



**masters  
swimming**  
QUEENSLAND

# Annual Report

2014

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Masters Swimming in Australia,  
Queensland Branch Inc.  
Trading as

**Masters Swimming Queensland Inc.**

Under Business Names Act 1962-1990 Section 7 (4)  
Business Number BN6091623

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The Masters Swimming Purpose is "To encourage adults regardless of age or ability to swim regularly in order to promote fitness and improve general health"

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Incorporated in Queensland on the first day of November 1988  
under the Queensland Associations Incorporation Act of 1981

**Incorporation number:** 4901

**Australian Business Number:** 15 804 399 838

**Business Address** PO Box 1279  
CAPALABA BC 4157

**Phone:** (07) 3245 1571

**Fax:** (07) 3390 2887

**Email:** administrator@mastersswimmingqld.org.au

**Website:** www.mastersswimmingqld.org.au

**Facebook:** [www.facebook.com/MastersSwimmingQueensland](http://www.facebook.com/MastersSwimmingQueensland)

**Office Hours:** Monday - Friday  
9.00 a.m. to 5.00 p.m.

**Affiliations:** Masters Swimming in Australia Inc.  
Q Sport – Sports Federation of Qld Inc.  
Swimming Queensland  
National Officiating Program  
Australian Coaching Council  
Fina

**Funding:** Swimming Queensland



## 2014 Branch Management Board

President	John Barrett
Treasurer	John Feddersen
Vice President (North)	Raylene Rasmussen
(Central)	John Feddersen
(Sunshine)	Nic Pirie
(South)	Brian Davis
Director of Recording	David Findlay
Director of Technical Services	Stan Pearson
Director of Risk Management	Trish Kirkman-Scroope
Director of Coaching Services	Janine Healy

### Appointees and Staff

Registrar (SQ Staff)	Gabrielle Bambery & Helga Ward
Recorder	David Findlay
Minutes Secretary	Cheryl Brodribb
Administrator	Helga Ward

### Life Members

Max Gillespie	QSM
Mary Sweeney	QBN
David Ryan	QBN
Rob Lucas	QMK/QNA
Derek Coghill	QSC
Ken Liddy	QTT
Stan Pearson	QCD

## 2014 Queensland Masters Affiliated Swimming Clubs

*In 2014 there were 45 clubs Registered with Masters Swimming Queensland*

<b>North Region: 10</b>	<b>Central: 8</b>	<b>Sunshine: 12</b>	<b>South: 14</b>	<b>MSQ: 1</b>
Albany Creek Masters		Maryborough Masters		
Aqualicious Masters		Miami Masters		
Atherton Mountaineers Masters		Millmerran Masters		
Barbarians Masters Swimming		Noosa Challengers		
Brisbane Northside Masters		North Mackay Sinkers Masters		
Brisbane Southside Masters		Nudgee Brothers Masters		
Caboolture & District Masters		Peak Performance Masters		
Cairns Legends Masters		Rats of Tobruk Masters		
Cairns Mudcrabs Masters		Redcliffe Peninsula Masters		
Cairns Sea Eagles Masters		Redlands Bayside Masters		
Canungra Masters		River City Masters Team		
Caribee Rocky Crocs		Rum City Masters		
Central Cairns		South Burnett Masters		
Duck Creek Masters		Sunshine Coast		
Genesis Aquatic Masters		Theodore District		
Gladstone Gropers Masters		Toowoomba Masters		
Gold Coast Masters		Tropic of Capricorn Masters		
Hervey Bay Masters		Twin Towns Masters		
Ipswich City Masters		University of Qld Masters		
Logan Aquatic Masters		Uni Wahoos Masters		
Long Tan Legends Masters		Whitsunday AUSSI Masters		
Manly Brisbane Masters		Yeronga Park Masters		
Mareeba Masters				

**\* Six new clubs: Genesis, Gold Coast, Millmerran, Peak Performance, Tropic of Capricorn and Theodore District**

## **Branch Management Board Reports**

### **PRESIDENT'S REPORT**

2014 has been an incredibly busy year for Masters Swimming in Queensland with the running of the joint State and National Championships in Rockhampton, the Pan Pacific Masters Games at Southport and Currumbin, local swim meets, club activities and many members of MSQ making the journey to Montreal for the FINA Masters World Championships.

At every meet I was able to get to, or Clubs that I visited, where I saw lots of smiling, welcoming faces, swimmers achieving great success or personal satisfaction and many people sharing the fun and friendship of Masters' Swimming. This is made possible through the hard work of volunteers at Club and Branch level and through the hard work of our Branch Administrator, Helga Ward.

#### **Governance**

The Board met six times during 2014: four teleconference meetings and two face to face planning meetings in Brisbane. Both planning meetings were held at the Viridian Conference Room, courtesy of Brian Davis (VP South) and the venue proved to be an excellent location.

We continue to have a service level agreement in place with Swimming Queensland. This covers the services of our Branch Administrator, Helga Ward, as well as financial administration and registration. There are many benefits to having these services provided by experienced staff. This year we have reduced the costs through the hard work of our recorder, David Findlay, but we must continue to be mindful of the costs involved.

I attended the Autumn and Spring meetings of the National Executive as the Queensland Delegate. This is an opportunity to not only hear about what is going on at the National level, but it is also a chance to meet other State delegates and hear about activities in other branches. Queensland reported on the running of the 2014 National Championships in Rockhampton and we heard about other activities happening around Australia.

A key issue to good governance is the financial sustainability of the Branch and it is pleasing to note that our Treasurer is reporting on an operating surplus for 2014.

#### **Communication**

We have decided to no longer publish the hard copy 'Swimmers News,' but follow the trend to issue an 'e-news'. This can be done regularly to highlight important information to be disseminated to members. We have expanded the use of our web site, Member Forum, Facebook and Twitter. The odd face to face discussion doesn't go astray and I find it useful to get the chance to talk to members at swim meets. Vice Presidents are also trying to work with clubs to provide information for the e-news and to be able to raise issues at Board meetings. Please take the opportunity to raise any issues you might have with them or with me when you can.

#### **Programs**

MSX - 2014 was the fourth year of our MSX, which has been well received. Hopefully some of you have been able to progress up a level from last year.

Lane Warriors - Many clubs are dedicated to tracking the distances swum by their members and 'competing' against other clubs in a different way. This program isn't all about speed.

Endurance 1000- The old aerobics' program was revamped a few years ago and we hope that more club members record their distances. Noosa Masters Swimming Club has for the second year running, won the national Endurance 1000 Trophy. Congratulations on this achievement!

Club activities - Club and membership development seems to vary across the state and I would encourage members to share the load and become involved in running your club and the Branch.

### **Competition**

Caribee Rockhampton Crocs hosted a very successful 2014 National and State Championships in April. The highlight for me was the participation of swimmers and officials in the pool side Anzac Day ceremony. A special thanks to Jay Neville for reading the Ode. A photo of the ANZAC ceremony is on **page 30**.

Quite a few Queensland members made the trip to Montreal for the 2014 World Championships and a number of them came back with medals, PBs and records.

MSQ ran the swimming component of the 2014 Pan Pacific Masters Games on the Gold Coast at the new Commonwealth Games Aquatic facility at the Southport Pool.

Club swims continued throughout the State with members travelling long distances to attend. One thing that always seems to be appreciated is when someone from Brisbane attends a swim meet in Cairns or vice versa.

### **Coaching**

Janine Healy took over the role of Branch Coaching Director and she continued to support the Coaching programs with the assistance of Tony Keogh, Mark Erickson and his fiancé, Raylene Rasmussen.

### **Technical**

Stan Pearson and our other officials continued to ensure that swim meets were able to be run. Stan Pearson has also taken on a role on the National Technical Committee.

### **Other Branch Activities**

Much of 2014 was spent on organising and running both the 2014 National Championships in Rockhampton and the Pan Pacific Masters Games on the Gold Coast. We were mindful that there was only a small club in Rockhampton and the Board had a hands-on approach to the organisation. As expected it provided a focal point for the Queensland swimmers especially those in the central region.

Thank you for your ongoing interest in Masters Swimming. See you in the pool.

*John Barrett*

# MASTERS SWIMMING QUEENSLAND

## TREASURER

For the year ended 31 December 2014

### INCOME AND EXPENDITURE

#### Income

Interest income for 2014 of \$472 was lower than the 2013 year figure of \$548 mainly due to lower term deposit rates.

Grants Income for 2014 was slightly lower by \$1,394 than the previous year due to a slight lower grant received from the Queensland government.

Revenue from Swim Meets for 2014 was \$101,410 compared with \$18,252 for 2013, due to the holding of a Pan Pacific Masters Games (PPMG) competition (\$32,773) and the National titles (\$66,553) during 2014. The PPMG is held every two years and the National Championships rotates between all the States. In 2014 MSQ (Masters Swimming Queensland) hosted the National titles.

The Membership Revenue figures for 2014 and 2013 were \$43,332 and \$39,929 respectively, reflecting membership numbers as well as the usual timing difference when members renew each year.

Coaching revenue reflects two courses being conducted during the 2014 year when compared with one course during 2013.

#### Expenditure

Coaching / Technical Development is basically conducted on a break-even basis with the aim of providing qualified personnel for Clubs to provide their services to the public.

The Service Level Agreement is with Swimming Queensland and underpins the level of service our organisation is able to provide to members. A slightly lower level of billable hours was obtained from Swimming Queensland offset by a CPI increase. The Board is actively pursuing efficiency changes led by IT specialist and Director of Recording, David Findlay.

Expenditure on the normal activities included in the line item Events & Programs of \$19,591 for 2014 is on par with 2013. The cost of conducting the Pan Pacific Masters Games and the National titles is also reflected in the 2014 figures. The MSQ Board expresses its gratitude to the Rockhampton Regional Council for the favourable pool hire charges for conducting the National titles. This swim meet was a win-win for both parties in that the Council was able to promote its new facilities Australia wide together with the economic benefits of the swimmers and their families' expenditure in the city.

In summary, the surplus for 2014 of \$26,276 compares with a 2013 deficit of \$15,569. Our organisation had previously recorded a surplus in 2009. The amount of the surplus / deficit for each year will vary according to whether or not a major swim meet has been held during the year.

The next Pan Pacific Masters Games is scheduled for 2016 and it is expected that this event will produce a surplus.

The financial results for the 2014 National titles are shown in the Notes of accounts.



There is a need for a revenue source other than relying upon Government Grants and Membership fee revenue. Sponsorship proposals have been submitted to potential partner companies, but efforts to attract a large sponsor have not been successful. (This may be more successfully undertaken on a national basis). Subsequently, approaches for smaller amounts are expected to be successful given the current economic circumstances. An agreement is expected to be signed shortly.

A comparison of the 2014 and 2013 financial results highlights the unevenness that MSQ has from year to year for Income and Expenditure items.

### **Balance Sheet**

The cash availability in the cheque account and term deposits as at 31 December 2014 and 2013, was \$70,097 and \$39,693 respectively. The available cash in the term deposits is transferred, when needed, to the working (cheque) account in order to pay the expenses of operating Masters Swimming Queensland. The increase in term deposit balances reflects the surplus from the National titles.

A summarised Income and Expenditure Statement together with the Balance Sheet is outlined in the Auditors' Report.

*John Feddersen*

## Auditor's Financial Statements

### Statement of Income and Expenditure

#### Year Ended 31st December 2014

	Note	2014 \$	2013 \$
<b>Income</b>			
Membership & Affiliation Fees		43,332	36,929
Grant Funding		35,248	36,642
Meet Income		34,757	17,473
National Championships Income	2	66,553	1,252
Merchandise Agreement		1,814	150
Coach Development		2,136	454
Interest Received		472	548
Other Income		1,128	1,550
		<u>185,440</u>	<u>94,998</u>
<b>Expenditure</b>			
Administration Expenses			
Service Level Agreement		53,000	61,000
Printing		8,164	8,000
Photocopier		3,370	7,803
Sundry		4,864	3,661
Meet Expenses		19,294	14,084
National Championships Expenses	3	45,726	2,474
Coach Development		1,431	740
Membership Development		17,490	6,731
Meetings		4,283	4,841
Bank Charges		1,487	590
Registrations		55	643
		<u>159,164</u>	<u>110,567</u>
Net profit/(loss) from operating activities		<u>26,276</u>	<u>(15,569)</u>
Retained profits at the beginning of the financial year		55,554	71,123
Retained profits at the end of the financial year		<u>\$ 81,830</u>	<u>\$ 55,554</u>

## MASTERS SWIMMING QUEENSLAND

### Statement of Assets and Liabilities

	Note	2014 \$	2013 \$
<b>ASSETS</b>			
<b>CURRENT ASSETS</b>			
Cash and Cash Equivalents	4	70,596	40,502
Trade and Other Receivables	5	1,865	883
Inventories	6	11,045	15,134
<b>TOTAL CURRENT ASSETS</b>		<u>83,506</u>	<u>56,519</u>
<b>TOTAL ASSETS</b>		<u>83,506</u>	<u>56,519</u>
<b>LIABILITIES</b>			
<b>CURRENT LIABILITIES</b>			
Trade and Other Payables	7	1,676	965
<b>TOTAL CURRENT LIABILITIES</b>		<u>1,676</u>	<u>965</u>
<b>TOTAL LIABILITIES</b>		<u>1,676</u>	<u>965</u>
<b>NET ASSETS</b>		<u>\$ 81,830</u>	<u>\$ 55,554</u>
<b>EQUITY</b>			
Retained Earnings		<u>81,830</u>	<u>55,554</u>
<b>TOTAL EQUITY</b>		<u>\$ 81,830</u>	<u>\$ 55,554</u>

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2014

### **1 Statement of significant accounting policies**

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act (Qld). The committee has determined that the Association is not a reporting entity.

The financial report has been prepared on an accruals basis and is based on historic costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

#### **a. Income Tax**

No provision for income tax has been raised as the Association operates solely as a non-profit organisation and accordingly is exempt from income tax under Section 50-10 of the Income Tax Assessment Act 1997.

#### **b. Cash on Hand**

Cash on hand includes cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.

#### **c. Accounts Receivable and Other Debtors**

Accounts receivable and other debtors include amounts due from members as well as amounts receivable from donors. Receivables expected to be collected within 12 months of the end of the reporting period are classified as current assets. All other receivables are classified as non-current assets.

#### **d. Inventories**

Inventories are measured at the lower of cost and net realisable value. Costs are assigned on an average cost basis.

#### **e. Revenue and Other Income**

Revenue is measured at the fair value of the consideration received or receivable.

Revenue is recognised when invoices are raised. Interest revenue is recognised upon receipt.

Grant and donation income is recognised when the entity obtains control over the funds, which is generally at the time of receipt. If conditions are attached to the grant that must be satisfied before the association is eligible to receive the contribution, recognition of the grant as revenue will be deferred until those conditions are satisfied.

All revenue is stated net of the amount of goods and services tax.

#### **f. Goods and Services Tax (GST)**

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense.

Receivables and payables in the Balance Sheet are shown inclusive of GST.

#### **g. Accounts Payable and Other Payables**

Accounts payable and other payables represent the liability outstanding at the end of the reporting period for goods and services rendered by the association during the reporting period that remain unpaid. The balance is recognised as a current liability with the amounts normally paid within 30 days of recognition of the liability.

### STATEMENT BY THE COMMITTEE

In accordance with a resolution of the committee of Masters Swimming Queensland Inc., the members of the committee declare that the financial statements as set out on pages 1 to 4:

1. presents a true and fair view of the financial position of Masters Swimming Queensland Inc. as at 31 December 2014 and its performance for the year ended on that date in accordance with the accounting policies described in Note 1 to the financial statements and the requirements of the Associations Incorporation Act (Qld) 1981; and
2. at the date of this statement, there are reasonable grounds to believe that Masters Swimming Queensland Inc. will be able to pay its debts as and when they fall due.

This statement is signed for and on behalf of the committee by:



President



Treasurer

Dated this .....5<sup>th</sup> ..... day of .....March..... 2015

A M Giles & Co  
Chartered Accountants

## SWIM MEETS

The table below lists the number of **swim meets** held in the last 4 years: 2010 – 2013

	2010	2011	2012	2013	2014
<b>Short Course</b>	13	12	12	12	12
<b>Long Course</b>	13	11	11	11	14
<b>Postal</b>	3	2	2	3	2
<b>Open Water</b>	1	2	2	1	3
<b>TOTAL</b>	30	26	26	27	31
<b>Cancellations</b>	3	3	3	3	4

## DIRECTOR OF RECORDING

### Achievements this year:

Significant progress has been made in member usage of the Entry Manager system. This has reduced the number of errors in results.

Processes for providing registrations and records' files to meet organisers have been completely automated.

Maintenance of the membership information used for Entry Manager has been completely automated. National/State Championships and Pan Pacific Masters Games were conducted successfully with only minor issues related to recording. The model of having pool staff handle AOE/SAT systems while the MSQ Recorder handles entries and liaises to ensure compliance with MSQ/MSA procedures and standards has worked well. I would recommend this model for future major events.

Our recording documentation has been well used by many clubs, however, it is important to get more meet organisers to use it. We need to continue to improve the documentation to make it more comprehensive and easier to use.

The use of screen cast videos to assist with training in recording tasks has been well received and used by many members.

### Challenges for the coming year:

It would be beneficial to find some more volunteers to assist with recording related tasks at a branch level.

*David Findlay*

## MEMBERSHIP

The registration numbers from MSA data since 2002 are as follows:

2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
1886	1660	1606	1517	1455	1414	1348	1425	1316	1138	1280	1235	1242

The membership does not include second claim members, refunds or social members.

## DIRECTOR OF TECHNICAL SERVICES

In my 2013 - 2014 Report to the Annual General Meeting, I stated that the Technical areas of responsibility do not seem to be of any significant importance to the majority of MSQ swimmers.

This has been shown this year by the extremely low interest by a majority of swimmers in completing Technical Courses.

Most swimmers are happy to compete at club swims. Many are prepared to assist at other club swim meets as time keepers. With the exception of their own club meet where positions, e.g., marshalls, check starters etc., are filled by non-accredited people, only a very small number of people are prepared to assist the development of Masters Swimming in Queensland by becoming accredited technical officials.

Coaching, for example, appears to be more important.

Consider this. A Masters' swimmer has been well coached by the club coach. The swimmer completes a record swim at a sanctioned swim meet, only to be disqualified at the end of the race for a technical infraction. The swimmer complains that no one at their club had previously noticed the infraction. Why? No one at the club who was aware of the rules.

It is important for MSQ to have accredited technical officials available, as our swim meets would not run smoothly without them.

We can arrange technical courses throughout the year. We simply need the requests. Some clubs are conducting such courses, but, compared to the number of Masters Swimmers in Queensland, the number of courses are very insignificant.

### **FINA rule changes.**

FINA made some rule changes during the year. These rules, the Breaststroke start and the Backstroke finish, have been incorporated into the MSA rules.

These rules were relatively minor and seem to have caused few problems.

### **Reaccreditation**

Reaccreditation of technical officials was a key focus during the year. It is required every four years, but as not all officials were accredited in the same year, reaccreditation is an ongoing activity. It requires an official with current accreditation to be available for assessing during a swim meet, thereby making the assessor unavailable for technical officials' activities at that meet.

With the current short supply of technical officials, the number of opportunities for reassessment are severely limited.

Masters Swimming Australia requires all new record applications be signed by a current accredited Referee.

### **Pan Pacific Masters Games**

The swim meet component of these games was well supported.

The venue, although the recipient of some bad publicity, was adequate.

The number of officials, supplemented by interstate and overseas officials, did an excellent job.

The small number of infractions was a welcome outcome.

The open water swim component of the games was a little disappointing.

A lack of knowledge of open water swimming by some officials and some swimmers alike created a few problems at the completion of the event.

The situation has been discussed by the Board of Masters Swimmers Queensland.

### **Mercure Townsville 2015 MSQ State Championships**

At the time of reading this report, the MSQ State Championships will be well into the programme.

I know that almost all of our current MSQ referees have travelled to Townsville at their own expense and in their own time to assist in making this event enjoyable and successful for you. I also thank the Swimming Queensland officials for their time and input into the running of this event. Without these people, this swim meet would not be the same.

### **MSQ Official of the Year**

It has been a few years since we have awarded the Official of the Year in Queensland.

Nominations are invited from all MSQ clubs.

The nominee does not have to be an accredited technical official. You may have in your own club a person who has been a timekeeper for as long as you can remember or, a person who is always there just helping out with various jobs.

When the forms are sent to your club next year, put an entry in.

It will be a well-deserved outcome for someone in your club and a pleasure for MSQ to make the award.

### **The future**

My plan is for a number of developments to unfold over the next year.

These include, but are not limited to:

- An increase state wide in the number of accredited technical officials.
- An up to date data base of MSQ technical officials covering all disciplines from timekeeper upwards.
- A greater awareness of the importance for all clubs to have a level of technical knowledge within their club.
- A closer working relationship between technical and coaching sectors.

I believe the best way forward for MSQ is through participation, not only in inter club competition, but also in assisting your club to grow in membership. Become involved in the running of your club and to make yourselves available as timekeepers, even if only for a short time, for all swim meets you attend. Become an accredited technical official so that you can assist at some swim meets.

We are all volunteers at MSQ and every bit of help is greatly appreciated.

Director of Technical Services.  
Masters Swimming Queensland.

National Technical Committee.  
Masters Swimming Australia

*Stan Pearson*



## DIRECTOR OF COACHING SERVICES

Nil Report

*Janine Healy*

## DIRECTOR OF RISK MANAGEMENT

This year has fortunately been uneventful in terms of risk management. This is fantastic and shows that we have some sound processes policies and practices in place.

There have of course been a couple of incidents where swimmers have required medical assistance at meets or MSQ sanctioned events, however these incidents have been managed very well in terms of our response and preparedness. I don't propose to go through each in detail.

I would like to remind clubs of their duty to complete the Risk Assessment Sheet which is compulsory for clubs hosting a swim meet. I will be following up with any Clubs that hosted a meet in 2014 and did not provide this document. Likewise I would like to remind clubs of their duty to complete an Incident Form when an incident occurs either during training or during a meet. I note for example that there was a medical issue that arose at the recent Pan Pacific where a swimmer required medical assistance, and I have yet to see that Incident Form.

Throughout the year I was involved in drafting an updated Dispute Resolution Policy. This policy is still in its draft stage requiring more work and consideration before I put it before the Board for their input. I anticipate this will be in the latter part of 2015 as I have significant (non Board) commitments until the beginning of July.

I was also involved in setting up a draft Risk Register, this having been agreed to by the board in the later part of 2014. I was assisted by my husband Greg Scroope who ran a session at the recent Face to Face meeting in December 2014 on the importance of identifying, categorising and recording responses to actual and perceived risks. This "Draft Risk Register" is still in its infancy after some great brainstorming at Greg's session. I anticipate having another draft of this ready for input from the Board again, in the latter half of this year.

Other than that, it's been a relatively quiet year in terms of the discharge of my Risk Management responsibilities. I have enjoyed being on the Board and propose to continue in this role subject to the usual endorsement processes.

*Trish Kirkman-Scroope*

## VICE-PRESIDENT NORTH

### ***Contributions to the annual report:***

**Clubs:** Atherton Mountaineers, Central Cairns, Cairns Mudcrabs, Cairns Legends, Herbert River Masters, Long Tan Legends, Mareeba Masters, Rats of Tobruk, Cairns Sea Eagles, Peak Performance and Whitsunday Masters

This is an overview of the activities of Masters Swimming Clubs in the Northern Region for 2014.

### **Membership**

Clubs seemed to have difficulty attracting new members with numbers in the region staying much the same. Many clubs reported that the local adult swim squads are well attended, but many adult swimmers just want to train for fitness or cross train for other sports or events and are not interested in joining Masters Swimming. Atherton, Long Tan Legends and Cairns Mudcrabs have had slight increases in membership; Central Cairns, Cairns Legends and Herbert River have had drops in membership. Currently, Herbert River Masters has disbanded. Central Cairns Masters has amalgamated with the junior swim club. Unfortunately, Cairns Legends' training pool, the Tobruk pool was demolished in 2014 and they had to relocate to another pool at Smithfield, which has not helped the Legends attract new members. MSQ welcomes new club, Peak Performance (North Shores, Townsville).

### **Swim Meets and Results**

Mareeba, Long Tan Legends, Atherton and Cairns Mudcrabs, all hosted sanctioned swim meets during 2014. Most attracted roughly thirty to sixty swimmers. Unfortunately, the Whitsunday swim meet was cancelled.

At least eight NQ swimmers participated at the State/National Swim held in Rockhampton, North Queensland (NQ) Games in Townsville and the Pan Pacific Masters on the Gold Coast. Two swimmers participated at the World Masters Swimming in Canada. Some members managed to attend events in other regions, notably Mackay and Rockhampton.

During the year there were a number of outstanding performances by NQ Masters in breaking records, winning medals, achieving personal best times, achieving top awards in the MSX programme or placed in the Top Ten.

### **Open Water Swims**

There has been an increase in adult participation and interest in Open Water Swims in North Queensland, mainly in the Townsville and Cairns areas. The Cairns Mudcrabs held OW swims at Lake Barrine and Lake Eacham during 2014 with between thirty and fifty-five participants at each event. A 500m swim was included during 2014 to encourage hesitant swimmers to compete. At least eight NQ swimmers participated in the Green Island OW swims. Several NQ Masters completed *The Cairns Half Iron Man* or participated in the swim leg of the *Half Iron Man*. The Atherton Mountaineers hosted a very successful open water swim programme. They ran at least five pool sessions and three open water sessions to prepare interested adults for open water swimming. At least two events were held in Townsville including the Strand Swim (2.5km or 5km) and the Magnetic Island to Townsville Swim (8km). The open water swims attract a mixture of Junior, Masters, tri-athletes, Surf Club and general public swimmers.

### **Technical Officials**

Cairns Mudcrabs organised technical courses for Timekeepers and Chief Timekeepers prior to the start of its swim meets in November. The courses were presented by Frank Matthews. The club has eight accredited officials. Cheryl Brodribb completed all the requirements to be an accredited Referee.

### Coaching

The efforts of club coaches was also very much appreciated! An Intro Coach course was facilitated in Townsville during 2014 with five participants and a Club Coach course was facilitated in Cairns with four participants.

### Grants

Whilst Cairns Mudcrabs did not apply for grants during 2014 the *Get Going Grant* awarded towards the end of 2013 provided funding for two members to attend the NQ coaching courses and also for six members to acquire CPR qualifications. Atherton Mountaineers were able to provide an open water programme and lifesaving training (Bronze Medallion/Pool Lifeguard) to interested adults through a grant they received during 2014. Atherton Mountaineers were also able to purchase a defibrillator.

### Club Activities

Most clubs have a regular time to swim as a club with club coaches and barbecues/morning teas seen as good incentives to attract members to attend. Club committee members/technical officials and coaches are to be congratulated on their efforts.

Cairns Mudcrabs held their annual dinner with the presentation of the *Allen Burgoyne Award*. The award winner was Barbara Williamson. During 2014, NQ swimmers have completed charity swims such as MS Charity Swim. Some clubs have also contributed to charities like Fred Hollows Foundation. The Atherton Mountaineers hosted their annual Christmas in July and it was their biggest one ever – with over sixty-five participants. Atherton also hosted *Come and Try* swim training sessions and gained over eight new participants. The Whitsunday Masters hosted an enjoyable Christmas in July luncheon in 2014. Ky Hurst, elite Iron Man athlete, visited the Proserpine Pool and the Whitsunday Masters were lucky enough to meet Ky, get autographs and photos and be a part of his swim session.

### 2015

Many NQ Masters are training hard to compete at the State Swim Champs to be held in Townsville in March.

*Raylene Rasmussen*

## VICE-PRESIDENT CENTRAL

An overview of the Clubs in the Central region is as follows:-

### Membership

**QBB:** Bundaberg / Rum City. The club finished the year slightly down on numbers. The club's usual methods of promotion include *Come and Try Day* as well as information stalls at the *Health and Well Being Expo* and at local pools. There is also exposure through local newspapers and television. The Club's team ethos showed in the various activities undertaken by the club during the year.

**QRH:** Caribee Rocky Crocs. Membership has been steadily increasing. The club gained a higher profile and exposure in the local media due to the National titles held during the year.

**QGS:** Gladstone Gropers. The club finished the year with a membership of eighty-five.

As the population of Gladstone has tapered, due mainly to the industrial expansion projects being finished, so too has the club's membership. The club experienced a number of swimmers leaving Gladstone and not renewing in 2014. The winter season continues to present problems such as lower attendance numbers. The return to the outdoor summer venue in October also saw lower attendance numbers resulting in the failure to break even financially during the week. A factor is the long hours per

day being worked by those involved in the construction of the gas plants. Weekend attendances are better. This situation is being addressed by a *Come and Try* event and fundraisers to cover the shortfall.

**QHB:** Hervey Bay Humpbacks. The Club finished the year with forty-two members which is close to the previous year membership. Word of mouth and advertising at the pool complex are the main methods used to maintain and increase membership. A successful *Come and Try* day was held during May.

**QNS:** Mackay Sinkers. The Club finished the year with thirty-four members with seven prospective members considering joining. Interest was from all age groups. Various methods were used to attract new members.

**QMB:** Maryborough. The Club has maintained a stable membership of twelve.

New clubs established during the year include QTC, Tropic of Capricorn being based at the south-side pool in Rockhampton and QTD, the Theodore District Masters Club.

### **Swim Meets and Results**

Bundaberg's annual swim had good representation from other clubs and was financially viable as well. Club members also attended other swim meets during the year, including the National titles, as well as regional swim meets.

Hervey Bay continues to conduct its annual, highly successful swim meet (90 competitors attended) and social function thereafter. Many swimmers made a weekend of the event. The club also had good representation at various regional swim meets and the National titles.

Gladstone conducted a successful swim meet with increased nominations from other regional clubs. Members attended other regional swim meets. The club finished in 10<sup>th</sup> place National placings and 3<sup>rd</sup> place for the Queensland clubs at the 2014 titles.

Mackay had ten club members and one official attend the National titles during February in Rockhampton. Maryborough members performed well at the National titles winning seven gold, two silver and three bronze as well as state medals.

### **Club Activities**

Bundaberg had a mixture of beach days, ten pin bowling and morning teas around town.

Caribee Rocky Crocs co-jointly conducted a very successful National titles. The success of this event was due to the efforts of many people including local members together with tremendous support from the Rockhampton Regional Council.

Gladstone has a social program that includes activities such as a long weekend at Agnes Waters, the mid-year presentations / barbecue, regional swim meets and the end of year presentations / Christmas party. The Club attended the National titles in Rockhampton.

Hervey Bay had a variety of events including a cancer fundraising swim.

Mackay had two club members (Geoff Robinson and Jennie Mack) travel to Montpellier France to officiate at the *World Rescue Championships* during September 2014. Geoff and Jennie were presented with silver technical service medals.

Maryborough participated in a number of competitions with the result of a state record being set together with a number of gold and silver medals.

### **Technical Officials**

Bundaberg has no accredited officials and relies upon the resources of the southern area.

Gladstone has one accredited referee.

Hervey Bay has approximately six qualified officials. The club did not run any courses during the year to increase that number.

Mackay has only one qualified official in Geoff Robinson and it is recognised that this issue has to be addressed.

### **Coaching**

Bundaberg has one Head Coach available three times a week, as well as two other coaches when the head coach is unavailable. "Guest" coaches from other local swim clubs add support for specific programs as required.

Hervey Bay has training sessions conducted by Caleb Ryan, Janet Cochrane, Darryl Higgins and Brent Milne.

Caribee Rocky Crocs has David Milburn from Caribee Swimming Academy as their regular coach.

Gladstone has five coaches (Don Jones, John Feddersen, Rodney Porteous, Russell Ogden and Sandra Pugh) who provide three training sessions each week via a roster system. All coaches have undergone advanced safety training with the Bronze medallion as the minimum. Three coaches went to the annual ASCTA conference during May 2014. Funding for such was provide partly by a successful grant application.

Mackay has one coach, Greg Born and Maryborough has one coach.

### **Finances / Fundraising / Grants**

Bundaberg's finances are satisfactory. No funding grants were applied for during 2014. Caribee finances are good. The Club did not receive any grant funds during the year.

Gladstone is in a strong financial position. A fundraiser at the local Bunnings store was successful in ensuring a surplus for the year.

Hervey Bay's financial position is strong. The Club did not receive any grant funds during the year. Mackay had two successful sausage sizzles and raffles in 2014. In 2015 the Club will submit funding applications to the Gambling Community Benefit Fund, Queensland government and local Councils. Maryborough held sausage sizzles as their fundraisers.

### **Other**

Bundaberg has a major risk area in potentially not having accredited coaches available in future years.

Gladstone's major risk area is the ability to secure access to a suitable pool at a reasonable cost so as to be able to continue to offer the public an exercise program at an affordable cost. Existing arrangements are reviewed every twelve months.

Hervey Bay's new club room / shed project has been a great addition to the club functioning. The club has access to improved facilities at the City's Aquatic Centre.

### **Thank you**

I have held two positions on the Board, namely that of State Treasurer and Vice President Central Region and reports for both positions are included in this Annual Report. I particularly want to thank my fellow Board members as well as the staff of Swimming Queensland, particularly Helga for her support and assistance during the year.

*John Feddersen*

## VICE-PRESIDENT (ACTING) SUNSHINE

The Annual Report submitted by the VP Sunshine (Acting) is very limited in its content as the previous VP Sunshine, Nicholas Pirie, resigned prior to the BMB face to face meeting in December. He did not submit a report on resigning.

Shortly after the Special Meeting, I contacted all Sunshine Club President's to introduce myself and also notify them of the responsibilities of the role and how I would fulfil them.

Annual Reports have been received from Noosa, Sunshine Coast, Albany Creek, Nudgee and also Aqualicious. The other clubs in the Sunshine region did not respond and did not supply a report.

I have submitted my nomination as VP Sunshine for consideration at the AGM in March 2015. If successful, I plan to continue fulfilling the requirements of this role as set out in the By-Laws, working with the other Board Members on achieving results for MSQ and its members.

An introductory email sent to club presidents covered my role as liaison person for the Sunshine region, attendance at swim meets and MSQ activities, availability to discuss issues of concern and the promotion of membership drives as well as reporting on club activities.

Annual Report submissions in the Sunshine Region:

Albany Creek, Aqualicious, Noosa, Nudgee Brothers and Sunshine Coast

### **Membership**

Noosa Masters Swimming Club (NMSC) had eighty-eight members in 2014 with nine new members joining during the year. NMSC held two *Come and Try* days, in March and November to attract new members. Additional coaching staff were on deck for both of these events

The Albany Creek Masters Swimming Club has maintained its club membership at sixty-four members for most of the 2014 year. This figure is slightly up on last year's numbers as the club had an additional three new members join throughout the year. The new members have helped ensure that the club has a steady flow of new ideas.

The club continues to maintain a strong membership base and the efforts that all members make to attend Sunday training, swimming events and monthly meetings is very much appreciated by the Albany Creek Masters' executive committee. The club is very lucky to have an enthusiastic bunch of members

To ensure that the members develop their swimming skills and improve fitness levels, members are encouraged to seek out opportunities to develop their skills via programmes offered by specialist in areas such as open water swimming and the mid-week adult squads and swim fit squads offered by the Albany Creek pool.

Aqualicious had sixty-two active members in 2014 with ten new members joining the club throughout 2014. Considering the closure of the Centenary pool for renovations until late 2013, the team's Management Committee was pleased that club memberships had stabilised and there was growth during 2014.

Initiatives to attract new members included a stall at the *Brisbane Pride Fair* and they attend various gay and lesbian events throughout 2014 to promote the club and provide information to potential members.

Nudgee Brothers' 36 registered and club swimmers enjoy squad swimming and social activities.

### **Swim Meets and Results**

Noosa MSC held its annual swim meet on 16 May 2014. There were 157 entrants from twenty-seven clubs. Prize money of \$940 was provided by sponsors and it proved to be a great day for everyone. Swimmers from NMSC attended sixteen meets in 2014 and won the overall trophy in five of them.

Twenty-one swimmers attended the PPMG winning seventeen medals and breaking two Pan Pacific Masters Games' records - Jan Croft (400m Free) and Clinton Stanley (400 Fly). Eight swimmers competed in the Pan Pacific Masters Games' OWS with six medals being won. Seven club members travelled to the World Masters Games in Montreal. Jan Croft won two gold medals, Bob Morse was placed in the top ten in two events and PBs were swum by all.

**Albany Creek** hosted a very successful short course meet in May at which there were 180 swimmers. Under the expert co-ordination of Peter Mulcahy, all members contributed to the successful staging of the swim meet and their efforts were appreciated by all those who attended the swim meet. The Albany Creek meet was again well supported by family and friends of club members. The date for the club's 2015 has been confirmed as the 2<sup>nd</sup> May.

In April, eight members ventured to Rockhampton to compete in the National and State Titles. All swimmers were rewarded with PBs. Karina Horton swam a record breaking time in the 200m Fly and Rachael Keogh continued to promote masters' swimming by making it into the social pages of the local Rockhampton newspaper.

A small team from Albany Creek Masters also ventured to the Gold Coast to meet the challenges thrown up by the swimming events of the 2014 Pan Pacific Masters Games. Karina again proved to be too good for both the opposition and the record books as she swam a record breaking time in her events.

Karina Horton, of 200m fly fame, also chalked up another success during the year by completing three million metres and she is now slowly inching her way to the five million metre mark.

The Endurance 1000 program attracted twenty-seven club members to participate in the aerobic swims throughout the year. The most notable swimmer in this programme was David Gray who completed all sixty-two program swims. Other Albany Creek Swimmers who achieved in this program were Lianne Donkin and David and Heather Butler.

The club is proud of its international swimming exposure gained through its member, Marion Slattery. Marion is always finding a new open water swim event to attend.

**The Aqualicious** Twilight Meet was a great success. It was great to have it back on the calendar after being unable to host the meet since the Centenary Pool closure in 2011. Lots of positive comments were heard from the attendees. Seventy-five participants registered for the event and over \$800 was raised from the raffle prizes, which was a great outcome. A big thank you goes to the committee who organised the event and all the clubs that participated.

A small contingent attended the State/National Championships in Rockhampton and intend to compete again in Hobart in 2015.

The team attended the Asia Pacific Outgames in Darwin in May. The Outgames were a great success and a fun event for all team members who attended.

Seven members attended the Pan Pacific Masters Games on the Gold Coast where many medals were won and PBs gained.

**Nudgee Brothers** had good success in the pool in 2014 with some of their swimmers very successful at the *Down Syndrome World Games* in Mexico. They are very proud of Colin Marks who was male team captain and was nominated the *Swimmer of the Meet*. Colin won eight gold and two silver and he achieved a world record in the process. Tiffany Smith, Matthew Walker and Ross Hughes also did well. The swimmers trained hard and achieved great outcomes.

Deanne Atkinson placed in the top ten of the 55-59 age group in the *2014 Masters Swim Series*. They had good representation at the Pan Pacific Masters Games and several swimmers continue to do ocean swims and triathlons.

The club supports *Nudgee College Junior Program* by organising Club nights with barbecues and trophy presentation. In 2014 Colin Marks was awarded Club Champion, Paul Nilsson received the

*Coaches Award* and Bevan Boyce the *Patrons Award*. They look forward to an exciting year of fun and fitness ahead.

**Sunshine Coast Masters'** most successful swimmer in 2014 was Jan Capps, who won an amazing number of medals at Nationals in Rockhampton and at the Pan Pacific Masters Games. This was Jan's first year of competitive swimming. She was formerly into gymnastics.

President, David Thomson, also had an impressive year in Masters' Swimming.

### **Club Activities**

Noosa MSC has an extensive social calendar including: Welcome to the New Year, Valentine's Day, Melbourne Cup, Christmas Party and monthly after squad breakfasts.

Many of the ladies participate in craft afternoons where jumpers, beanies and rugs are knitted for the needy in Nepal. The cost of postage for these items is paid for by the club.

Albany Creek invited Julie Robinson from Noosa to present a short seminar *Training the Mind for Performance*. The seminar and breakfast was well attended by members with many actively participating in the discussions focussing on the mental preparation that is required when participating in the testing environment of sport competitions.

The club continues to hold its Sunday morning after training monthly barbecue. This once a month event always attracts a healthy number of club members and is an ideal opportunity for new members to be introduced to other members of the club.

The 2014 Aqualicious Christmas Party and *Awards Night* was another great success. Good food, flowing drinks and excellent company was enjoyed by all. Award winners were; Sara Henderson (Female Swimmer of the Year), Fernando Clara (Male Swimmer of the Year), Ken Gunthorpe (Coaches Award Male), Deborah Quarta (Coaches Award Female), Robert de Roos (Club Person of the Year).

The Team attended Mardi Gras on the Bobby Goldsmith float alongside Melbourne Glamourhead Sharks and Sydney Wett Ones.

**The Sunshine Coast** Social Secretaries, Cecily and Val, organised a variety of brilliant functions for the club during 2014, including *Christmas in July* at Tranquil Park, Maleny, group visits to the *Caloundra Chorale Society* presentations, lunch and walking at the *Maroochy Bushland Botanical Gardens* at Tanawha, a Melbourne Cup function and numerous luncheons for birthdays.

The Paddling Party in January at Wendy and Derek's Wurtulla was a great opportunity for QSC members to meet up with other energetic sports people.

Four weekends in the country for some QSC members were fun occasions. Gladstone, Hervey Bay, Yamba and Toowoomba [minus the swimming] were the venues.

### **Technical Officials**

Noosa MSC has one official. Fourteen members attended a timekeeping course during 2014 and thirteen members completed a CPR course that was subsidised by the club.

Albany Creek is lucky to be able to call on the expertise of two officials, Karina Horton and Rachael Keogh (Trainee). Trish Kirkman-Scroope also offers her assistance to the Queensland Branch by providing assistance in the capacity as the Director of Risk Management.

**Sunshine Coast's** Derek Coghill is one of MSQ's long term and most experienced technical officials. He continued with his role as official. MSQ recognises and supports the tremendous support Derek gives the organisation. He has been instrumental in transporting medals and equipment necessary for the major events, including travelling to Rockhampton, for the National Championships and the Gold Coast for the Pan Pacific Masters Games.

### **Coaching**

Noosa MSC has one Head Coach and four volunteer assistant coaches.



Jan Croft attended the ASCTA conference on the Gold Coast earlier this year.

Ian Pope ran a three morning coaching clinic concentrating on stroke correction and race technique

Albany Creek has a team of nine dedicated coaches and trainee coaches who prepare and conduct a training session every Sunday morning throughout the year. The trainees are currently completing the Club Coach Course and when completed, the assessment, combined with the other pre-requisites will allow them to seek accreditation as a MSA Club Coaches.

During the year, the coaches conducted a survey of members in an attempt to ascertain the needs of the members. From the feedback received, several new ideas have been adopted with more initiatives to be introduced as we progress through the year.

One of the coaches took an opportunity in May to attend a coaching master class held in Melbourne by Masters Swimming Australia.

Kellie Griffiths, from Aqualicious was the head coach for 2014 with Nicole Kopp coaching the team on Tuesday nights and Trudee Stafford coaching the team on Thursday nights. Coaching for Saturday and Sunday session was shared by team members throughout the year.

### **Funding/Grants**

Noosa: A grant for \$10,000 was received from NPRSR under the *Get in the Game and Get Going* program.

The funds were used to pay for the Ian Pope Clinic, an iPad, two shade tents, training DVDs, new stopwatches and attendance at the ASCTA conference.

Aqualicious received a grant \$700 from the Brisbane City Council for the purchase of training equipment (fins and pull buoys). The Club will donate its old equipment to the Murri School.

### **Other**

Several members from Albany Creek participated in the *Kick and Pull Challenge*. Two lucky members were rewarded for their efforts by receiving free membership for a year. Well done Kim and Charmaine from **Nudgee College Masters Swimming Inc.**

### **2015**

Noosa MSC has applied for another funding submission from NPRSR which will, if granted, have an emphasis on *Women in Sport*.

Nudgee Brothers have had a name change to Nudgee College Masters Swimming Inc. They have applied to the Office of Fair Trading for incorporation of this change, but at this stage they are still QNB.

Aqualicious intends to send approximately four members to the next available coaching course to add to the list of available coaches.

*Rachael Keogh*

## VICE-PRESIDENT SOUTH

### **Membership**

Miami Masters had one hundred and two members, with twenty-two new and seven returning members. Membership initiatives involved a web upgrade and new pool signage.

Brisbane Southside had seventy-three members, with thirteen of those new and membership initiatives included an incentive programme, an additional training session and members being inducted and socialised.

Toowoomba Tadpoles had sixty-eight members, which included thirteen new members and initiatives the use of social media and community noticeboards.

Duck Creek had six members, with three of those new. Initiatives included posters and information at the pool and a supportive coach.

Redlands Bayside increased membership from forty-nine to sixty-three. An increase in membership came from attendees at the Cleveland Aquatic Centre, with whom the club works closely in promoting masters swimming. The website is being upgraded and Facebook is being used to promote the club.

Twin Towns' membership increased to sixty-two and initiatives for new members included a presentation table with club and masters' information, trophies and medals set out at the Banora Community Centre, where club members spoke about masters' swimming.

Ipswich City Masters' membership increased to twenty-three this year. Logan Aquatic had a number of enquiries from prospective members and gained five new members.

Yeronga Masters had fourteen members, four of whom were new and it attracts members through word of mouth, the club website and promotion on Facebook.

River City had thirteen members, with one new member.

Canungra is rebuilding after some difficulties and has three members at present.

Manly Brisbane had eight members, an increase of four. The club continues to make swim and triathlon squad members aware of the benefits of participating in Masters Swimming Queensland events and membership.

### **Swim Meets and Results**

Miami Masters had one hundred and eighty-two swimmers at their club meet; fifty-eight members attended eleven meets between them, with one entrant for World Masters for three bronze medals; three individual and one relay national records; fourteen individual and six relay State records. There were twenty attendees at Nationals/States with twenty-three gold, twenty silver and twelve bronze medals won. The PPMG attendance was thirty-one with thirty-two gold, thirty silver and thirty bronze medals and the Pan Pacific Masters Games OWS had twelve attendees for six gold, four silver and two bronze.

Brisbane Southside had one hundred and eighty-seven entries at the club meet and members attended seven interclub meets. The club had eleven attendees at Pan Pacific Masters Games and sponsored an event.

One hundred and fifty-three swimmers attended the Redlands Bayside meet at the Ormiston pool. Pan Pacific Masters Games attendance was six and fifteen swimmers attended the Brisbane Southside meet.

Duck Creek had four swimmers at Nationals and won two gold and one silver at the Pan Pacific Masters Games.

Toowoomba Tadpoles had four swimmers at Club meets and States and Nationals and nine at the Pan Pacific Masters Games.

Yeronga Masters swimmers attended seven meets with three records at the Pan Pacific Masters Games and a silver medal in Pan Pacific Masters Games OWS. At Noosa all four swimmers won their respective age groups and Yeronga won the small team award. Yeronga won the *Rosita Gillespie* freestyle relay and two age groups at the Brisbane Southside meet. At Brisbane Northside a state record and four meet records were posted by Yeronga. Zac Telfar won bronze in the 25m breaststroke and gold in the 100m freestyle relay at the *Down Syndrome World Championships* in Mexico.

Twin Towns' members attended seven meets, plus the State/National swim. George Coronos set a couple of world records.

Ipswich members attended most interclub meets and they held a club meet in November with fifty-four swimmers. Nine members swam in the Tangalooma Wreck Swim and seven in the Heron Island swim.

Logan City targeted the Brisbane Southside club meet and had a reasonable attendance. River city meet was cancelled due to venue issues.

Members attended the Miami Masters and Redcliffe Masters meet with nine attending the Pan Pacific Masters Games, five the Nationals and States, seven the World Masters and one the Western Australia States.

River City Masters currently holds fifty-nine individual records – eighteen National and forty-one State records.

Various Manly members attended five interclub meets, the State and National Championships and the Pan Pacific Masters Games. For the first time this year the Manly club had sufficient membership to compete in men's relays and they came second in their age group in the freestyle relay at the Pan Pacific Masters Games.

### **Club Activities**

Miami had a presentation night, bush walks and post training drinks. Brisbane Southside staged regular post training coffee, a Mystery Walk; Celebratory Breakfast Awards; Club Person of the Year and Club Coach Awards.

Duck Creek organised a relay for life at SCU raising \$500.00 had breakfasts after training and a Christmas Party.

Twins Towns returned a small profit from a postal swim and always had good social activities at the Twin Towns' club and many club trips. Ipswich held their usual *Incinerator Theatre* night. Yeronga held a *Christmas in July* function and tenpin bowling Christmas function in December.

The Manly Pool swim squad (home of QMY) held their traditional end of year 100 x 100m swim session in December

### **Coaching**

Miami Masters had two paid and one honorary coach, senior swimmers gave masters' classes and Brisbane Southside had one coach

Duck Creek had one coach and four sessions per week. Toowoomba had two part time coaches and a dryland instructor.

Twins Towns had two coaches, who both attended courses during the year. At Redlands Bayside, Alan Patterson retired as Head Coach due to ill health and Simon Bole-Brown took over the role.

Ipswich had Monday and Wednesday evening sessions and a morning session. Logan City Coach, Jan King's innovative coaching programs are a big attraction to members.

Yeronga is coached by the pool coach, Rick Van der Zant, whose national and international success attracts and retains masters' members. River City utilises the squad sessions and coaches at Somerville

House Sports and Aquatic Centre. Some members train at other venues and the club does not hold members only squad sessions.

Todd Robinson is the coach at Manly Pool and does a wonderful job with squad members who are either members of QMY, the Bayside Multisport Club or attend socially.

### **Technical Officials**

Brisbane Southside and Toowoomba both had one technical official each.

### **Funding/Grants**

Miami had membership fees increase and coaching fees reduced, and received a grant from the Gold Coast City Council for a clubhouse shade. Brisbane Southside received private, corporate, government sponsorship and had a policy of returning benefits to members. Redlands Bayside received a grant from Redland City Council to assist with costs at its interclub meet and held a sausage sizzle at Bunnings as a club fundraiser, which has been very beneficial.

Twin Towns Services Club (Twin Towns main Governing Club) is still in the process of trying to obtain a grant for sun shade covers. The club has plans completed, and Council approval to provide the covers to protect members and the general public from sun trauma from at least one of the pools.

### **Other**

Yeronga Masters is planning a fundraiser in 2015 to enable the club to hold an inaugural swim meet in 2016.

In 2015, River City Masters will move to be a part of the larger age group club, River City Rapids Swimming Club. This will bring about some stability in the volunteer base.

Over the next 12 months the Manly club will continue to seek new members and compete in many local and interstate Masters Swimming meets.

Manly hopes to host a members' family fun race day in conjunction with the broader Manly Pool swim squad during the next 12 months.

*Brian Davis*

## **ADMINISTRATOR**

The Service Level Agreement between Masters Swimming Queensland and Swimming Queensland was renewed in July 2014. It was reduced more and as a result the tasks performed in the office as the main administrator, had to be reviewed. The expectation was that more tasks were to be performed by the MSQ Board. Most board members work full time and therefore only have time to devote to MSQ matters after hours or during their weekends. Realistically, it is therefore difficult to meet some deadlines. MSQ Administration continued for four days per week with the fifth day devoted to Swimming Queensland.

As a result of the National Championships in Rockhampton and the Pan Pacific Masters Games, there was a considerable increase in tasks that had to be completed, which made the daily and monthly required tasks difficult to complete without causing delays. In the latter half of the year, the assistance we received from SQ regarding the monitoring of the IMG database was no longer available to us. This was as a result of changes in the office. However, the expectation is that it would be rescheduled in 2015.

We also experienced a few changes in the management of the accounts, but that too will settle down next year.

### **Newsletter, Website and Social Media**

Three newsletters and two e-newsletters were compiled in 2014. It was decided that hard copies of

newsletters would not be sent to clubs. MSQ would attempt compiling an e-news, to be sent to club contacts rather than individual members. Clubs would be expected to distribute them to members.

The website is continually being updated and clubs are encouraged to provide feedback on their requirements. However, it is evident, based on phone calls and emails received, that many members don't check for information on the website, where many documents are also available.

Rachael Keogh assisted with the Facebook page. This has been of great help and both of us post information and photos on a regular basis.

### **National and State Championships and Pan Pacific Masters Games**

MSQ stepped in to host the National Championships in 2014, although we weren't scheduled to do so. The Caribee Rocky Crocs and members of their Swimming Qld counterparts, the Rockhampton City Council and Lane 4 were of tremendous support and without whose assistance we could not have hosted such a successful event. We had more than 400 competitors, which was more than we had initially expected. Interstate clubs supported the event really well and the feedback was positive.

The MSQ state championships were held in conjunction with the national event. The Open Water Swim was held at Yeppoon, a venue favourably received by competitors.

The Pan Pacific Masters Games were extremely successful with one hundred and six more competitors than in 2012. The refurbished Gold Coast Aquatic Centre, in Southport proved to be a popular venue. Brian Davis, the VP South, took on the role of Meet Convenor and he was supported by Steve Cornelius from the newly formed Gold Coast Aquatic Masters Club. Stan Pearson was the Meet Referee.

Members of the Miami and Twin Towns' clubs assisted at the pool and open water swim events and their support was invaluable. Shane Knight from the Redlands Bayside club took a day off work to assist at the event. Alan Carlisle provided us with furniture and a fridge. The tireless efforts of all volunteers ensured a successful event.

Alan Grant from the Miami club took on the role of Meet Convenor for the open water swim. The venue, although a well-known swimming area, was not received as well as we had hoped. Conditions were in parts difficult and the delay in presenting the results caused a considerable amount of discontentment.

As a result of this experience, the Board decided at a planning meeting held in December, that MSQ will not host the OWS at the Pan Pacific Masters Games in 2016, but would encourage OWS organisations to take on the role.

MSQ wishes to thank all the volunteers, including board members and those not mentioned, who gave up their time to assist at the event. David Findlay also took time off work to assist with the recording of events.

### **MSQ Programs**

In 2014 it was decided to continue with the MSX program with some modifications. Members have to achieve three qualifying times throughout the year to receive a platinum, gold, silver or bronze award.

The Participation and Improvement Program was suspended as a result of lack of interest by clubs. The Lane Warriors' program continues to receive some support from some clubs.

MSQ will continue to see sponsorship to assist the organisation in operating effectively.

*Helga Ward*



**ANZAC Ceremony in Rockhampton during the National Championships**



## Endurance 1000 – 2014: MSQ RESULTS

### Club Results

### Total Points per Club – Top 12

	Club Code	Club	Total Points
1	QNA	Noosa Masters Swimming Club	23410
2	QMM	Miami Masters Swimming Club	11220
3	QGS	Gladstone Gropers Masters Swimming	7385
4	QIP	Ipswich City Masters Swimming Club	7253
5	QTT	Twin Towns Services Masters Swimming	4200
6	QBN	Brisbane Northside Masters Swimming Club	2643
7	QAC	Albany Creek Masters Swimming	2227
8	QSC	Sunshine Coast Masters Swimming Club	1367
9	QTW	Toowoomba Tadpoles Masters Swimming	1107
10	QWY	Whitsunday Masters Swimming	988
11	QCN	Cairns Mudcrabs Masters Swimming	712
12	QHB	Hervey Bay Humpbacks Masters Swimming	598

### Club Results:

### Average Points per Swimmer in each Club – Top 12

	Club Code	Club	Average Points
1	QIP	Ipswich City Masters Swimming Club	302.21
2	QNA	Noosa Masters Swimming Club	260.11
3	QMM	Miami Masters Swimming Club	115.67
4	QGS	Gladstone Gropers Masters Swimming Club	90.06
5	QTT	Twin Towns Services Masters Swimming	72.41
6	QBN	Brisbane Northside Masters Swimming Club	66.08
7	QWY	Whitsunday Warriors Masters Swimming Club	49.40
8	QSC	Sunshine Coast Masters Swimming	44.10
9	QAC	Albany Creek Masters Swimming	35.92
10	QCN	Cairns Mudcrabs Masters Swimming Club	28.48
11	QTW	Toowoomba Tadpoles	16.52
12	QHB	Hervey Bay Humpbacks Masters Swimming	13.29

### Club Results

### Club Participation Percentage of Total Club Membership – Top 12

	Club Code	Club	Participation Rate %
1	QIP	Ipswich City Masters Swimming Club	83.33
2	QNB	Nudgee Brothers Swimming Club	72.72
3	QNA	Noosa Masters Swimming	71.11
4	QWY	Whitsunday Warriors Masters Swimming Club	70.00
5	QMM	Miami Masters Swimming Club	62.88
6	QRC	River City Masters Swimming	61.53
7	QSC	Sunshine Coast Masters Swimming	51.61
8	QTT	Twin Towns Masters Swimming Club	50.00
8	QBN	Brisbane Northside Masters Swimming	50.00
9	QBR	Barbarians Swim Team	48.71
10	QCN	Cairns Mudcrabs Masters Swimming	48.00
11	QRT	Rats of Tobruk Masters Swimming	46.15
12	QUQ	University of Queensland Masters Swimming	44.44

**39 Clubs participated in the Endurance 1000 Program.**

## Endurance 1000

Individual Members to have completed the program

Total points - 1005 each

Total Swims - 62

	Name	Club	Code	Age
1	Dyanna Benny	Noosa Masters	QNA	63
2	Sue Bertram	Miami Masters	QMM	60
3	Tracy Clarkson	Brisbane Northside Masters	QBN	65
4	Lynette Clemitson	Noosa Masters	QNA	67
5	Alison Davenport	Gladstone Gropers Masters	QGS	61
6	Alan Grant	Miami Masters	QMM	67
7	Clive Griffin	Ipswich City Masters	QIP	56
8	Hobe Horton	Miami Masters	QMM	57
9	Don Jones	Gladstone Gropers Masters	QGS	80
10	Geoff Lander	Noosa Masters	QNA	81
11	Rob Lucas	Noosa Masters	QNA	71
12	Bob McClausland	Noosa Masters	QNA	85
13	Fran Moroney	Gladstone Gropers Masters	QGS	52
14	Jonathan Patterson	Ipswich City Masters	QIP	66
15	Mark Powell	Noosa Masters	QNA	59
16	Irene Symons	Noosa Masters	QNA	63
17	Pauline Walters	Gladstone Gropers	QGS	51

## Endurance 1000

Masters Swimming Australia Ranking – Highest Points

145 Competing Clubs Nationally

MSQ Clubs in the Top 50

Ranking - MSA	Club	Code	Total Points
1 <sup>st</sup>	Noosa Masters	QNA	23410
5 <sup>th</sup>	Miami Masters	QMM	11220
10 <sup>th</sup>	Gladstone Gropers Masters	QGS	7385
12 <sup>th</sup>	Ipswich City Masters	QIP	7253
21 <sup>st</sup>	Twin Towns Masters	QTT	4200
30 <sup>th</sup>	Brisbane Northside	QBN	2643
34 <sup>th</sup>	Albany Creek Masters	QAC	2227
42 <sup>nd</sup>	Sunshine Coast Masters	QSC	1367
43 <sup>rd</sup>	Toowoomba Tadpoles Masters	QTW	1107
44 <sup>th</sup>	Whitsunday Warriors Masters	QWY	988
50 <sup>th</sup>	Cairns Mudcrabs	QCN	712



## 2014 MSQ State Short Course Championships

### Top 3 winners in each age group:

Age	Females	Age	Males
18 - 24	1. Victoria Dewar-Fowler (QUQ) 2. Elise Hoyer (QRC) 3. Louise Elliot (QGS)	18 - 24	1. 2.
25 - 29	1. Nicolai Morris (QRC) 2. Natasha Bletchly (QAC)	25 - 29	1. Nicholas Pirie (QAL) 2. Jae Clarke (QSB) 3. Travis Kapor (QBR)
30 - 34	1. Stacia Riddle (QRC) 2. Ahlanna Hayes (QLT) 3. Alison Vercoe (QBB)	30 - 34	1. David Findlay (QPN)
35 - 39	1. Cathryn Rayward (QBR) Jackie Goldston (QBR) 2. Ohtsuki Chikako (QBR) 3. Sharon Devitt (QRB)	35 - 39	1. Mark Que (QGS) 2. Nathan Mead (QRB) 3. Christopher Lawson (QLT)
40 - 44	1. Karen Harvey (QSE) 2. Leanne Burton (QBR) 3. Grindle Rudder (QNA)	40 - 44	1. Brendan Day (QNS) 2. David Fielding (QBN)
45 - 49	1. Michelle Scott (QLT) 2. Liala Davighi (QMM) 3. Tracy Dunn (QBB)	45 - 49	1. Grant Hoskins (QBN) 2. David Thomson (QSC) 3. John Tweedy (QRC)
50 - 54	1. Jan Capps (QSC) 2. Meryl Churchill (QRT) 3. Trudy Ford (QBB)	50 - 54	1. Mark Erikson (QWY) 2. Brett Fischer (QRC) Brett Woods (QUW) 3. Steve Buchholz (QLT)
55 - 59	1. Stephanie Jones (QNA) 2. Deanne Atkinson (QNB) 3. Jane Charuba (QSM)	55 - 59	1. Larry Forsyth (QSE) 2. Hobe Horton (QMM) 3. Greg Bott (QAC)
60 - 64	1. Wendy Twidale (QNA) 2. Dyanna Benny (QNA) 3. Alison Davenport (QGS)	60 - 64	1. Don Taylor (QSE) 2. Alan Carlisle (QMM) 3. Clive Robinson (QMM)
65 - 69	1. Tracy Clarkson (QBN) 2. Robyn Jackson (QAT) 3. Carole Simpson (QMM)	65 - 69	1. Robert Jolly (QNA) 2. Jay Neville (QMM) 3. Brian Hoeppe (QNA)
70 - 74	1. Jan Croft (QNA) 2. Jen Thomasson (QSM) 3. Margaret Fittock (QMM)	70 - 74	1. George Green (QBB) 2. Geoffrey James (QCN) 3. Brian Davis (QMM)
75 - 79	1. Denise Robertson (QMM) 2. Daph Soppa (QBB) 3. Shirley Kerr (QBN)	75 - 79	1. Neil Baumber (QPN) 2. John Tinkler (QUW)
80 - 84	1. Eulah Varty (QNA) 2. Helen Holmes (QSM) 3. Beres Hindman (QTW)	80 - 84	1. Geoff Lander (QNA) 2. Don Jones (QGS)
85 - 89	1. Ann Todd (QTW) 2. Amy Mulcrone (QSM)	85 - 89	1. Neville Johnson (QMB)
90 - 94	Nil	90 - 94	Nil
95-99	Nil	95-99	Nil

## LANE WARRIOR RESULTS 2014

The Lane Warrior Program was introduced at the beginning of 2011. The objective is to encourage as many swimmers as possible to record all the distances they swim during the year. The distances include all drills using pool accessories, training program distances, including technique work and those swum at swim meets throughout the year.

At the end of the year, the clubs submit the spread sheet of each member who has recorded each swim. Three age categories have been created and the Top Five winners in each category receive a certificate and a towel with the MSQ logo and 'Top 5 Lane Warrior' printed on the material.

<b>Top 5 Individual Winners</b>			
<b>18 - 34</b>			
Rank	Name	Club	Distance
1	Nicholas Hill	QTW	168,775
2	Vanessa O'Sullivan	QTW	161,750
3	Sarah Wilson	QTW	125,650
4	Joanne Lee	QTW	60,200
5			
<b>35 - 60</b>			
Rank	Name	Club	Distance
1	Peter Smith	QAT	634,945
2	Alison Green	QGS	518,400
3	Studley Martin	QNA	496,850
4	Janet Cochrane	QHB	483,000
5	Louise MacDonald	QHB	439,960
<b>61 +</b>			
Rank	Name	Club	Distance
1	Geoffrey James	QCN	784,200
2	Conrad Gleeson	QTT	745,600
3	Jenny Nock	QTT	682,300
4	Gary Backus	QTT	656,200
5	Brian Cairns	QNA	524,250

### Top 3 Club Winners: Average Distance swum by participants:

<b>Top 3 clubs</b>			<b>Average Distance</b>
1	Noosa Masters	QNA	510,550
2	Duck Creek	QDU	386,113
3	Cairns Mudcrabs	QCN	312,638

## MSX CLUB AND AGE GROUP RESULTS 2014

Number of qualifiers from each club in each standard

Club Code	Club	Platinum	Gold	Silver	Bronze	Grand Total
QAC	Albany Creek	3	3	4	6	16
QAL	Aqualicious		1	3	8	12
QAT	Atherton		1	5	9	15
QBB	Rum City	3	1	2	3	9
QBN	Brisbane Northside	1	8	5	2	16
QBR	Barbarians	4	3	7	5	19
QCC	Central Cairns				4	4
QCD	Caboolture & District			1	1	2
QCN	Cairns Mudcrabs	1	1	3	7	12
QCS	Cairns Clams		1	2	1	4
QDU	Duck Creek			1	3	4
QGA	Genesis Aquatic		2	1	1	4
QGC	Gold Coast	4	2	2	1	9
QGS	Gladstone Gropers	2	1	4	6	13
QHB	Hervey Bay		2	4	9	15
QIP	Ipswich City		1		1	2
QLG	Logan Aquatics				1	1
QLT	Long Tan Legends	6	3	5	6	20
QMA	Mareeba				1	1
QMB	Maryborough		1	3	4	8
QMM	Miami	9	7	13	18	47
QMY	Manly Brisbane	3	1	3	2	9
QNA	Noosa	4	7	13	15	39
QNB	Nudgee Brothers	1	1	2	1	5
QNS	North Mackay Sinkers		1	1	5	7
QPN	Redcliffe Peninsula	1	1	5	5	12
QRB	Redlands Bayside		1	5	4	10
QRC	River City	8	1	1		10
QRH	Caribeeae Rocky Crocs	1	1	4	1	7
QRT	Rats of Tobruk	2	1	2	3	8
QSB	South Burnett				1	1
QSC	Sunshine Coast	1	1	1	7	10
QSE	Cairns Sea Eagles	4	1			5
QSM	Brisbane Southside	2	3	10	7	22
QTT	Twin Towns	1	1	4	7	13
QTW	Toowoomba Tadpoles		1	5	8	14
QUQ	University of Qld	5	1	1		7
QUW	Uni Wahoos	1	1		1	3
QWY	Whitsunday Warriors	1		1	1	3
QYP	Yeronga Park	2	4	2		8
<b>Grand Total</b>		<b>70</b>	<b>66</b>	<b>125</b>	<b>165</b>	<b>426</b>

## TROPHY WINNERS 2014

### Masters Swimming Queensland 2014 Long Course Branch Trophy Awards

The following awards relate to the State Long Course Meet, held in Rockhampton in April 2014

- |   |  |                   |
|---|--|-------------------|
| 1. <b><u>Queensland Branch Trophy:</u></b><br>(Highest aggregate points)<br>Individual Points: 837 + Relays: 1063       | <b><i>Miami Masters Swimming</i></b>             |                   |
| 2. <b><u>Max Gillespie Trophy:</u></b><br>(Larger clubs with the highest average points)<br>Average of 50.3 Points each | <b><i>Noosa Masters Swimming</i></b>             |                   |
| 3. <b><u>Mary Maina Trophy:</u></b><br>(Smaller clubs with the highest average points)<br>Average of 82 Points each     | <b><i>Cairns Sea Eagles Masters Swimming</i></b> |                   |
| 4. <b><u>Vorgee Female Swimmer of the Meet:</u></b>   | <b><i>Jen Thomasson (QSM)</i></b>                | FINA Points: 4596 |
| 5. <b><u>Vorgee Male Swimmer of the Meet:</u></b>   | <b><i>Brett Woods (QUQ)</i></b>                  | FINA Points: 3882 |
| 6. <b><u>National Seniors Trophy:</u></b><br>(Best performance for a swimmer 50 years and over)                         | <b><i>Jen Thomasson (QSM)</i></b>                | FINA Points: 4596 |
| 7. <b><u>MSQ Trophy over 30 winner:</u></b><br>(Best performance by a swimmer 30 - 49 years of age)                     | <b><i>Michelle Scott (QLT)</i></b>               | FINA Points: 3571 |
| 8. <b><u>MSQ Trophy - under 30 winner:</u></b><br>(Best performance by a swimmer 18 - 29 years of age)                  | <b><i>Nicolai Morris (QRC)</i></b>               | FINA Points: 3125 |

#### ***Other Awards:***

- |   |   |  |
|---|---|--|
| 9. <b><u>Registrars Award:</u></b><br>(Awarded to the club with the most increased membership for the year) | <b><i>Redlands Bayside (QRB)</i></b>              |  |
| 10. <b><u>Mary Sweeney Trophy :</u></b><br>(Official of the Year)   | <b><i>Nil</i></b>                                 |  |
| 11. <b><u>Oz Sports Trophy:</u></b> (Coach of the Year)   | <b><i>Nil</i></b>                                 |  |
| 12. <b><u>John Hughes Trophy:</u></b><br>(Endurance 1000 Swimming: Highest Club Points)                     | <b><i>Noosa Masters Swimming (QNA)</i></b>        |  |
| 1. <b><u>MSQ Endurance 1000 Trophy:</u></b><br>(Highest club Endurance 1000 average)                        | <b><i>Ipswich City Masters Swimming (QIP)</i></b> |  |
| 2. <b><u>Rats of Tobruk Open Water Swim Trophy</u></b>  | <b><i>Noosa Masters Swimming (QNA)</i></b>        |  |
| 3. <b><u>Life Member:</u></b>   | <b><i>Therese Crollick</i></b>                    |  |

## MSQ Swim Meets - 2014

DATE	L/S C	CLUB	CODE	REGION	SANCTION	VENUE
<b>JANUARY</b>						
19	SC	River City Rapids	QRC ***	South	01/14	Somerville House, South Bbn
<b>FEBRUARY</b>						
1 - 9		New Zealand Masters Games				
1 Feb - 31 March	Postal	Twin Towns	QTT	South	02/14	
15	LC	Mareeba Masters	QMA	North	03/14	Mareeba Memorial Pool
22	SC	Gladstone Gropers	QGS	Central	04/14	John Dahl Pool
<b>March</b>						
8	LC	Miami Masters	QMM	South	05/14	Miami Aquatic Centre
15	LC	Hervey Bay	QHB	Central	06/14	Hervey Bay Aquatic Centre
22	LC	Atherton Mountaineers	QAT	North	07/14	Atherton Centenary Pool
<b>April</b>						
1 April - 31 May	Postal	Cairns Mudcrabs	QCN	North	09/14	
5	SC	Albany Creek	QAC	Sunshine	10/14	Albany Creek Leisure Centre
5	LC	Rats of Tobruk	QRT	North	11/14	Tobruk Pool
23 - 26	LC	<b>State &amp; National Championships</b>			12/14	<b>Southside Pool, Rockhampton</b>
27	OWS	<b>State &amp; National Championships</b>			13/14	<b>Yeppoon</b>
<b>MAY</b>						
10 - 16		Asia Pacific Outgames				Darwin
17	LC	Noosa Masters	QNA	Sunshine	14/14	Noosa Aquatic Centre
17	SC	Cairns Sea Eagles	QSE	North	15/14	TAS Aquatic Centre
<b>JUNE</b>						
15	LC	Caboolture/Redcliffe	QCD/QPN	Sunshine	16/14	Redcliffe War Memorial Pool
22	SC	Rum City	QBB	Central	17/14	Bundaberg Swim Academy
<b>JULY</b>						
12	SC	Brisbane Southside	QSM	South	18/14	Brisbane Aquatic Centre
26	SC	South Burnett ***	QSB ***	Sunshine	19/14	South Burnett Aquatic C
27 July - 10 Aug	LC	<b>World Masters Championships</b>				<b>Montreal, Canada</b>
<b>AUGUST</b>						
9	SC	Maryborough Masters	QMB	Central	08/14	Maryborough Centenary Pool
23	SC	Brisbane Northside	QBN	Sunshine	20/14	The Valley Pool
<b>SEPTEMBER</b>						
13	SC	Toowoomba Tadpoles	QTW ***	South	21/14	Glennie Pool, Toowoomba
<b>OCTOBER</b>						
4	SC	Redlands Bayside	QRB	South	22/14	Ormiston Pool
18	LC	Long Tan Legends	QLT	North	23/14	
11 - 18		Alice Springs MG				Alice Springs
<b>NOVEMBER</b>						
1	LC	Whitsunday Warriors	QWY ***	North	24/14	Proserpine Pool
6 - 8	LC	<b>Pan Pacific Masters G</b>			25/14	<b>Gold Coast Aquatic Centre</b>
9	OWS	<b>Pan Pacific Masters G</b>			26/14	<b>TBA</b>
15	SC	Cairns Mudcrabs	QCN	North	27/14	Gordonvale Aquatic Centre
29	LC	Aqualicious	QAL	Sunshine	28/14	Centenary Pool
29	SC	North Mackay Sinkers	QNS	Central	29/14	North Mackay High School
30	OWS	North Mackay Sinkers	QNS	Central	30/14	Pioneer River, Mackay

Cancelled Events \*\*\* next to Club Code