



masters
swimming
QUEENSLAND

2013

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Masters Swimming in Australia,
Queensland Branch Inc.
Trading as

Masters Swimming Queensland Inc.

Under Business Names Act 1962-1990 Section 7 (4)
Business Number BN6091623

The Masters Swimming Purpose is “To encourage adults regardless of age or ability to swim regularly in order to promote fitness and improve general health”

Incorporated in Queensland on the first day of November 1988
under the Queensland Associations Incorporation Act of 1981

Incorporation number: 4901

Australian Business Number: 15 804 399 838

Business Address PO Box 1279
CAPALABA BC 4157

Phone: (07) 3245 1571

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Email: administrator@mastersswimmingqld.org.au

Website: www.mastersswimmingqld.org.au

Facebook: www.facebook.com/MastersSwimmingQueensland

Office Hours: Monday - Friday
9.00 a.m. to 5.00 p.m.

Affiliations: Masters Swimming in Australia Inc.
Q Sport – Sports Federation of Qld Inc.
Swimming Queensland
National Officiating Program
Australian Coaching Council
Fina

Funding: Swimming Queensland



2013 Branch Management Board

President	John Barrett
Treasurer	John Feddersen
Vice President (North)	Raylene Rasmussen
(Central)	John Feddersen
(Sunshine)	Nic Pirie
(South)	Brian Davis
Director of Recording	David Findlay
Director of Technical Services	Stan Pearson
Director of Risk Management	Trish Kirkman-Scroope
Director of Coaching Services	Mark Erickson

Appointees and Staff

Registrar (SQ Staff)	Dinah Glykidis & Gabrielle Bambery
Recorder	Dinah Glykidis (SQ) & David Findlay
Minutes Secretary	Cheryl Brodribb
Administrator	Helga Ward

Life Members

Max Gillespie	QSM
Mary Sweeney	QBN
David Ryan	QBN
Rob Lucas	QMK/QNA
Derek Coghill	QSC
Ken Liddy	QTT
Stan Pearson	QCD

2013 Queensland Masters Affiliated Swimming Clubs

In 2013 there were 41 clubs Registered with Masters Swimming Queensland

Club Numbers per Region:

North Region: 10 Central: 6 Sunshine: 11 South: 13 MSQ: 1

Albany Creek Masters	Mareeba Masters
Aqua Jets Masters	Maryborough Masters
Aqualicious Masters	Miami Masters
Atherton Mountaineers AUSSI Masters	Nudgee Masters
Barbarians Masters Swimming	Noosa Challengers
Brisbane Northside Masters	North Mackay Sinkers Masters
Brisbane Southside Masters	Rats of Tobruk Masters
Caboolture & District Masters	Redcliffe Peninsula Masters
Cairns Legends I Masters	Redlands Bayside Masters
Cairns Mudcrabs Masters	River City Masters Team
Cairns Sea Eagles Masters	Rum City AUSSI Masters
Canungra Masters	Southern Cross Uni Duck Creek Masters
Caribeeae Rocky Crocs	South Burnett Masters
Central Cairns	Sunshine Coast
Gladstone Gropers Masters	Toowoomba Masters
Hervey Bay Masters	Twin Towns Masters
Herbert River Masters	University of Qld Masters
Ipswich City Masters	Uni Wahoos Masters
Logan Aquatic	Whitsunday AUSSI Masters
Long Tan Legends Masters	Yeronga Park Masters
Manly Brisbane Masters	

* **Two new clubs: Manly Brisbane and University of Qld**

Branch Management Board Reports

PRESIDENT'S REPORT

Since the 2013 AGM at River City Rapids, Brisbane, I have continued to appreciate the dedication and efforts of our Board Members and our Branch Administrator as well as the contribution of members who volunteer their time to run their clubs, coach their fellow members and help run our swim meets as officials. Thank you to everyone.

I would especially like to recognise the work of our Branch Administrator, Helga Ward, for her work in keeping Masters Swimming in Queensland connected.

Governance

The Board met six times during 2013: four teleconference meetings and two face to face meetings in Brisbane. Swimming Queensland CEO, Kevin Hasemann attended both face to face meetings for discussions about our interaction with Swimming Queensland. The May meeting was held at JJ Richards Board Room in Redlands, courtesy of Alan Patterson. The November meeting was held at Holy Spirit (Viridian) Conference Room courtesy of Brian Davis and proved to be an excellent location.

We continue to have a service level agreement in place with Swimming Queensland. This covers the services of our Branch Administrator, Helga Ward, as well as financial administration and registration. There are many benefits to having these services, which are provided by experienced staff. We reduced the costs as a result of David Findlay, our hard working recorder, taking on this role, formerly completed by SQ staff. We must continue to be mindful of the costs of administration.

I attended the Autumn and Spring meetings of the National Executive as the Queensland Delegate. This is an opportunity to not only hear about what is going on at the National level, but also a chance to meet other State delegates and hear about activities in other branches. Queensland reported on the plans to host the 2014 National Championships in Rockhampton, discussed the release of new branding for Masters Swimming and noted the introduction of a Members Protection Policy.

Communication

While the 'Swimmers News' is still being published, we have continued to adopt modern communication tools and expand our use of our web site, Facebook, Twitter and the MSQ Forum. The occasional face to face discussion doesn't go astray and I find it useful to get the chance to talk to members at swim meets. Vice Presidents are also trying to work with clubs to provide information for the 'Swimmers News' and to be able to raise issues at Board meetings. Please take the opportunity to raise any issues you might have with them or with me when you can.

Programs

2013 was the third year of our MSX program, which has been well received. Hopefully some of you have been able to progress up a level from last year.

The Participation and Improvement program was developed to offer something more to the majority of masters' swimmers who do not regularly compete. The Board relaunched a new format for all clubs in January 2013, but there appears to have been limited interest in formally recording clubs activities.

Through Lane Warriors many clubs are dedicated to tracking the distances; swum by their members and 'competing' against other clubs in a different way. This program isn't all about speed.

The old Aerobics program has been revamped and is now known as Endurance 1000 it will be interesting to see the results of this new National program.

Competition

River City Club hosted a very successful 2013 State Short Course Championships in March. The 2014 State Short Course Championships is being hosted in conjunction with the 2014 National Championships in Rockhampton from the 23 to 27 April 2014.

Quite a few Queensland members made the trip to Sydney for the 2013 National Championships. The meet was conducted at the Sydney Olympic Aquatic Complex at Homebush.

Planning has commenced for the swimming component of the 2014 Pan Pacific Masters Games on the Gold Coast. A new Commonwealth Games Aquatic facility is being built on the site of the Southport Pool and will be available for the 2014 Pan Pacific Masters Games.

Club swims continued throughout the State with members travelling long distances to attend. One thing that always seems to be appreciated is when someone from Brisbane attends a swim meet in Cairns or vice versa.

Coaching

Mark Erickson continued as the MSQ Coaching Director and in that capacity he implemented the new coaching programs with the assistance of Tony Keogh. Mark and his partner, Raylene Rasmussen, regularly contributed articles for the 'Swimmers News'.

Technical

Stan Pearson and our other officials continued to ensure that swim meets were able to be run. Stan Pearson has also taken on the role on the National Technical Committee.

Other Branch Activities

Much of 2013 has been spent on planning to host the 2014 National Championships in Rockhampton. We are mindful that there is only a small club in Rockhampton and the Board has had a hands-on approach to organisation. We are hoping that this will provide a focal point for the Queensland swimmers especially those in the central region.

Thank you for your ongoing interest in Masters Swimming.

See you in the pool.

John Barrett

MASTERS SWIMMING QUEENSLAND

TREASURER

For the year ended 31 December 2013

INCOME AND EXPENDITURE

Income

Interest income for 2013 of \$548 was lower than the 2012 year figure of \$4,357 due to lower term deposit rates together with less available cash held in term deposits.

Grants Income for 2013 was slightly higher by \$3,665 than the previous year due to a slight increased grant received from the Queensland government.

Revenue from swims meets for 2013 was \$17,473 compared with \$44,147 for 2012, due to the hosting of a Pan Pacific Masters Games' (PPMG) competition (\$27,148) during 2012. The PPMG is held every two years and will be held later during 2014.

Membership Revenue figures for 2013 and 2012 were \$36,929 and \$44,391 respectively, reflecting lower membership as well as the usual timing difference when members renew each year. Membership numbers decreased during 2013 rather than increased as planned.

Coaching revenue reflects fewer courses being conducted during the 2013 year when compared with 2012.

Expenditure

There was no depreciation for 2013 as MSQ does not own any fixed assets of value. Depreciation / Assets written off in 2012 of \$10,633 reflected a decision to write the balance of pre 2007 assets to a more appropriate asset value, with a one off adjustment of \$9,867, resulting in only current assets. The older assets are no longer being used since the move from Sports House, Milton to the Swimming Queensland offices at the Chandler complex.

Coaching / Technical Development is basically conducted on a break-even basis with the aim of providing qualified personnel for clubs to provide their service to the public.

Expenditure on Events and Programs of \$23,288 for 2013 reflects the fact that there was no Pan Pacific Masters Games during the year and a cost saving measure for the MSX program when compared with the 2012 figure of \$61,053. The 2013 figures reflect a credit adjustment for the costs of medals expensed during 2012, which was higher than it should have been.

The Service Level Agreement is with Swimming Queensland and underpins the level of service our organisation is able to provide to members. The objective is to be as professional as possible with respect to all activities as well as to take advantage of closer links with Swimming Queensland. A slightly lower level of billable hours was obtained from Swimming Queensland, offset by a CPI increase. The Board is actively pursuing efficiency changes lead by IT specialist and Director of Recording, David Findlay. David's focus has already reduced the amount of correction required for Swim Meet results by Swimming Queensland staff. Error correction is time consuming, tedious and unnecessary.

In summary, the deficit for 2013 of \$15,569 after the medal count stock adjustment was lower than the 2012 deficit of \$33,073. Our organisation previously recorded a surplus in 2009. The amount of the surplus / deficit for each year will vary according to whether or not a major swim meet has been held during the year.

The financial results for the 2014 National titles Year to date are shown in the Notes of accounts.

There is a need for a revenue source other than relying upon Government Grants and a significant increase in membership fee revenue. Sponsorship proposals are being prepared in order to obtain a more dependable source of income.

The Board has made arrangements for a suitably qualified person to actively focus on gaining sponsorship for MSQ. Given the tight economic circumstances, this goal requires a dedicated person to submit sponsorship opportunities.

It is also expected that a surplus will result from the conduct of the National Titles during April 2014, being held in Rockhampton. MSQ is the organising body.

BALANCE SHEET

The cash availability in the cheque account and term deposits as at 31 December 2013 and 2012 was \$39,693 and \$49,957 respectively.

The available cash in the term deposits is transferred, when needed, to the working (cheque) account in order to pay the expenses of operating Masters Swimming Queensland. The reduction in term deposit balances reflects these outlays.

A summarised Income and Expenditure Statement together with the Balance Sheet is outlined in the auditor's report.

John Feddersen

Auditor's Financial Statements

Statement of Income and Expenditure

Year Ended 31st December 2013

	Notes	2013	2012
Income	1		
Bank Interest		\$548.02	\$4,357.48
Grants		36,642.00	32,977.00
Membership & Affiliation		36,929.00	44,390.83
Meets		17,473.25	44,147.03
2014 National	2	1,251.81	0.00
Merchandise Agreement		150.00	0.00
Coach Development		454.54	2,027.26
Other Income		<u>1,549.60</u>	<u>0.00</u>
Total Income		94,998.22	127,899.60
 Expenses			
Meets		16,557.77	33,537.13
Development (Coaching)		740.00	4,856.63
Membership Promotion (Incl MSX)		6,731.09	27,515.50
Meetings Expenses		4,841.27	7,873.87
Bank Charges		591.09	619.87
Registrations		642.52	336.37
Administration			
Service Level Agreement		61,000.00	52,634.40
Printing		8,000.00	8,192.60
Photocopier		7,802.74	8,512.08
Miscellaneous		3,660.91	7,026.04
Loss on disposal of fixed assets		<u>0.00</u>	<u>9,867.84</u>
Total Expenses		<u>110,567.59</u>	<u>160,972.33</u>
Operating Surplus (Deficit)		<u>(\$15,569.37)</u>	<u>(\$33,072.73)</u>

The accompanying notes form part of this financial statement.

MASTERS SWIMMING QUEENSLAND

Statement of Assets and Liabilities

As at 31st December 2013

	Notes	2013	2012
Assets	1		
Current Assets			
Cash On Hand			
Cheque Account		\$22,450.04	\$36,453.51
Nationals 2014 Account		3,210.04	0.00
Term Deposit - 50137542		14,032.63	13,503.67
Float		500.00	500.00
Cash Drawer		300.00	300.00
Cheque clearing account		<u>10.00</u>	<u>10.00</u>
Total Cash On Hand		40,502.71	50,767.18
Accounts receivable		270.00	6,188.28
Accrued interest receivable		45.60	46.70
Stock on Hand		<u>15,134.00</u>	<u>15,065.76</u>
Total Current Assets		<u>55,952.31</u>	<u>72,067.92</u>
Total Assets		55,952.31	72,067.92
Liabilities			
Current Liabilities			
Trade Creditors		965.16	431.40
Accrued Expenses		0.00	513.00
BAS Payable (Refundable)		<u>(567.00)</u>	<u>0.00</u>
Total Liabilities		<u>398.16</u>	<u>944.40</u>
Net Assets		<u>\$55,554.15</u>	<u>\$71,123.52</u>
Association's Funds			
Funds at start of year		\$71,123.52	\$104,196.25
Surplus (Deficit) from operations		<u>(15,569.37)</u>	<u>(33,072.73)</u>
Funds at End of Year		\$55,554.15	\$71,123.52

The accompanying notes form part of this financial statement.

Masters Swimming Queensland

Notes to and Forming Part of the Financial Statement Year Ended 31 December 2013

Note 1: Statement of accounting policies

These financial statements are a special purpose financial report in order to satisfy the financial reporting requirements of the Associations Incorporation Act 1981 (*Qld*). The committee has determined that the association is not a reporting entity and therefore there is no requirement to apply accounting standards and other mandatory professional reporting requirements in the preparation and presentation of these statements.

The statements have been prepared in accordance with the requirements of the Associations Incorporation Act 1981 (*Qld*) and the following accounting standards.

AASB 110 Events occurring after balance date
AASB 1031 Materiality

No other Australian accounting standards have been intentionally applied.

The statements are prepared on an accruals basis from the records of the Branch. They are based on historic costs and do not take into account changing money values or, except where specifically stated, current valuations of non-current assets. The following specific accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of these financial statements.

(a) Inventories

Stock is carried at the lower of cost and net realizable value

(b) Taxation

The Branch is exempt from income tax but is subject to Goods and Services Tax on its transactions.

Note 2 2014 National Championships

Receipts

Presentation Function	\$1,090.90
Nat Champs Merchandise	<u>\$160.91</u>
Total Receipts	<u>\$1,251.81</u>

Payments

Printing of flyers, programmes & results	\$900.00
Postage	\$145.17
Committee expenses	\$145.00
Other expenses	<u>\$1,283.86</u>
Total Payments	<u>\$2,474.03</u>

Note 3 Mortgages, charges and securities

As at 31 December 2013 there were no mortgages, charges or securities over, on behalf of or affecting any asset of the Branch

Masters Swimming Queensland Inc. Office Bearers' Declaration

The officers of Masters Swimming Queensland Inc. declare that:

- 1 The financial statements and notes present fairly the Branch's financial position as at 31 December 2013
 - a) Comply with accounting standards as detailed in note 1 to the financial statements and the rules and by-laws of the Branch;
 - b) Give a true and fair view of the financial position of the branch as at 31 December 2013 and the results of its operations for the year then ended and are in accordance with the accounting policies of note 1.
- 2 In the officer bearers' opinion there are reasonable grounds to believe that the Branch will be able to pay its debts as and when they become due and payable.
- 3 As at 31 December 2013 there were no mortgages, charges or guarantees over, on behalf of or affecting the assets of the Branch.

Signed for and on behalf of the Management Committee, 31st January 2013


.....
President


.....
Treasurer

DIRECTOR OF RECORDING

As I write this report it has been about nine months since I took over most Branch Recorder functions after the decision made by the board last year. This has largely been a success and has enabled me to obtain an excellent understanding of the tasks the Branch Recorder undertakes. I've been able to achieve a greater level of engagement with clubs and meet organisers than had been possible under the previous arrangement.

Achievements this year:

- Successful automation of Registration RE1 and Records' files for meets
- Deployment of Entry Manager with uptake by most clubs in the South East Queensland area and encouraging inroads being made into North Queensland clubs
- Significant reduction in Meet Result errors, largely due to use of Entry Checker and Entry Manager
- Deployment of eProgram including two releases of improvements
- Step by Step documentation of the process of running a meet for Meet Recorders in eReference
- Significant work on documentation for Club operating procedures
- Significant work on documentation of Branch Recording Duties
- Increased contact with club recorders and meet recorders

Challenges for the coming year:

- Getting all clubs and meets on board with Entry Manager.
- Transitioning Central and North Queensland meets to use of electronic entries
- Transitioning Barbarians to electronic entries via Entry Manager
- Documentation of remaining Branch Recording functions in eReference
- Seeking volunteers to assist with documenting non-recording related Branch, Club and Meet activities, with the long term goal that any person could be given any role in the whole of MSQ and have a complete documentation set available for that role through eReference
- Improving uptake of eProgram by meet organisers
- Improving use of eReference documentation as a first point of contact for all questions clubs, meet organisers or branch officials have about procedures
- Improving uptake of Gallery and Forum features of MSQ Members Community
- Continuing to improve contacts with meet organisers and clubs.

Planned IT improvements in coming year:

- Development and deployment of Training Diary and Training Stream features through the MSQ Members Community Forum
- Improvements to Entry Manager to enable clubs to download and import one single file containing all entries
- Entry Manager checking functionality for manual paper entries
- Elimination of the Summary Sheet through incorporation of its features in Entry Manager
- Online payment processing for meet entry fees through Entry Manager

I'd like to thank everyone who's assisted me in my duties this year and hope to work constructively with all clubs and meet organisers further in the coming year.

David Findlay

The table below lists the number of **swim meets** held in the last 4 years: 2010 – 2013

	2010	2011	2012	2013
Short Course	13	12	12	12
Long Course	13	11	11	11
Postal	3	2	2	3
Open Water	1	2	2	1
TOTAL	30	26	26	27
Cancellations	3	3	3	3

MEMBERSHIP

The registrations numbers since 2008 are as follows:

2008	2009	2010	2011	2012	2013
1376	1425	1374	1205	1280	1251

DIRECTOR OF TECHNICAL SERVICES

This year has been hectic. Not only have there been the normal MSQ technical activities to consider, but there has also been the very time consuming and logistically difficult task of arranging the technical aspects of the Masters Swimming Australia 2014 National Championships in Rockhampton. To organise the many technical aspects in a location almost 600 kms away, is not easy. You can't just drive to the pool for discussions. Everything had to be done via emails, teleconferences and telephone. Nothing could be done simply or quickly.

I have to thank each of the members of the National's swim committee for a wonderful job. They too experienced the same logistical constraints as me and they too managed to overcome them and provide, what I hope, will be a smooth and successful swim meet. I thank all the technical officials in advance, both local and interstate, for their extremely helpful and very professional assistance throughout the five days of competition. My role as Technical Manager is made much easier and more enjoyable because of their involvement. I wish Tasmania every success when they conduct the 2015 Nationals.

This report however, is a summary of the technical activities for Masters Swimming Queensland.

First, I must congratulate my predecessor, Ray Smythe, for his time as Technical Director. I was able to assume the role with most requirements already in place. One thing however, became very obvious very quickly. Our area of responsibility seems not to be as important as other areas in Masters Swimming. The need for accredited officials at swim meets only becomes obvious to host clubs in the latter stages of the lead up to their own swim meet. To them it's then a simple matter of contacting the MSQ office and asking for technical officials. Once their swim meet is finished, they forget it, until their swim meet comes around again the following year, or in some cases every second year. They then find themselves in the same position. In some cases there is even a completely new club committee and the same process starts again.

Fortunately I currently have a core of experienced referees willing to assist at swim meets at very late notice. However, these people are the more senior people and some are already looking at retiring from official duties. There are only a few younger officials coming through the ranks and, unless things change soon, there will not be enough accredited officials available for the number of swim meets requested.

Please remember, unless an accredited MSQ referee is in attendance, the swim meet is not official and among other things, no records can be ratified.

As the Queensland Delegate on the MSA National Technical Committee I attended a “face to face” technical meeting in Sydney early in 2013. One of the items for discussion was the lack of Masters’ Swimmers across Australia who continue to become technical officials. At our next “face to face” meeting I hope to be able to report an acceptable increase in the numbers in Queensland. It’s up to all MSQ clubs to recognise the need and to do something about it.

Apart from the MSA 2014 National Swimming Championships, which in itself has been a major activity, I have been involved in other MSQ areas. All applicable technical officials, referees and starters, have been re-accredited. The accreditation is for four years. However, as our technical officials were not all appointed in the same year, the process of re-accreditation is an annual requirement. The accreditation requires each official to have a comprehensive practical and theoretical knowledge of the current rules of Masters Swimming. I was also a member of the MSA committee to upgrade the rules of open water swimming. Some changes were made. The latest OWS rules are posted on the MSA web site.

FINA has also made some changes to the rules of swimming. Once again, the latest rules for Masters Swimming are available on the MSA website. You can also go on to the MSQ website under “Information” for the link to MSA for these rules. On the MSQ website under “Technical Information” are a number of items designed to help you in competition. I recommend that you read it as there are some changes which may affect your swimming.

In October 2013, together with some Swimming Queensland Referees, I was selected to attend a “Technical Assessor” and a “Technical Presenter” course in conjunction with the Australian Sports Commission. As a result, I can now offer this information directly, or through other Masters Swimming Queensland Referees, to Masters’ swimmers who wish to attend technical courses in their local areas. We still operate on the Masters Swimming motto of “Fitness, Friendship and Fun” but we can now add “latest knowledge” to it.

I wish to complete this report with a reminder that Masters Swimming Queensland must increase the number of technical officials available throughout the state.

Anyone can be a timekeeper or even a chief timekeeper. Without them we can still have a swim meet, but it would be competitors only – no results. We do need other officials, e.g. marshals, starters, referees. If you want to compete in a swim meet that is conducted as you would like it, there must be officials at the meet who know what they’re doing. Share the load. Our current Officials will not be there one day. Do your bit. Organise an Officials’ Course at your club, not just for timekeepers – but for those who wish to progress to higher disciplines.

Stan Pearson

DIRECTOR OF COACHING SERVICES

Masters Coaching Courses

During the past year, Tony Keogh facilitated a couple of Masters Coaching Courses in the south east of Queensland. Tony has been a great asset to Masters Swimming Queensland. He has been presenting, mentoring, assessing and supporting many interested people who would like to coach adults/Masters' swimmers. MSQ and I are extremely grateful to Tony for his contribution.

National Coaching Committee

I have continued to be a part of the National Coaching Committee and contribute to discussions whenever issues or ideas are put forward.

Newsletter Articles

Over the past year, I have written articles/programs for the MSQ *Swimmers' News* newsletter. Occasionally I contribute articles to the Masters Swimming Australia newsletter.

Coaching Clinics

I facilitated two coaching clinics: one in Proserpine with the Whitsunday Long Course Swim Meet and one for the Redlands Bay Masters Swim Club.

Professional Development for Coaches

Some Masters Swim coaches have been requesting information on ways to update their skills. The National Coaching Committee (NCC) has investigated ways to offer coaches professional development and over the next year, the NCC will present a workshop for coaches. Alternatively, coaches can attend the annual ASCTA conference on the Gold Coast.

During 2013, a few coaches wanted to learn more about open water swim coaching so that they could assist and support their open water swimmers. These coaches completed a Swim Australia Open Water extension course.

Director of Coaching Position

I would really like to thank everyone for their support over the past few years. I have really enjoyed my time in the role of MSQ Director of Coaching. Unfortunately, I am unable to continue in the position due to coaching and work commitments.

Mark Erickson

DIRECTOR OF RISK MANAGEMENT

Nil to report.

Trish Kirkman-Scroope

VICE-PRESIDENT NORTH

Clubs

Atherton Mountaineers, Central Cairns, Cairns Mudcrabs, Cairns Legends, Herbert River Masters, Long Tan Legends, Mareeba Masters, Rats of Tobruk, Cairns Sea Eagles and Whitsunday Masters

This is an overview of the activities of Masters Swimming Clubs in the Northern Region for 2013.

Membership

Clubs seemed to have difficulty attracting new members with numbers in the region staying much the same. Many clubs reported that the local adult swim squads are well attended, but many adult swimmers just want to train for fitness or cross train for other sports or events and are not interested in joining Masters Swimming. Atherton, Long Tan Legends, Whitsunday, Cairns Mudcrabs had a slight increase in membership, whilst some clubs like Central Cairns, Cairns Legends and Herbert River have had drops in membership. Currently, Herbert River Masters is inactive. Most clubs reported that CDs, brochures and posters were promoted and distributed, but unfortunately did not attract new members. Some smaller clubs are thinking of amalgamating with local junior swimming clubs.

Swim Meets and Results

Mareeba, Whitsunday, Long Tan Legends, Atherton, Cairns Mudcrabs, Cairns Central and Cairns Sea Eagles all hosted sanctioned swim meets during 2013. Most attracted roughly forty to sixty swimmers. Cairns Mudcrabs also hosted a swim meet for the Great Barrier Reef Masters Games. Eighty-eight competitors from around the country and New Zealand participated.

At least six swimmers participated at the National Swim held in Sydney, State Short Course in Brisbane and the Australian Masters Games in Geelong. The cost of travel meant that many North Queensland swimmers and officials had difficulty attending State or National Championships. Some members managed to attend events in other regions, notably Mackay and Rockhampton.

During the year there were a number of outstanding performances by North Qld Masters in breaking records, winning medals, achieving personal best times and achieving top awards in the MSX programme.

Open Water Swims

There has been an increase in adult participation and interest in Open Water Swims in North Queensland. Two events were held in the Cairns area: the Ellis Beach Swim (1.5km) and the Green Island Swim (1.5 or 3km). At least two events were held in Townsville including the Strand Swim (2.5km or 5km) and the Magnetic Island to Townsville Swim (8km). Atherton held a *3 Lakes Challenge*, swimming in Lake Barrine 2.5km, Lake Eacham 1.5km and Lake Tinaroo 1km. North Queensland swimmers competed at Noosa, Palm Cove, Portsea, Sydney Harbour and Whitehaven Open Water Swims. These swims attract a mixture of Junior, Masters, tri-athletes, Surf Club and general public swimmers. Unfortunately, they are not conducted in strict accordance with Masters Swimming rules and guidelines.

Three North Qld members travelled to London to represent Australia in the 2013 ITU Olympic Distance Triathlon World Championships. Carmel Hickey, Libby Thomas and Morgan Thomas from Atherton all qualified for their age group championships.

Technical Officials

A number of courses were run during 2013 by Frank Matthews. Frank continues to run the courses in conjunction with meets, which seems to be the most workable timing although it depends on attendance at the meet. Members are gradually progressing with proficiency in these areas. John Barrett continued to progress with his referee accreditation and benefited from the tutoring of experienced referees. Many clubs are continuing to encourage members to become accredited as technical officials. The efforts of Technical Officials are very much appreciated by all clubs and swimmers.

Coaching

The efforts of club coaches were also very much appreciated! Cairns Mudcrabs organised an Open Water Coach's course in November. Seven participants took part in the course. The course presenter was Graeme Carroll from NSW. Some clubs hosted coaching clinics, "Come and Try" sessions and adult stroke correction in an effort to attract and assist members.

Grants

Atherton Mountaineers received a 2013 'Get Going' grant for \$9,837 which covered three activities; *Getting Ready to Train, Getting Strength and Conditioning Training* and *Getting Ready for Racing*. They were also successful in securing a grant for \$9982 from the Department of National Parks, Recreation, Sport and Racing to put towards the purchase of equipment and training members in lifesaving and first aid.

Cairns Mudcrabs were also successful in securing grants. They gained \$1,500 for two kayaks and equipment from Reef Hotel Casino GCBF, \$9,882 from the *Get Going Grants* to assist with Open Water Swimming and \$7010 from RHCGBF for customised trailer to transport equipment.

Club Activities

Most clubs have a regular time to swim as a club with club coaches and barbeques and morning teas seen as good incentives to attract members to attend. Club committee members are to be congratulated on their efforts. Cairns Mudcrabs held their annual dinner with the presentation of the Allen Burgoyne Award. The award winner was Michael Williamson. In May, the Mudcrabs learned of the passing of one of its Life Members - Jimmy Nimmo. He will be sorely missed.

Cairns and Atherton clubs participated in the Rotary Swimathon in February with the Atherton Mountaineers relay team winning the skins event for the second year running. Atherton and the Whitsunday clubs both hosted a "Christmas in July" function, which was thoroughly enjoyed by members.

2014

Some NQ Masters are training hard to compete at the State and National Swim Champs to be held in Rockhampton in April. Good luck!

Raylene Rasmussen

VICE-PRESIDENT CENTRAL

Masters' Clubs in the Region

QBB: Rum City

QGS: Gladstone Gropers

QHB: Hervey Bay Humpbacks

QMB: Maryborough

QNS: Mackay Sinkers

QRH: Caribae Rocky Crocs

General

I have held two positions on the Board, namely that of State Treasurer and Vice President Central Region and reports for both positions are included in this Annual Report. I particularly want to thank my fellow Board members as well as the staff of Swimming Queensland, particularly Helga, Paula and Dinah for their support and assistance. An overview of the clubs in the Central region is as follows:-

Membership

Bundaberg's Rum City (QBB) finished the year with thirty-two members of which three were new members. The Club held a *Come and Try Day* as well as information stalls at the *Health and Well Being Expo* and at local pools. There was also increased exposure through local newspapers and television.

The Caribae Rocky Crocs' (QRH) membership has been steady, but the Club can reasonably expect to increase membership due to the higher profile and exposure in the local media due to the National titles.

The Gladstone Gropers (QGS) club finished the year with a membership of ninety-five. As the population of Gladstone has increased, due mainly to the increased industrial expansion, so too has the club's membership. However, the Club experienced a number of swimmers leaving Gladstone and not renewing in 2014. They attracted several younger members, which makes for a better age demographic for the Club. The winter season continues to present problems such as lower attendance numbers leading to the sharing of lane space at the Council pool. The return to the outdoor summer venue in September saw low attendance resulting in the failure to break even financially. This situation was turned around during January 2014.

The Hervey Bay Humpbacks (QHB) finished the year with forty-eight members, of which eight were new members who joined during the year. The members are very close and supportive of each other. The Club is more like a family than a swimming club. 'Word of mouth' has been the most successful means of attracting new members.

The North Mackay Sinkers (QNS) finished the year with at least twenty-seven members, including eleven new members. This almost doubles last year's membership and interest in the club comes from all age groups. Various methods were used to attract new members.

Maryborough (QMB) maintained a stable membership despite a number of serious challenges during the year. The January 2013 floods damaged the swimming pool and left the club without a venue for almost five months. Several members were able to train with the Hervey Bay club.

Swim Meets and Results

Bundaberg's annual swim had good representation from other Clubs and was financially viable as well. Club members also attended at least ten other swim meets during the year, including the National titles, Great Barrier Reef Games as well as regional swim meets. George Green (70-74 age group) set five National and nine State records in backstroke in distances from 25 metres to 800 metres in both short and long course pools. Ros Hodge attended the inaugural Great Barrier Reef Games and won her age group with ten gold and two silver medals from twelve swims.

Hervey Bay continues to conduct its annual, highly successful swim meet and social function thereafter. Many swimmers made a weekend of the event, adding dollars to the local economy. The club also had good representation at various regional swim meets. Member, Belinda Nevell, set records in the 50 and 100 metre backstroke events for her age group. Club members also participated in many open water swim events as well as the Pan Pacific Masters Games. The Club initiated a Central Region Trophy to put a little of 'friendly spice' into the club rivalry during swim meets.

Gladstone conducted a successful swim meet with increased nominations, despite the aftermath of the January floods. There was good representation from other regional clubs. Members attended other regional swim meets. Both Mackay and Maryborough members were actively involved in a variety of swim meets during the year.

Club Activities

Bundaberg had a mixture of beach days, ten pin bowling and morning teas around town, while Gladstone has a social program that includes activities such as a long weekend at Agnes Waters, their mid-year presentations / barbeque, regional swim meets and the End of Year Presentations / Christmas party.

Hervey Bay had a variety of events including a Cancer fundraising swim and Maryborough participated in a number of competitions with the result of a state record being set together with a number of gold and silver medals.

Technical Officials

Bundaberg has no accredited officials and relies upon the resources of the southern area, whereas, Gladstone has one accredited referee. It has been recognised that there is a need for further people to be qualified in the various technical roles.

Hervey Bay has approximately six qualified officials. The club did not run any courses during the year to increase that number.

Mackay has only one qualified official in Geoff Robinson and it has been recognised that this issues has to be addressed.

Coaching

Bundaberg has one Head coach available three times a week, as well as two other coaches when the Head coach is unavailable. "Guest" coaches from other local swim clubs add support for specific programs as required.

Hervey Bay has a regular coach in Caleb Ryan as well as Janet Cochrane and Darryl Higgins in support roles.

Caribae Rocky Crocs now has a regular coach, David Milburn, from Caribae Swimming Academy.

Gladstone has five coaches who participate via a roster system. Due to shift work commitments and other constraints, the club needs a number of coaches. All coaches have undergone advanced safety training with the Bronze medallion as the minimum. Several coaches will be going to the annual ASCTA conference during May 2014.

Mackay has one coach, Greg Born and Maryborough has one coach, Brent Milne

Finances / Fundraising / Grants

Bundaberg's finances are satisfactory. No funding grants were applied for during 2013. Caribee's finances are good despite the club not receiving any grant funds during the year.

Gladstone is in a strong financial position. A grant from the State Government Sports and Recreation programs was used to overcome gaps in skills training. New equipment such as a laptop, printer and microphone system was obtained from a grant application. Subsequently a lot of effort during 2013 has produced good results for 2014 with a number of successful applications.

Hervey Bay's financial position is strong. The club did not receive any grant funds during the year. Mackay focused upon fund raising rather than submitting grant applications.

Other

Bundaberg has a major risk area in potentially not having accredited coaches available in future years. Gladstone's "Five Year plan" has been updated and the implementation of such is underway. A major risk area is the ability to secure access to a suitable pool at a reasonable cost so as to be able to continue to offer the public an exercise program at an affordable cost. Existing arrangements are to be reviewed every twelve months,

Hervey Bay's new club room has almost been completed and it has been a great addition, enabling the club to function more effectively. The project commenced in 2008 with a series of grants from the *Gaming Community Benefit Fund*. The Club is leasing the area until 2032. The Club has access to improved facilities at the City's Aquatic Centre with the addition of a roof and drop down sides on the 25 metre pool making it an all-weather pool. Work has resumed on a new 50 metre pool.

Caribee Rockhampton is working with the Rockhampton Regional Council and Masters Swimming Qld to make the 2014 National Championships in Rockhampton at the new Olympic swimming pool a great success.

2014

Hervey Bay has made changes so as to promote the Endurance 1000 program and achieve a higher point score for the Club.

Mackay is to attend a Sports Expo during February in order to attract new members. Additionally, the Club will be attending more swim meets during 2014 and will send a team to the National titles in Rockhampton during the Anzac weekend. Other competitions to attend include the Townsville North Qld Games and the Whitsunday Warriors Games.

Gladstone will be sending a team to the National titles.

John Feddersen

VICE-PRESIDENT SUNSHINE

Contributions from: Albany Creek, Aqualicious, Noosa Challengers and Nudgee Brothers

Membership

An extremely pleasing aspect of the past year for Noosa, was the influx of new members, most of whom are not only keen squad swimmers, but also enthusiastic and successful competition swimmers. Their success this year came as these newcomers reinforced the 'old hands' at meets and they in turn are a reminder of how successful their 2012 *Come 'n' Try Days* were in attracting new members.

Nudgee Brothers had a good year in 2013 welcoming new members and maintaining levels of forty-one social and MSQ members. Aqualicious lost some members during 2013 through change to their training venue. However, they hope to regain their former strength in numbers in 2014. Albany Creek had over 60 members in their club. The club continued to attract and retain members through the club noticeboard, the quarterly publication of the *Albany Creek Buzz* and regular articles in the North West News. The club members approach swimmers directly at their weekly training sessions, monthly breakfasts and gain support through their website, brochures and at their interactive monthly meetings.

Swim Meets and Results

Aqualicious had a turbulent 2013 due to a change in training venues from Centenary Pool to Colmslie Pool, but they still managed to finish on a high note with their return to Centenary Pool in September and a rebirth of members new and old joining the club.

The club sent a strong, but smaller team than traditionally to the state titles in March and they were very pleased to come away with a third place in aggregate points. Members also competed in various meets in Queensland as well as the Wett Ones' BPS meet in Sydney and an Open Water Swim in New Zealand.

Nudgee Brothers had limited numbers attending meets, but those who swam enjoyed some success. Deanne Atkinson had some great swims in Masters' swimming competitions, with many well-earned medals. Colin Marks, Matthew Walker and Tiffany Smith attended the *Downs Syndrome World Championship Games* in Italy. All swimmers won medals and Colin was named the swimmer of the meet. Club swimmers did well at *The Special Olympics Asia Pacific Games* in Newcastle as well. Julie Davis swam the Australia Day Ocean swim in Sydney Harbour. A lively group also participated in the Hamilton Island Ocean Swim in November with medals won by Jacqui Harvey and Kathy Dawney.

Noosa, was extraordinarily successful during 2013. They competed in fifteen swim meets, featuring a total of 257 Noosa competitors. They placed first in four meets and second in another four; a magnificent record made possible by the enthusiastic participation of so many members. Along with the fifty who competed at their own meet, there were thirty-one Noosa entrants at each of River City, Hervey Bay and Albany Creek, twenty-one at Southside and nineteen at the Short Course State Championships. At meets, the points pile up as swimmers of all ages and abilities do their best, often amassing impressive totals without necessarily gaining a 'podium finish'. Without them, the 'champs' alone could never bring home the trophies.

2013 has also been a 'record-breaking' year'. Six Noosa members currently hold forty-two individual national or state records, while seven Noosa members hold four relay records. The latter includes their dearly missed Pat Mooney, whose name is still there from the 2008 'Nationals' record book. What is promising for the future is that twenty-four of the individual records were set in 2013. Noosa Masters contributed significantly to the Noosa Tri Carnival week-long celebration of sport in November 2013. Eight members swam in the Eyeline 1000 event off Main Beach and three competed in the Byron Bay open water swim. One member travelled to Airlie Beach to swim in the Whitehaven event. Behind the scenes, many members acted as volunteer officials, a vital role that also adds to the club coffers.

Noosa Masters completed the ultimate goal and was crowned the National Endurance 1000 club in 2013. Noosa Masters achieved first place on the previous four years in Queensland and to win nationally was a great thrill and credit to the hard working coordinators and active club members with five completing the whole program and achieving maximum points.

Albany Creek held its successful annual short course swim meet in May. Their members attended fourteen interclub meets and in Hervey Bay they won the Small Club Trophy. Thirteen members attended the State Short Course swim meet at Somerville House and two members attended the Australian Masters Games in Geelong. Mary Albrow competed in the Transplant Games in Sheffield, England in September where she won a number of medals. Seven members of the club also competed in eleven different open water events and two competed in triathlon events.

Club Activities

Aqualicious celebrated their ten year anniversary as a Masters' Club in spectacular fashion with a gala dinner in September, which was highly attended and well enjoyed. Some spectacular memories were relived and the club is looking forward to creating new memories in 2014.

Nudgee - A stroke correction course mid-year was also well attended and motivating. Socially the club was also active with attendances at shows such as *Rocky Horror* and *Grease* together with lively Christmas and Easter functions. The club also supports the junior Brothers Club by running a barbeque each club night during summer. As part of the Nudgee community the club also supports local charities.

Noosa members continued to support their club competitively and socially. Their regular newsletters feature relevant swimming information, but also interesting experiences of members who are keen travellers. Photos and experiences enjoyed by fellow swimmers are readily shared by the members, which makes for interesting reading.

Albany Creek hosted a charity swim, *Strokes for Breast Cancer* supported by a number of clubs around Queensland. Just under \$3,000 was raised for the National Breast Cancer Foundation. Many club members travelled to swim meets in different regions, where they supported some of the smaller clubs. The club was socially very active again. They also incorporated a *Body Ready* seminar, which covered topics on nutrition and exercising safely. The end of year function culminated in a presentation of various awards. Johanna and Steve Flierman were given an encouragement award among a number of additional awards ranging from 'Attendee of the Year (Phil Gee Kee), OWS (Marion Slattery), Competitor (Leanne Burton), Endurance (Heather Butler) and Team Player of the Year' (Charmaine Gorham).

Coaching and Technical

Noosa's heartfelt thanks goes to their enthusiastic coaches – Jan, Ian, Mark and Bob – who preside over the essential work that underpins all the successes of the club. Their support and encouragement for all – from novice to national champion – are much appreciated. Special congratulations to Jan, named as 2012 'Coach of the Year' by Masters Swimming Queensland.

The Head Coach of Aqualicious, Lawrie Fabian, retired when the club returned to Centenary Pool after almost eight years of coaching the club. The club thanks Lawrie for his time, dedication and enthusiasm, which he brought to the pool. The club also welcomed Nicole Kopp as an addition to their already vibrant coaching team.

Albany Creek had eight volunteer coaches; two were rostered on every week throughout the year. One member attended a Coaching Course during the year and one coach attended the ASCTA Conference. Karina Horton, an accredited technical official led Timekeeping and Inspector of Turns courses. The club now boasts a number of members with numerous technical accreditation certificates. The club was also successful in its application for a Community Events' grant as well as monetary assistance from a few sources.

2014

For Noosa, a year of great anticipation, fun, fitness and friendship can only be achieved by lots of hard work. Noosa Masters was successful in the 2013 application and award of funds from the Department National Parks, Recreation, Sport and Racing (NPRSR) *Get in the Game, Get Going* program. The Club received \$10,000 towards increasing membership, levels of participation, training and development of coaches and encouraging community involvement in active and healthy lifestyles. The Club is very fortunate to have this level of funding to apply during 2014.

In the coming months, members are very focused on the upcoming Queensland State and National Championships in Rockhampton, with sixteen competitors and the FINA World Masters Games in

Montreal, Canada with a team of seven. The members are training for these major events which will then culminate in the Pan Pacific Masters Games on the Gold Coast. This will round up a full year of competition. In addition the Club has encouraged more members to try open water swims including some squad days to be swapped for open water swims at Noosa's Main Beach.

Aqualicious is training hard and focusing on sending a large team to the Asia Pacific OutGames being held in Darwin in May. They are also looking forward to building on a strong base with more new members and to holding their meet in November.

Albany Creek is endeavouring to encourage greater participation in the Endurance 1000 Program. They plan to resume the *Mind Training* seminar in March 2014 and they will also be hosting their annual swim meet in April 2014.

Vice President Sunshine's Conclusion

The following are my ponderings from the interesting year that I have just had as Vice President Sunshine of Masters Swimming Queensland.

A growing concern continues to be around the need for more people to take on roles in various capacities as officials in the near future. This should be a focus for the next year for MSQ.

The involvement of members at branch management board level is another important consideration. To be considered is a rotation of committee members within clubs so that fresh ideas and growth can be fostered within our great organisation.

At a club level, clubs seem to have struggled in general somewhat during 2013, however, there are strong indicators showing a 'recovery' in 2014. We have a strong basis for success and will continue to grow and be successful if we continue our hard work.

I look forward to seeing you all at the state/national titles in Rockhampton in April.

Keep following the black line.

Nicholas Pirie

VICE-PRESIDENT SOUTH

Membership

Numbers of Club members were:

Miami 96, Toowoomba 77, Twin Towns 61, Redlands Bayside 61, Ipswich City 23, Yeronga 13, Logan City 12, SCU Duck Creek Masters 11.

Twin Towns had a couple of initiatives to gain new members: a presentation table with club and Masters' information, trophies and medals set out at the Twin Towns Juniors venue and a community Seniors Day at Murwillumbah. Logan City detailed its activities on the noticeboard at their training venue as a means of attracting new members.

SCU Duck Creek persisted with endeavours to attract new members by placing posters and notices at the two pools where members train. Toowoomba Tadpoles is building a higher profile in the community. Yeronga attracted new members by word of mouth and its website - www.yerongamasters.org

Swim Meets and Results

Twin Town attended twelve of the South Region meets with a total attendance of twenty-nine members. George Coronas and Allison Worrall set records and Robyn Hughes attended all meets. In November Ipswich City Masters held a well sponsored meet, which was financially successful even though there were only fifty-four entrants. Club members attended most of the Masters' swim meets and also competed in open water swims and iron man events. Christine Scalero set a State record.

Logan City's Irene Keel completed an English Channel swim and Jenny Anderson is competitive in her age group.

Thanks to Club Captain, Sharon Devitt, Redlands Bayside held a club meet when lack of numbers forced cancellation of their planned interclub event. Twenty eight club members swam in ten events. Raffles and a barbeque were held and the Cleveland Aquatic Centre provided four lanes without charge. Motivated by Sharon Devitt and coach, Alan Patterson, nineteen members attended the Southside meet at Chandler. Four Redland Bayside swimmers attended the State Championships and brought home twenty-six medals.

Five members of SCU Duck Creek attended various swim meets including the State and National Championships with Lauren Diamond winning one gold and four other medals at the Nationals, whilst Therese and Paul Crollick won medals at the Queensland State Championships and the NSW State Short Course Championships.

Miami Masters Interclub Meet was held at the Miami Pool and attracted a good attendance. The swimming was followed by the meal and presentations at the pool. Twenty-eight Miami members swam at the Queensland Masters State Championships and won the Aggregate Point Score, Average Points for Large Clubs and the Open Water Swim trophies. Six women and four men from Miami swam at the National Championships at the Sydney Aquatic Centre and most returned with medals.

Miami members attended all South region swim meets during the year as well as meets at Gladstone, Hervey Bay, Bundaberg, Noosa, Caboolture & Redcliffe, South Burnett, Maryborough as well as the Great Barrier Reef Masters Games in Cairns and the Australian Masters Games in Geelong, Victoria.

State Records were set by Clive Robinson [800m Back], and Alan Carlisle [400m Breaststroke, 50m Breaststroke, 100m Breaststroke] at the Ipswich meet.

Margaret Fittock [five individual Gold Medals] and Brian Davis [six individual Gold Medals] represented the club at the Australian Masters Games in Geelong and won further medals in relay teams.

The Toowoomba Tadpoles swim meet in September was a great success with sixty-five swimmers. There was positive feedback on the day regarding the flow and presentations. Toowoomba members, encouraged by a club subsidised bus, attended meets at River City, Miami, MSQ Short Course, Albany Creek, Noosa, South Burnett, Great Barrier Reef Masters, Brisbane Northside and Toowoomba.

Two State records were set by Ann Todd for the 400 and 800 Backstroke and one member swam World Masters Games in Torino with success.

Yeronga Masters attended five meets in 2013. Meets included River City, Miami, Qld States, Albany Creek and Brisbane Northside. Attendance was down in 2013 due to several injuries and life changes experienced by the swimmers. Yeronga had success in the pool with Claire Huegill setting multiple records in 2013 in the women's 30-34 age group. Records include:

Queensland State Records: 200m Breaststroke at State Championships in a time of 2:50.86 (SC)
200IM at State Championships in a time of 2:37.59 (SC)

Queensland State and National Record: 400m Breaststroke at State Championships in a time of 5:57.71 (SC)

OWS events attended by members:

Noel Ingram completed the 2012/2013 *Body Science Great Australian Swim Series* as the 60+ Male Champion. This consisted of four participating ocean swims with a points' tally for the championship. Noel competed in Sydney and at Redcliffe to secure his age group championship

Club Activities

In April, Twin Towns celebrated its 25th Anniversary, with a successful dinner and during the year attended shows at the Twin Towns Services Club with lunch to follow, and quite a number of trips. This year was the 20th anniversary of the formation of Ipswich City Masters. At a poolside celebratory barbeque, presentations were made to current members, Dot Jarvis and Ann Adams, who are foundation members of the club.

The three race nights held by SCU Duck Creek during the year included the adult squads from SCU and Memorial pools as well as the Lismore Workers Junior Squad.

Toowoomba Tadpoles, to encourage Endurance 1000 swims, introduced the idea of 'Swim 400, Swim free!' followed by the monthly barbeque breakfast. Gym/Dry land sessions were established and a Swimathon held in aid of Toowoomba Hospice raised \$22,000.

At Miami, Lance Kunde and Alan Grant organised a number of social outings for members. Miami's Carole Simpson and Alan Grant were active in assisting various charitable causes through providing timekeepers and fundraising. Miami Masters operated the drinks station at the 32km point of the Gold Coast Marathon. Miami swimmers participated in the charity relay for Breast Cancer in October. Miami had fifty members at its Annual Presentation Dinner on Friday, April 5th and a similar number at its annual Christmas Party at the pool on December 21st.

Yeronga Masters Swimming kicked off 2013 with a fundraiser. A Bunnings barbeque was held at Rocklea on 22 January 2013 where they recorded a good profit. Proceeds paid for team shirts and will be used to host a swim meet upon completion of the new Yeronga Park pool.

The annual mid-year dinner was held on 13 July 2013 with pre-dinner drinks and nibbles hosted by Rick and Amanda Van der Zant at their home followed by dinner at Grumpy Steakhouse, Moorooka.

The annual Masters Christmas party was held at the Moorooka Bowls Club on 1 December 2013 with members and families enjoying barefoot bowls, drinks and nibbles.

Technical Officials

Two coaches from Twins Towns attended coaching courses. Redland Bayside coach, Simon Bole-Brown, is enjoying the challenge of training to be a referee. State Coach, Mark Erickson and Alan Patterson conducted a coaching clinic for twenty club members of Redlands Bayside.

Coaching

Miami provided great diversity in its training sessions on Tuesdays at 6.30 p.m. and Saturdays at 3.45 p.m. at Miami 50m Pool, Pizzey Park with coaches, Steve Cornelius and Sally Hunt and spring training sessions at 8.30 a.m. at the Nerang 25m pool with John Crisp. Miami Club Captain, Carole Simpson, organised a number of coaching clinics run by experienced senior swimmers from the club

The Redlands Bayside coaching team of Alan Patterson, Simon Bole-Brown and Ann Gartshore spent 242 hours on pool deck coaching 1021 swimmers in the club's Wednesday night and Sunday morning sessions.

Logan City employed a coach on a fortnightly basis.

SCU Duck Creek is sourcing a new coach at the SCU pool. The coach at Memorial pool is encouraging non Masters' members to join SCU Duck Creek.

Toowoomba Tadpoles paid one coach for one night per week.

Yeronga was coached by Rick Van der Zant, who also coached Yeronga Park Pool at a national level and was a part of the coaching staff for Papua New Guinea's Olympic Swim Team for Beijing and London. As a result of his success on the national and international stage, his reputation also attracted and retained Masters Swimming members.

Funding/Grants

Twin Towns is in the process of trying to obtain a grant for sun shades for its pool area. Logan City member, Robert Hurren implemented a funding plan to assist financially disadvantaged families access Aquatic Education classes and raised over \$5,700.

Brian Davis

ADMINISTRATOR

Newsletters, web site and Facebook

In 2013 five newsletters were compiled and posted to members of MSQ. The objective is to profile club activities and achievements as well as inform our members of technical and coaching news and tips. They are also designed to give members without computers or internet access information on matters that relate to MSQ.

In October, the new MSA logo was launched and with that the new logos for all the states. At the same time, the new website was also introduced and consequently the states were to upgrade their sites. The new MSQ website was successfully launched in December, prior to the Christmas break. It is a more user friendly Content Management System and less cumbersome to manage.

The Facebook page continued to grow during 2013 and its importance in spreading the profile and activities of MSQ has been recognised. It continues to be another important source of information for our members.

MSQ Short Course Championships

The 2013 State Short Championships event was hosted by the River City Club and held at the Somerville House pool in Brisbane. It was a well-attended swim meet, with members from throughout Queensland competing at the event. A member of New Zealand Masters' Swimming also attended the championships event. There were 234 competitors and 31 teams.

Generally the swim meet was a success, but because of the distances members have to travel in Queensland, our clubs in mainly the north and far north do not support the event as well as one would hope for. For this reason, MSQ hosts the State Championships in different regions each year. Our gratitude for a well organised event goes to Aaron Clarke and club members from River City. Aaron, however, was the main organiser of all aspects of the event and with direct access to the venue negotiations and plans were easily implemented.

MSQ Programs

The Lane Warriors Program is showing an improvement in participation by clubs. Nine clubs sent in the total distances swum by some members of their clubs. Two members sent their entries individually.

Administration

The Service Level Agreement signed between MSQ and Swimming Qld was reduced by \$10,000 at the end of June 2013. The administration of MSQ has therefore also been reduced to four days per week, which was, however, difficult to achieve because of the MSQ requirements designed to ensure that the organisation is administered effectively.

In 2013, David Findlay was appointed to Director of Recording, a position that had not been held for a number of years. He moved out of the VP Sunshine position to take on the Recording role. With his knowledge of IT, he successfully implemented a program devised to make the entry of swim meet nominations for clubs easier and virtually error free.

The recording duties had prior to David's appointment been performed in the SQ office by staff members. Two SQ staff members are still responsible for the IMG Registration database, mainly to check for errors, inconsistencies and to assist clubs in managing the database.

The VP roles were amended to ensure more direct communication with clubs in their regions. They are now responsible for compiling the club newsletter items within their regions.

An objective for 2014 is to ensure that clubs make more use of the information on the MSQ website, the MSQ Forum and the Facebook page. Communication between members and club contacts needs more efficiency to ensure that relevant information is passed on to all club members.

Helga Ward

Endurance 1000 – 2013

Club Results: Total Points per Club – Top 12

	Club Code	Club	Total Points
1	QNA	Noosa Masters Swimming Club	25161
2	QMM	Miami Masters Swimming Club	11837
3	QIP	Ipswich City Masters Swimming	7985
4	QGS	Gladstone Gropers Masters Swimming Club	7494
5	QTT	Twin Towns Services Masters Swimming	6224
6	QBN	Brisbane Northside Masters Swimming Club	2619
7	QTW	Toowoomba Tadpoles Masters Swimming	1722
8	QAC	Albany Creek Masters Swimming	1564
9	QAT	Atherton Mountaineers Masters Swimming	1344
10	QSC	Sunshine Coast Masters Swimming Club	1210
11	QCN	Cairns Mudcrabs Masters Swimming	1207
12	QWY	Whitsunday Masters Swimming	1005

Club Results: Average Points per Swimmer in each Club – Top 12

	Club Code	Club	Average Points
1	QIP	Ipswich City Masters Swimming Club	285.18
2	QNA	Noosa Masters Swimming Club	256.74
3	QMM	Miami Masters Swimming Club	122.03
4	QTT	Twin Towns Services Masters Swimming Club	111.14
5	QGS	Gladstone Gropers Masters Swimming Club	78.88
6	QBN	Brisbane Northside Masters Swimming Club	65.48
7	QSC	Sunshine Coast Masters Swimming Club	41.72
8	QCN	Cairns Mudcrabs Masters Swimming Club	40.23
9	QWY	Whitsunday Warriors Masters Swimming Club	40.20
10	QAT	Atherton Mountaineers Masters Swimming Club	28.60
11	QAJ	Aqua Jets Masters Swimming Club	27.29
12	QAC	Albany Creek Masters Swimming Club	24.44

Club Results Club Participation Percentage of Total Club Membership – Top 12

	Club Code	Club	Participation Rate %
1	QIP	Ipswich City Masters Swimming Club	82.14
2	QNA	Noosa Masters Swimming Club	71.42
3	QCN	Cairns Mudcrabs Masters Swimming Club	70.00
4	QWY	Whitsunday Warriors Masters Swimming Club	64.00
5	QSC	Sunshine Coast Masters Swimming Club	58.60
6	QMM	Miami Masters Swimming Club	57.73
7	QBB	Rum City Masters Swimming Club	57.14
8	QHB	Hervey Bay Humpbacks Masters Swimming Club	55.80
9	QRT	Rats of Tobruk Masters Swimming Club	55.50
10	QTT	Twin Towns Masters Swimming Club	55.35
11	QCD	Caboolture & District Masters Swimming Club	50.00
11	QMA	Mareeba Masters Swimming Club	50.00
12	QAC	Albany Creek Masters Swimming Club	46.80

2013 MSQ State Short Course Championships

Top 3 winners in each age group:

Age	Females	Age	Males
18 - 24	1. Elise Hoyer (QRC) 2. Rebecca-Leigh Rogan (QPN) 3. Daniela Coluccio (QAC)	18 - 24	1. Sam Green (QMM) 2. Jake Lippiatt (QPN)
25 - 29	1. Nicolai Morris (QRC) 2. Amanda Nelson (QSC) 3. Nicole Bartley (QAC)	25 - 29	1. Simon Holz (QRC) 2. Nicholas Pirie (QAL)
30 - 34	1. Stacia Riddle (QRC) 2. Kerryn Spinks (QNA) 3. Ingrid Aranda (QRC) Claire Huegill (QYP)	30 - 34	1. Klynt Oberto (QAL) 2. Casey Flouch (QRC) 3. Matthew Harrison (QAL)
35 - 39	1. Jackie Goldston (QBR) 2. Deanne Edwards (QRB) 3. Leanne Burton (QAC)	35 - 39	1. Brent Milne (QHB) 2. Roy Lancaster (QAL) 3. Nick Woods (QBR)
40 - 44	1. Karen Patrick (QSE) 2. Lisa Bell (QMB) 3. Jenny Andersen (QLG)	40 - 44	1. Matthew Wright (QAC) 2. Scott Prenzler (QAL) 3. David Thomson (QSC) Lindsay Nutley (QAL)
45 - 49	1. Tracy Dunn (QBB) 2. Raylene Rasmussen (QWY) 3. Lexie Steffan (QBB)	45 - 49	1. Martin Banks (QBR) 2. Bruce Bass (QBB) 3. John Tweedy (QRC) Grant Hoskins (QBN)
50 - 54	1. Deanne Atkinson (QMM) 2. Christine Dennis (QMM) 3. Freya Hill (QWY)	50 - 54	1. Ian Robinson (QNA) Mark Erikson (QWY) 2. Brett Woods (QUW)
55 - 59	1. Karina Horton (QAC) 2. Helen Morley (QMM) 3. JulieAnne Beard (QSC)	55 - 59	1. Clive Robinson (QMM) 2. John Barrett (QRT) 3. Geoffrey Neale (QNS)
60 - 64	1. Wendy Twidale (QNA) 2. Heather McDonald (QSM) 3. Tracey Clarkson (QBN)	60 - 64	1. Jon Rysdon (QBN) 2. Kevin Jackson (QRT) 3. Paul Drewe (QNB) Peter Emery (QYP)
65 - 69	1. Penny Steele (QAC) 2. Margaret Lucey (QMM) 3. Wendy Coghill (QSC)	65 - 69	1. Michael McCuaig (QSC) 2. Jay Neville (QMM) 3. Robert Jolly (QNA)
70 - 74	1. Jen Thomasson (QSM) 2. Jan Croft (QNA) 3. Margaret Watts (QMM)	70 - 74	1. Gorge Greow (QBB) 2. Brian Davis (QMM) 3. Ken Brewster (QLG)
75 - 79	1. Denise Robertson (QMM) 2. Eulah Varty (QNA) 3. Beres Hindman ()	75 - 79	1. John Crisp (QMM) 2. Christian Thiess (QBR) 3. Ray Burrige (QTT)
80 - 84	1. Liz Lawson (QLG) 2. Ailsa Duncan (QSC) 3. Lynette Edgar (QNB)	80 - 84	1. Geoff Lander (QNA)
85 - 89	1. Ann Todd (QTW)	85 - 89	1. George Stewart (QSC) 2. Neville Johnson (QMB) 3. Stan Jacobs (QSM)
90 - 94	1. Pauline Benjamin (QMM) 2. Joyce Faunce (QNA)	90 - 94	Nil
95-99	Nil	95-99	1. George Coronos (QTT)

2013 MSQ Short Course Championships

Aggregate Club Score: Large and Small Clubs

	Club Code	Large Clubs	Total Athletes	Total Points	Average Points
1	QMM	Miami Masters	28	1925.0	68.8
2	QSC	Sunshine Coast Masters	15	988.0	65.9
3	QNA	Noosa Masters	19	1219.0	64.2
4	QBB	Rum City Masters	11	684.5	62.2
5	QRC	River City Masters	15	817.0	54.5
6	QBR	Barbarians Masters	16	867.5	54.2
7	QTT	Twin Towns Masters	10	536.0	53.6
8	QAC	Albany Creek Masters	13	671.5	51.7
9	QAL	Aqualicious Masters	24	1118.0	46.6
10	QBN	Brisbane Northside Masters	10	452.5	45.3
11	QSM	Brisbane Southside Masters	15	673.0	44.9
	Club Code	Small Clubs	Total Athletes	Total Points	Average Points
1	QMB	Maryborough Masters	3	227.0	75.7
2	QWY	Whitsunday Warriors Masters	4	289.5	72.4
3	QLG	Logan Aquatics Masters	4	278.0	69.5
4	QRB	Redlands Bayside Masters	4	264.0	66.0
5	QPN	Redcliffe Peninsula Masters	4	262.0	65.5
6	QTW	Toowoomba Tadpoles Masters	4	261.0	65.3
7	NCM	Clarence River	3	173.0	57.7
8	QYP	Yeronga Yabbies Masters	4	223.5	55.9
9	QRT	Rats of Tobruk Masters	3	162.0	54.0
10	QDU	Southern Cross Uni Duck Creek	3	159.0	53.0
11	QHB	Hervey Bay Humpbacks Masters	4	206.0	51.5
12	QNB	Nudgee Brothers Masters	4	183.0	45.8
13	QMY	Manly Brisbane Masters	4	116.0	29.0

The table does not include clubs with only one swimmer.

LANE WARRIOR RESULTS 2013

The Lane Warrior Program was introduced at the beginning of 2011. The objective is to encourage as many swimmers as possible to record all the distances they swim during the year. The distances include all drills using pool accessories, training program distances, including technique work and those swum at swim meets throughout the year.

At the end of the year, the clubs submit the spread sheet of each member that has recorded each swim. Three age categories have been created and the Top Five winners in each category receive a certificate and a towel with the MSQ logo and 'Top 5 Lane Warrior' printed on the material.

Top 5 Individual Winners			
18 - 34			
Rank	Name	Club	Distance
1	Alex Weatherall	QNA	255,000
2	Susan McCaughtrie	QDU	246,100
3	Andrew Tranter	QSM	190,100
4	Nic Keen	QTW	75,100
5	Vanessa O'Sullivan	QTW	72,750
35 - 60			
Rank	Name	Club	Distance
1	Peter Smith	QAT	732,750
2	Karina Horton	QAC	523,100
3	Janet Cochrane	QHB	520,000
4	Alison Green	QGS	420,750
5	Lisa Trendle	QSM	410,700
61 +			
Rank	Name	Club	Distance
1	Conrad Gleeson	QTT	699,800
2	Jen Thomasson	QSM	605,900
3	Kiku Mukai	QSM	577,700
4	Brian Cairns	QNA	553,350
5	Gary Backus	QTT	550,900

Top 3 Club Winners: Average Distance swum by participants:

Top 3 clubs			Average Distance
1	Gladstone Gropers	QGS	319,515
2	Southern Cross Uni	QDU	317,067
3	Atherton Mountaineers	QAT	280,438

MSX CLUB AND AGE GROUP RESULTS 2013

Number of qualifiers from each club in each standard:

Club Code	Platinum	Gold	Silver	Bronze	Grand Total
QAC: Albany Creek	3	4	4	8	19
QAJ: Aqua Jets					0
QAL: Aqualicious		1	6	7	14
QAT: Atherton		3	2	9	14
QBB: Rum City	1	3	4	4	12
QBN: Brisbane Northside	2	3	4	3	12
QBR: Barbarians	4	6	4	2	16
QCC: Central Cairns			1	4	5
QCD: Caboolture & District			2	2	4
QCN: Cairns Mudcrabs	1		3	8	12
QCS: Cairns Legends		1	1	3	5
QDU: Southern Cross Uni DC			3	1	4
QGS: Gladstone Gropers		1	4	6	11
QHB: Hervey Bay	1	2	9	11	23
QIP: Ipswich City		3	2	6	11
QLG: Logan Aquatics		1	1	2	4
QLT: Long Tan Legends	3	3	1	7	14
QMA: Mareeba				2	2
QMB: Maryborough		2	3	3	8
QMM: Miami	11	9	11	9	40
QMY: Manly Brisbane	2	1		1	4
QNA: Noosa	5	5	11	19	40
QNB: Nudgee Brothers	1	3	1	2	7
QNS: North Mackay Sinkers			3	3	6
QPN: Redcliffe Peninsula	1	1	5	1	8
QRB: Redlands Bayside		2	3	3	8
QRC: River City	11	1	2	3	17
QRH: Caribee Rocky Crocs			2	1	3
QRT: Rats of Tobruk	1	1	1	1	4
QSB: South Burnett			1	1	2
QSC: Sunshine Coast		2	4	12	18
QSE: Cairns Sea Eagles	3	3		1	7
QSM: Brisbane Southside	2	1	7	9	19
QTT: Twin Towns	1	1	3	6	11
QTW: Toowoomba Tadpoles		1	2	6	9
QUW: Uni Wahoos	1			1	2
QWY: Whitsunday Warriors	1		3	3	7
QYP: Yeronga Park	2	2	1	3	8
Grand Total	57	66	114	173	410

TROPHY WINNERS 2013

Masters Swimming Queensland 2013 Short Course Branch Trophy Awards

The following awards relate to the State Short Course Meet, held at Somerville House, Brisbane, in March 2012

1. **Queensland Branch Trophy:** *Miami Masters Swimming*
(Club with the highest aggregate points at the State Swim)
2. **Max Gillespie Trophy:** *Miami Masters Swimming*
(Based on the club from the **larger clubs** category, with the highest average points at the State Swim)
3. **Mary Maina Trophy:** *Maryborough Masters Swimming*
(Based on the club, from the **smaller clubs** category, with the highest average points at the State Swim)
4. **Vorgee Female Swimmer of the Meet:** *Jen Thomasson (QSM)*
5. **Vorgee Male Swimmer of the Meet:** *Christian Thiess (QBR)*
6. **National Seniors Trophy:** *Jen Thomasson (QSM)*
(Best performance for a swimmer 50 years and over)
7. **MSQ Trophy over 30 winner:** *Jackie Goldston (QBR)*
(Best performance by a swimmer 30 - 49 years of age)
8. **MSQ Trophy - under 30 winner:** *Nicolai Morris (QRC) & Simon Holz (QRC)*
(Best performance by a swimmer 18 - 29 years of age)

Other Awards:

9. **Registrars Award:** *Long Tan Legends*
(Awarded to the club with the most increased membership for the year)
10. **Mary Sweeney Trophy :** *Nil*
(Official of the Year)
11. **Oz Sports Trophy:** (Coach of the Year) *Alan Patterson*
12. **John Hughes Trophy:** *Noosa Masters Swimming*
(Endurance 1000 Swimming: Highest Club Aggregate)
1. **MSQ Endurance 1000 Trophy:** *Ipswich City Masters Swimming*
(Highest club Endurance 1000 average)
2. **Rats of Tobruk Open Water Swim Trophy** *NA*
3. **Life Member:** *Nil*

MSQ Swim Meets - 2013

Month	Club	Course	Region	Sanction#	Venue
January					
20	River City	SC	South	01/13	Somerville House
February					
1	Central Cairns - <i>Twilight Series - 1</i>	SC	North	02/13	Trinity Bay High School
9	Gladstone	SC	Central	03/13	John Dahl Pool
16	Mareeba	LC	North	04/13	Mareeba Memorial SC
16	Miami	LC	South	05/13	Pizzey Park, Miami
23	Hervey Bay	LC	Central	06/13	Hervey Bay Aquatic Centre
March					
8	Central Cairns - <i>Twilight Series - 2</i>	SC	North	02/13	Trinity Bay High School
15 - 17	MSQ State Short Course	SC		07/13	Somerville House
22	Central Cairns - <i>Twilight Series - 3</i>	SC	North	03/13	Trinity Bay High School
31 Mar - 31 May	Cairns Mudcrabs	Postal	North	08/13	
April					
17 - 20	MSA National Champs	LC			Sydney
27	Whitsunday Warriors	LC	North	09/13	Proserpine Pool
May					
4	Albany Creek	SC	Sunshine	10/13	Albany Creek Leisure Centre
11	Cairns Sea Eagles	SC	North	11/13	TAS Aquatic Centre
18	Noosa Masters	LC	Sunshine	12/13	Noosa Aquatic Centre
June					
16	Caboolture & Redcliffe Pen	LC	Sunshine	13/13	Redcliffe War Memorial Pool
July					
13	Brisbane Southside	SC	South	14/13	Brisbane Aquatic Centre
27	South Burnett	SC	Sunshine	15/13	South Burnett Aquatic C
August					
4 - 10	World Outgames				Antwerp, Belgium
9 - 11	Great Barrier Reef MG	LC	North	16/13	Woree Pool, Cairns
17	Rum City	SC	Central	17/13	Bundaberg Swim Academy
24	Brisbane Northside	SC	Sunshine	18/13	The Valley Pool
September					
1 Sept - 31 Oct	Aqua Jets	Postal	South	19/13	
7	Toowoomba	SC	South	20/13	The Glennie Aquatic Centre
21 Sept – 3 Nov	Albany Creek	Postal	Sunshine	21/13	
21	Atherton	LC	North	22/13	Atherton Centenary Pool
21	Lismore Games	LC	South	23/13	Lismore Memorial Pool
October					
5 - 12	Masters Games				Geelong, Victoria
5	Maryborough	SC	Central	24/13	TBA
19	Long Tan Legends	LC	North	25/13	Long Tan Memorial Pool
19	Redlands Bayside	LC	South	26/13	Cleveland Aquatic Centre
November					
2	Caribee Rocky Crocs	LC	Central	27/13	Rockhampton Grammar S.
3	Caribee Rocky Crocs	OWS		28/13	
9	Cairns Mudcrabs	SC	North	29/13	Gordonvale A C, Cairns
17	Ipswich Masters	LC	South	30/13	Ipswich Grammar School
30	Aqualicious	LC	Sunshine	31/13	Centenary Pool
30	North Mackay Sinkers	SC	Central	32/13	North Mackay High School