Whitsunday Masters	QWY	North	Q6/19	Cannonvale Pool Proserpine
MAY						
11	S/C	Yeronga Yabbies	QYP	South	Q7/19	Yeronga Pool
23-25	L/C	Great Barrier Reef Masters Games	MSQ	North	Q8/19	Tobruk Pool Townsville
26	OWS	Muddies Annual Crater Classic	QCN	North	Q9/19	Lake Barrine
JUNE						
15	S/C	Rum City & Sweet Meet	QBB	Central	Q10/19	Bundaberg Swimming Acad.
	S/C	BSA Preparation Meet		SAL	QC6/19	
29	L/C	Rats of Tobruk Rat Races	QRT	North	Q11/19	Tobruk Pool Townsville
JULY	1					
1-31	Postal	Toowoomba Tadpoles 1500m	QTW	South	Q13/19	Any 25m or 50m pool
6	S/C	Brisbane Southside Masters	QSM	South	Q28/19	Brisbane Aquatic Centre Chandler
6-7	S/C	Brisbane SC Championships			QC7/19	Brisbane Aquatic Centre Chandler
13-14	S/C	Speedo Qld SC Preparation Meet			QC8/19	Brisbane Aquatic Centre Chandler
20	S/C	Genesis Masters	QGA	Sunshine	Q14/19	Genesis Aquatic Centre
AUGUST						
3	S/C	Townsville Aquaholics	QTA	North	Q15/19	Kirwin Aquatic Centre
5-18	L/C	FINA World Masters		Korea		Nambu Uni Municipal Aquatic
16-18	S/C	McDonald's Qld SC Championships		SAL	QC9/19	Brisbane Aquatic Centre Chandler
24	S/C	Brisbane Northside Masters	QBN	Sunshine	Q16/19	The Valley Pool
24	L/C	Long Tan Legends	QLT	North	Q17/19	Long Tan Memorial Pool
SEPTEMBER	D 1	Parks Creek Parks I Co. III	0511	Court 1	020/40	A. 25
1-30	Postal	Rocky Crocs Postal - Cancelled	QRH	Central	Q29/19	Any 25m or 50m pool
14	L./C	Noosa Masters	QNA	Sunshine	Q18/19	Noosa Aquatic Centre
28	S/C	Maryborough Masters	QMB	Central	Q23/19	Maryborough Aquatic Centre
28-29	S/C	Lismore Masters Games	QTR	South	Q19/19	Trinity Aquatic Centre
OCTOBER 5-12	1/0	Australian Masters Cames		Adoloido		SA Aquatics & Laigura Cantra
2-12	L/C	Australian Masters Games		Adelaide		SA Aquatics & Leisure Centre

12	S/C	University of Qld Masters	QUQ	Sunshine	Q20/19	UQ Aquatic Centre
20	OWS	Copperlode Swim Classic 2019	QCN	North	Q21/19	Lake Morris, Copperlode Dam
26	L/C	Sunshine Coast Masters	QSC	Sunshine	Q22/19	Kawana Waters Aquatic Centre
NOVEMBER						
3	OWS	Sinkers OWS Balnagowan	QNS	North	Q24/19	Pioneer River, Balnagowan
9	L./C	Aqualicious	QAL	Sunshine	Q25/19	Centenary Pool
9-11	L/C	Medal Shots LC Preparation		SAL	QC11/19	Brisbane Aquatic Centre Chandler
24	ows	Trinity Lismore Masters	QTR	South	Q26/19	Shaws Bay Ballina
DECEMBER						
1	OWS	Big Barrine Bash	MSQ	North	Q27/19	Lake Barrine

## Legend:

MSQ Swim Meets
MSQ Postal Events
MSQ OWS – Open Water Swims
MSQ Co-sanctioned Swimming Australia Meets *

<sup>\*</sup> A Masters Swimming Queensland (MSQ) swimmer may also be recognised for Swimming Australia (SAL) hosted swim meets and have their results published in the MSA Portal. The swimmer must be registered with both Masters Swimming Queensland and Swimming Australia. A number of SAL Meets have been co-sanctioned by MSQ for this purpose and are colour coded. Please note that qualifying times will need to be met. You will need to contact the MSQ Administrator if you are interested.