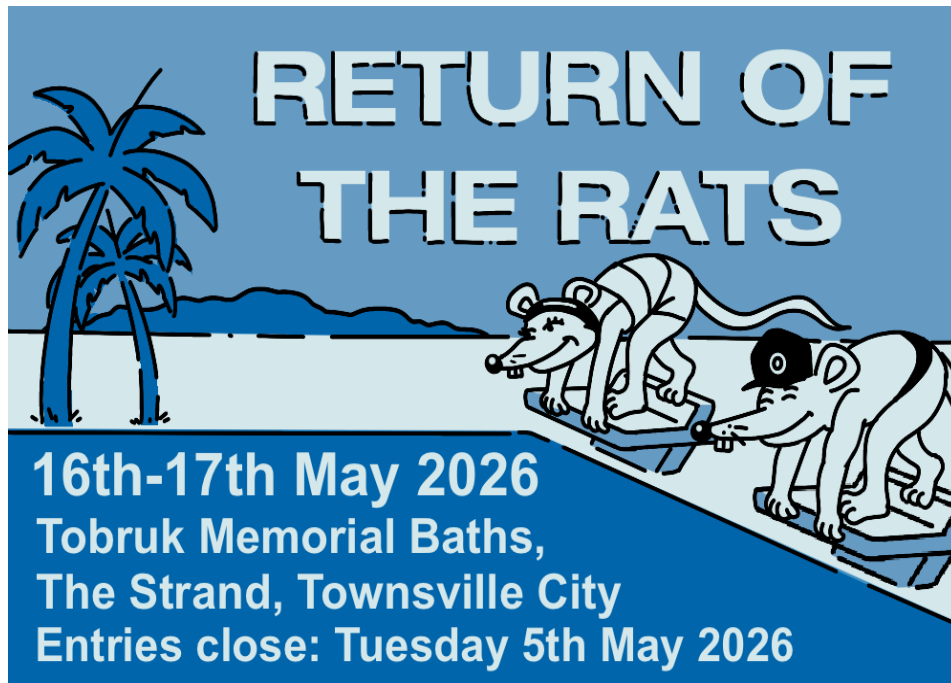


2026 Return of the Rats Long Course Meet

WELCOME!



**RETURN OF
THE RATS**

16th-17th May 2026
Tobruk Memorial Baths,
The Strand, Townsville City
Entries close: Tuesday 5th May 2026

The banner features a blue background with a white and blue illustration of two anthropomorphic rats on a beach. One rat is wearing a white swimsuit and a white cap, while the other is wearing a white swimsuit and a black cap. They are standing on a white beach with a blue ocean and a blue sky. In the background, there are two palm trees and a blue horizon line.



2026 Return of the Rats Long Course Meet Welcome

The Rats are back and ready to race at the iconic Tobruk Pool in tropical Townsville. We are delighted to have each of you here today to celebrate our club's revival—whether you are a swimmer, supporter, official, or volunteer.

To all our swimmers: whether you're aiming for a personal best or taking on the thrill of competition for the first time, we wish you the very best of luck. The pool is your stage this weekend, and we encourage you to showcase your talent, determination, and passion for swimming.

We extend a big thank you to our major sponsor, [Rackleys](#), whose support has made this meet possible. [Rackley Swimming](#)—and particularly Tobruk Pool Manager [Kail Willis](#)—have provided tremendous assistance to the Rats of Tobruk Masters Swim Club, from funding the pool survey to offering free Sunday lanes for our master's swimmers. We look forward to continuing our partnership with [Rackleys](#) as we work toward future goals, including securing a full-length shade sail and a pool cooler to ensure a safer and more comfortable training environment for all swimmers. Thank you, [Kail](#), for your hard work and for making this facility available for our meet today!

We would also like to thank [NQ Plaques and Trophies](#) for providing the medals for our age-group winners. Your prompt and reliable service is greatly appreciated.

A warm thank you as well to our sponsor, [The Seaview](#), for hosting our Saturday night dinner. With great food and stunning views, [The Seaview](#) is the perfect place for swimmers to meet, relax, and refuel. We look forward to further collaboration.

To our officials: thank you for your time, expertise, and commitment. Your efforts make it possible for this event to be sanctioned and held over two days, and our swimmers truly appreciate the dedication involved.

Finally, a special shout-out to our fantastic committee members and volunteers. You are the foundation of our club's success and have worked tirelessly to achieve remarkable progress over the past eight months. Our club has grown from 7 members to 35 in less than a year—a testament to your passion and hard work. Let's continue to grow, welcome new members of all abilities, and build on this momentum.

Let's make this weekend one to remember—with fast races, great sportsmanship, and unforgettable moments. Good luck to you all.

Club President, Stephen O'Brien





2026 Return of the Rats Long Course Meet Meet Officials

Your Meet Referee today is John Barrett

All enquiries, concerns, queries are to be taken to the Meet Referee.

Please do not approach any other official or the control room officials.

Meet Director	Stephen O'Brien
FNQ Official Chief Referee	Dianne Greene John Barrett
Starter	Maggie Geourgopoulos
SAT Operators	Arnold Mangott Steve McCormack
Recorder	Arnold Mangott
Announcer	Bruce Muller



2026 Return of the Rats Long Course Meet

Warm Up Procedure

Swimmers are required to be under the supervision of a Coach or Team Manager during the warm-up warm down. Please follow the directions of pool staff and Technical Officials for lane use.

On Saturday,

Warm-up will commence at [midday](#). The competition lanes (1-7) will close at [12:50 PM](#), with lane 8 remaining open throughout the duration of the day's session for warm-up and swim down

On Sunday,

Warm-up will commence at [8:00AM](#). The competition lanes (1-7) will close at [8:45 AM](#), with lane 8 remaining open throughout the duration of the day's session for warm-up and swim down.

Penalties for disregarding procedures or directions from Lifeguards/Safety Marshalls:

First Offence: Offender and Coach given verbal warning

Second Offence: Offender and Coach given written warning

Third Offence: Coach and Squad of the Offender expelled from warm up for the remainder of the warm up sessions for the entire day.

Coaches shall co-operate by giving every competitor the best opportunity possible to prepare for his/her event.

2026 Return of the Rats Long Course Meet Participating Clubs

CLUB	NUMBER OF SWIMMERS
Rats of Tobruk Masters Townsville	17
Long Tan Legends Masters Townsville	2
Aquaholics Townsville	1
Atherton Mountaineers Masters	1
Gympie Gold Fins Masters	1
Darwin Stingers Masters Swimming Club	1



2026 Return of the Rats Long Course Meet

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and World Aquatics swim meet, all swimmers thereby authorise the Meet Director/MSQ/Rats of Tobruk Masters Swim Club/ Pool staff to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for all costs arising from such action.

Racing Attire

Swimmers must wear only one pair of World Aquatics approved swimwear. In accordance with MSA Inclusive Swimwear Policy swimsuits may be modified or alternative swimsuits may be worn to accommodate a swimmer's individual needs, provided any modification or proposed alternative swimsuit is approved by the Referee prior to the swimmer's first event at the competition. See [MSA Swimwear Rules](#) for more information.

Time Keeping Allocations

Fourteen back up timekeepers are required for this meet. Members from all clubs may be called on to assist with timekeeping throughout the meet. Cheerleaders and supporters who'd like to time keep are very welcome.

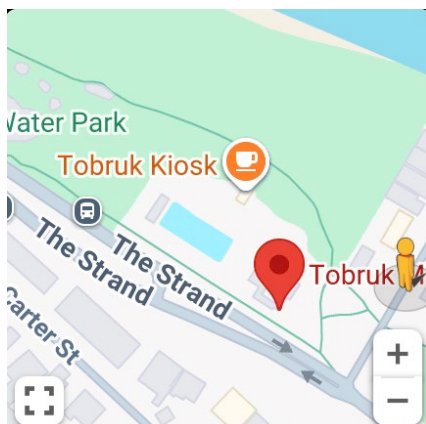
Tobruk Pool Club Seating Allocations

There are no grandstands at the Tobruk Memorial Baths. **Please BYO chairs.** There are tents scattered around the pool, clubs are welcome to mingle together, as most participants are from the Rats team. Please be aware, a couple of tents will be required for officials.

Meet Menu

The Tobruk Pool Kiosk will be open providing coffee, tea, smoothies, cakes and sandwiches during the event. Cash plus eftpost available. There will be a brief afternoon tea on Saturday with fruit and cake available to officials and swimmers.

2026 Return of the Rats Long Course Meet



After Swimming Events

Saturday night's dinner will be held at 6:00 pm at The Seaview. Please advise of your attendance when you enter the pool. Committee members will have a list, and you can add your name if you plan to attend.

There is a free Sunday afternoon [Barbecue](#) at Tobruk Pool. Again, please advise of your attendance when you enter the pool. Committee members will have a list, and you can add your name if you plan to attend and provide dietary requirements.

Raffles

Coach Steve and club member Colleen Doyle have kindly provided raffles with all kinds of goodies to help raise funds for our club. Please support the Rats of Tobruk Swim club and buy your tickets at the door!



Rats of Tobruk Masters LC Meet 2026 - 16/05/2026 to 17/05/2026

Meet Program - Day 1

Event 1 Mixed 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 01:00 PM				
1				
2				
3	Sharon de Castro	W62	Rats Of Tobruk	NT
4	Maria Gundorova	W20	Rats Of Tobruk	10:47.70
5	Peter Shepherd	M69	Rats Of Tobruk	NT
6	Ben Keith	M47	Rats Of Tobruk	NT
7				

Event 2 Mixed 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 01:42 PM				
1				
2	Judith Clarke	W74	Atherton	4:18.12
3	Elizabeth Denyer	W52	Rats Of Tobruk	3:12.77
4	Maria Gundorova	W20	Rats Of Tobruk	2:43.39
5	Helen Whitford	W59	Rats Of Tobruk	2:51.51
6	Robyn Hay	W64	Rats Of Tobruk	3:40.32
7				
Heat 2 of 2 Finals Starts at 01:47 PM				
1				
2				
3	Ben Keith	M47	Rats Of Tobruk	NT
4	Rachel Bowater	W60	Rats Of Tobruk	NT
5	Kasey Bloomfield	W49	Rats Of Tobruk	NT
6				
7				

Event 3 Mixed 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 01:56 PM				
1	Trisha Telford	W61	Rats Of Tobruk	NT
2	Christopher Knight	M44	Rats Of Tobruk	50.08
3	Elizabeth Denyer	W52	Rats Of Tobruk	47.90
4	Cade McShane	W19	Gympie Gold Fins	35.58
5	Catherine Prince	W30	Gympie Gold Fins	37.21
6	Colleen Doyle	W62	Rats Of Tobruk	49.72
7	Julie Currie	W65	Long Tan Legends	NT
Heat 2 of 2 Finals Starts at 01:58 PM				
1				
2				
3	Kasey Bloomfield	W49	Rats Of Tobruk	NT
4	Rachel Bowater	W60	Rats Of Tobruk	NT
5	Andrea Keneally	W52	Rats Of Tobruk	NT
6	Camille Flores	W44	Rats Of Tobruk	NT
7				

Event 4 Mixed 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 02:04 PM				
1				
2	Elizabeth Denyer	W52	Rats Of Tobruk	NT
3	Judith Clarke	W74	Atherton	1:50.53
4	Maria Gundorova	W20	Rats Of Tobruk	1:14.85
5	Helen Whitford	W59	Rats Of Tobruk	1:17.20
6	Peter Shepherd	M69	Rats Of Tobruk	NT
7				

Event 5 Mixed 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 02:12 PM				
1	Colleen Doyle	W62	Rats Of Tobruk	47.11
2	Elizabeth Denyer	W52	Rats Of Tobruk	37.51
3	Maria Gundorova	W20	Rats Of Tobruk	33.49
4	Catherine Prince	W30	Gympie Gold Fins	30.88
5	Cade McShane	W19	Gympie Gold Fins	32.90
6	Reece Ede	M47	Rats Of Tobruk	35.12
7	Robyn Hay	W64	Rats Of Tobruk	42.53
Heat 2 of 2 Finals Starts at 02:14 PM				
1	Camille Flores	W44	Rats Of Tobruk	NT
2	John McKaig	M58	Aquaolics	NT
3	Rachel Bowater	W60	Rats Of Tobruk	NT
4	Judith Clarke	W74	Atherton	48.69
5	Trisha Telford	W61	Rats Of Tobruk	NT
6	Julie Styles	W60	Rats Of Tobruk	NT
7	Kasey Bloomfield	W49	Rats Of Tobruk	NT

Event 6 Mixed 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 02:20 PM				
1				
2				
3	Rachel Bowater	W60	Rats Of Tobruk	NT
4	Cade McShane	W19	Gympie Gold Fins	3:00.12
5	Christopher Knight	M44	Rats Of Tobruk	4:24.95
6	Ben Keith	M47	Rats Of Tobruk	NT
7				

Event 7 Mixed 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals Starts at 02:30 PM				
1	Peter Shepherd	M69	Rats Of Tobruk	NT
2	Robyn Hay	W64	Rats Of Tobruk	1:23.12
3	Reece Ede	M47	Rats Of Tobruk	1:14.30
4	Catherine Prince	W30	Gympie Gold Fins	1:05.08
5	Maria Gundorova	W20	Rats Of Tobruk	1:08.32
6	Christopher Knight	M44	Rats Of Tobruk	1:20.84
7	Colleen Doyle	W62	Rats Of Tobruk	1:27.49

Rats of Tobruk Masters LC Meet 2026 - 16/05/2026 to 17/05/2026**Meet Program - Day 1****Heat 2 Finals (#7 Mixed 100 LC Meter Freestyle)**

1	Andrea Keneally	W52	Rats Of Tobruk	NT
2	Trisha Telford	W61	Rats Of Tobruk	NT
3	Allan Welch	M64	Long Tan Legends	NT
4	Julie Currie	W65	Long Tan Legends	NT
5	Steve Tiley	M64	Rats Of Tobruk	NT
6	Sharon de Castro	W62	Rats Of Tobruk	NT
7	Rachel Bowater	W60	Rats Of Tobruk	NT

Heat 3 of 3 Finals Starts at 02:35 PM

1				
2				
3	Camille Flores	W44	Rats Of Tobruk	NT
4	Elizabeth Denyer	W52	Rats Of Tobruk	NT
5	Ben Keith	M47	Rats Of Tobruk	NT
6				
7				

Event 8 Mixed 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 02:42 PM

1				
2				
3				
4	Xiangdong Liu	M62	Darwin Stingers	NT
5				
6				
7				

Rats of Tobruk Masters LC Meet 2026 - 16/05/2026 to 17/05/2026

Meet Program - Day 2

Event 10 Mixed 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 09:00 AM				
1				
2	Christopher Knight	M44	Rats Of Tobruk	NT
3	Sharon de Castro	W62	Rats Of Tobruk	NT
4	Helen Whitford	W59	Rats Of Tobruk	5:11.83
5	Robyn Hay	W64	Rats Of Tobruk	NT
6	Colleen Doyle	W62	Rats Of Tobruk	NT
7				

Event 11 Mixed 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals Starts at 09:36 AM				
1	Colleen Doyle	W62	Rats Of Tobruk	36.79
2	Elizabeth Denyer	W52	Rats Of Tobruk	33.83
3	Maria Gundorova	W20	Rats Of Tobruk	29.87
4	Cade McShane	W19	Gympie Gold Fins	28.84
5	Catherine Prince	W30	Gympie Gold Fins	29.62
6	Reece Ede	M47	Rats Of Tobruk	30.48
7	Christopher Knight	M44	Rats Of Tobruk	34.98

Heat 2 of 3 Finals Starts at 09:38 AM

1	Julie Styles	W60	Rats Of Tobruk	NT
2	Trisha Telford	W61	Rats Of Tobruk	NT
3	Allan Welch	M64	Long Tan Legends	NT
4	Peter Shepherd	M69	Rats Of Tobruk	NT
5	Julie Currie	W65	Long Tan Legends	NT
6	Steve Tiley	M64	Rats Of Tobruk	NT
7	Rachel Bowater	W60	Rats Of Tobruk	NT

Heat 3 of 3 Finals Starts at 09:39 AM

1				
2	Camille Flores	W44	Rats Of Tobruk	NT
3	Kasey Bloomfield	W49	Rats Of Tobruk	NT
4	John McKaig	M58	Aquaolics	NT
5	Andrea Keneally	W52	Rats Of Tobruk	NT
6	Ben Keith	M47	Rats Of Tobruk	NT
7				

Event 12 Mixed 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 09:47 AM				
1				
2				
3	Elizabeth Denyer	W52	Rats Of Tobruk	NT
4	Judith Clarke	W74	Atherton	2:07.77
5	Xiangdong Liu	M62	Darwin Stingers	NT
6	Maria Gundorova	W20	Rats Of Tobruk	NT
7				

Event 13 Mixed 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals Starts at 09:56 AM				
1	Peter Shepherd	M69	Rats Of Tobruk	NT
2	Colleen Doyle	W62	Rats Of Tobruk	47.88
3	Cade McShane	W19	Gympie Gold Fins	40.32
4	Maria Gundorova	W20	Rats Of Tobruk	33.24
5	Catherine Prince	W30	Gympie Gold Fins	36.35
6	Robyn Hay	W64	Rats Of Tobruk	44.42
7	Judith Clarke	W74	Atherton	51.66

Heat 2 of 3 Finals Starts at 09:58 AM

1	Kasey Bloomfield	W49	Rats Of Tobruk	NT
2	Andrea Keneally	W52	Rats Of Tobruk	NT
3	Trisha Telford	W61	Rats Of Tobruk	NT
4	Steve Tiley	M64	Rats Of Tobruk	NT
5	Sharon de Castro	W62	Rats Of Tobruk	NT
6	Julie Styles	W60	Rats Of Tobruk	NT
7	Elizabeth Denyer	W52	Rats Of Tobruk	NT

Heat 3 of 3 Finals Starts at 09:59 AM

1				
2				
3	Camille Flores	W44	Rats Of Tobruk	NT
4	Reece Ede	M47	Rats Of Tobruk	NT
5	Christopher Knight	M44	Rats Of Tobruk	NT
6				
7				

Event 14 Mixed 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 10:07 AM				
1				
2	Colleen Doyle	W62	Rats Of Tobruk	NT
3	Robyn Hay	W64	Rats Of Tobruk	3:08.48
4	Maria Gundorova	W20	Rats Of Tobruk	2:33.82
5	Christopher Knight	M44	Rats Of Tobruk	3:04.73
6	Peter Shepherd	M69	Rats Of Tobruk	NT
7				

Heat 2 of 2 Finals Starts at 10:11 AM

1				
2				
3	Ben Keith	M47	Rats Of Tobruk	NT
4	Rachel Bowater	W60	Rats Of Tobruk	NT
5	Andrea Keneally	W52	Rats Of Tobruk	NT
6				
7				

Event 15 Mixed 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 10:21 AM				
1				
2	Julie Currie	W65	Long Tan Legends	NT
3	Christopher Knight	M44	Rats Of Tobruk	1:50.05
4	Cade McShane	W19	Gympie Gold Fins	1:21.57
5	Catherine Prince	W30	Gympie Gold Fins	1:23.87
6	Colleen Doyle	W62	Rats Of Tobruk	1:52.75
7	Trisha Telford	W61	Rats Of Tobruk	NT

Rats of Tobruk Masters LC Meet 2026 - 16/05/2026 to 17/05/2026**Meet Program - Day 2****Heat 2 Finals (#15 Mixed 100 LC Meter Breaststroke)**

1				
2				
3	Ben Keith	M47	Rats Of Tobruk	NT
4	Rachel Bowater	W60	Rats Of Tobruk	NT
5	Elizabeth Denyer	W52	Rats Of Tobruk	NT
6				
7				

Event 16 Mixed 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 10:32 AM

1				
2				
3	Maria Gundorova	W20	Rats Of Tobruk	NT
4	Helen Whitford	W59	Rats Of Tobruk	2:49.53
5	Judith Clarke	W74	Atherton	4:04.01
6				
7				