Long Tan Legends Masters Swimming Club Inc.

2018 Short Course Carnival

Saturday, 1st of September Long Tan Memorial Pool Cnr. Fulham Rd. & Acheron Ave., Heatley

Warm up 1.00pm for a 1.30pm start

Nomination fee \$25 (includes pool entry & barbeque afterwards)

Program of Events

MAXIMUM OF 5 INDIVIDUAL EVENTS

1. 200m	Freestyle	8. 50m	Freestyle
2. 50m	Breaststroke		Back stroke
3. 100m	Individual medley	10. 100m	Butterfly
4. 50m	Backstroke	11. 100m	Breaststroke
	Breaststroke	12. 100m	Freestyle
6. 50m	Butterfly	13. 4 x 50m	n Mercantile relay
7 100m	Rackstroke		•

NOMINATIONS: The swim meet is open to all <u>registered</u> Masters Swimmers.

Nominations Close Monday the 27th of August, 2018.

Nominations accepted on-line via MSQ members portal or e-mail to crofttony@ymail.com E-mail nominations must be done using your name as registered with MSQ (ie. Bill Smith would be registered as William Smith) and must also have date of birth.

Payment by direct deposit to BSB: 814-282, Account number 30228013

Contact Person: Club President **Tony Croft** on 0407391974 or email crofttony@ymail.com

Medical Disability Forms: For a medical Disability to be considered, the Medical Disability Certificate must be registered with Masters Swimming Queensland and the National Office by close of entries. Swimmers' nominations must be marked "MD" and a copy of the medical certificate enclosed with entry.

Guest Swimmers: Non-masters swimmers considering joining Masters Swimming are invited to swim as "guest" swimmers as a "one-off try", with nomination costs and entry procedures as per Masters Swimmers.

Presentation barbeque : to be held at the pool after the last event.

Disclaimer: By nominating to participate in this swim meet, swimmers thereby authorise the Meet Director to take whatever action/s he/she deems necessary in the event of an emergency, and swimmers accept responsibility for any costs arising from such action/s.