



MIXED FREESTYLE RELAY

EVENT #

SWIM MEET: _____ Date: _____

Team/Club Name: _____ Club Code: _____

Contact Name: _____

Contact Mobile: _____

TEAM IN ORDER OF SWIMMING EVENT (2 men/2 women)

Order	First name	Surname	Age	Mobile number
1 st Swimmer				
2 nd Swimmer				
3 rd Swimmer				
4 th Swimmer				

TOTAL AGE: _____ ENTRY TIME: _____

CIRCLE AGE GROUP: 72-119 120-159 160-199 200-239
 240-279 280-319 320-359 360+

NOTE: The Members of a Relay Team and their order of competing must be nominated by the closing time on the day of entries.

Any Relay Team Member may compete in a race only once. To swim in a relay team, a competitor must have swum in at least ONE individual event.

Failure to swim in the order listed will result in disqualification. Substitutions may be made only in the case of documented Medical Emergency.

Amount (if applicable):

Entered: