

# Toowoomba Tadpoles

## 1500M Postal Swim

### Time Recording Form



Swimmers Name: \_\_\_\_\_ Club code \_\_\_\_\_

Date of Swim: \_\_\_\_/July / 2020      Registration number: \_\_\_\_\_

Stroke: Free, Back, Breast.

	Time		Time
50m		800m	
100m		850m	
150m		900m	
200m		950m	
250m		1000m	
300m		1050m	
350m		1100m	
400m		1150m	
450m		1200m	
500m		1250m	
550m		1300m	
600m		1350m	
650m		1400m	
700m		1450m	
750m		1500m	
		<b>Official Time</b>	

A postal swim must be done under the supervision of a club member with knowledge of the rules of swimming to verify that the strokes and turns were executed in accordance with the Master's rules. The time keeper must record splits and the final time on this form.

Timekeeper:

Name: \_\_\_\_\_ Signature: \_\_\_\_\_