



# WOMEN'S FREESTYLE RELAY

EVENT #

SWIM MEET: \_\_\_\_\_ Date: \_\_\_\_\_

Team Name: \_\_\_\_\_ and/or Club Code \_\_\_\_\_

Mobile Number: [one per club] Mobile: \_\_\_\_\_

Contact Mobile: Name: \_\_\_\_\_

## TEAM IN ORDER OF SWIMMING EVENT

| ORDER                    | FIRST NAME | SURNAME             | AGE   |
|--------------------------|------------|---------------------|-------|
| 1 <sup>st</sup> Swimmer: | _____      | _____               | _____ |
| 2 <sup>nd</sup> Swimmer: | _____      | _____               | _____ |
| 3 <sup>rd</sup> Swimmer: | _____      | _____               | _____ |
| 4 <sup>th</sup> Swimmer: | _____      | _____               | _____ |
|                          |            | Total Age           | _____ |
|                          |            | Age Group e.g. 160+ | _____ |

**NOTE 1** The Members of a Relay Team and their order of competing must be nominated by the closing time on the day of entries.

Any Relay Team Member may compete in a race only once. To swim in a relay team, a competitor must have swum in at least ONE individual event.

Failure to swim in the order listed will result in disqualification. Substitutions may be made only in the case of documented Medical Emergency.

|                    |          |         |         |         |         |
|--------------------|----------|---------|---------|---------|---------|
| <b>Age Groups:</b> | 72 - 119 | 100-119 | 120-159 | 160-199 | 200-239 |
|                    | 240- 279 | 280-319 | 320-359 | 360+    |         |

**ENTERED**

**Amount: (if applicable)**