



The Swim Meet

- This is a short course event, including postal events, to be swum in a 25m pool.
- Entrants must be financial members of Masters swimming unless entering as a one-off **GUEST** competitor.
- A **Guest Swimmer** must send a clear, scanned image of their Driver's Licence to swim@yerongamasters.org by close of entry (as per MSQ Rules for Conducting a Sanctioned Swim Meet, January 2019. This will be forwarded to the MSQ Recorder)
- Each entrant may swim a maximum of **five individual events** which may include **one postal event**.

The Pool

- The 25m heated pool is located at Yeronga Park, School Road, Yeronga.
- Parking is available in the dedicated parking lot and in surrounding streets.
- Food and drinks are available at the kiosk.
- The swim shop will be available for swimwear and other swim gear purchases.
- Some shade is available, however shade shelters from visiting clubs are welcome.

The Program – Saturday 11 May 2019, events commence at 1.00pm

- **12.00 pm swim warm up.** Prior to the start, warm-ups may be swum in the 25m pool. Lanes not in use will be available in the 25m pool for warm-ups and warm-downs during the meet.
- Medical Disability Certificates must be given to the Meet Referee before 1.00pm.
- Presentation of awards and BBQ, will be after events (approximately 5.15pm).
- BBQ is hosted by Yeronga Park Swim Club to support the club swimmers.
- Raffle prizes and money boards will be on offer during the Meet.

The Postals

- Competitors can choose one postal event to swim. Postal events must be swum in a 25m pool from 8 April and 1 May 2019. The Postal Entries Summary Sheet and the Individual Postal Time Sheet may be downloaded from the MSQ website.
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- The Postal Entries Summary Sheet (for club entries) or the Individual Postal Timesheet (for individuals not nominating through a club) must be received by **Wednesday, 1 May 2019**. Please e-mail, we will acknowledge receipt of your forms.
- Individual Postal Time Sheets of those entered on the Summary Sheet must be given to the Meet Director before 1.30 pm on Saturday 11 May 2019.
- **No late postal entries will be accepted. No exceptions.**

The Relays

- **All relay teams to be nominated by Friday 3 May 2019**
- Relays count for club points. For the mixed relay, each team is to have two female and two male swimmers. **Only one relay team per age group per club. Maximum of one relay event per swimmer.** Teams to ensure all swimmers are at the marshalling point on time for their swim.
- Late changes to **team members only** must be submitted to the Meet Director by 1.30pm on the afternoon of the Meet. The final list of swimmers for each team will then be made available.
- Clubs should use MSQ Entry Manager or Team Manager to add relay teams and the names of swimmers.

ALL ENTRIES CLOSE WEDNESDAY 1 MAY 2019

- **Entries for all events** including the postal and relay events should be made electronically using the MSQ Entry Manager on the MSQ website.
- Entries for all events including the postal (final time) should be made using MSQ Quick Entry via the Member Forum on the MSQ website (preferred).



**YERONGA PARK YABBIES
SHORT COURSE MEET
11TH MAY 2019
YERONGA PARK MASTER SWIMMING**

- Meet Director can make decisions on the day.
- **Late nominations or nominations without fees will not be accepted.**
- **Enquiries – Swim@yerongamasters.org Phone: 0430 547 518**

Fees

\$30 Swim - this includes a BBQ at the completion of events.

PROGRAM OF EVENTS

Sanctioned by Masters Swimming Queensland for Masters Swimming Australia Inc. - Sanction No. 6/18. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director to take whatever action is deemed necessary in the event of an emergency and accept responsibility for any and all costs arising from such action.

May 2017 Masters Swimming Australia rules apply, and in accordance with May 2017 National Safety Policies and Procedures

Swimmers may nominate in FIVE individual events, including ONE postal event.

POSTAL EVENTS <i>(Swum between 8 April and 1 May 2019)</i>	SWIM MEET DAY EVENTS <i>Saturday 11 May 2019 1:00pm</i>
Choice of One events	Choice of <u>FIVE</u> individual events or <u>up to FOUR</u> individual events and <u>ONE</u> postal events. Only <u>TWO</u> 100m events may be swum.
1. 200m Medley 2. 200m Butterfly 3. 200m Backstroke 4. 200m Breaststroke 5. 200m Freestyle	6. 100m Medley 7. 25m Butterfly 8. 50m Backstroke 9. 100m Breaststroke 10. 25m Freestyle 11. 50m Butterfly 12. 4 x 50m Mixed Freestyle Relay 13. 100m Backstroke 14. 25m Breaststroke 15. 50m Freestyle 16. 100m Butterfly 17. 25m Backstroke 18. 50m Breaststroke 19. 100m Freestyle <p style="text-align: right;"><i>(Reminder: Swimmers may enter only TWO 100m events)</i></p>

Enquiries – Swim@yerongamasters.org Phone: 0430 547 518