



2023

Masters Swimming Queensland

Open Water Swim Championships

Balnagowan Reach
Pioneer River

Corner Mackay Eungella Road & Pleystowe Connection Road
Pleystowe 4741

Sunday 2nd April 2023

Meet Director: Dan Stampa



Event Date: Sunday 2 April 2023	Meet Contact: Christina Scolaro	Events: 1500m & 3000m *
Registration: From 6:30AM on site	admin@mastersswimmingqld.org.au	* One event per competitor only
Warm up: 7:10AM	0416 955 011	Presentations: 9:00AM
Briefing: 7:25AM & 7:35AM	www.mastersswimmingqld.org.au	Entries Close: Tuesday 14 March 2023
	MSQ Sanction Number: Q5/23	

Proudly hosted by Masters Swimming Queensland and North Mackay Sinkers Masters

Program of Events

Session 1 – Sunday 2 April 2023

1 3000m

2 1500m

Event limits: Single event per competitor

This Open Water Swim (OWS) is a freshwater swim above Dumbleton Weir and presents a very picturesque location. It has no tide and little or no current to trouble new open water swim participants. It is a calm and hazard-free location that offers both the novice and experienced swimmer a choice of distances in a safe location.



OWS Course



Welcome to the 2023 Masters Swimming Queensland open water swim, being held at the picturesque Balnagowan reach on the Pioneer River. This year we will be offering a choice of 1500 and 3000 meters. Please come along and join us!

Eligibility

This swim is open to Masters Swimming Queensland (MSQ) registered swimmers, and swimmers registered with other Masters Swimming Australia (MSA) affiliated clubs. International swimmers who are current members of their national Masters Swimming Federation may also compete (proof of membership must be provided).

Non-Member swimmers are not permitted to enter this swim. MSA/MSQ membership is available via the [MSA website](#).

Age

Age as at the 31 December 2023. Minimum age is 18 years at day of competition.

Entries

Entries are to be submitted online via [Swim Central](#). Entries will open in January 2023. **The closing date for entries is Tuesday 14 March 2023.**

International Masters members are invited to contact the [MSQ Director of Recording](#) who will provide specific entry instructions.

Late entries may be considered, but will incur an additional fee of \$30. Late entries are subject to circumstances including safety and numbers entered in the event.

Schedule for events

7:30AM - 3000m (Cut off is 9:00AM)

7:45AM - 1500m (Cut off is 9:00AM)

Events will be conducted as mixed events.

Please note: Based on numbers and combinations of entries received, the meet organisers reserve the right to make changes where necessary.

Qualifying times

There are no qualifying times required for these events. However strict cut-off times will be in place. Select an event within your capability.

Multi Class events

Multi Class events will be conducted within the full program and will be awarded medals according to the age group and gender category in each classification. Details of disability classification must be provided (if not currently on MSQ file) prior to the commencement of the first day of competition.

Entry fees

All entrants must pay the nomination fee online as directed by [Swim Central](#).

1500m - \$33 (Plus transaction fees)

3000m - \$33 (Plus transaction fees)

Each entrant may enter a single event, either the 1500m or the 3000m distance.

Please enter and swim within your physical limits.

Entry List and Timeline

The draft Entry List will be available on the MSQ meet event page on Thursday 16 March 2023. All competitors must check their entries thoroughly and submit discrepancies to the [MSQ Director of Recording](#) by 6PM, Tuesday 21 March 2023. The Program and Estimated Timeline for this meet will be published on or before Monday 27 March 2023.

Withdrawal, event editing and refund policy

A swimmer may change their entries, or withdraw from the meet up until the closing date. You will lodge your request in Swim Central against your entries. Go to your profile, to the meet, to the event, and click the green 'entered' button for the event you wish to withdraw from or remove. You may then add another entry. If a refund is required, click 'request refund' for that event in order history – this will only be considered prior to the closing date. Provide a reason, then click 'request refund'. This requires approval before changes are confirmed. If approved, a refund will be granted, minus the processing fee.

Rules

All MSQ/MSA meet guidelines, by-laws and rules, and Fina swim rules apply. By nominating to participate in this swim meet, all swimmers thereby authorise the organisers to take whatever action is deemed necessary in the event of an emergency, and persons involved accept responsibility for any and all costs arising from such action.

COVID-Safe Meet Information

To help reduce the spread of COVID-19 please:

- Do not attend if you are COVID-19 positive or have COVID-19 symptoms
- Maintain physical distancing to the extent possible outside of the pool
- Practice good hand hygiene, washing/sanitising hands often

Warm-up start time

Warm-up will commence at 7:10AM.

Follow the directions of officials and support staff when required to exit the water for event starts.

Self Marshaling

All swimmers will be required to self-marshall.

- An entrant who fails to report to the Marshaling area prior to their event being called to the starting area may be deemed withdrawn.
- The Check-Starter(s) will do a name check in the marshalling area prior to each event.

Results

Results will be posted on the MSQ website meet event page in the days following the meet.

Competition results for men and women will be separated and then divided into age groups as follows:

Individual events: 18-24 and then in 5-year groups, i.e. 25-29, 30-34, 35-39, etc.

Awards

All age group awards will be announced and presented at the conclusion of the events. Championship medals are available for 1st, 2nd, and 3rd for male and female in each age group.

Photo/video release

All attendees at this meet agree that they may be photographed or videoed, and that the material may be used by MSQ at their discretion, or by others to promote activities of a club or branch, or for personal use including social media.

Other important information

- Paddles and watches/timing devices are not permitted to be worn during the meet, including warm-up and swim-down.
- This a non-wet suit swim with the expected water temperature in the 26 – 28 degree range.
- Swimmers must wear only one pair of Fina approved swimwear. In accordance with MSA Inclusive Swimwear Policy swimsuits may be modified or alternative swimsuits may be worn to accommodate a swimmer's individual needs, provided any modification or proposed alternative swimsuit is approved by the Referee prior to the swimmer's first event at the competition.
- At the conclusion of warm-up periods, swimmers must leave the water promptly when requested.
- Starts will be in water.
- MSQ notes that the information provided is correct at the time of publishing. However, some aspects are subject to change, including changes required in the event of too many entries being received for the allowed duration of the events.

Severe Weather Policy

MSQ recognises the dangers of extreme weather in Queensland and the need to ensure that all staff and users of the facilities take the correct precautions in the event of extreme weather.

Extreme weather includes unexpected, unusual, severe, or unseasonal weather that may pose a safety risk to users including rain, drought, wind, flood, storms, dust, hail, and extreme temperature.

If the meet is affected by extreme weather, a mandatory safety suspension of events will be imposed. This may require a shortened event format which will be determined by the Meet Director and officials. No refund of entry fees will occur under such circumstances.

First aid

First aid staff and volunteers will be on hand during the event. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director.

Venue

Balnagowan Reach, Pioneer River

Corner Mackay Eungella Road & Pleystowe Connection Road
Pleystowe.

- Please do not arrive before 6:20AM
- Please do not enter the water before 7:10AM

This is an open environment with limited shade. Sensible precautions including hats, sunscreen and appropriate clothing should be considered. Limited shade is available and structures such as portable gazebos will be for registration and officials with limited space catering for swimmers.

BYO chairs. No glass is to be brought on site.

Parking – ample parking is available on the high ground near the rowing club and canoe clubs.

After Swim Social - Lunch

You are invited to join the Sinkers for lunch celebrating the day's events and your great swims at Balnagowan.

The event is not catered and will be menu based individual orders.

Date: Sunday 2 April

Venue: Shamrock Hotel – 165 Nebo Road (or suitable alternative)

Time: 11:00AM onwards

Cost: individual

Notes: More details will be available closer to the day. This is an informal gathering, and we may select another location.

Merchandise

An MSQ State Championship commemorative swim cap is available for purchase for \$14.30 (plus transaction fees). Please order via LC State Championships entry. Go to the 'Products' tab next to the 'Entries' tab in Swim Central.

Accommodation

Please see separate Accommodation Guide on website event page.

On site catering

A limited catering service will be on site and run by a community group. Details to be made available closer to the

event. (This will be cash only for convenience.)

Transport

The swim location is approximately 20km from Mackay and no public transport services are available. Private transport, maxi taxi and other services are an option.

A limited-service OWS shuttle bus is being organized by the North Mackay Sinkers for swimmers with several pickup locations:

- Mount Pleasant Shopping Centre
- Caneland Central Shopping Centre
- Shamrock Hotel, 165 Nebo Road

Buses will return swimmers to the Shamrock Hotel after the event. 47 seats will be available only. Cost is \$2 per seat. Please purchase with meet entry.

Tickets

To purchase all tickets and merchandise when entering this meet, please go to the 'Products' tab next to the 'Entries' tab in Swim Central. These include:

- OWS Shuttle bus
- Commemorative cap (available via LC State Championships entry)

Raffles

The North Mackay Sinkers will be running a money board on the event day.

Contacts

Meet Coordinator.....president@mastersswimmingqld.org.au

Meet Directorvpcentral@mastersswimmingqld.org.au

Business Manager MSQ...admin@mastersswimmingqld.org.au

Director of Recording ..recorder@mastersswimmingqld.org.au

MSQ website<https://mastersswimmingqld.org.au>

Meet Entry.....[Swim Central](#)

Important dates

Entries open..... January 2023

Entries closing date 14 March 2023

Entry list available 16 March 2023

Entry list finalised 21 March 2023