



Noosa Masters Swimming Club

25th LC Swim Meet

Noosa Aquatic Centre 6 Girraween Court Sunshine Beach Qld

Saturday 11th April 2026

Warm Up 8.15 am: Start – 9.00 am

Event	Distance	Race Description
1	400m	Individual Medley
2	400m	Butterfly
3	400m	Backstroke
4	400m	Breaststroke
5	400m	Freestyle
6	200m	Individual Medley
7	200m	Butterfly
8	200m	Backstroke
9	200m	Breaststroke
10	200m	Freestyle
	Lunch Break	20 minutes
11	50m	Butterfly
12	50m	Breaststroke
13	50m	Backstroke
14	50m	Freestyle
15	100m	Butterfly
16	100m	Backstroke
17	100m	Breaststroke
18	100 m	Freestyle
19	1500 Postal	Freestyle Postal Swim
20	1500 Postal	Breaststroke Postal Swim
21	1500 Postal	Backstroke Postal Swim
22	800 Postal	IM Postal Swim
23	800 Postal	Freestyle Postal Swim
24	800 Postal	Butterfly Postal Swim
25	800 Postal	Breaststroke Postal Swim
26	800 Postal	Backstroke Postal Swim
Presentation of Awards and BBQ		

Date: 11 April 2026	Meet Director: Julie Bott	Five (5) individual events
Venue: Noosa Aquatic Centre	Email: meet@swimqna.com.au	Entry Fee: \$45 (plus transaction fees) Includes BBQ
Warm up: 8.15 am	0411 072 599	Enter: Swim Central
Start time: 9.00 am	MSQ Sanction Number: 04/26	Closing date: 31 March 2026



Meet Details



Welcome

Noosa Masters invites you to join us for our 25th Annual Swim Meet. This meet will be held two and a half weeks prior to the Nationals which are to be hosted by MSQ at the Chandler Pool in Brisbane. Come along and you will have lots of opportunities to practice your starts, turns and swims at our meet using the SAT Dolphin Timing System.

Please note our new email address

meet@swimqna.com.au for ALL Correspondence relating to our Swim Meet.

Eligibility

This swim meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs.

International swimmers who are current members of their national Masters Swimming Federation may also compete (proof of membership must be provided).

Guest/Non-member swimmers are not permitted to enter this meet. MSA/MSQ membership is available via the MSA [website](#).

Age

Age as at the 31 December 2026. Minimum age is 18 years at day 1 of competition.

Entry fees

All entrants must pay the nomination fee online as directed by Swim Central. Swimmers may enter up to five (5) individual events, including up to two Postal Time Trial Events for \$45.00 (plus transaction fees). The BBQ is included in price.

Entries

All entries are to be submitted online via [Swim Central](#) located on the MSQ website.

Entries will open on 28 Feb 2026. The closing date for nominations is **31 March 2026**.

Swimmers may enter up to five (5) individual events, including a max of two (2) Postal events.

Swimmers may nominate **one only 400m event and one only 200m event**, chosen from events 1 - 10 inclusive.

This year we are again running 400m sessions across all strokes including the Individual Medley. The 400m session will be time-limited with entries closing without notice once nominations received have reached their limits. We recommend you get your nominations in early as positions in this session will run out quickly.

Entrants can complete one, two or no postal events. See Postal Time Trial Section for more information.

International Masters members are invited to contact the [MSQ Director of Recording](#) who will provide specific entry instructions.

Late entries

No late entries will be accepted.

Postal Time Trial events

Postal Time Trial entries (Events 19- 27 inclusive) are to be submitted by the **closing date, 31 March 2026** by your Club Captain/Race Secretary to the Noosa club via email to meet@swimqna.com.au .

Entrants can complete one or two postal events. If two swims are completed, they can be at the same distance (2x800m or 2x1500m) or one of each distance.

By submitting postal entries to the Noosa club, the club representative is declaring that each swim is verified to have been completed according to the constraints of this meet and the rules of swimming.

All **Postal Time Trial** swims shall be **completed between 28th Feb 2026 and 31st Mar 2026** in a long course pool.

Entrants will need to complete their postal swims, enter all the required details on a postal form and submit to their club representative for verification and compilation in preparation to be submitted to the Noosa club.

The entrant may then enter the meet via Swim Central by selecting all their pool events and the Postal Time Trial events they are submitting.



Meet Details



Please ignore any seed times or NTs that may be displayed for Postal Time Trials on the entry page as these will be ignored and replaced with your actual times by the Meet Recorder.

Postal Time Trial results will not be uploaded to the results portal with the meet pool results. If swimmers would like these included for e1000, their Club Recorder will need to enter these as usual.

Please also note:

- Attempted events are to be swum in the period 28 Feb to 31 Mar 2026.
- Events must be swum in a 50-meter pool
- Each swim must be performed in an empty lane – no sharing or dragging/drafting
- No equipment may be worn during the swim, i.e. fins, pull-buoys, paddles, etc
- The supervisor will observe and enforce all aspects of the swimming rules, including starts, turns, finishes and technique
- The supervisor must be familiar with the use of a stopwatch regarding reset, start, splits, and stop
- It is recommended two stopwatches be used to aid in circumstances such as malfunction
- All splits and the final time are to be recorded on the postal form as per instructions on the form
- Postal swim forms must be signed by the supervisor, scanned and emailed to the Meet Director by close of entries on 31 Mar 2026
- All entries with no form will be removed from the meet
- A split time for one event may not be used for a second event

Please follow this link to select the approved Postal Forms to record your Postal Swims - [Postal Forms](#)

Conduct of Events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be conducted as timed finals. Starts will be 'over the top' where possible.

Please note: based on numbers and combinations of entries received, the meet organisers reserve the right to make changes and **combine heats and events where necessary.**

Qualifying times

There are no qualifying times required for this meet. On selecting an event in Swim Central, if you have matching results from the previous two (2) years, the fastest time will be displayed. If you have no previous results, "NT" will be displayed, and you may be seeded in the slower heats. You can email the [MSQ Director of Recording](#) to provide a recent or training time. If you have an appropriate medical reason that may vary your performance greatly, you may also request a seed time change.

Multi Class events

Multi Class swimmers are always welcome however there will be no separate Multi Class events conducted at this meet.

Entry List and Timeline

The entry list will be available on the event page of the MSQ website on 2 April 2026. All competitors must check their entries thoroughly and submit discrepancies to the [MSQ Director of Recording](#) by 6 pm on Sunday 5 April 2026. Entries will then be made final.

The timeline and program for this meet will be published on the event page of the MSQ website on or before Tuesday 7 April 2026.

Withdrawal, event editing and refund policy

A swimmer may change their entries or withdraw from the meet up until the closing date. You will lodge your request in Swim Central against your entries. Go to your profile, to the meet, to the event, and click the green 'entered' button for the event you wish to withdraw from or remove. You may then add another entry. If a refund is required, click 'request refund' for that event in order history – this will only be considered prior to the closing date. Provide a reason, then click 'request refund'. This requires approval before changes are confirmed. If approved, a refund will be granted, minus the processing fee.



Meet Details



Rules

All Masters Swimming Queensland, Masters Swimming Australia and FINA Swimming Rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/Noosa Aquatic Centre Management to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for all costs arising from such action.

Participant Safety

For the safety of all participants, please do not attend this Meet if you have Covid or are displaying flu-like symptoms.

Tickets and programs

Entry to this meet is free for spectators – no tickets are required.

No printed programs will be available at the meet.

Programs will be available on the MSQ event page for online download prior to and during the meet. Programs made available before the day of the competition will be draft and are subject to change without notice. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Warm-up start time

Warm-up for this meet will commence at 8.15am in the 50m pool. All lanes in the 50m pool will close at 8.50 am with two (2) Lanes in the 25m pool remaining open all day for warm up and swim down.

The competition will commence at 9.00 am in the 50m pool.

Self-Marshalling

All swimmers will be required to self-marshall. Swimmers and officials are to be physically distanced and minimise contact with surfaces. People who are not

swimming or officiating should not be near the starting end of the pool during the meet.

- Swimmers are responsible for knowing the event, heat, and lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshaling area prior to their heat being called to the blocks may be deemed withdrawn.
- No more than four (4) heats of swimmers are permitted in the marshaling area including behind the blocks:
 - 50m events - 4 heats prior to the heat in the water
 - 100m events - 4 heats prior to the heat in the water
 - 200m events - 3 heats prior to the heat in the water
 - 400m events – 2 heats prior to the heat in the water
- Swimmers in 50m events need to be prepared to move quickly.
- The Marshal will be a helper who can verify a swimmers' position, answer questions, and direct heats to the blocks.
- The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.

Results

Live results will be made available for this meet via the Meet Mobile application downloaded to your chosen device.

Results will be posted to the MSA Portal, with results and statistics posted on the MSQ website meet event page in the days following the meet.

Competition results for men and women will be separated and Individual events: 18-24 and then in 5-year groups, i.e. 25-29, 30-34, 35-39, etc.

Results will also be posted at the venue soon after the completion of each event.



Meet Details



Records

This pool has a certified survey of length, and SAT timing with manual backup will be used. World Records will not be recognised at this meet. Any MSQ member may break Queensland, and Australian records at this meet. Any MSA member may break their respective State records and National records. World Aquatics World Top Ten performances will be recognised. Postal times are not eligible for records.

Meet Awards & Presentation Function

Awards will be presented at the conclusion of the meet in the BBQ area. Awards include

- Small Club with the highest average point score – small clubs 3 – 6 entrants
- Large Club with the highest average point score – large clubs - 7 entrants and over
- Individual points first, second, and third per age and gender group

The BBQ is included for all competitors. If any food remains, non-competitors may purchase a BBQ at a cost of \$10 per meal.

Photo/video release

All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Other important information

- Members from all clubs may be called on to assist with timekeeping throughout the meet.
- Paddles and watches are not permitted to be worn during the meet, including warm-up and swim-down.
- Swimmers must comply with signage and pool staff on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Pool deck access is limited to marshaling for events, the officials and technical staff. Please do not stand in front of the recording area.
- Swimmers must wear only one pair of World

Aquatics approved swimwear. In accordance with MSA Inclusive Swimwear Policy swimsuits may be modified or alternative swimsuits may be worn to accommodate a swimmer's individual needs, provided any modification or proposed alternative swimsuit is approved by the Referee prior to the swimmer's first event at the competition.

- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion,
- Starts will be 'over the top'. Move quickly to the lane rope away from the wall once you have completed your heat. Competitors will remain in their respective lanes until the next heat is started, then move quickly to the nearest side to exit.
- When asked to clear the pool lanes 1–4 will exit via the side at lane 0, and lanes 5–8 exiting via the side at lane 9.
- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are subject to change, including changes required in the event of too many entries being received for the allowed duration of the meet.

Severe Weather Policy

Noosa Masters Swimming recognises the dangers of extreme weather in Queensland and the need to ensure that all staff and users of facilities take the correct precautions in the event of extreme weather.

Extreme weather includes unexpected, unusual, severe, or unseasonal weather that may pose a safety risk to users including rain, drought, wind, flood, storms, dust, hail, and extreme temperature.

If the meet is affected by extreme weather, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and Noosa Aquatic Centre staff. No refund of entry fees will occur under such circumstances.



Meet Details



First aid

Venue lifeguards will be present during both the warmup and the meet. First Aid services are available if needed. Any accident or injury should be promptly reported to the venue staff and the Meet Director.

Emergency Evacuation

In case of an emergency evacuation, you will be directed to go to the appropriate 'emergency exit' for the pool complex. If asked to evacuate please do so immediately.

Venue

Some permanent shade tents are available at the venue.

Additional shade tents will be provided by QNA Swim Club for timekeepers and officials.

All Clubs are asked to bring their own shade if they have a tent.

You will be directed on arrival where setup is appropriate, and you must adhere to the weighting requirements set by the venue, i.e. 3m x 3m marquee = 90kg and 6m x 3m marquee = 120kg. Please provide your own weights as pegging tents is NOT permitted.

- BYO chairs and shade tents
- No glass is to be brought on site

The Aquatic Centre will remain open to the public during the swim meet. Please respect other patrons as they utilise the 25m pool and amenities.

Food such as tea, coffee, cold drinks, and snacks will be available for sale from the Aquatic Centre canteen throughout the event.

Contacts

Meet Director meet@swimqna.com.au
MSQ BM..... admin@mastersswimmingqld.org.au
Director Recording
.....recorder@mastersswimmingqld.org.au
MSQ website..... <https://mastersswimmingqld.org.au>
Meet Entry[Swim Central](#)

Important dates

Entries open 28 Feb 2026
Closing date 31 March 2026
Postal Swim Forms closing date 31 March 2026
Draft Entry list available..... 2 April 2026
Register Discrepancies by 5 April 2026
Program and timeline available 7 April 2026
Swim Meet 11 April 2026

Recommended Accommodation

CHEZ NOOSA RESORT, 263 Edwards Street, Sunshine Beach. 2 K walk or 5 mins drive to Noosa Pool.

Entrance on David Low Way, just before traffic lights, if travelling from south. Otherwise, at the end of Ben Lexcen Drive, opposite Sunshine Beach Primary School.

Units offer king size bed + kitchenette, including microwave oven & full-size fridge. All units recently refurbished & guests can visit Sunshine Beach SLSC via their courtesy bus.

MANAGERS: Vicki & Clem Breen

Contact: 07 54 472027

Book On Line : reception@cheznoosa.com.au



Meet Details



Noosa Masters Swimming Club thanks its generous sponsors for their support

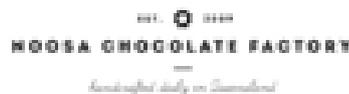
PLATINUM



GOLD



SILVER



BRONZE

