



Goodlife Community Masters 2026 SC Meet

Goodlife Community Centre
100 Buderim Pines Drive, Buderim

Saturday 7th March 2026



Meet Date: Saturday 7 th March 2026
Entries Close: Wednesday 25 th February 2026
Venue: Goodlife Community Centre (100 Buderim Pines Drive, Buderim, QLD)
Warm up: 12:30PM Start time: 1:30PM
Meet Director: Stuart g.c.s.c.meetinfo@gmail.com
Meet cost: \$39 (plus transaction fees) for 5 events
MSQ Sanction Number: Q3/26

Program of Events

Event	Distance	Stroke
1.	200m	Butterfly
2.	100m	Backstroke
3.	50m	Breaststroke
4.	25m	Freestyle
5.	200m	Backstroke
6.	100m	Breaststroke
7.	50m	Freestyle
8.	25m	Butterfly
9.	200m	Breaststroke
10.	100m	Freestyle
11.	50m	Butterfly
12.	25m	Backstroke
13.	200m	Freestyle
14.	100m	Butterfly
15.	50m	Backstroke
16.	25m	Breaststroke
17.	200m	IM
18.	100m	IM
19.	400m	Freestyle

Event Details

We welcome you to our first Masters meet. We have an amazing complex and a great club that will host an exciting day of racing. We have an 8 lane 25m pool with wide lanes, perfect for racing. This is a great meet to update your SC times before MSA National Championships in April.

Eligibility

This meet is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. Swimmers must compete for their primary MSA club. Second claim membership will not be accepted.

International swimmers who are current members of their national Masters Swimming Federation may also compete (proof of membership must be provided).

Non-Member swimmers are not permitted to enter this meet. MSA/MSQ membership is available via the [MSA website](#).

Age

Age as at the 31 December 2026. Minimum age is 18 years at day 1 of competition.

Entries

Entries are to be submitted online via [Swim Central](#). Entries will open in January 2026. The closing date for entries is Wednesday 25th February 2026.

International Masters members are invited to contact the [MSQ Director of Recording](#) who will provide specific entry instructions.

No late entries are permitted at this meet after the closing date.

Conduct of events

Heats will be swum from fastest to slowest. The fastest seeded heat will be heat 1 of each event. All events will be conducted as timed finals. Starts will be 'over the top' where possible.

Please note: based on numbers and combinations of entries received, the meet organisers reserve the right to make changes and combine heats and events where necessary.

Qualifying times

There are no qualifying times required for this meet. On selecting an event in Swim Central, if you have matching results from the previous two (2) years, the fastest time will

be displayed. If you have no previous results, "NT" will be displayed, and you may be seeded in the slower heats. You cannot edit your entry times.

Multi Class events

Multi Class swimmer are always welcome, however there will be no separate Multi Class events conducted at this meet.

Entry fees

A swimmer may enter a maximum of five (5) competition events for \$39 (plus transaction fees).

A swimmer may enter any 5 events.

Entry List and Timeline

The Entry List will be available on the MSQ meet event page on 26th February 2025. All competitors must check their entries thoroughly and submit discrepancies to the Club Meet Director by 6PM, Sunday 1st March 2026. The program for this meet will be published on or before Wednesday 4th March 2026.

Event Changes, Withdrawals & Refund Policy

Swimmers may change entries or withdraw from the meet in Swim Central until the closing date. Refunds are only considered before this deadline.

To Modify Events:

- If within the event limit, add a new event.
- To withdraw from an event, follow these steps in Swim Central:
 - Go to your profile, then navigate to the meet and event.
 - Click the green 'Entered' button for the event you wish to withdraw from.
 - On the Order History page, click the 'Request Refund' link and provide a reason.
 - Once approved by the meet organiser, you may enter a new event.

To Withdraw from the Meet Entirely:

- Request a refund of the Meet Entry Fee.
- Follow the same steps above for each event and fee.
- Provide a reason and await approval.
- If approved, a refund will be issued minus administration fees.

Event Details

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and World Aquatics swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director/MSQ/Goodlife Community Masters/ Pool staff to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for all costs arising from such action.

Tickets and programs

Entry to this meet is free for spectators – no tickets are required.

No printed programs will be available at the meet. Programs will be available on the MSQ event page for online download prior to and during the meet. Programs made available before the day of the competition will be draft and are subject to change without notice. All changes will be reflected immediately in the Meet Mobile application and swimmers in attendance will be notified by announcement prior to the start of the affected event(s).

Participant Safety

For the safety of all participants, please do not attend this Meet if you have Covid or are displaying flu-like symptoms.

Warm-up start time

Warm-up will commence at 12:30PM. The competition lanes (2-8) will close at 1:15PM., with lane 1 remaining open throughout the duration of the day's session for warm-up and swim down. Follow the directions of pool staff and Technical Officials for lane use.

Self-Marshalling

All swimmers will be required to self-marshall. People who are not swimming or officiating should not be near the starting end of the pool during the meet.

- Swimmers are responsible for knowing the event, heat, and lane they are competing in, and for being aware of what event/heat is currently in the water. The Meet Announcer will be calling the heat number in the water after the start of every heat, and regularly reminding how many heats there are in total for the current event.
- An entrant who fails to report to the Marshalling area prior to their heat being called to the blocks may be deemed withdrawn.

- No more than four (4) heats of swimmers are permitted in the marshalling area including behind the blocks:
- Swimmers in the 25m and 50m events need to be prepared to move quickly.
- Swimmers in the 400m events should be prepared to report early to the marshalling area as heats may be combined to save time.
- The Marshaller will be a helper who can verify a swimmers' position, answer questions, and direct heats to the blocks.
- The Check-Starter(s) will do a name and lane check behind the blocks prior to the heat.

Results

Live results will be made available for this meet. The Meet Mobile application will be operating and can be downloaded to your chosen device(s). Results will be posted to the MSA Portal, with results and statistics posted on the MSQ website meet event page in the days following the meet.

Competition results for men and women will be separated and Individual events: 18-24 and then in 5-year groups, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89.

Records

This meet is classed as a Time Trial. Records and World Aquatics Top Ten performances will not be recognised.

Meet awards and presentation function

Awards will be presented at the conclusion of this meet:

- 1st, 2nd & 3rd Age Champions

All swimmers, Queensland and visitors, are eligible to score points and win awards.

Full meet results will be made available in the days following the meet.

At the conclusion of this meet competitors and supporters are welcome to join us for complimentary food.

Photo/video release

All attendees agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Event Details

Other important information

- Members from all clubs maybe called on to assist with timekeeping throughout the meet.
- 400m swimmers are to provide their own lap counter assistant should they require one.
- Paddles are not permitted to be worn during the meet, including warm-up and swim-down.
- Watches are not to worn during warm-up or swim-down.
- Swimmers must comply with signage and pool staff on pool deck regarding the use of the warm-up and swim-down lanes. Diving will not be permitted unless the signage indicates otherwise.
- Pool deck access is limited to marshalling for events, the officials and technical staff. Please do not stand in front of the recording area.
- Swimmers must wear only one pair of World Aquatics approved swimwear. In accordance with MSA Inclusive Swimwear Policy swimsuits may be modified or alternative swimsuits may be worn to accommodate a swimmer's individual needs, provided any modification or proposed alternative swimsuit is approved by the Referee prior to the swimmer's first event at the competition. See [MSA Swimwear Rules](#) for more information.
- At the conclusion of warm-up periods, swimmers must leave the competition pool promptly when requested.
- Swimmers should keep clear of timekeepers moving to the blocks to collect times. Use care and discretion when preparing for your start prior to the previous heat completion.
- Starts will be 'over the top'. Move quickly to the lane rope away from the wall once you have completed your heat. Competitors will remain in their respective lanes until the next heat is started, then move quickly to the nearest side to exit.
- When asked to clear the pool lanes 1–4 will exit via the side at lane 1, and lanes 5–8 exiting via the side at lane 8.
- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are subject to change, including changes required in the event of too many entries being received for the allowed duration of the meet.

Severe Weather Policy

MSQ recognises the dangers of extreme weather in Queensland and the need to ensure that all staff and users of facilities take the correct precautions in the event of extreme weather.

Extreme weather includes unexpected, unusual, severe, or unseasonal weather that may pose a safety risk to users including rain, drought, wind, flood, storms, dust, hail, and extreme temperature.

If the meet is affected by extreme weather, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and Goodlife Community Centre staff. No refund of entry fees will occur under such circumstances.

First aid

Pool lifeguarding and patrols will be carried out during the meet by Goodlife Community Centre pool staff. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Venue

There is plenty of shade available at the venue. No Clubs are allowed to bring their own shade tents. You will be directed on arrival where setup is appropriate.

You can BYO chairs but there is plenty of seating.

No glass is to be brought on site.

The Centre will be closed to the public during the swim meet. Please respect other patrons as they utilise the amenities.

A BBQ will be available throughout the event.