



masters
swimming
QUEENSLAND

Townsville

2026 MSQ STATE CHAMPIONSHIPS

LONG COURSE & OWS

16 - 19 JULY 2026



Winter in the tropics





Meet Information

2026 MSQ State Championships

The 2026 MSQ State Championships will be held over four days in **Townsville from 16–19 July 2026**.

The program will commence on **Day 1 (Thursday)** with a 10am warm up and 11am start, featuring long distance pool events. **Days 2 and 3 (Friday and Saturday)** will be full competition days at the pool, with a comprehensive schedule of individual and relay events. Warm up will be 7:30am for an 8:30am start. **Day 4 (Sunday)** will conclude the Championships with the Open Water Swimming events with check in from 8:15am.

Further event, venue and scheduling details will be released closer to the Championships.

Day 1 – 16 July	Day 2 – 17 July	Day 3 – 18 July	Day 4 – 19 July
	Session 2	Session 4	OWS
	50m Freestyle	100m Butterfly	
	200m Butterfly	400m Freestyle	
	100m Backstroke	50m Breaststroke	
	200m Individual Medley	200m Backstroke	
	~Break~	~Break~	
Session 1	Session 3	Session 5	
400m Backstroke	50m Butterfly	100m Freestyle	
400m Breaststroke	400m Individual Medley	200m Breaststroke	
400m Butterfly	100m Breaststroke	50m Backstroke	
800m Freestyle	200m Freestyle		
800m Breaststroke	~Break~	~Break~	
800m Backstroke	Relays	Relays	
	Men's 4x50m Freestyle Relay	Women's 4x50 Medley Relay	
One event only	Women's 4x50m Freestyle Relay	Men's 4x50m Medley Relay	
	~Break~	~Break~	
	Mixed 4x50m Medley Relay	Mixed 4x50m Freestyle Relay	