

Annual Report

2018

Table of Contents

Masters Swimming Queensland Inc	3
2018 Branch Management Board	4
Appointees and Staff	4
Life Members	5
2018 Masters Swimming Queensland Affiliated Swimming Clubs	5
Branch Management Board Reports	6
President's Report	6
Treasurer's Report	6
Director of Recording	16
Director of Technical Services	17
Director of Risk Management	17
Director of Coaching Services	18
Vice President North	18
Vice President Central	26
Vice President Sunshine	29
Vice President South	36
Administrator	43

Masters Swimming in Australia, Queensland Branch Inc. Trading as

Masters Swimming Queensland Inc.

Under Business Names Act 1962-1990 Section 7 (4)
Business Number BN6091623

The Masters Swimming Purpose is "To encourage adults regardless of age or ability to swim regularly in order to promote fitness and improve general health"

Incorporated in Queensland on the first day of November 1988 under the Queensland Associations Incorporation Act of 1981

Australian Business Number: 15 804 399 838

Business Address PO Box 1279
CAPALABA 4157

Phone: 0419 955 011

Incorporation number:

Email: admin@mastersswimmingqld.org.au

Website: www.mastersswimmingqld.org.au

Facebook: www.facebook.com/MastersSwimmingQueensland

4901

Office Hours: Monday - Friday 9.00 am to 4.00 pm

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Affiliations: Masters Swimming in Australia Inc.

Q Sport – Sports Federation of Qld Inc.

Swimming Queensland National Officiating Program Australian Coaching Council

FINA

Funding: Swimming Queensland



2018 Branch Management Board

President	Shane Knight	
Treasurer	Julie Bott	
Vice President (North)	Cheryl Brodribb	
(Central)	Patricia O'Brien-Price	
(Sunshine)	Fernando Claro	
(South)	Susanne Milenkevich	
Director of Recording David Findlay		
Director of Technical Services John Barrett		
Director of Risk Management Therese Crollick		
Director of Coaching Services	Sean Williams and Simon Watkins	

Appointees and Staff

Registrar	Christina Scolaro / MSA	
Minutes Secretary	Cheryl Brodribb	
Administrator	Helga Ward (Jan – June) Christian Scolaro (July – December)	

Life Members

Max Gillespie (deceased)	QSM
Mary Sweeney	QBN
David Ryan	QBN
Rob Lucas	QNA
Derek Coghill	QSC
Ken Liddy	QTT
Stan Pearson	QCD
Therese Crollick	QDU
John Barrett	QRT

2018 Queensland Masters Affiliated Swimming Clubs

In 2018 there were 48 clubs registered with Masters Swimming Queensland

North Region: 9 Central: 6 Sunshine: 16 South: 16 MSQ: 1

NORTH REGION

Cairns Mudcrabs
Cairns Clams
Long Tan Legends
Mareeba Masters
Malanda Aquatic Dragons
Rats of Tobruk
Townsville Aquaholics

Whitsunday Masters

Atherton Mountaineers

CENTRAL REGION

Caribeae Rocky Crocs Gladstone Gropers Hervey Bay Maryborough Maryborough North Mackay Sinkers Rum City

SUNSHINE REGION

Albany Creek Aqualicious Brisbane Northside Caboolture & District Commercial Swim Club **Cotton Tree Masters Genesis Aquatics** Healthstream Indooroopilly **Noosa Masters** Nudgee College Rackley Swim Team Redcliffe Peninsula **Sunshine Coast** University of Qld Uni Wahoos

SOUTH REGION

Brisbane Southside
Duck Creek
Element
Griffith University
Ipswich City
Logan Aquatic
Manly Brisbane
Miami Masters
Redlands Bayside
River City Rapids
Somerset
Trinity Lismore
Turbo Jets
Twin Towns Services
Toowoomba Tadpoles

Yeronga Yabbies

MSQ Virtual Club: Barbarians

New clubs: Indooroopilly Masters (Sunshine), Cotton Tree Masters (Sunshine), Commercial Swim Club

(Sunshine), Rackley Swim Team (Sunshine) and Trinity Lismore Masters (South)

Clubs Closing: Duck Creek (South) and Healthstream (Sunshine)

Branch Management Board Reports

President's Report: Shane Knight

I had a very busy first year as the Masters Swimming Queensland President. My objective was to inject enthusiasm into our Board and clubs and to do that, I attended many club meetings, events and swim meets, travelling far and wide. Queensland presents a very unique challenge as the distances of clubs cover an area from Cairns to Northern New South Wales and out to the Ranges.

My initial focus was to get to know clubs and members to include finding out where improvements can be made. Swimmers have been extremely impressed by my genuine interest in listening to members and assisting at events all over the state of Queensland. It has been a pleasure meeting the club members.

Much time and effort had been invested in the organisation of the Pan Pacific Masters Games held in November on the Gold Coast, where I was the Swimming Convenor and Meet Director. I managed to recruit two new Directors of Coaching in MSA's Year of the Coach, and I am working to ensure exciting progress is made in this crucial area.

Some highlights include:

- 1. A tour of MSQ North Region where I met with MSQ's VP North, Cheryl Brodribb, for several meetings involving upcoming OWS and events and for meetings and gatherings with members from the Cairns Clams, Cairns Muddies, Malanda, Atherton and Mareeba clubs.
- 2. A trip to Maryborough to meet with VP Central, Patricia O'Brien-Price and members of Maryborough, Gladstone and Hervey Bay.
- 3. Multiple trips to the Sunshine Region clubs with VP Sunshine, Fernando Claro. Trips included a Sunshine Coast Masters' meeting, Aqualicious and Brisbane North (Valley) meets and a morning training session with UQ.
- 4. Multiple trips to South Region clubs with VP South, Susanne Milenkevich. Trips included Ipswich City Masters annual club carnival, Toowoomba Tadpole's Sunday training and Miami Masters Swim Camp.

My aim is to continue the new enthusiasm into 2019. My goals include improving the areas of coaching, technical, OWS, multi-class and more, to enable MSQ to continue to diversify and engage with the broader community. It is important for us all to develop a wider awareness of the masters' swimming community.

Treasurer's Report: Julie Bott

This is my second year as MSQ Treasurer and I am delighted to present the following 2018 report which confirms an annual profit of \$15,811- approximately \$12,000 more than the budget set at our Board Meeting last year.

This massive increase in profitability is directly attributable to the success of the Pan Pacific Masters Games. Susanne (VP Southside), Shane (MSQ President) and Christina (MSQ Administrator) are to be applauded for the professionalism and effort they put into making this competition not only a financial success, but a bench mark against which future events should be staged. It was also rewarding to see that the enthusiasm and commitment of the officials and volunteers flowed through to all the attending swimmers.

I personally have really enjoyed this past year as Treasurer with MSQ and have two people I'd specifically like to thank directly for their support: firstly, Amanda Noble the accountant for Swimming Qld who maintains our books and prepares payments for processing and secondly to Fernando Claro (VP Sunshine) for reconciling all the accounts relating to MSQ Swim Meets. You both make my job manageable and enjoyable and I thank you sincerely for your massive contribution to MSQ.

MASTERS SWIMMING QUEENSLAND INC.

FINANCIAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2018

CONTENTS

	Page
Income statement	8
Balance sheet	9
Notes to the financial statements	10
Statement by the committee	14
Independent audit report to the members	15

Masters Swimming Queensland Inc.

INCOME STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2018

	Note	2018 \$	2017 \$
Income Membership & Affiliation Fees		44,245	40,457
Grant Funding		35,248	35,248
Meet Income		59.043	7,338
National Championships Income	2	-	89,160
Merchandise Sales	_	35	1,006
Coach Development		2,004	1,241
Interest Received		1,461	804
Other Income		73	18
		142,109	175,272
Expenditure			
Administration Expenses			
Service Level Agreement		28,000	55,000
Printing		4,206	8,000
Depreciation		428	
Sundry		6,970	3,724
Wages & Superannuation		29,448	-
Provision for Employee Entitlements		2,434	-
Meet Expenses		45,725	9,188
National Championships Expenses	3	-	61,472
Coaching and Officials Development		1,105	1,354
Membership Development		1,606	-
Merchandise Purchases		-	1,902
Meetings		4,062	2,368
Bank Charges		2,054	2,386
Registrations		260	527
		126,298	145,921
Net profit/(loss) from operating activities		15,811	29,351
Retained profits at the beginning of the financial year		127,034	97,683
Retained profits at the end of the financial year		\$ 142,845	\$ 127,034

MASTERS SWIMMING QUEENSLAND INC.

BALANCE SHEET AS AT 31 DECEMBER 2018

	Note	2018 \$	2017 \$
ASSETS			
CURRENT ASSETS			
Cash and Cash Equivalents	4	115,048	111,823
Trade and Other Receivables	5	7,765	1,898
Inventories	6	25,782	13,942
TOTAL CURRENT ASSETS		148,595	127,663
NON-CURRENT ASSETS			
Property, Plant and Equipment	7	1,497	-
TOTAL NON-CURRENT ASSETS		1,497	-
TOTAL ASSETS		150,092	127,663
LIABILITIES			
CURRENT LIABILITIES			
Trade and Other Payables	8	4,813	629
Provisions	9	2,434	
TOTAL CURRENT LIABILITIES		7,247	629
TOTAL LIABILITIES		7,247	629
NET ASSETS		\$ 142,845	\$ 127,034
EQUITY			
Retained Earnings		142,845	127,034
TOTAL EQUITY		\$ 142,845	\$ 127,034

The accompanying notes from part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018

1 Financial Reporting Framework

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act (Qld) 1981. The committee has determined that the Association is not a reporting entity.

Statement of Compliance

This financial report has been prepared in accordance with the Associations Incorporation Act (Qld) 1981, the basis of accounting specified by all Australian Accounting Standards and Interpretations, and the disclosure requirements od Accounting Standards AASB 101: *Presentation of Financial Statements*, AASB 108: *Accounting Policies, Changes in Accounting Estimates and Errors*, AASB 1031: *Materiality* and AASB 1054: *Australian Additional Disclosures*.

Basis of Preparation

The financial statements have been prepared on an accrual basis and are based on historical costs. They do not take into account changing money values or, except where stated specially, current valuations of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless stated otherwise, have been adopted in the preparation of these financial statements.

a. Income Tax

No provision for income tax has been raised as the Association operates solely as a non-profit organisation and accordingly is exempt from income tax under Section 50-10 of the Income Tax Assessment Act 1997.

b. Property, Plant and Equipment (PPE)

The depreciable amount of all PPE is depreciated over the useful lives of the assets to the association commencing from the time the asset is held ready for use. The depreciation rates used for Plant & Equipment is 30%.

c. Cash on Hand

Cash on hand includes cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.

d. Employee Provisions

Provision is made for the association's liability for employee benefits arising from services rendered by employees to the end of the reporting period. Employee provisions have been measured at the amounts expected to be paid when the liability is settled.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018

e. Accounts Receivable and Other Debtors

Accounts receivable and other debtors include amounts due from members as well as amounts receivable from donors. Receivables expected to be collected within 12 months of the end of the reporting period are classified as current assets. All other receivables are classified as non-current assets.

f. Inventories

Inventories are measured at the lower of cost and net realisable value. Costs are assigned on an average cost basis.

Revenue and Other Income

Revenue is measured at the fair value of the consideration received or receivable.

Revenue is recognised when invoices are raised. Interest revenue is recognised upon receipt.

Grant and donation income is recognised when the entity obtains control over the funds, which is generally at the time of receipt. If conditions are attached to the grant that must be satisfied before the association is eligible to receive the contribution, recognition of the grant as revenue will be deferred until those conditions are satisfied.

All revenue is stated net of the amount of goods and services tax.

h. Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense.

Receivables and payables in the Balance Sheet are shown inclusive of GST.

Accounts Payable and Other Payables

Accounts payable and other payables represent the liability outstanding at the end of the reporting period for goods and services rendered by the association during the reporting period that remain unpaid. The balance is recognised as a current liability with the amounts normally paid within 30 days of recognition of the liability.

MASTERS SWIMMING QUEENSLAND INC. NOTES TO THE FINANICAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018

		2018 \$	2017 \$
2	National Championships Income	•	Ψ
	Entry Fees	-	64,800
	Grants Received	-	6,500
	Merchandise Sales	-	1,173
	Presentation Function	-	10,255
	Program Sales	-	1,118
	Services – Engraving	-	2,084
	Services – Massages	-	2,236
	Sponsorship	-	545
	Sundry Income	-	449
			\$ 89,160
3	National Championships Expenses		
	Accommodation	-	700
	Advertising & Public Relations	-	1,000
	Committee/Meeting Expenses	-	197
	Complimentary Refreshments	-	270
	Hire of Plant & Equipment	-	45
	Medals and Trophies	-	10,220
	Merchandise Purchases	-	1,800
	Officials' Expenses	-	7,256
	Paypal Fees	-	2,382
	Presentation Function	-	11,986
	Printing, Postage & Stationery	-	2,154
	Recorder/Technical	-	2,673
	Sanction Fee	-	4,924
	Services – Engraving	-	1,736
	Services – Massages	-	2,132
	Sundry Expenses	-	998
	Venue Costs	-	10,999
			\$ 61,472
4	Cash Assets		
	Cash at Bank – Cheque Account	11,953	32,260
	Cash at Bank – Debit Card Account	1,989	-,
	Term Deposit – CBA # 542	51,106	50,000
	Term Deposit – CBA # 967	50,000	29,563

MASTERS SWIMMING QUEENSLAND INC. NOTES TO THE FINANICAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018

		<u> </u>	\$ 111,823	
		\$ 115,048 ———		
		2018 \$	2017 \$	
5	Trade and Other Receivables			
	Trade Debtors	475	518	
	Prepaid Expenses	6,615	1,326	
	Receivables	675	-	
	Net GST Refundable	-	54	
		\$ 7,765	\$ 1,898	
6	Inventories			
	Medals	25,782	13,942	
	medale	\$ 25,782	\$ 13,942	
7	Property, Plant and Equipment	<u> </u>	<u> </u>	
	Plant & Equipment	1,925	-	
	Less: Accumulated Depreciation	(428)	-	
	·	1,497		
	Total Plant and Equipment	1,497		
	Total Property, Plant and Equipment	\$ 1,497	\$	
8	Trade and Other Payables			
	Trade Creditors	665	629	
	Net GST Payable	1,007	-	
	PAYG Withholding	2,040	-	
	Superannuation Payable	1,101	-	
		\$ 4,813	\$ 629	
9	Provisions			
	Provision for Annual Leave	2,434		
		\$ 2,434	\$	

In accordance with a resolution of the committee of Masters Swimming Queensland Inc., the members of the committee declare that the financial statements as set out on pages 1 to 6:

- presents a true and fair view of the financial position of Masters Swimming Queensland Inc. as at 31
 December 2018 and its performance for the year ended on that date in accordance with the accounting
 policies described in Note 1 to the financial statements and the requirements of the Associations
 Incorporation Act (Qld) 1981; and
- 2. at the date of this statement, there are reasonable grounds to believe that Masters Swimming Queensland Inc. will be able to pay its debts as and when they fall due.

This statement is signed for and on behalf of the committee by:

5.16	
President	
Julekatt	

Dated this 30th day of January 2019

Treasurer

We have audited the accompanying financial report, being a special purpose financial report, of Masters Swimming Queensland Inc. (the association), which comprises the balance sheet as at 31 December 2018, the income statement for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the certification by members of the committee on the annual statements giving a true and fair view of the financial position and performance of the association.

Committee's Responsibility for the Financial Report

The committee of the Masters Swimming Queensland Inc. is responsible for the preparation and fair presentation of the financial report, and has determined that the basis of preparation described in Note 1 is appropriate to meet the needs of the members. The committee's responsibility also includes such internal control as the committee determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We have conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the association's preparation and fair presentation of the financial report, in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion, the financial report presents fairly, in all material respects, the financial position of Masters Swimming Queensland Inc. as at 31 December 2018 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements, and the requirements of the Associations Incorporation Act (Qld) 1981.

Basis of Accounting and Restriction on Distribution

Without modifying our opinion, we draw attention to Note 1 to the financial statements, which describes the basis of accounting. The financial report has been prepared to assist Masters Swimming Queensland Inc. to meet the requirements of the Associations Incorporations Act (Qld) 1981. As a result, the financial report may not be suitable for another purpose.

Name of Firm: AMG Audit + Assurance

Name of Partner:

Matthew Kuhn CA – Partner

Address: Level 5, 445 Upper Edward Street, Spring Hill QLD 4000

Dated this 31st day of January 2019

Director of Recording: David Findlay

In the 2018 year we started working on the transfer of day to day recording portfolio work from me as Director of Recording to a wider group of the Recording Subcommittee. This has been a slow process owing to the fact that we are geographically separated and all quite busy. I'm continuing to try to document the work I do. Financial reconciliation of meet entry payments has been handled by Fernando Claro for much of the year.

As at the end of the year the backlog of records' processing had been completed and work has been done to split this workload in the future.

The MSX program has been calculated for the 2018 season and awards are being distributed. Due to the complexity added by allowing E1000 swims to be eligible for MSX this will be discontinued in 2019 as the program is primarily intended to encourage meet competition.

The software that enables MSX to be calculated has been rebuilt this year and decoupled from the MSQ Entry System. This means that it would be much easier for other state organisations to adopt it and it will be easier to calculate in the future.

The MSQ Relay Entry system performed well at the State Championships and Pan Pacific Masters Games, however, work does need to be done to improve payment tracking. Future major meets' work needs to be done to establish a Recording team earlier so that people can be trained to organise reports and relays.

Twenty-four meets were held throughout the year in Queensland. At two meets, the State Championships and the Pan Pacific Masters Games, Multi-class competition was included. This has been well received by members. This year we expect a number of club meets to include multi-class swimmers as well. Meet recording instructions are being updated to include procedures for multi-class.

Meet attendance statistics (number of meets swum vs number of competitors):

Number of Meets Attended	Number of Competitors
1	229
2	121
3	91
4	47
5	45
6	28
7	34
8	17
9	13
10	8
11	2
12	1

It is interesting to note that approximately 50% of MSQ membership attended swim meets (636), and the majority of swimmers attended between 1 and 5 swim meets during 2018.

Director of Technical Services: John Barrett

This is my first report as Director of Technical Services and I would like to recognise and thank Stan Pearson for the work he had done as the previous Director. During the transition Stan covered the role of Technical Director for the Pan Pac Masters Games and continues to help me with advice and guidance.

Technical Officials activities:

During the year, officials provided services at the State Championships in Rockhampton, the Pan Pacific Masters Games at Southport, at Open Water Swims in Cairns and the Atherton Tableland and at many local meets around the State.

Officials kept themselves aware of changes in MSA Rules particularly in relation to use of wetsuits in Open Water Swims and arrangements for setting records.

Advice was provided to MSA about sanctioning 10km open water swims and the issue of pool depths was raised with the MSA Technical Committee. This led to changes to the MSA Safety Policy and clarification on pool depths for diving.

Heather Butler in Brisbane and Cheryl Brodribb in Cairns organised courses for Timekeepers, Starters and Marshalls. MSQ hopes to build on this and encourage more members to gain technical accreditation at some level.

2019

It is hoped to run more technical courses and mentor more people to become officials. MSA is looking at on-line training and some modules on officiating are currently available. Rosters have been prepared for officials to attend South Queensland swim meets and responsibilities for Northern meets, including the Great Barrier Reef Games, will be shared by those in the region.

Director of Risk Management: Therese Crollick

The most pressing issue from a technical and risk management view point was pool depth for diving. With a few pools in Queensland being older designs, it meant cancellation of swim meets and it also raised concerns about organised club activities. We appreciate the work of Phil Beams and the MSA Technical Committee in providing an update to the Safety Policy and clarification on this matter.

The accident at the Pan Pacific Masters Games, where a swimmer injured the wrist/hand at the finish of the backstroke relay leg, as far as I am aware, has been resolved, although the swimmer did require ongoing medical treatment. It was not something that could have been foreseen from a Risk Management point of view and it was handled appropriately at the time.

Directors of Coaching Services: Sean Williams & Simon Watkins

Director of Coaching, Mark Erickson presented the Masters Coaching Course (extension) at the ASCTA Convention with Bruce Allender in Brisbane in May. Masters Swimming will continue to work with ASCTA to improve courses and make them more relevant to experienced coaches (with at least a Bronze license).

Coaching courses were held in Cairns and in Brisbane during 2018. These were presented by Mark and Raylene Rasmussen, Tony Keogh, Natasha Bletchley and Rachael Keogh. Many thanks to all our coaches for presenting courses and for doing a great job in promoting Masters Swimming. Mark Erickson has now resigned, and we thank him for his work in support of MSQ over recent years. MSQ welcomed Sean Williams and Simon Watkins as our new Directors of Coaching in August.

The new team has already implemented a courses and clinics' calendar, and they aim to increase the numbers of masters' athletes and upskill members with coaching qualifications. Plans are in place to develop a network of coaches to work together to expand delivery across the state. Coaching courses will still be offered, however, a major goal is to offer development opportunities with clinics and online questionnaires for further professional education. Our new Directors of Coaching Services are very excited with this opportunity and are anticipating great results in the future.

Vice President North: Cheryl Brodribb

The North Region has nine Masters' Clubs covering a large area which makes it difficult for members to attend all swim meets within the region.

Clubs in the north region are: Atherton Mountaineers, Cairns Legends, Cairns Mudcrabs, Long Tan Legends Townsville, Malanda Aquatic Dragons, Mareeba Masters, Rats of Tobruk Townsville, Townsville Aquaholics and Whitsunday Masters.

Seven sanctioned pool swim meets were held within the region in 2018 as well as the inaugural *Big Barrine Bash* (3Bs) OWS at Lake Barrine hosted by MSQ with assistance from Northern clubs. Swim distances offered were 10k, 5k and 2.5k. The 10k swim was a pre-swim for the Rottnest Channel swim giving swimmers in the area the chance to obtain a time for entry to the 2019 Rottnest Channel swim. Eleven swimmers completed the 10k swim, seventeen the 5k swim and thirty-seven the 2.5k swim.





MSQ President Shane Knight visited Cairns and district for four days in June. This was a whirlwind visit with Shane and Cheryl attending meetings with Cairns Regional Council Sports Department, Chemist Warehouse Cairns and Rydges Esplanade Resort Cairns. We are delighted to have Chemist Warehouse Cairns as sponsors for the swimming component of the 2019 Great Barrier Reef Masters Games and the 2020 State Championships. Rydges Esplanade Resort Cairns is offering a reduced accommodation and breakfast package for out of town guests for both the *Great Barrier Reef Masters Games* and the 2020 State Championships.

On the Saturday a meeting was held in Atherton with members of Atherton, Malanda and Mareeba Masters attending. Thank you to Kim and Gayle for their wonderful hospitality. Sunday morning a meeting was held at Tobruk Pool Cairns with members of Cairns Clams and Cairns Mudcrabs in attendance. A lot was discussed at both meetings and feedback was welcomed.

The Regional Competition for the MSQ member/club development was trialled in the North Region for 2018. Congratulations to Long Tan Legends Townsville on winning the 2018 competition.

Technical courses were held at Woree and Tobruk Pools. Three Cairns Mudcrabs and one Malanda Masters' swimmer did the timekeeping course, three Cairns Mudcrabs the starting course at Woree and seven Cairns Clams did both the timekeeping and starting courses at Tobruk.

A. Membership

Membership in the North Region is a mixture of registered masters and non-masters' swimmers. Many adults enjoy taking part in swimming training sessions with clubs, but unfortunately do not want to commit to Masters' membership.

- Atherton Mountaineers had 27 members, an increase of three from 2017.
- Cairns Legends membership remained steady.
- Cairns Mudcrabs had sixteen MSQ registered members including two new members and 50 social members with nine new social members.
- Long Tan Legends Townsville had 23 members including one new member.
- Malanda Aquatic Dragons are mostly parents of the junior swimming club.
- Mareeba Masters had a small working group.
- Rats of Tobruk Townsville membership remained stable with two new members and some other interest shown.
- Townsville Aquaholics had nine with four of them being new members.
- Whitsunday Masters had twelve registered members with membership declining.

B. Swim Meets and Swim Results

Atherton Mountaineers

- Held a long course swim meet on 7th April with 29 swimmers (27 Masters and two guests).
 Swimmers and partners stayed on for a very social pizza and delicious homemade chocolate pudding for dinner.
- Bronze MSX awards for 2017 were attained by Linda Fogg and Kim Christie. Georgia Tullock, Linda Fogg, Kim Christie and Des O'Connor attended the Mareeba swim meet with Linda Fogg winning her age group.
- Judy Clarke, Gayle Stitcher, Des O'Connor and Kim Christie attended the Rats of Tobruk swim meet and Des O'Connor also swam in the Open Water Swim on the Sunday.
- Linda Fogg attended the Pan Pacific Masters Games and was very happy with the times she achieved in all her events.
- Judy Clarke, Linda Fogg, Kim Christie and Des O'Connor swam at the Cairns Mudcrabs swim meet.
- Des O'Connor swam at the *Copperlode Classic Open Water Swim* and while not the fastest was very happy with his time.

Cairns Legends (Clams)

- Clams' members participated in local swim meets and the *Big Barrine Bash OWS* as well as the State Championships
- Ted Bunt was part of a two-person team for the *Rottnest Channel* swim.

Cairns Mudcrabs

- Muddies held a short course swim meet at Gordonvale in November with Muddies' members
 obtaining 24 1sts and two second placings. The usual camaraderie was in full force and all
 enjoyed the meet and meal, however, a financial loss was made making a 2019 meet unviable.
- Kevin Murgatroyd and David Barker swam at Mareeba with both gaining gold medals in their respective age groups.
- In the *Bunbury Winter Postal* swim, Mako Watanabe and Kevin Murgatroyd were placed first in their respective age groups. Kevin was awarded the fastest male in his age group.
- Mako Watanabe swam in the 2018 Pan Pacs at the Gold Coast where he won five silver medals.
- Theresa Donnelly, Michelle Caffrey, Sue Rayner and Ian Campigli participated in the Airlie Beach swim and tri events. Theresa was first and Michelle second in the 2km swim and second in the tri-swim. Ian was third in the Olympic tri with Sue third in the sprint event.
- In May, Muddies held their Annual Crater Lake Classic Open Water Swim at Lake Barrine with 84 entries. Nominations were handled efficiently by *iOceanSwim*. Gary and Sean from Cairns Crocs and a few Muddies' members took care of the electronic timing. Water safety and first aid personnel were Muddies' members ensuring paramount safety. Muddies had seventeen members swimming.
- Many Muddies participated in the *Great Adventures Green Island Swim*, the *Yungaburra Tri and Cairns Ironman* as individuals or in a team
- Muddies was fortunate to hold the *Copperlode Classic* at Lake Morris again with numbers capped at 30 by permit. A ballot was held to select the swimmers. Again, iOceanSwim organised the registrations and Gary from Cairns Crocs took care of timing.
- Several swimmers participated in the inaugural MSQ 3B's Open Water Swim at Lake Barrine with Theresa Donnelly and Sean Hampson completing the 10k swim, Gwen Hobbs, Leonie Allen, Miroslav Sonar, Joel Little and Mark Todman the 5k swim and Katie O'Rourke, Leah Horstmann, Michelle Caffrey and Joanne Maher the 2.5k swim. The 2019 3B's Open Water Swim event is eagerly awaited.

Long Tan Legends Townsville

- QLT held their successful annual swim meet in September with 26 swimmers from Long Tan, Rats
 of Tobruk, Townsville Aquaholics and some out of town visitors who were holidaying in
 Townsville.
- Long Tan had the pleasure of MSQ President Shane Knight being there to see how things are done in the North.
- Members attended swim meets in Townsville, Cairns, Atherton, Darwin, Kuala Lumpur and Singapore as well as the State and National Championships.
- John McKaig again won the Swim Series for the 45 49 Male age group and Michelle Scott claimed at least one National record.
- Club members participated in the Strand Series Open Water Swim events between May and August which was organised by the Townsville Open Water Swimming Association plus the Big Barrine Bash at Lake Barrine in December.

Malanda Aquatic Dragons

• Members participated in local swim meets and the Big Barrine Bash OWS at Lake Barrine.

Mareeba Masters

- Members participated in local swim meets
- Mareeba hosted a long course swim meet 17 February and a great day was enjoyed by all.

Rats of Tobruk Townsville

- QRT held their annual swim meet in May. Numbers were low but an enjoyable afternoon was had by everyone including Officials from the Townsville Tourist Club who assisted with recording and starting. They were also supported by Cheryl and Brian Brodribb from Cairns.
- Members attended the State and National Championships as well as local swim meets.
- Members swam in Open Water events in the Whitsundays, Townsville and Mackay. They also assisted in running the *Vorgee Open Water Series* in Townsville as well as the Magnetic Island to Townsville swim.

Townsville Aquaholics

- Aquaholics held their first Masters' swim meet on 11 August and it was a great success. There were almost 30 swimmers who attended the meet and the highlight was the "cocktail relay".
- The club had three members who attended the State Championships in Rockhampton and one swimmer the National Championships in Perth. The members also supported local swim meets held by Long Tan Legends and Rats of Tobruk. There were two swimmers who also attended the Mackay swim meet and the Lake Barrine Open Water Swim. All swimmers had a great time with PBs obtained and several medals won at States and Nationals.

Whitsunday Masters

- The Warriors held a swim meet on 26 April at the Cannonvale Swim Centre which was the highlight of the year with 34 swimmers and 12 officials in attendance.
- Members attended the Mackay Sinkers swim meet and river swim.

C. Club Activities

Atherton Mountaineers

- QAT held a recovery swim at Lake Barrine on the Sunday after their swim meet with 21 swimmers swimming the 2km course. This was followed by much discussion over a brunch at the Lake Barrine Tea House.
- On the 21st July the club hosted their non-sanctioned Winter Warmers' swim.
 Twenty-seven swimmers competed with teams from Cairns Mudcrabs, Malanda Aquatic Dragons,
 Mareeba Masters and Rats of Tobruk Townsville who all joined in the fun.
 33 people enjoyed a dinner of wholesome curries, stews and apple crumble dessert at the Halloran Hill Hall.
- A mini swim-meet and barbecue dinner was held in conjunction with their AGM and while it was
 quite a popular meet, there were a number of people who had "very plausible excuses" to leave
 before the AGM. It is amazing how the mirror has to be polished or light bulbs dusted when one
 of these meetings occurs.
- December saw the club helping MSQ with their successful Lake Barrine Open Water Swim.

- Kim's Wednesday morning swim fitness group held a bacon and egg breakfast after their final
 meet for the year. They even showed their extreme confidence in the President, inviting him to
 be the "bait layer".
- Kim Christie has continued the clubs Wednesday morning swimming squads, which continues to be well supported as has his Monday afternoon stroke correction squad.
- Libby Thomas kindly invited all to her place for a very social club Christmas party. As usual food was in abundance and the Secret Santa was a source of great merriment.

Cairns Legends

• Clams held their *Bleeding Eyeballs* swim morning in December - a test for all who swam.

Cairns Mudcrabs

- The Muddies Annual dinner was held at the President's home with outside caterers. During the
 evening the much-anticipated announcement of the Allen Burgoyne Memorial Trophy was
 announced with Michelle Caffrey the awardee Michelle was not present due to the Airlie beach
 swim.
- The club Christmas Party was held in December and had a Japanese theme. Dancers performed and food was prepared by a well-known Japanese chef. Secret Santa gifts were distributed with much mirth.

Long Tan Legends Townsville

- Club members participated in "club night" events with the Aquaholics' club to improve swim meet performances and to socialise.
- Michelle Scott represented her home town in the Queen's Baton Relay.



Rats of Tobruk Townsville

- Club swims continue to be held on Sunday mornings.
- A Rats' Facebook page was established.
- Members gathered to support John Barrett as he did his stint in the Commonwealth Games
 Queen's Baton Relay. Club member, Jane Charuba, also ran the Baton in her home town of
 Hughenden.



Townsville Aquaholics

- Aquaholics held several club nights with the junior club and they invited other Townsville clubs to attend as well as interested adults.
- The club held its first Christmas party which was great fun, even though a thunder storm decided to hit at the same time.

D. <u>Technical Officials</u>

John Barrett, Brian Brodribb and Cheryl Brodribb assisted at the State Championships and the Pan Pacific Masters Games as well as at local swim meets.

Atherton Mountaineers

- Frank Matthew is the clubs only Official.
- The club does recognise the need to try and encourage members to gain Technical training.

Cairns Clams

 Clams had seven members attend a "timekeeping" and "starting" workshop and are now accruing hours for their qualifications.

Cairns Mudcrabs

- Three Muddies' members attended Technical Courses at Woree and are accruing hours despite
 few opportunities to gain hours, which makes accreditation a long slow process, especially for
 referees.
- Muddies has six technical officials, including two referees.

Long Tan Legends

• The club currently has no qualified technical officials but is fortunate to be able to call on the broader swimming community and other MSQ clubs for assistance to run swim meets.

Rats of Tobruk Townsville

• John Barrett is the MSQ Director of Technical Services.

Coaching

Atherton Mountaineers

- Kim Christie remains their club coach.
- Susanne Green completed her coaching course during the year.

Cairns Mudcrabs

- The club has six coaches with two on deck at each session.
- All coaches have extra insurance.
- In July, Muddies arranged a coaching course for two members: Michelle Caffrey and Mako Watanabe. Both are assisting coaches for their accreditation hours.
- Therese Donnelly attended an Austswim course in May and learnt about the SLS Grey Medallion.
- Theresa (head coach) and Michelle attended an Ocean swim clinic in Sydney.

Long Tan Legends Townsville

- Two of the three club members that participated in a coaching course in September 2017 have gained their club coaching qualifications and are now rostered for two training sessions per month on pool deck for coaching.
- Another coaching course would be ideal to allow updating of qualifications for interested members.

Townsville Aquaholics

- Bindi Cussen is the club coach and he is a great supporter of Masters' swimming. Bindi is always willing to include anyone in his sessions.
- At the end of the year the Long Tan Legends pool closed for over eight weeks, but Bindi encouraged them to train with their club. It was a fantastic experience to train with different Masters' swimmers and to learn different things from each other.

Whitsunday Warriors

- The Warriors have three qualified member coaches who put in a mighty effort to keep swimming going in the Whitsunday region.
- Mark Erickson operates / manages the Cannonvale Swim Centre along with Raylene Rasmussen who also organises other swimming activities for seniors / masters.

E. Funding / Grants

Atherton Mountaineers

No funding was applied for during the year.

Cairns Mudcrabs

• Profit from Sausage Sizzle and Grant award was used to purchase more Open Water Swim safety equipment.

Whitsunday Warriors

• The club's books are in good order thanks to Cheryl West. They presently have no funding projects planned.

F. Other

Atherton Mountaineers

Des O'Connor swam in the Open Water event for the Coral Coast Iron Man.

• It was a quiet year for the club, but all the activities run were well attended and enjoyed by all who attended.

Cairns Mudcrabs

Coach Gaby and Michael will be introducing a little Mudcrab into the club in 2019.

Townsville Aquaholics

- The club is still a new Masters' club and they are trying to encourage more adults to *Come and try Masters' swimming*.
- As a "One Club" they are lucky to have a junior club. They try to show the parents of junior swimmers that there is a pathway to continue swimming once a swimmer is over 18 years of age.
- Katrina Bennett in her first year of Masters' swimming placed 5th in her age group in the 2018
 Masters' swim Series. Katrina attended both the Queensland State Championships and the
 National Championships. Congratulations Katrina and all the best for 2019!

Whitsunday Warriors

- The Proserpine Pool Complex (club home pool) recently constructed a Water Park, which has dramatically increased numbers to the facility. Perhaps this may flow onto Masters' swimming.
- The club organises Sunday training for all swimmers and coaching is available between 8 9 am. Smoko afterwards is always a bit of a laugh and a member catch-up. Apart from that, members occasionally meet at the local Proserpine Hotel for a meal and catch up, although some of the members have a considerable distance to travel.

<u> 2019</u>

Atherton Mountaineers

- The club will continue to operate in a similar fashion to last year. Atherton Mountaineers is made up of friendly, enthusiastic people who are predominately keen to swim as part of their fitness program, rather than compete in swim meets. The coaches' sessions are catering well to this need.
- The club still aims to have a swim meet in 2019, to encourage their members to see their performance in a more competitive environment.
- They will continue with their successful winter social event in July, but are not yet sure what format it will take.

Cairns Legends

- Some of the Clams' members will be competing in the Rottnest Channel Swim in February.
- Members will continue with their training sessions and participating in swim meets.

Cairns Mudcrabs

- More fundraising and Grants to stock equipment.
- More Technical courses.
- Open Water Swims and clinics.

Long Tan Legends Townsville

- Produce a club newsletter every two months to remind members of swim meets and keep up to date with MSQ happenings.
- Promote other swim meets to increase interest in competitions.

- Organise an Official function to mark the 20th birthday of the club in August.
- Invite adult swimmers doing laps to join their training sessions.
- Increase use of social media by having the Facebook page checked and enquiries answered within one day. This has already led to a new member.
- Will continue to participate in club night events with Townsville Aquaholics.

Rats of Tobruk Townsville

• Rats are planning to attend the State Championships at Chandler, the National Championships in Adelaide, FINA World Masters Championships in Gwangju and local swim meets.

Townsville Aquaholics

- Continue with club nights with the junior club.
- Participate in local swim meets and Open Water Swims

Whitsunday Warriors

• The club plans to run the 2019 meet on 27 April and are hoping to muster the arms and legs to do the job, especially qualified referees.

Great Barrier Reef Masters Games Cairns

The 2019 Games will be held in Cairns 23 – 26 May with swimming at the Tobruk Memorial Swimming Pool Cairns 23 – 25 May. Early Bird entries close 31 March. The Rydges Esplanade Resort have offered reduced room rates and if booked at the time of making reservations reduced full breakfast rate of \$15 per day. Follow the link to make bookings: https://www.rydges.com/private-page/masters-swimming-queensland/

Our <u>Mastersswimmingnq</u> Facebook and Instagram pages are well liked with followers from a variety of sports and organisation and from throughout Australia and overseas.

Vice-President Central: Patricia O'Brien-Price

Membership

Most clubs are having difficulty attracting new members; Rocky Crocs are down to five members, Hervey Bay has 47 members the remainder of the clubs fall somewhere in between. All clubs reported difficulty in recruiting new members.

Swim Meets and Results

Hervey Bay Humpbacks swim meet in February was extremely well attended and enjoyed by all. Many thanks go to Meet Director, Sam Millar, for the wonderful support and commitment to the event. The presentation dinner was again a sell-out!

Hervey Bay club has a few very active members when it comes to meet attendance and good numbers for other meets that they regularly attend. Members attended Albany Creek, Yeronga Park, Sunshine Coast, Noosa, Brisbane Southside, Brisbane Northside, Aqualicious, and Maryborough Meets with varying successes. The club also had representation at the State Swim and the Pan Pacs. One member, Pete McMonagle, attained a State record. A few keen OWS swimmers in the club have attended Open water swims around the State with some success.

The Maryborough Swim meet attracted 50 swimmers representing twelve clubs. The day finished with a BBQ and presentations. Many thanks go to the Maryborough ladies for providing the best desserts for the BBQ.

President Shane Knight attended the Maryborough meet and VP Central Patricia hosted a BBQ for the region's clubs that were attending the meet. It was a fun night!

Maryborough swimmers attended State, National and the Pan Pacific Masters Games: Cobie Wageningen won three Gold, one Silver and two Bronze; China Johnson - Nationals five Gold and Silver, Pan Pacs ten Gold, two silver, claiming two national records along the way.

Patricia O'Brien-Price attended the Darwin LC Aus Day, before she and Vikki Noseda competed at the Asia Pacific Masters Games bringing home two Gold, five Silver and one Bronze medal between them.

Caribeae Rocky Crocs did not hold their annual meet, but combined with the Mackay Sinkers to host the State Championships which attracted significant sponsorship. Members attended the State Championships, Hervey Bay and North Mackay Sinkers OWS.

Rum City cancelled their meet due to pool depth issues, but will hold their *Short and Sweet Carnival 2019*. **Rum City** members recorded state records at the Alice Springs Masters Games.

Gladstone Gropers attended State and National titles, Pan Pacs, Multi Sport Aquathlon and regional games that include swimming. Results: Ruby - six gold medals in multi-class events meets; Fran Silver (pool) and Gold (2.5km ocean swim); Alison Bronze at Pan Pacs; Joan Silver and Bronze medals and Ryan placed in the top six in all of his events.

Mackay Sinkers' members attended the Whitsunday Warriors meet, the 3.8km Lake Barrine swim where Dan Stampa was one of only three to do it without a wet suit.

Nigel Dalton, Jaime Caruana and Dan Stampa completed the solo 8.2km crossing from Magnetic Island to the mainland. Four swimmers: Helen Burgess, Naomi McGilvray, Robyn Richards and Geoff Robinson travelled to the Pan Pacs in November where they also performed well. Twenty swimmers attended the annual Whitehaven swim.

Sinkers Open Water Swim in the Pioneer River at Balnagowan was the next weekend and they had 48 swimmers over three distances competing. Geoff Robinson donated the Perpetual Trophies as well as caps, towels and catering for the *Jennie Mack Memorial Swim*.

Club Activities

Mackay Sinkers members attended the MS Swimathon as one of seven teams on the day in March. It has become a regular event on the Sinkers' list of club activities, including one full moon dining night. The annual pilgrimage to Charlie Ward's farm at Eungella was a great weekend for all those who attended.

Chloe McCardel, the legendary open water swimmer also visited where she led an OWS clinic.

Maryborough's Patricia O'Brien-Price coordinated the *Swim into Spring* program. She organised Stroke Correction and Development clinics held in November. It was a great success. Patricia used the experience to achieve Toastmasters International High Performance Leadership qualification, when she delivered a presentation on the SIS program including success and challenges to the Toastmasters' group.

Other activities included Christmas celebrations held at Patricia's home, which included a presentation to China Johnson as *Swimmer of the Year* and Doug Walker who celebrated his 50th wedding anniversary.

The club also celebrated Christmas in July at Patricia's home.

Endurance swims were completed by nine swimmers with the best result from Cobie Van Wageningen, who swam in 25 swims thereby achieving 355 points.

Caribeae Rocky Crocs organised the local triathlon club, Fitzroy Frogs, to host an ocean swim in March.

Rum City's Christmas party overlooking the Bargara foreshores was the best ever (thanks to Alex and Estelle). Sunday morning coffee is a must do activity.

Technical Officials

Hervey Bay - One Technical Officer (Chief Timekeeper) **Maryborough** – One Starter and one Chief Timekeeper

Coaching

Rum City – two qualified coaches Mackay Sinkers - one coach Maryborough - one coach

Gladstone Members Fran – 3D coaching to qualify the team for World Multi Sport Festival in Spain and Alison who assists the team with stroke correction and development.

Hervey Bay One member who writes programmes for club day and offers advice.

Funding/Grants

Bunnings sausage sizzles were held by Mackay Sinkers, Maryborough & Gladstone.

Maryborough received \$500.00 from the Fraser Coast Regional Council for their swim meet.

2019

Caribeae Rocky Crocs are hoping to implement some strategies to deal with non-coached swim sessions on the weekend, a new webpage, the utilisation of social media, promotion of postal events and participation as a club in the MS Swimathon.

Mackay Sinkers are looking forward to another busy year with local events including the Whitsunday Warriors meet, The Magnetic Island OWS and their own Balnagowan OWS as well as members heading off to the State Titles and hopefully the Nationals. A new Aquatic Centre is opening in Mackay in 2019, with three new pools. It bodes well for the future of swimming in Mackay.

Maryborough Club will continue with the Sunday morning coaching sessions, which are a direct result of the *Swim into Spring* initiative, which they intend to run again in 2019.

Hervey Bay will showcase Masters Swimming at the Community Sports Expo. They would also like to host a technical workshop.

Vice-President Sunshine: Fernando Claro

A. Membership

Albany Creek is continuing to focus on recruiting new members.

UQ Masters Swimming membership reached 41 active members for 2018 with 22 new members. However, 22 members from 2017 didn't sign again. Many of these joined to try out the UQ meet.

There are no specific initiatives to increase membership. The club is well placed, with the central location and the high-class facilities at reasonable rates, which are very attractive offers. Word of mouth remains the most effective marketing tool bolstered by the reputation QUQ is earning.

The Masters' side of the club works in closely with the UQ Swimming Junior club at the committee, coaching and meet levels.

Brisbane Northside membership was at just over 40, with only a few minor changes to their list. They continued to advertise at the Valley Pool, and on Facebook and their web page, which has helped to maintain numbers. The club also welcomed two new members from overseas, Callyn Yarn from Canada and Yoshitaka Kawagoshi from Japan, both excellent swimmers who featured in the list of winners at every event they swam throughout the year.

Caboolture & Districts Masters Swimming Club has 21 members in total, eleven swimmers and one new member.

Cotton Tree, a new club began on July 9th with three members: two new members before end of year with a total five. They've already set up a Facebook page, club newsletter and organised posters.

The Sunshine Coast Masters Swimming Inc. membership remained steady. At the close of 2018 there were 34 primary members, four second claim members and six social members. Four new members joined during 2018. New posters promoting the club were printed and placed at the Kawana, Caloundra and Buderim Aquatic Centres. Members running Bunnings BBQs promote the club to customers. The Club has business cards for members to give to anyone enquiring about Masters' swimming.

Redcliffe Peninsula Masters Swimming Club Inc. The number of club members was 24. The majority of them have been with the club for a number of years. The club has had up to 20 new members try out with the club. The main reason for not continuing is their busy daily workloads. The club has approximately ten social members who attend social activities.

Aqualicious had an increase in membership in comparison with the previous year and at closing in 2018 the club had 85 financial members. They rely on Facebook advertising, Meet-Up app and Instagram to promote their squad and attract new membership.

Noosa Masters Swimming Club finished 2018 with 88 members. Fourteen new members joined during the year.

B. Swim Meets and Results

Albany Creek participated at most meets: Brisbane Northside and Southside, Genesis, Noosa, Yeronga and University of Queensland, Aqualicious, Sunshine Coast, States and Pan-Pacific Masters Games. They also participated in the *Shand Taylor MND swim meet* on March 2^{nd.} *John Saunders* from Shand Taylor was extremely pleased with the QAC support. It was important to reciprocate with this support as Shand Taylor was the major sponsor of the Albany Creek Swim meet in 2018. They also had a "*Relay Team*" that participated at the Commonwealth Games Trials. Albany Creek swimmers did their club proud and what was a once in a lifetime opportunity. Congratulations Mike, Rosie, Alison and Roy who represented the club on this prestigious stage. The State Championships in Rockhampton was also well represented by QAC.

Their swim meet on January 27th was a huge success. This was due to the dedication and professionalism of their meet Director, Heather Butler, who gathered all their members, inspired them, and allocated jobs before and on the day so that everyone "pitched" in to contribute to its success. The raffle, as in previous years, was fantastic. It was a major contributor to the financial success of the meet. Thank you to all members who donated prizes. QAC attracted a very good attendance from Clubs from all over South Queensland and the Brisbane area.

UQ Masters held their short course sprint and relay meet in challenging weather conditions, but all came along and enjoyed the afternoon with plenty of wine, medals and records handed out. There were record numbers of nominations to compete with: 157 in total and 35 making up the QUQ team.

QUQ Masters' swimmers competed in thirteen Masters Meets and ten Swimming Australia (SAL) meets.

A team of nine travelled away to the MSQ State Championships in Rockhampton where a number of awards and plenty of medals and records were won. These consisted of three Australian and six Queensland records broken, 30 Gold, 25 Silver, 19 Bronze winning the *Points Average Large Clubs*, and *Male Swimmer of the Championships* (Martin Banks).

There were four swimmers who competed as Masters Swimmers in SAL competitions. To do this they needed to qualify through local and state Preparation meets, Brisbane Short Course Championships to Qld Short Course Championships. One swimmer competed at the NZ Short Course Nationals.

Across 2018 QUQ members set 80 individual records including 21 National records, and 24 team records including four National records. They also set an additional 18 PPMG records.

The following swimmers set individual National records throughout the year: Martin Banks (15), Caroline Saxby (3), Brett Woods (2), and Alexander Williams (1). Eight swimmers set individual Queensland records. An additional eleven swimmers broke National relay records.

Five swimmers attended the PPMG Open Water event. A number of swimmers attended multiple OWS events around South East Queensland and northern NSW. One swimmer attended the Yamba Masters' meet.

Two members attended National Championships in Perth with gold medals won and records broken.

QUQ took their largest ever team away to compete at Pan Pacific Masters Games. QUQ had the second largest team with 25 swimmers in the pool and five swimmers at the open water event. 42 Gold, 26 Silver, 29 Bronze were won with eighteen PPMG, eight Queensland and two Australian records broken. Unofficially they claim the highest points' average large club, and they had seven swimmers in the top 50 Fina points; three more than any other club.

Brisbane Northside swim meet was well supported with over 120 nominations. It was a fine day and very successful in all respects.

QBN members attended eleven Queensland meets, as well as the Pan Pacific Masters Games, Tasmania and South Australia State Titles, and the Perth Nationals. In local meets, a remarkable six members won every event they swam in. Taryn Barbara competed at the Invictus Games in Sydney where she won two gold

medals and one silver after 12 months of intensive training under Coach Bev's guidance. The amazing achievement of the year belonged to Tracy Clarkson, who swam the entire Endurance 1000 program, gaining maximum points, for the 20th year in a row!

Three members broke State or National Records: Harry Bahrend in the short course 200 Free at Southside, Tracy Clarkson in the long course 400 Butterfly and 1500 Backstroke at the State Titles and the short course 800 Fly at Northside. Miranda Scroope broke three State records at the Northside meet, the 50 Free, 25 Fly and 25 Free, the latter being a National record as well.

Caboolture & Districts Masters Swimming Club

No swim meet was held in 2018, but their members attended meets throughout Queensland when available. Medals were won at State Titles in Queensland by two Caboolture Members. Numerous medals achieved by Narelle Phillips at State Titles, Alice Springs and Pan Pacific Masters Games. Narelle also set a record at Pan Pac in backstroke.

The Alice Springs Masters Games was attended by Narelle Phillips.

Narelle Phillips and Neil & Vickie Newman attended the Pan Pacific Masters Games with both women achieving medals.

Cotton Tree members attended Brisbane Northside, Noosa, Aqualicious, Maryborough, UQ, Kawana and Pan Pacific Masters Games' meets. Medal success was achieved by members at most carnivals. One swimmer medalled in the OWS at PPMG.

Sunshine Coast Masters Swimming held its long course swim meet on Saturday 27 October 2018. The meet was very successful, with approximately 100 competitors from 20 masters' swimming clubs. Competitors ranged in age from 21 to 82. The weather was superb with great racing, wonderful volunteers and raffle prizes galore.

At the after-meet BBQ and drinks, local Jazz band, Girl Friday added the finishing touch to a great day.

QSC members competed at twelve MSA meets during 2018. The number of swimmers at each meet ranged from two to eighteen.

Swimming for QSC in June 2018, George Green achieved the Queensland Branch short course record for 200m backstroke in the 75-79 age group. George also gained a number of backstroke records, State and National during 2018 swimming with his former club, Rum City.

One member competed at the Pan Pacific Masters Games OWS event. Eight members competed at the Yamba meet on the June long weekend and two members competed at Nationals in Perth and Pan Pacific Masters Games.

Redcliffe Peninsula Masters Swimming Club members attended four meets throughout 2018. Notable successes enjoyed by members at different swim meets: Genesis second, QBN third, Kawana first and Pan Pacific Masters second in a medley relay team. National Championships/Pan Pacific Masters Games attendance: 2

Aqualicious had their swim meet in early November. They attracted more than 100 swimmers, but it was cut short because of an imminent storm. The general feedback was extremely positive though. Aqualicious members attended around fifteen meets throughout the year and they had several National and State records broken at the Nationals, State Championships and Pan Pacific Masters Games.

Noosa Masters Swimming Club held their annual swim meet on 25 September 2018 with 131 entrants from 22 clubs. QNA retained the Pat Mooney Trophy for top overall points. Swimmers from QNA attended twelve

meets in 2018 including the State and National Championship in Perth and the Pan Pacs held at the Gold Coast Aquatic Centre. Stephanie Jones broke national records in the 800 Freestyle for her age group. Jan Croft broke national records in the 1500 Freestyle for Short and Long Course in her age group. Noosa were State and National Endurance 1000 champions for 2017.

C. Club Activities

Albany Creek wishes to thank their Social Coordinator, *Kim Norris* and her organising skills throughout the year with various events and social gatherings; the BIG morning tea, which raised a lot of Money for cancer and which included lots and lots of yummy treats for all. *Helen* and *Jeff Klein*, thank you for their fantastic monthly Breakfast BBQ after squad training every month, which is certainly appreciated. Thank you to *Charmaine* for the wonderful soup night hosted at her place and for stepping in doing Breakfast when required throughout the year.

UQ Masters Annual dinners and presentations; some QUQ Masters members attended the UQ Swimming Club annual awards night.

Brisbane Northside club held many social activities throughout the year, including a 7km rainforest walk from Mt Nebo to Jolly's Lookout; a bike, run, walk challenge, where other clubs were invited to join in on a 14km bike, 6km run and 3km walk "race" at Redcliffe. Sunday morning coffee and breakfast at Café 63 after training is always very popular. The year was capped off with Christmas lunch at the pool.

Northside hosted Aqualicious and Albany Creek in an informal three way swim meet at the Valley Pool in November, with a most enjoyable morning of competition followed by a pool-side breakfast. This has become a regular event between the three clubs and provides useful practise in starts, turns and finishes under race conditions.

The club's AGM and trophy presentations were held at the Valley Pool in February, where the management committee remained unchanged.

The Caboolture & Districts Masters Swimming Club social activities included Pot Luck Dinner, Beach Walk and Seafood Lunch, Christmas breakup and after Swim Meet dinners at local establishments. Club Awards are presented at their Annual Christmas Breakup.

Cotton Tree members enjoy coffee and birthday breakfasts after squad. Christmas lunch was attended by the original three members.

Sunshine Coast Masters Swimming: Each month this club hosts a lunch to celebrate members' birthdays. A different venue is chosen each month and these lunches are enjoyed by fifteen to twenty members.

The AGM was held at La Balsa Park in January 2018, followed by club presentations for 2017 and a BBQ lunch. The club is very fortunate to have new club member Sue Senent. Not only is Sue a high achiever in the pool, but a wonderful swimming coach. In November Sue commenced a Sunday squad at the Kawana Aquatic Centre for Masters' swimmers. During 2018 the Caloundra Aquatic Centre agreed to allow Masters' swimmers entry to the centre prior to the public opening times on Sunday mornings. A number of swimmers take advantage of the 1 ¼ hours to complete Endurance swims. During 2018, swimmers continued to meet each Monday, Wednesday and Friday morning for a social swim and coffee at the Kawana Aquatic Centre. QSC purchased new club shirts for swimmers in 2018. The club colours remain the same with a new eye-catching design.

Redcliffe Peninsula Masters Swimming Club: Four social functions were organised with the majority of club members attending, including one camping weekend. Jake Lippiatt, the club captain won four medals at different meets this year. He also recently got married to Becky, his long term partner.

Aqualicious hosted a Tri-Swim friendly competition with Albany Creek and Brisbane Northside. The main purpose is to foster camaraderie amongst these clubs and to get some tips to ease 'newbies' into competitions. They also organised a float for the Mardi Gras' 40th anniversary – with the theme 'Let's get physical'. Many swimmers and friends came along and marched, dancing along Oxford Street in Sydney. They also had a fundraising movie night 'Mamma Mia 2!" which was a sold-out session. Christmas party and Awards night was the perfect occasion to celebrate the 15th anniversary of this club.

Noosa Masters Swimming Club has an extensive social calendar including: Welcome to the New Year, Valentine's Day, Melbourne Cup, Barefoot Bowls, Xmas Party and monthly after squad breakfasts. Noosa Masters continues to support the Noosa Triathlon and the Ultimate Sports festival, and Runaway Noosa through their volunteering efforts. QNA supported fundraising charity events including the Mudjimba Island charity swim and the Cancer Council's Biggest Morning Tea.

D. Technical Officials

UQ Masters swimming: two members attended a timekeeping course. One timekeeping course was run prior to the UQ swim meet.

Caboolture & Districts Masters Swimming Club: Stan Pearson is the only official who is a member of their club.

Sunshine Coast Masters Swimming: Derek Coghill is the only state official member of the club.

Noosa Masters Swimming Club has two officials, Viv Merrill and Rob Lucas.

E. Coaching

Albany Creek: Thanks to Tash for leading the Albany Creek coaching team throughout 2018. Coaches Heather, Karina and Andrew who has now graduated as QAC's very own coach, join Tash as club coaches. Thank you for your time and expertise to the Club. It's a volunteer position and they are grateful for their time and dedication. Albany Creek has a seasonal plan and programs in place to ensure that all their members are well catered for in the coaching department. Regular meetings were held throughout the year to work on new initiatives and to ensure that they are delivering the best program they can.

UQ Masters' swimming, has one adult-focussed coach on deck. There are many timeslots for adult training sessions. Masters' club members are dispersed throughout the different programs.

The greater club has a number of coaching staff and there are occasions where there can be some cross-over. No coaching initiatives were introduced in 2018. 2019 will see the introduction of Masters Coaching Clinics initiated by Sean Williams and supported by UQ Swimming Club and UQ Sport.

Brisbane Northside's coach, Bev, runs a great Sunday morning coaching session attended by over twenty every week, and she is always introducing new ideas. She came up with the idea of splitting members into

two "teams" to create more interest in attending swim meets. Teams are allotted the points their members get at each meet, and at the end of the year there is a coach's trophy for the winning team. This is all in the name of fun, but it has really boosted their numbers attending meets.

Cotton Tree: the club trains with the adult squad at Cotton Tree with professional coaches.

Sunshine Coast Masters Swimming has been without a club coach for some years and is now very grateful to have Sue Senent on deck for one session a week.

Redcliffe Peninsula Masters Swimming Club has three coaches with two members who attended coaching courses.

Payment of course fees were paid from the club funds.

Aqualicious has four MSQ accredited coaches. They are planning to increase this number with two more in the next year. Course fees could be subsidised by the club on a case by case basis.

Noosa Masters Swimming Club has one Head Coach and four volunteer assistant coaches. Coach Viv Merrill attended the ASCTA conference on the Gold Coast, which was subsidised by the club.

F. Funding/Grants

UQ Masters swimming didn't received any grants, other than some minor sponsorship for the QUQ meet. All sponsorship is directed back into the UQ Swimming Club for equipment, activities and scholarship assistance for elite swimmers.

Cotton Tree: Two members acted as MCs at the junior Cyclones carnival to raise funds.

Sunshine Coast Masters Swimming: During 2018 QSC held two very successful Bunnings' BBQs at Maroochydore Bunnings. QSC Club members also volunteered at the Sunshine Coast Ironman to pack athlete kit bags. In turn the QSC was paid for the volunteer hours. The funds were used to purchase the 'club' shed and club uniforms.

Aqualicious had two Bunnings' BBQs to raise funds for their swim meet. They also organised a movie night to help cover the costs of their medals and trophies for the swim meet. The raffle prizes at this swim meet were all donated by the generosity of sponsors and friends.

Noosa Masters Swimming Club received a "Get Going Clubs" grant in 2018 for \$7500 for use in 2019. The funding has allowed the club to initiate an intensive swim weekend at Currimundi incorporating five coaches and specialist tutors. This grant will also subsidise three bus trips to various swim meets. Club fundraising activities included three Bunnings BBQs and volunteering at Ironman events such as Noosa Triathlon and Ultimate Sports Festival.

G. Other

UQ Masters swimming, enjoyed a fun year making new friends while training and competing hard, and they are anticipating even more success and good times in 2019. There will be another Short Course meet in October 2019 and they have taken delivery of the classy new medals that they designed themselves.

Cotton Tree: Several swimmers are planning to join the club in 2019.

Sunshine Coast Masters Swimming: With travelling times to some Brisbane city swim meets being over 1 % hours, the Club took up an offer from Noosa Masters to share a bus to travel to certain meets. Members contributed with the club subsidising the balance of the cost for the bus. Members enjoyed being driven home after a tiring day and catching up with the Noosa travellers.

Redcliffe Peninsula Masters Swimming Club recently became incorporated. The club allows Special Olympic swimmers to train alongside masters' swimmers, approximately five swimmers per session.

Aqualicious has a strong focus on providing a safe, inclusive and friendly environment for any member of the GBLTI community and friends/family. The fact that the club is boosting its membership and the social events are a success, is proof that a club like this is needed in the swimming community.

Noosa Masters Swimming Club hosted Karlyn Pipes for a specialized swim clinic for Noosa members.

H. <u>2019</u>

Albany Creek's current President Philip Fowler won't be standing for President in 2019. He has truly enjoyed his time as President, and with the increasing work pressures, he will stand aside for a new President. He does believe that the leadership role should change every three years to allow "new ideas" to keep the club alive and active. (He has been re-elected for 2019 since this statement.)

UQ Masters swimming: New custom medals for the QUQ SC meet.

Caboolture & Districts Masters Swimming Club set a goal of having their own Swim Meet in 2019, however, costs involved in hiring of pool etc. made this unviable so it was agreed to approach MSQ in relation to hosting a postal event. This has been approved and is currently underway. Indications are that this will have a positive outcome for this small club.

Cotton Tree is to attend States and Nationals as a team.

Sunshine Coast Masters Swimming: A 'club' shed was purchased and erected at the Kawana Aquatic Centre. The efforts of a number of members were recognised for fine negotiations with the Kawana Aquatic Centre management and organising the safe assembly of the shed.

Redcliffe Peninsula Masters Swimming Club plans to continue with the excellent coaching of swimmers and morale of the club.

Aqualicious plans to attend more swim meets, hiring a bus and organising accommodation. They will also focus on gaining and retaining membership by advertising and promoting the club in many platforms: radio, queer magazines, Facebook, Instagram. New uniforms are being designed and will be unveiled around January. Current president, Fernando Claro has stepped in for another term in 2019. This role is in addition to his responsibilities as MSQ VP (Sunshine region).

Noosa Masters Swimming Club has a large contingent intending to compete at the State titles at Chandler in April and the National Swim Meet in Adelaide. The club has won the Endurance 1000 State and National titles for 2018. This is the sixth year in a row that Noosa Masters has been successful in winning this Award. Members are also participating in the Currimundi Training Camp.

VP South's Report: Susanne Milenkevich

Membership

Brisbane Southside

- QSM had 89 members, including sixteen new members at the end of 2018.
- An Advertising Brochure, free introductory swims, one on one approaches and a Framework for Invitations and Registration initiatives were used to attract new members.

Duck Creek

- Registered members remained at five although the club's adult squad regularly has 15 -20 members at training. A number of squad members expressed interest in joining and the club had several articles in the local newspaper and flyers at three local pools, but for a number of reasons the other members of the training group did not join MSQ.
- The club has started two new training sessions at the Trinity College school pool on different days and times in addition to what is currently available. The club has also been invited to participate in monthly race nights with the junior Trinity club. They are hoping this may attract some more members.

Ipswich City

- Ipswich City Masters swimming club has completed another successful year.
- They had twenty full time members and one second-claim member in 2018.

Miami

- QMM had 118 members (18% increase over 2017 membership), including 17 new members.
- Initiatives to attract new members and/or to retain the numbers included: Weekly social gathering at Lane 11 on Saturday after training; survey of members seeking feedback on improvements needed; introduction of performance training sessions and improvements to coaching; periodic coaching sessions with high profile coaches including Geoff Huegill and enhancements to the web and social media presence of the Club including an active Facebook account.

Redlands Bayside

- QRB had 47 members at the end of 2018, of which ten were new members.
- No special initiatives were organised to attract new members and/or to retain the numbers.

Somerset Masters

- In 2018, the Somerset Masters Swim Club started up again after several years without being affiliated. It started up with the minimum of members, three, with the aim to grow the group as the pool the Club operates out of has a large base of adult squad swimmers.
- The Club operates through the (Swimming Australia) Somerset Swim Club with a Masters Swim Club delegate on the Committee. Although the membership numbers did not grow as expected, this is still the goal and achievable.

 Word of mouth is the only avenue currently engaged to recruit new members and more advertising needs to be undertaken this coming year with specific marketing to the adult squad group at the pool.

Twin Towns

• Membership of the club declined again this year from around 50 at the beginning of 2018 to 40 currently and the club thanks Leonie for her dedication in keeping membership up to date.

Toowoomba Tadpoles

- QTW club had 65 financial members of which eight were new members.
- The club used social media, local radio and newspaper to attract members.

Yeronga Yabbies

- Yeronga Yabbies had six club members in the last year (annual report year). One member was new.
- The club began a Saturday training session for all members at no cost to retain numbers, and as an initiative by the club to attract new members.

I. Swim Meets and Results

Brisbane Southside held a Short Course meet on the 23 June, with 207 entries.

- Members had attendees at Nationals/States; Miami; Yeronga; UQ: Noosa; Northside; Hervey Bay;
 Sunshine Coast; Genesis; Caboolture, Aqualicious, Pan Pacific Masters Games. The meets were well represented by QSM Teams.
- Notable successes enjoyed by members at different swim meets were: 30 MSX Awards up from 22 in 2017, records set by members including relay records and many individual records by Jen Thomasson and Elaine Sng.
- Interstate swim meets attended included Nationals with five swimmers representing QSM and the Clarence River meet.
- National Championships/Pan Pacific Masters Games were attended by members, with seventeen members at the Pan Pacific Masters Games.

Duck Creek

Only two club members – Therese and Paul Crollick - attended State, National and club meets with an additional member, John Haw participating in the Pan Pacific Masters Games. However, those members won a number of medals at the three major meets. Therese also represented the club at the World Masters Championships in Budapest. Members also swam in the Yamba, Burleigh Heads and Byron Bay OWS.

Ipswich City

- Our club's high achievement record in the Endurance 1000 competition continued. We were confirmed 2017 winners of the Average Club Points trophy for Queensland and finished 6th nationally on averages out of about 100 or so clubs.
- Clive and Jonathan keep the flag flying at the interclub meets throughout the year.
- Graeme and Shiralee again topped the metres swum this year for the Lane Warriors competition.
- Shiralee, our open water swim specialist, had good results this year. In individual events she achieved four first placings and also four first placings in team events. Her first place in Pan Pacific Masters Games' 5km took some time to confirm. She also completed the Grimsey Swimfit Christmas 100x100 IE 10km, just for fun. Her next effort will be the 20km Rottnest Island 20km duo swim with her sister in Feb 2019.

Miami

- Members attended numerous meets throughout the year including local club meets (Albany Creek, Yeronga, Southside, Northside, Aqualicious, Noosa, UQ), the State and National Meets and Pan Pacific Masters Games.
- Many branch and state records and some national records were set by members during the year.
- OWS events attended by members included the Pan Pacific Masters Games OWS as well as a regular OWS at Burleigh Heads on Sunday mornings.
- National Championships had eight competitors and 25 at the State Championships as well as 38 at the Pan Pacific Masters Games.

Redlands Bayside

- QRB did not host a swim meet in 2018.
- QRB members attended meets at Albany Creek, Hervey Bay, MSQ State Champs, Yeronga, Brisbane Southside, Genesis, Brisbane Northside, Noosa, Aqualicious, University of Qld, Sunshine Coast and Pan Pacific Masters Games.
- Notable successes at Pan Pacific Masters Games were four gold medals for relays; R McKenzie with nine medals including platinum MSX award. P Fitzgerald, D Simmons, R Howes, J King, R Lutvey, T Green and H Wassenaar all were awarded medals.
- D Simmons set a record for 100m breaststroke at the Sunshine Coast meet.
- OWS events attended by members were Pan Pacific Masters Games OWS, the Mooloolaba Mile and Cooly Classic.
- One QRB member swam at the Masters Games in Alice Springs.
- Ten members competed at Pan Pacific Masters Games, bringing home sixteen individual medals.

Somerset Masters

- No Masters Swim Meet was held at Somerset in 2018. Members did not have any notable achievements in 2018 but one of our members, Mike Raybould, broke several pool records.
- It is a goal of those in the Somerset Masters Club to swim at the Pan Pacific Masters Games and where possible the National Championships.

Twin Towns

- The internal competitions are also well attended, with trophies awarded to the winners at the upcoming Masters Swimmers' AGM. These include the 'John Scarr' trophy, an award for the closest nominated time over a 1000 Metre swim. Another good competition is what we term as the PSG (Pat Scott -Glassock) trophy. This competition is run monthly and is a nominated time over 100 metres, the best of six times in a calendar year, wins the trophy. (It's hard to judge the time.)
- One notable achievement in the Million-metre program was by Paul Somerfield, who achieved 10 million meters in 2019.
- George is always up there with the best, and in his hundredth year. Club members are certain he will break a few more records.
- Besides carnival competitions, members still participate in a few Postal events which means that they swim at their own pool and send the results back to the officiating Club. Amongst the most notable were the 'British one hour Open', and the "Bunbury Postal".

Toowoomba Tadpoles

- The club held a postal swim in July, which had 63 entries; from fifteen clubs nine QLD clubs.
- Twelve members attend swim meets including; Yeronga, Noosa, Sunshine coast, Aqualicious; BNE Northside; BNE Southside; Genesis and QUQ.
- MSA 2018 swim series had one member in the Top 10.
- One member received platinum; two members Gold; one member Bronze awards in the MSX excellence awards.

- A team of three attended the Nationals and State Championships; with the club being awarded the small club trophy at the State Championships.
- A team of nine went to Pan Pacific Masters Games, with one member attending for the first time.
- One member competed successfully at the Alice Spring Masters Games and one member successfully competed in the Asia Pacific Masters Games.

Yeronga Yabbies

- Yeronga Yabbies held a meet in May 2018 and it was a great day.
- The meets attended by the club members included Brisbane Southside, Albany Creek, Genesis, Brisbane Northside, Noosa, UQ, Aqualicious and Sunshine Coast.
- We had a member travel to many events around Australia and two members attend States in Rockhampton.
- The club had all members attend the Pan Pacific Masters Games with many medals won as well as some records set.

J. Club Activities

Brisbane Southside

- Designated E1000 swims afternoons.
- Annual Christmas Breakfast; Club Person of the Year and Coaches Awards.

Duck Creek

- The club participated with the Lismore Workers Junior Club in swimming 100 x 100s Challenge as a fund raiser to provide swim equipment for local refugee children. The club was also part of the Lismore Relay for Life, swimming continual laps of the SCU pool. They again combined with the Lismore Workers Club juniors where they raised over \$3000.
- Unfortunately, the Lismore Memorial pool was closed for most of the year due to the severe April floods and only reopened at the end of December which meant that the regular Friday afternoon social drinks at the local Bowling club had to put on hold. They are hoping that the regular social event can restart at the beginning of 2019.

Ipswich City

- Boonah and Goodna were the club's away Sunday swims again this year. This swim with lunch afterwards has always been a great club social day.
- The club Sprint Championship trophy was again keenly contested over four swims. Closest to your nominated times wins. It is strange how fast members swim when they are competing. The club's master against the clock this year was Graeme Williams.

Miami

- The club held a Swim Clinic with Geoff Huegill and Raelene Ryan on Sunday 28 October.
- The 2018 Annual Dinner and Awards night was held on Friday 4th May at the Burleigh Heads Surf Life Saving Club. Geoff Huegill was the guest speaker.
- Christmas Party Saturday 8th December.

Redlands Bayside

- An Endurance 1000 trial day was held in September.
- Presentations were made at the AGM at the Cleveland Aquatic Centre.
- QRB members R Milnes and L Mansfield took on roles in volunteer management at the Pan Pacific Masters Games.

Somerset Masters

• Due to the small size of the Somerset Masters Swim Club, there have been no presentation/ annual awards. However, as the Masters Swim Club grows, possible avenues for the members' achievements to be recognised could occur at the Swim Club's annual presentation evening should this be adopted. Other social activities can also be included as the number of members grows.

Twin Towns

Socially, the club had another good year thanks to Sue, with plenty happening, such as picnics and Tivoli Shows at the Main Twin Towns Services Club. The year culminated in a fantastic "Christmas night" for the third year in a row, at the Island House Banora Club; where they had a meal, which was second to none.

Toowoomba Tadpoles

- The club hold monthly breakfast on Sundays where they celebrate members' birthdays, and achievements.
- The Annual presentation is incorporated into the AGM.
- The club held two functions at local venue as a get together.
- Annual Christmas function and water polo match were enjoyed by club members.

Yeronga Yabbies

The Yeronga Yabbies held their Christmas party, where else but the pool with a family friendly swim and BBQ fun was had by all.

K. Technical Officials

Miami

One member attended First Aid training

Redlands Bayside

- Three QRB members attended the timekeeper's course at Genesis.
- QRB has one official, who is based in Melbourne.

Toowoomba Tadpoles

- Bronze medallion training was held at the pool to keep members qualifications up to date.
- The club has no officials.

Yeronga Yabbies

- The club had two members who attended timekeeping courses.
- The club now has a technical member who can help run meets.

L. Coaching

Brisbane Southside

QSM currently has two coaches and three volunteer coaches.

Duck Creek

- Dee Hawkins continues to be the club coach with occasional assistance from the junior club coach. The Trinity sessions will be conducted by Hal Holley who previously coached Masters when the club was based at Alstonville some years ago.
- Dee and Hal regularly attend coaching courses and the ASCTA conference and the club is very fortunate to have such dedicated coaches who keep up to date with the latest coaching methods.

Ipswich City

 Noel Donnelly conducted several training sessions during the year and has confirmed that he will be available again in 2019.

Miami

- Number of coaches at Club sessions: Two on Saturdays and one for other sessions.
- The introduction of performance training sessions on Wednesday and Thursday nights, dropping back to Wednesday only, later in the year, due to lack of lane availability.
- Improvements to the coaching program including a greater focus on planned work-outs, swim meet preparation, pre-training briefing and dry warm-up, stroke correction and more work on form strokes.
- Periodic coaching sessions with expert coaches like John Crisp.

Redlands Bayside

- QRB has four volunteer coaches, including one trainee. On Sunday mornings there are usually a coach in both the 25m and 50m pools, while Wednesday evening there is usually a coach in the 25m pool, but not always in the 50m pool.
- The coaching course at Genesis was attended by one QRB member.
- No specific coaching initiatives were introduced during 2018.

Somerset Masters

At present there is one adult squad swim coach at the Somerset Pool who coaches these swimmers four times a week year round including the Masters Swim Club members. This coach also coaches several different groups at the pool and has been a coach (and previous technical official) for a few decades.

Twin Towns

The club embarked on a new training program last year, 'Andrew Hunter' put members through some stroke exercises, that have helped those swimmers in the squad improve their endurance and times. This Program has become very popular and they look forward to these sessions on Saturdays other than Birthday morning.

Toowoomba Tadpoles

QTW has one qualified club coach.

Yeronga Yabbies

- The club now has a coach on deck for the Masters' club exclusively.
- The coach was the person to think of the training initiative of offering Saturdays too.

M. Funding/Grants

Brisbane Southside received Council support for their swim meet.

No clubs received any funding or grants in 2018.

N. Other

Ipswich City

- Back in February the club held a 25th anniversary morning tea. Foundation members, Murray and Sabina Allen, Dot Jarvis and Ann Adams were in attendance. Former members, Janelle Hastie and Graham Cain (a long-term member from the early years) were there.
- This year was also be 25 years continuous membership for Lynn Bartlett and Eric Edgeworth. Long term support has been the lifeblood of this club.
- On a sad note, Vale Jess Patterson the highly-regarded wife of long-term club member Jon Patterson. She was well known to many club members for her distinctive laugh and happy nature.

Miami

A survey of members was conducted in April/May for feedback on members' motivation for joining the club, training requirements and any improvements suggested. The improvements to the training program listed above followed on from this survey.

Redlands Bayside

 QRB members Markus Kukula and Guida Cabrita married in November 2018 and this event was attended by numerous club members.

Toowoomba Tadpoles

At the AGM the club had all committee position filled.

O. 2019

Brisbane Southside

- Host State Long Course Championships
- Attract and Register new members
- Run the club Swim Meet on 6 July

Duck Creek

- A renewed push for squad members to join MSQ will be undertaken by the club, with flyers and posters to be displayed at the Trinity pool. A good relationship with the local media continues with most information about club successes and activities being published.
- The club will encourage everyone to attend the Trinity race nights as a means of promoting some friendly, local competition and as an incentive to join MSQ as well. The 100 x 100s will be promoted more widely and used as a way of promoting Masters' swimming.

Miami

• The main goals for 2019 is to recruit more members, especially younger swimmers and to raise the level of coaching with more performance based sessions.

Redlands Bayside

 Initiatives and goals for 2019 are to attract new members, encourage participation in swim meets and to continue meeting members' goals and expectations in training as well as fun, fitness and friendship.

Toowoomba Tadpoles

- Members are encouraged to support swim meets and postal events on calendar.
- Club training leading up to Pan Pacific Masters Games for members attending.
- Special allocated session time are organised for members entering postal events.

Yeronga Yabbies

- Initiatives and goals for is to have a swim meet in 2019.
- The plan is to have fun, to love swimming and have lots of laughter.

P. VP South

Significant contributions made in the following areas for MSQ in 2018:

- Leading role in the recruitment of the MSQ Administrator, Christina Scolaro, with input into advertising and managing the interviewing process.
- Established and continued to chair the regular Recording Sub-Committee meetings held in Brisbane.
- Visited several clubs this year including: Ipswich City, Miami, Toowoomba, Element, River City and Yeronga.
- Representation at Tasmania State Titles and South Australia State Titles in promoting PPMG.
- Pan Pacific Masters Games meet co-convenor responsible for attending PPMG meetings, daily risk analysis and risk reporting, media liaison and general event duties.
- Drafted successful Grant application for funding 2019 Qld State Titles and commenced activities as part of the 2019 States committee.

Administrator: Christina Scolaro

Lane Warriors:

Seven clubs and 80 swimmers participated in the Lane Warriors program for 2018. The majority of swimmers were in the 61+ age group. The total distance covered was 15,747,600m averaging 196km per person. The top three clubs for the year were Ipswich City Masters, Gladstone Gropers and Hervey Bay.

MSX:

The MSX program has been calculated for the 2018 season and is pending some further E1000 swims to be added. Due to the complexity added by allowing E1000 swims to be eligible for MSX this will be discontinued in 2019 as the program is primarily intended to encourage meet competition.

The software that enables MSX to be calculated was rebuilt this year and decoupled from the MSQ Entry System. This means that it would be much easier for other state organisations to adopt it and it will be easier to calculate in the future.

Endurance 1000:

Thirty-nine clubs participated in the E1000 program for 2018, with a total of 439 participants. Congratulations to Noosa Masters for being the top point scoring club and to Ipswich City Masters for having the highest average points per club.

Swim into Spring:

Swim Clinics were held on four consecutive Sundays in November at The Maryborough Aquatic Centre. The Fraser Coast Swim Coach, Ray, facilitated the clinics. Participants attended over the four weeks, with several members of the public expressing an interest in joining the club. The existing members were so impressed with the dedication of Coach Ray, that he has been retained by the club to provide stroke correction and training every Sunday morning, which has expanded the activities offered to the members and potential members. Aquatic Centre staff actively promoted the Swim Clinics improving the communication between the club and the pool. Overall this was a very successful Swim into Spring Campaign.

PPMG18:

The final months of 2018 were all about the Pan Pacific Masters Games. It was a busy and exciting time, with our relatively new committee working to prepare for this huge international event. It was a privilege to work with such an energetic and enthusiastic team, and it was an absolute highlight to conclude the year successfully, and with a record attendance of 574. Feedback received was extremely positive, with swimmers enjoying the atmosphere and the experience of participating in an international event. Massive thanks go to the army of officials, timekeepers, and board members who gave so generously of their time to ensure the efficient running of PPMG18.

Multi-Class:

At two meets, the State Championships and PPMG 18, Multi-class competition was included and was well received by members. In 2019 we expect a number of club meets to include multi-class as well. Meet recording instructions are being updated to include procedures for this.

Communication and Promotion:

Communication with our membership is through email, our website and through our social media pages. We have Queensland and North Queensland Facebook pages and Instagram accounts, currently maintained by the Administrator and our VPs. The number of followers and interactions through these mediums is gradually increasing, with increased activity surrounding swim meets such as PPMG18.

Website:

MSQ engaged Diego Torres, software engineer from Unify Web Solutions to migrate our MSQ website to the new format and location. We have been very fortunate to have a fellow masters' swimmer with an understanding of our organisation to assist with this task. Many thanks to the MSQ board for engaging Diego's services for this purpose.

It has now been agreed that MSQ will no longer produce an emailed eNews. Instead, current news items will be published to our new website. This will ensure news from the masters swimming community is current and easily accessible to all. The challenge will be in changing the habits of clubs, to more frequently share short articles of interest to publish. Once clubs are able to read news of local clubs and members, it is hoped this will encourage others to contribute also.

Acknowledgments:

Helga Ward, MSQ's administrator from Feb 2007 – early July 2018 retired after nearly eleven years with Masters Swimming Queensland. Helga has been an integral part of MSQ for many years. We would all like to thank her for her generous sharing of knowledge and assistance in the handover of duties, and her continued support and interest in our organisation.

Massive thanks goes to all our board members, coaches, officials, volunteers and timekeepers, who gave so generously of their time to ensure that Masters Swimming Queensland had a very successful 2018. Thanks also to Kath and Noeleen in the national office who never fail to offer friendly and helpful assistance with all facets of operations.

Endurance 1000 - 2018: MSQ RESULTS

39 Clubs participated in the Endurance 1000 Program Club Results Total Points per Club – Top 12

	Club Code	Club	Total Points
1	QNA	Noosa Masters Swimming Club	22497
2	QMM	Miami Masters Swimming Club	12040
3	QIP	Ipswich City Masters Swimming Club	6188
4	QTT	Twin Towns Services Masters Swimming	4100
5	QGS	Gladstone Gropers Masters Swimming Club	2572
6	QBN	Brisbane Northside Masters Swimming	1671
7	QNS	North Mackay Sinkers Masters Swimming	1513
8	QSC	Sunshine Coast Masters Swimming Club	1169
9	QSM	Brisbane Southside Masters Swimming	1166
10	QMB	Maryborough Masters Swimming	982
11	QAC	Albany Creek Masters Swimming Club	916
12	QCD	Caboolture & District Masters Swimming	490

Club Results: Average Points per Swimmer in each Club – Top 12

	Club Code	Club	Average Points
1	QIP	Ipswich City Masters Swimming Club	309.4
2	QNA	Noosa Masters Swimming Club	255.65
3	QMM	Miami Masters Swimming Club	102.03
4	QTT	Twin Towns Services Masters Swimming Club	85.42
5	QGS	Gladstone Gropers Masters Swimming Club	75.65
6	QMB	Maryborough Masters Swimming Club	49.1
7	QYP	Yeronga Park Yabbies Masters Swimming	46.25
8	QCD	Caboolture & District Masters Swimming	44.55

9	QBN	Brisbane Northside Masters Swimming Club	37.98
10	QSC	Sunshine Coast Masters Swimming Club	36.53
11	QNS	North Mackay Sinkers Masters Swimming	29.67
12	QIM	Indooroopilly Masters Swimming	29

Club Results Club Participation Percentage of Total Club Membership – Top 12

	Club Code	Club	Participation Rate % (rounded)
1	QHM	Healthstream Masters Swimming Club	100
2	QGA	Genesis Aquatics	80
3	QYP	Yeronga Park Yabbies Masters Swimming	75
4	QNA	Noosa Masters Swimming Club	73.86
5	QIP	Ipswich City Masters Swimming Club	70
6	QMM	Miami Masters Swimming Club	62.71
7	QSC	Sunshine Coast Masters Swimming Club	56.25
8	QCS	Cairns Legends Masters Swimming	56.25
9	QCD	Caboolture & District Masters Swimming	54.54
10	QRH	Caribeae Rocky Crocs Masters Swimming	46.15
11	QMB	Maryborough Masters Swimming Club	45
12	QMA	Mareeba Masters Swimming Club	42.85

Masters Swimming Australia Ranking – Highest Points 158 Competing Clubs Nationally

MSQ Clubs in the Top 50

1st	Noosa Masters	QNA	22497
5 th	Miami Masters	QMM	12040
13 th	Ipswich City Masters	QIP	6188
22 nd	Twin Towns Masters	QTT	4100
30 th	Gladstone Gropers	QGS	2572
39 th	Brisbane Northside	QBN	1671
41 st	North Mackay Sinkers Masters	QNS	1513
46 th	Sunshine Coast Masters	QSC	1169
47 th	Brisbane Southside Masters	QSM	1166
49 th	Maryborough Masters	QMB	982
50 th	Albany Creek Masters	QAC	916

2017 MSA SWIM SERIES WINNERS - MSQ Winners

The results are recorded nationally, with the MSQ results highlighted in red FEMALE

Age Group	Winner	Club	Meets Attended	Total Points
18-24	JACKIE FRASER	VPP	2	4764
25 – 29	JACINTA HUMPHREY	VPP	3	8354
35 – 39	SUSANNE MILENKEVICH	QYP	3	5344
40 – 44	RACHAEL KEOGH	QGA	5	8548
45 – 49	ANNIE KITTO	WCM	3	6531
50 – 54	CAROLINE MAKIN	NTN	4	10706
55 – 59	DAPHNE BRIGGS	VMV	4	10069

60 – 64	SUE BOEKEL	VMV	5	10520
65 – 69	JANETTE JEFFREY	VMV	4	13033
70 – 74	ROSA MONTAGUE	VPP	3	8485
75 – 79	GERDA WILLIAMS	WMH	3	8190
80 – 84	ALICE KINNAIRD	VFR	3	7200
85 – 89	DOROTHY DICKEY	VDC	3	7284
90 – 94	LIZ WALLIS	NBM	1	3536

MALE

Age Group	Winner	Club	Meets Attended	Total Points
10 01				
18 – 24	MICHAEL COUSINS	WCM	1	3014
25 – 29	DARIUS SCHULTZ	VPP	3	10253
30 – 34	DAVID HANN	VGS, VPP	3	7003
35 – 39	MARK SENDECKY	VGS	4	10683
40 – 44	AARON CLELAND	NBT	2	7147
45 – 49	JOHN MCKAIG	QLT	3	9447
50 – 54	PAUL LEMMON	NET	2	7825
55- 59	MARK HUGGINS	VMV	3	7489
60 – 64	CRAIG SMITH	QGA	5	3571
65 – 69	GERRY TUCKER	VMV	5	12464
70 – 74	ROD CLARKE	VDC	3	7355
75 – 79	GEORGE GREEN	QBB	2	6465
80 – 84	JOHN COCKS	VMV	5	12885
85 – 89	PATRICK GALVIN	VMV	2	5668
90 – 94	CHINA JOHNSON	QMM	2	4475

LANE WARRIOR RESULTS 2018

The Lane Warrior Program was introduced at the beginning of 2011. The objective is to encourage as many swimmers as possible to record all the distances they swim during the year. The distances include all drills using pool accessories, training program distances, including technique work and those swum at swim meets throughout the year.

At the end of the year, the clubs submit the spread sheet of each member who has recorded each swim. Three age categories have been created and the Top Five winners in each category receive a certificate.

	Top 5 Individual Winners					
	18 - 34					
Rank	Name	Club	Distance			
1	Vanessa O'Sullivan	QTW	313,000			
2	Daniel Little	QTW	70,350			
	35 - 60					
Rank	Name	Club	Distance			
1	Paul Somerfield	QTT	684,000			
2	Graeme Williams	QIP	634,900			
3	Shiralee Bielenberg	QIP	614,200			
4	Fran Moroney	QGS	452,350			
5	Alison Green	QGS	400,050			
	61+					
Rank		Club	Distance			
1	Name		Distance			
	Conrad Gleeson	QTT	839,650			
2	Jean O'Sullivan	QTW	507,100			
3	Michael Lynch	QTT	450,000			
4	Geoffrey James	QCN	352,100			
5	Gerald Little	QTW	280,000			

Top 3 Club Winners: Average Distance swum by participants:

	Average Distance		
1	lpswich City	QIP	337,720
2	Gladstone Gropers	QGS	288,952
3	Hervey Bay	QHB	231,625

41

MSX CLUB AND AGE GROUP RESULTS 2018

Number of qualifiers from each club in each standard

CLUB CODE	CLUB	PLATINUM	GOLD	SILVER	BRONZE	GRAND TOTAL
QAC	Albany Creek	7		2	2	11
QAL	Aqualicious	2	2	3	2	9
QAT	Atherton	1	1	1	1	4
QBB	Rum City	4	1		2	7
QBN	Brisbane Northside	3	1	3	2	9
QBR	Barbarians	8	5	2	1	16
QCC	Central Clams					0
QCD	Caboolture & District	1	2	1		4
QCL	Commercial	1				1
QCN	Cairns Mudcrabs		1	1		2
QCS	Cairns Clams	2	2	1	2	7
QDU	Duck Creek		1	1		2
QES	Element Swimming	1	1		2	4
QGA	Genesis Aquatic	1	1	1		3
QGC	Gold Coast	1	2			3
QGS	Gladstone Gropers	2	2	2	2	8
QHB	Hervey Bay	2	6	4	6	18
QHM	Healthstream Masters (Kelvin Grove)			1		1
QIP	Ipswich City	1			1	2
QLG	Logan Aquatics	1				1
QLT	Long Tan Legends	4	3	1	1	9
QMA	Mareeba				1	1
QMB	Maryborough			3	1	4
QMD	Malanda Aquatic Dragon				1	1
QMM	Miami	26	5	5	3	39
QMY	Manly Brisbane	1				1

QNA	Noosa	14	4	8	3	29
QNB	Nudgee College	1				1
QNS	North Mackay Sinkers	1	2	3	2	8
QPN	Redcliffe Peninsula			1		1
QRB	Redlands Bayside	2	1			3
QRC	River City	4	2			6
QRH	Caribeae Rocky Crocs	1		1	4	6
QRL	Rackley	1	1			2
QRT	Rats Of Tobruk	4		1		5
QSC	Sunshine Coast	3	5	2	9	19
QSM	Brisbane Southside	8	7	11	5	31
QTA	Townsville Aquaholics		2	1		3
QTT	Twin Towns	2				2
QTW	Toowoomba Tadpoles	4	1	1	1	7
QUQ	University Of Qld	13	4	2	1	20
QUW	Uni Wahoos					0
QWY	Whitsunday Warriors			1	1	2
QYP	Yeronga Park	4		2		6
GRAND TO	DTAL	131	65	66	56	318

Top 3 Individual Rankings in each Age Group: State Championships 2018

Age	Females	Points	Club	Age	Males	Points	Club
18-24				18-24	Lochlann Andrews	1647	QAC
					Russell Booysen	1181	QRB
25-29	Shaana Witherspoon	2444	QNS	25-29	Michael Cooper	2838	QAC
	Laura Jonassen	2267	QRH		Noah Southam	2194	QMM
	Kim Branson	1575	QBB		Zachary Kimber	1907	QMM
30-34	Whitney Turner	3312	QUQ	30-34	William Hall	2952	QLT
	Sonya Harding	2106	QRH		James Alexander	2910	QAL
	Corrine Fry	1828	QBR		Nicholas Pirie	1683	QSM
35-39	Naomi McGilvray	2739	QNS	35-39	Michael Kain	3034	QBR
	Emma Maxwell	2349	QUQ		Luke Rose	1125	QRH
	Susanne Milenkevich	2136	QYP				
40-44	Leanne Burton	2724	QBR	40-44	Shane Fogarty	2383	QBR
	Kylie Cox	2354	QAC		James Collins	1900	QBB
	Rachael Keogh	2351	QGA		Benjamin O'Dwyer	1647	QUQ
45-49	Fiona King	3089	QYP	45-49	Jamie Wright	3367	QAC
	Alison Green	1977	QGS		John McKaig	2897	QLT
	Elise Butler	1934	QSM		Ryan Chinner	2321	QBR
50-54	Michelle Scott	3765	QLT	50-54	Martin Banks	3659	QUQ
	Christina Scolaro	3426	QUQ		Richard Furness	3467	QGS
	Vanessa Teece	2955	QMM		Rod Taylor	3357	QMM
55-59	Trudy Ford	3016	QBB	55-59	Stephen Buchholz	2869	QSM
	Deanne Atkinson	2738	QNB		Gordon Southam	1876	QMM
	Michelle Stonehouse	2411	QSC		Daniel Stampa	1758	QNS
60-64	Elaine Sng	3737	QSM	60-64	Clive Robinson	2741	QGC

	Helen Morley	2683	QMM		Terence Beaton	2675	QRH
	Karina Horton	2640	QAC		Ross Beaton	2350	QMM
65-69	Tracy Clarkson	2603	QBN	65-69	Kevin Jackson	2668	QRT
	Joan Patterson	2383	QMM		Paul Mayberry	2306	QTT
	Andree Ernst	2269	QBR		Peter McMonagle	2080	QHB
70-74	Narelle Phillips	2621	QCD	70-74	Robert Jolly	2500	QNA
	Carole Simpson	2467	QMM		Brian Hoepper	2115	QNA
	Jan Wicks	2316	QAC		Paul Pettiford	2090	QGC
75-79	Marsha Reddiex	3064	QBR	75-79	George Green	3071	QBB
	Lois Hill	2758	QNA		David Boylson	2710	QMM
	Margaret Fittock	2671	QMM		Angus Von Douglas	1306	QHB
80-84	Denise Robertson	3863	QMM	80-84	John Crisp	1736	QMM
	Daph Soppa	2306	QBB		Don Jones	1163	QGS
	Beres Hindman	1282	QTW				
90-94	Anne Todd	771	QTW	90-94	China Johnson	2107	QMM
	Margaret Cunningham	141	QNS				

MSQ TROPHY AWARDS 2018

The following awards relate to the State Short Course Meet, held in Rockhampton.

1. **George Corones Trophy:** QMM - Miami Masters (Highest aggregate points) 2446 Points 2. Max Gillespie Trophy: QUQ - University of Qld (Larger clubs with the highest average points) Average of 105 points **Mary Maina Trophy:** QTW - Toowoomba Tadpoles (Smaller clubs with the highest average points) Average of 64.3 points **Vorgee Female Swimmer of the Meet:** QMM – Denise Robertson – 3863 FINA points 5. **Vorgee Male Swimmer of the Meet:** QUQ – Martin Banks – 3659 FINA points 6. National Seniors Trophy: QMM – Denise Robertson – 3863 FINA points (Best performance for a swimmer 50 + years) 7. MSQ Trophy over 30 winner: QAC - Jamie Wright - 3367 FINA points (Best performance by a swimmer 30 - 49 years) 8. MSQ Trophy – under 30 winner: QAC – Michael Cooper – 2838 FINA points (Best performance by a swimmer 18 – 29 years) Other Awards: Mary Sweeney Trophy: Nil (Official of the Year) 10. MSQ Coach of the Year: QNA - Jan Croft 11. MSQ Volunteer of the Year: QRB - Rose Milnes 12. John Hughes Trophy: **QNA Noosa** (Endurance 1000 Swimming: Highest Club Points) 13. MSQ Endurance 1000 Trophy: QIP Ipswich City (Highest club Endurance 1000 average) 14. Rats of Tobruk Open Water Swim Trophy Nil 15. Life Member: Nil

MSQ Swim Meets - 2018

DATE	LC/SC	CLUB	CODE	REGION	SANCTION	VENUE
JANUARY		l				
27	Short	Albany Creek	QAC	Sunshine	01/18	Albany Creek Leisure Centre
FEBRUARY						
10	Long	Hervey Bay	QHB	Central	02/18	Hervey Bay Aquatic Centre
17	Long	Mareeba	QMA	North	03/18	Mareeba Memorial Pool
28	Long	George Corones Master of Masters Meet	MSQ		23/18	Gold Coast Aquatic Centre
MARCH						
14-17	Short	MSQ State Champs			04/18	WW 11 Memorial Pool Rockhampton
APRIL						
7	Long	Atherton	QAT	North	05/18	Atherton Pool
18-21	Long	National Champs				Perth, Western Australia
MAY					1	
5	Short	Yeronga	QYP	South	06/18	Yeronga Pool
12	Long	Rats of Tobruk	QRT	North	07/18	Tobruk Pool Townsville
13	OWS	Cairns Mudcrabs	QCN	North	24/18	Lake Barrine, Atherton
26	Short	Whitsunday	QWY	North	08/18	Cannonvale Pool, Proserpine
JUNE				•		
2	Short	Rum City - Cancelled	QBB	Central	09/18	Bundaberg Swimming Acad.
9-Oct	Short	Clarence River	NCM	NSW	10/18	Yamba NSW
23	Short	Brisbane Southside	QSM	South	11/18	Brisbane Aquatic Centre
JULY						
AUGUST						
12	Short	Townsville Aquaholics	QTA	North	12/18	Kirwin Aquatic Centre

25	Short	Brisbane Northside	QBN	Sunshine	13/18	The Valley Pool		
SEPTEMBE	R	,						
1	Short	Long Tan Legends	QLT	North	19/18	Long Tan Pool, Townsville		
15	Long	Noosa	QNA	Sunshine	14/18	Noosa Aquatic Centre		
29	Long	Aqualicious	QAL	Sunshine	15/18	Centenary Aquatic Centre		
OCTOBER						1		
6	Short	Maryborough	QMB	Central	16/18	Maryborough Aquatic Centre		
13	Short	University of Qld	QUQ	Sunshine	17/18	UQ Aquatic Centre		
27	Long	Sunshine Coast	QSC	Sunshine	18/18	Kawana Waters Aquatic Centre		
NOVEMBER								
3	Short	Cairns Mudcrabs	QCN	North	20/18	Gordonvale Pool, Cairns		
4	OWS	Cairns Mudcrabs	QCN	North	25/18	Lake Morris, Cairns		
		Pan Pacific Masters				Gold Coast Aquatic Centre,		
7-10	Long	Games			21/18	Southport		
25	OWS	North Mackay Sinkers	QNS	North	22/18	Pioneer River, Balnagowan, Mackay		